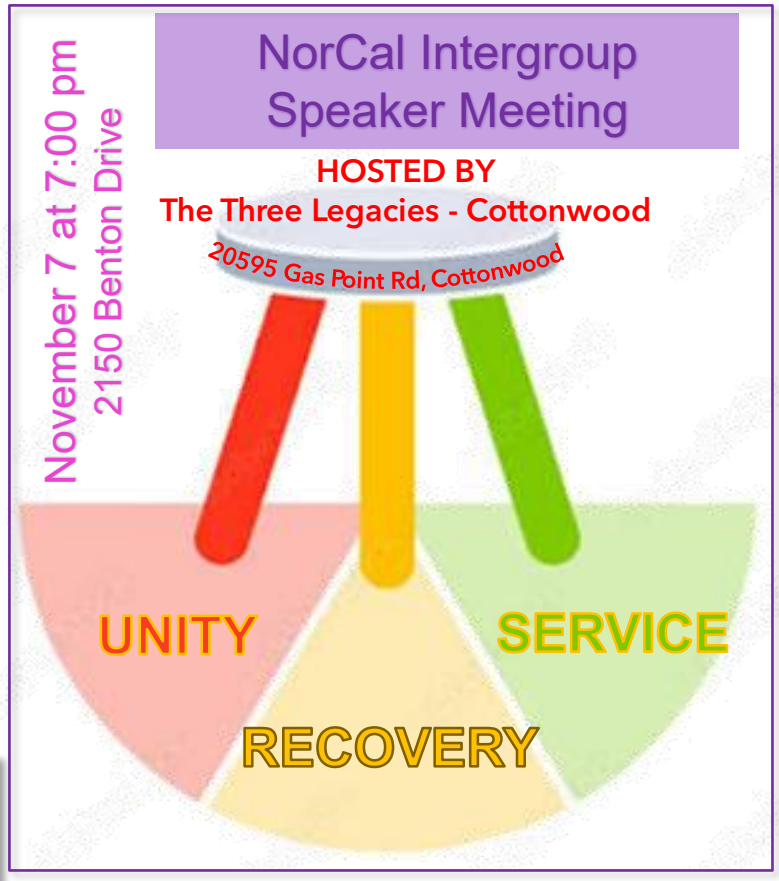
NorCal Intergroup Newsletter
November 2026 Edition

Newsletter QR Code

UNITY ~ SERVICE ~ RECOVERY ~ UNITY ~ SERVICE ~ RECOVERY ~ UNITY

Intergroup holds a monthly speaker meeting that rotates hosting duties among its member groups – each month a different group takes responsibility for running the event. This gives various groups within the Fellowship a chance to showcase their own meeting and bring in a speaker to share their personal story of recovery. During the evening, we celebrate sobriety birthdays and often have host provided snacks.

Join us **Saturday, November 7th** for the next Intergroup Speaker Meeting!



"Learning how to live in the greatest peace, partnership, and brotherhood with all men and women, of whatever description, is a moving and fascinating adventure."

~ Bill W.

"I am grateful the Promises did not come true for me all at once because I would have burned my life back to the ground…"

~ Jarret

5TH EDITION BIG BOOK

COMING FEB. 2027

Alcoholics Anonymous® | Alcoholics Anonymous World Services, Inc.
www.aa.org
475 Riverside Drive, 11th Floor, New York, NY 10115 / Telephone: (212) 870-3400

Please direct all communications to:
P.O. Box 459
Grand Central Station
New York, NY 10163
Fax: (212) 870-3003

To: GSRs, DCMs, Trustees, Non-trustee Directors, Area Officers & Committee Chairs, Delegates, Appointed Committee Members, Intergroups and Central Offices, Group Contacts, GSO and Grapevine Employees

August 26, 2026

Dear A.A. Friends:

We are writing to provide an update regarding the forthcoming publication of the much-anticipated fifth edition of *Alcoholics Anonymous*. At the July 30 meeting of the A.A. World Services Board, the Publishing Committee recommended, and the full board approved, that the fifth edition hardcover be produced with a removable dust jacket and that a list price of $20 USD be adopted. We are on track with the production process to publish the hardcover of the fifth edition, updated with 26 new stories of recovery, in February 2027.

We share the Fellowship's excitement about the fifth edition of our beloved Big Book—coming more than 25 years after the publication of the fourth edition. More information about the publication of the fifth edition will follow this fall.

Warmly,

John W.
Chair, AAWS Board

Bob W.
General Manager, G.S.O.



A.A. 24/7 HOTLINE: 530-225-8955

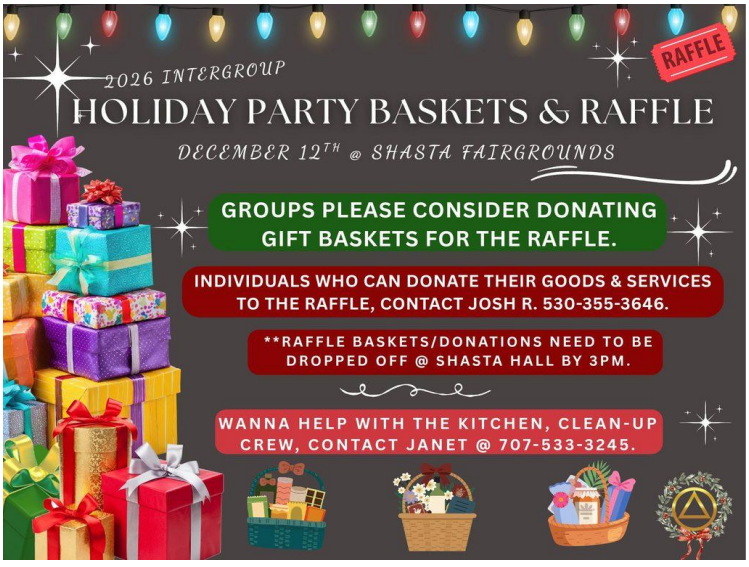
MAILING ADDRESSES/LINKS **ALCOHOLICS ANONYMOUS,** www.aa.org
NORCAL INTERGROUP, Office Location: 1050 State Street, Redding, CA, Mailing Address: PO Box 991107, Redding, CA 96099, www.aanorcal.org. **Office hours**: Before/After early AM meetings at the club; Tues. 3-6; Wed. 7-1; Thurs. 1-5 Office phone: 530-225-8955
NORCAL H&I, PO Box 192490, San Francisco, CA 94119-2490, www.handinorcal.org
GEN SERVICE AREA 07 - CALIFORNIA NORTHERN INTERIOR (CNIA) CNIA Contributions, PO Box 161712, Sacramento, CA 95816-1712, www.cnia.org/cnia-area-07
NEW YORK GENERAL SERVICE OFFICE, PO Box 2407, James Farley Station, New York, NY 10116-2407
AA GRAPEVINE/LA VINA, 475 Riverside Drive, 11th Floor, New York, NY 10115, www.aagrapevine.org

What is the NorCal Intergroup?

NorCal Intergroup, is a service board of alcoholics serving groups in Shasta, Tehama, Siskiyou and Trinity Counties. Intergroup provides alcoholics with services that individual groups can't provide. Intergroup maintains a website and a 24/7 telephone service. It answers 12-step calls, provides meeting information and maintains the schedule for the area. Intergroup is supported through voluntary contributions. Its primary purpose is to carry the A.A. message to still suffering alcoholics.



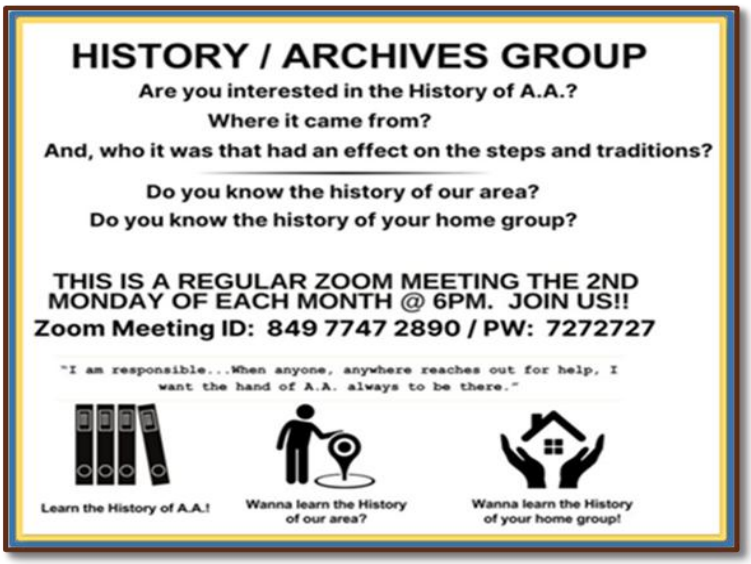




GROUP DONATIONS AS OF SEPTEMBER 30, 2026

NAME	GROUP #	TO DATE
3 In 1 Group	90842	$181.93
7 At 7	461673	$20.00
AA Literature & Discussion	793654	$102.00
AM Any Lenghs Grp Redding	133648	$125.00
Anderson AM Sat Grange	150044	$784.00
Attitudes In Action	156461	$30.00
Band of Bros	461756	$100.00
Birthday Meeting (Intergroup)	NO #	$311.38
Day At A Time	73873	$167.90
Early Bird	177235	$232.20
Experience, Strength, Hope	103646	$160.00
First Things First	115530	$200.00
Flimsy Reed	104649	$163.57
Free At Last 1	105185	$300.00
Free At Last 11	671021	$400.00
Free At Last	77130	$100.00
Guys and Gals	8278	$30.00
Grapevine Meeting	771629	$64.00
Hole In The Donut	625785	$150.00
Ladies Night Out	160486	$200.00
Landing Zone Hope	689079	$400.00
Lewiston Open Disc	657162	$110.00
Mixed Bag	23588	$141.02
Monday Noon Big Book Study	25258	$115.00
Mustard Seed	101010	$315.40
No Matter What (Women's)	36649	$93.00
New Start	136901	$178.20
North Valley Trudgers	39335	$161.32
Prim. Purp. Lit & Discussion	717255	$83.50
Rule 62	692976	$80.00
Saturday Night Live	64098	$133.80
Saturday Sisters	686717	$30.08
Sisters By Choice	101862	$214.86
Sisters Of Sobriety	223509	$52.00
Solutions	91252	$100.00
Soup Bone Meeting	662882	$100.00
Step Sisters	120391	$50.61
Stepping Out Sisters - Redding	699886	$75.00
Stepping Out Sisters	80864	$190.00
Steps We Took	684714	$571.25
Thurs Nite Serenity - St. Michaels	98633	$237.00
Tue Candelight	605139	$50.00
Twelve & Twelve Study	743457	$96.00
Wed Night Candelight	28046	$50.00
Womens Easy Does it Group	10290	$23.14
Womens No Matter What	690710	$500.00
Yaks 2.0	674718	$200.00
Young People	717830	$100.00
No Name	163055	$30.00







"We know that permanent sobriety can be attained only by a most revolutionary change in the life and outlook of the individual..."

~ Bill W.

"Some people think God made life just for happiness, but I find myself unable to share that view. I think he made life for growth and that he permits pain as the touchstone of it all. Happiness -- at the very least, satisfaction -- is a byproduct of really trying to grow. And seasons of real joy are but the occasional byproducts of the process. Which, in eternity, will be the eventual fulfillment. Meantime, we seem to be pilgrims on a road -- one which you and I are completely confident leads into the arms of God."

~ Bill W







Regarding Tradition Eleven …

"Providence has been looking after the public relations of Alcoholics Anonymous. It can scarcely have been otherwise. Though we are more than a dozen years old, hardly a syllable of criticism or ridicule has ever been spoken of AA. Somehow, we have been spared all the pains of medical or religious controversy, and we have good friends both wet and dry, right and left. Like most societies, we are sometimes scandalous—but never yet in public. From all over the world, naught comes but keen sympathy and downright admiration. Our friends of the press and radio have outdone themselves. Anyone can see that we are in a fair way to be spoiled. Our reputation is already so much better than our actual character!

Surely these phenomenal blessings must have a deep purpose. Who doubts that this purpose wishes to let every alcoholic in the world know that AA is truly for him, can he only want his liberation enough. Hence, our messages through public channels have never been seriously discolored, nor has the searing breath of prejudice ever issued from anywhere.

Good public relations are AA lifelines reaching out to the alcoholic who still does not know us. For years to come, our growth is sure to depend upon the strength and number of these lifelines. One serious public relations calamity could always turn thousands away from us to perish—a matter of life and death indeed!

The future poses no greater problem or challenge to AA than how best to preserve a friendly and vital relation to all the world about us. Success will rest heavily upon right principles, a wise vigilance, and the deepest personal responsibility on the part of every one of us. Nothing less will do. Else our brother may again turn his face to the wall because we did not care enough.

So, the Eleventh Tradition stands sentinel over the lifelines, announcing that there is no need for self-praise, that it is better to let our friends recommend us, and that our whole public relations policy, contrary to usual customs, should be based upon the principle of attraction rather than promotion. Shot-in-the-arm methods are not for us—no press agents, no promotional devices, no big names. The hazards are too great. Immediate results will always be illusive because easy shortcuts to notoriety can generate permanent and smothering liabilities.

More and more, therefore, are we emphasizing the principle of personal anonymity as it applies to our public relations. We ask of each other the highest degree of personal responsibility in this respect. As a movement we have been, before now, tempted to exploit the names of our well-known public characters. We have rationalized that other societies, even the best, do the same. As individuals, we have sometimes believed that the public use of our names could demonstrate our personal courage in the face of stigma, so lending power and conviction to news stories and magazine articles.

But these are not the allures they once were. Vividly, we are becoming aware that no member ought to describe himself in full view of the general public as an AA, even for the most worthy purpose, lest a perilous precedent be set which would tempt others to do likewise for purposes not so worthy.

We see that on breaking anonymity by press, radio, or pictures, any one of us could easily transfer the valuable name of Alcoholics Anonymous over onto any enterprise or into the midst of any controversy. So it is becoming our code that there are things that no AA ever does, lest he divert AA from its sole purpose and injure our public relations. And thereby the chances of those sick ones yet to come.

To the million alcoholics who have not yet heard our AA story, we should ever say, "Greetings and welcome. Be assured that we shall never weaken the lifelines which we float out to you. In our public relations, we shall, God willing, keep the faith." ~ Bill W. Language of the Heart

November 2026 Business Meetings and Events

General Service: District 9 (Siskiyou County) Business Meeting - 1st Sunday of each month 10:00 - 11:30am. The meeting is hybrid. The physical meetings are held at *the Weed Community Center, 161 E. Lincoln Ave., Weed, CA. Zoom ID# 666 067 6860* / No password. Attendees enter into a waiting room, and Host will let the attendee in.
NEW – District 9 PICPC meeting to be held right after the District 9 meeting (above). For questions about this meeting, please contact the Chair, Debbie D. @ 1-530-859-0160.
District 11 Business Meeting - 1st Sunday of each month - 5:30 pm; upstairs at *the Alano Club, 1050 State St., Redding, CA.* For more information, see our District 11 page.
Northern California Hospitals and Institutions (H&I) Shasta County (Area 16) H&I Business Meeting - 1st Tuesday of each month – Orientation for new volunteers at 5:30pm, business meeting to follow at 6:00pm at *All Saints Church, Eaton Hall, 2150 Benton Drive, Redding*. For more information on Shasta County H & I, contact Chair, Jude H. at 707-953-3132.
Siskiyou County (Area 3) H&I Business Meeting Update!: 1st Friday of each quarter (Jan, April, July, Oct) - 5pm, at the *Pizza Factory, 132 N. Weed Blvd., Weed, CA 96094.* For any questions, please contact the Area Chair at: **https://www.handinorcal.org/contact-us?recipient=area_03 or by clicking HERE**.
Tehama County (Area 17) H&I Monthly Business Meeting - 2nd Thursday of each month, 5:30 pm at *Red Bluff Presbyterian Church, 838 Jefferson St., Room 4 (in back of courtyard), Red Bluff*. For more information on Tehama County H & I, contact Chair, Mike D. @ 707-479-1835.
Trinity County (Area 18) H & I Monthly Business Meeting - 1st Wednesday of each month, 7:30pm at *St. Patrick's Catholic Church, 102 Church Street, Weaverville*. For more information on Tehama County H & I, contact Chair, Diane C. @ 707-815-5042.**Intergroup Business Meeting - 4th Tuesday of each month,** 6pm at *All Saints Church, Eaton Hall, 2150 Benton Drive, Redding*
Archives Committee Meeting - 2nd Monday of each month, 6pm, via Zoom: 849 7747 2890, New PW 7272727
REDYPAA Business Meeting - 4th Sunday of each month, at 3:00pm at *the Methodist Church, 1825 East St., Redding* **REDYPAA Monthly Speaker Meeting - 3rd Saturday each month** at the Alano Club, 1050 State Street, Redding, CA. For more information, contact Chair, Deanna B. @ 530-921-7120. For Events, Michele G. @ 530-209-1589 or Madison F. @ 530-902-1439



2026 November

SUN	MON	TUE	WED	THU	FRI	SAT
1 **District 9 Bus. Mtg.** followed by **PICPC** 10am, 161 E. Lincoln Ave. Weed, CA Zoom 666 067 6860	**2**	**3** **H&I Area 16** Orientation 5:30pm Bus, Mtg. 6pm 2150 Benton Dr. Redding	**4** **H&I Area 18** 7:30pm 102 Church St. Weaverville	**5**	**6**	**7** **Intergroup Speaker Mtg.** 7 pm 2150 Benton Redding
8	**9** **Archives Committee Mtg** 6pm via Zoom 849 7747 2890 PW 7272727	**10**	**11**	**12** **H&I Area 17** 5:30pm 838 Jefferson, Rm 4 (back courtyard) Red Bluff	**13**	**14**
15	**16**	**17** **District 11** 5:30pm, Alano Club (upstairs) 1050 State St., Redding, CA	**18**	**19**	**20**	**21** **REDYPAA FrendsGiving &Speaker Mtg.** 6pm, Methodist Church 1825 East St. Redding
22 **REDYPPA Bus. Mtg. 3pm**1825 East St. Redding	**23**	**24** **Intergroup Bus. Mtg** 6pm All Sanits Church 2150 Benton Dr. Redding	**25**	**26** 	**27**	**28**
29	**30**					

Note: There will not be an Intergroup speaker meeting in December. Meetings will resume in January.

November Step, Tradition & Concept Checklists
for thought, discussion, and meditation

Step Eleven: Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out

1. What is my vision of a Higher Power?
2. How can prayers of my religious denomination or my own prayers be beneficial?
3. What can I hope to gain from meditation?
4. What prayer in Step Eleven in the Twelve Steps and Twelve Traditions is helpful for beginning meditation?
5. What is the difference between meditation and prayer? Where and how do I do this? How often should I pray or meditate?
6. Describe my personal practice of prayer and meditation.

Tradition Eleven: Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films.

1. Do I sometimes promote AA so fanatically that I might make it seem unattractive?
2. Am I always careful to keep the confidences shared with me as an AA member?
3. Am I careful about throwing AA members' names around—even within the Fellowship?
4. Am I ashamed of being a recovered, or recovering alcoholic?
5. What would AA be like if we were not guided by the ideas in Tradition Eleven? Where would I be?
6. Am I careful not to identify myself or others as members of AA when I post certain things on social media?
7. Is my AA sobriety attractive enough that a sick drunk would want such a quality for himself?
8. If my group has its own website, have we considered this Tradition when we designed it, how accessible it is, and the type of content that it offers?

Concept XI: The trustees should always have the best possible committees, corporate service directors, executives, staffs, and consultants. Composition, qualifications, induction procedures, and rights and duties will always be matters of serious concern.

1. Do we understand how the roles of non-trustee directors and non-trustee appointed committee members help serve and strengthen the committee system?
2. How do we encourage our special paid workers to exercise their traditional "Right of Participation"?
3. Do we practice rotation in all our service positions?

sources: Twelve Steps Checklist No #s 07-18-2024, SMF-131_Traditions_Checklist.pdf, SMF-91_Concepts_Checklist.pdf





My Sobriety

July 27, 2024, I walked through the door. My feet stopped at the entrance like they were stuck in stone. I was greeted so warmly and I was told; you are not alone.

I was tired, my memory was shot. Taking notes the night before of who I called. My blackouts were worsening. I was lost, I was cold, and I didn't know who I was anymore.

My children had an intervention and my son told me; he refused to tell his 9 yr. old daughter the reason. You see her Nana was a drunk, an alcoholic, and not a safe haven.

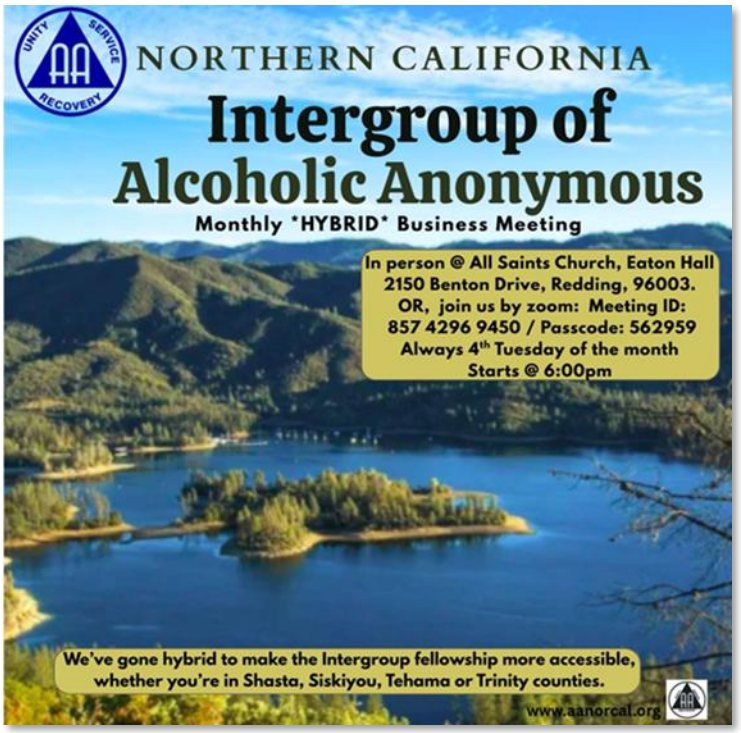
My children were worried; their dad had this disease. They asked me to stop drinking before I died and I agreed. He died shortly after my sobriety.

That day changed my life, and I heard God say, are you finished, are you ready to do it my way?
God brought me to this program of Alcoholics Anonymous. He became my Higher Power and told me he would never leave. I got a sponsor and she taught me about my character defects, tools to use, and that I have an allergy. And then, I began the steps and that was just the beginning.
I started to see the changes; Promises were coming true. My family is happy, saying we're so proud of you. It's been 2 years, 2 months, and 26 days since this journey began. What an amazing journey it's been working this AA Program.

I never thought I was an alcoholic, but my eyes were opened and I could clearly see and I became free of the alcoholic desires with AA People just like me. Anxiety became less, my character defects became minimal, amends were made and I did my best.

I became grateful for many things. God for giving me grace. Friendships that I've made. Being of service and willingness. I am God's child. I am not perfect. I am a lucky alcoholic who is surviving one day at a time. My sobriety is priceless. I have freedom and that is what sobriety is to me.

Pamela I.



Intergroup holds its monthly *HYBRID* (new as of September 2026) business meeting on the 4th Tuesday of each month, 6pm @ **All Saints Church, Eaton Hall, 2150 Benton Drive, Redding**, or join us zoom @ Meeting ID: 857 4296 9450 / Passcode:562959.

For more information on Intergroup, please contact the Chair, Jenn S. @ 530-227-7772.

For more information contact
Darlene B.
925-787-4708

District 11-Area 07

Bridging the Gap

Volunteers Needed!!!!
Both Men and Women

Bridging the Gap is a temporary contact program for individuals getting out of treatment or other facilities.

Contact the new-comer upon release. Accompany them to different meetings in the area. Explain AA and sponsorship.



To contribute stories, flyers, news, etc. to the Intergroup newsletter, please contact Yana or Jude at
sunnysideyana@gmail.com
judesjava@yahoo.com



DISTRICT 9 NEWS

DISTRICT 9 (Siskiyou County) Monthly Business Meeting – Sunday, November 8th
District 9 holds its monthly business meetings the 1st Sunday of each month, 10:00 – 11:30am. The meeting is hybrid. The physical meetings are held at the Weed Community Center, 161 E. Lincoln Ave., Weed. The zoom meeting ID is: 666 067 6860 / No password. Attendees enter into a waiting room, and Host will let the attendee in.

***NEW* DISTRICT 9 (Siskiyou County) PI/CPC Monthly Business Meeting – November 8th**
District 9 holds its PI/CPC Monthly Business Meetings the 1st Sunday of the month at a designated location, right after their district meeting (above).

For questions about this meeting, please contact the Chair, Debbie D. @ 1-530-859-0160.

This is a NEW meeting, as of Oct 2026.

