



UNITY ~ SERVICE ~ RECOVERY ~ UNITY ~ SERVICE ~ RECOVERY ~ UNITY

NorCal Intergroup Speaker Meeting

Hosted
By...

**SOBER
GROUP**

OCT 03 ~ 7pm
2150 Benton Drive ~ Redding

Meets Saturdays from 8-9:00am
Alano Club: 1050 State St in Redding

Intergroup holds a monthly speaker meeting that rotates hosting duties among its member groups – each month a different group takes responsibility for running the event. This gives various groups within the Fellowship a chance to showcase their own meeting and bring in a speaker to share their personal story of recovery. During the evening, we celebrate sobriety birthdays and often have host provided snacks.

Join us **Saturday, October 3rd** for the next Intergroup Speaker Meeting!



The 12 Principles

The Big Book outlines the principles as a single virtue that embodies each step...

- | | |
|----------------|-------------------|
| 1. Honesty | 7. Humility |
| 2. Hope | 8. Love |
| 3. Surrender | 9. Responsibility |
| 4. Courage | 10. Discipline |
| 5. Integrity | 11. Awareness |
| 6. Willingness | 12. Service |

Everything AA App.

The most comprehensive Alcoholics Anonymous App available for iOS and Android. Completely free, without any ads.

- AA online Meeting Finder
- Big Book text and audio
- 12 Step & 12 Traditions
- Joe and Charlie tapes
- Daily Reflections
- Living Sober
- Sobriety tracker
- Pamphlets
- And more!



Northern California
Unity Day!
Trudging the Road of Happy Destiny!

Yee Haw!

Saturday, October 10, 2026, 10am – 3pm
(first speaker panel at 10:30 am)

Happy Valley Community Center
5400 Happy Valley Road, Anderson, CA 96007

A day of fun and fellowship and Western grub
hosted by your AA service entities
(General Service, H&I, Intergroup, and REDYPAA)
Shasta, Tehama, Trinity & Siskiyou Counties

Informational Tables! Speakers and Service Panels!
Lunch and Refreshments! 50/50 Raffle! Sobriety Countdown!
Suggested donation \$5.00 (no-one turned away for lack of funds)
Volunteers needed!
Reach out to Jude at 707-953-3132

"In the years ahead we shall, of course, make mistakes. Experience has taught us that we need have no fear of doing this, providing that we always remain willing to confess our faults and to correct them promptly."
~ Bill W. The Language of the Heart



A.A. 24/7 HOTLINE: 530-225-8955

MAILING ADDRESSES/LINKS

ALCOHOLICS ANONYMOUS, www.aa.org

NORCAL INTERGROUP, Office Location: 1050 State Street, Redding, CA, Mailing Address: PO Box 991107, Redding, CA 96099, www.aanorcal.org. **Office hours:** Before/After early AM meetings at the club; Tues. 3-6; Wed. 7-1; Thurs. 1-5 Office phone: 530-225-8955

NORCAL H&I, PO Box 192490, San Francisco, CA 94119-2490, www.handinorcal.org

GEN SERVICE AREA 07 - CALIFORNIA NORTHERN INTERIOR (CNIA) CNIA Contributions, PO Box 161712, Sacramento, CA 95816-1712, www.cnia.org/cnia-area-07

NEW YORK GENERAL SERVICE OFFICE, PO Box 2407, James Farley Station, New York, NY 10116-2407

AA GRAPEVINE/LA VINA, 475 Riverside Drive, 11th Floor, New York, NY 10115, www.aagrapevine.org

COMING FEB. 2027

**5TH EDITION
BIG BOOK**

Alcoholics
Anonymous®
www.aa.org

Alcoholics Anonymous World Services, Inc.

475 Riverside Drive, 11th Floor, New York, NY 10115 / Telephone: (212) 870-3400

Please direct all
communications to:
P.O. Box 459
Grand Central Station
New York, NY 10163
Fax: (212) 870-3003

To: GSRs, DCMs, Trustees, Non-trustee Directors, Area Officers & Committee Chairs,
Delegates, Appointed Committee Members, Intergroups and Central Offices, Group Contacts,
GSO and Grapevine Employees

August 26, 2026

Dear A.A. Friends:

We are writing to provide an update regarding the forthcoming publication of the much-anticipated fifth edition of *Alcoholics Anonymous*. At the July 30 meeting of the A.A. World Services Board, the Publishing Committee recommended, and the full board approved, that the fifth edition hardcover be produced with a removable dust jacket and that a list price of \$20 USD be adopted. We are on track with the production process to publish the hardcover of the fifth edition, updated with 26 new stories of recovery, in February 2027.

We share the Fellowship's excitement about the fifth edition of our beloved Big Book—coming more than 25 years after the publication of the fourth edition. More information about the publication of the fifth edition will follow this fall.

Warmly,

John W.
Chair, AAWS Board

Bob W.
General Manager, G.S.O.

REDYPAA PRESENTS

COSTUME SCAVENGER HUNT

FROM 4:00 P.M. TO 7:00 P.M.

MEET AT THE ALANO CLUB TO GET ASSIGNED TEAMS

MUST SUBMIT ITEMS COLLECTED OR PHOTOS OR VIDEOS OF TASKS PERFORMED

PRIZE TO THE WINNING TEAM

TEAMS OF FIVE OR LESS ONE VEHICLE REQUIRED

\$7 SUGGESTED CONTRIBUTION

AT THE ALANO CLUB 1050 STATE STREET

PRIZES FOR:
 SCARIEST
 MOST CREATIVE
 BEST COUPLE
 FUNNIEST COSTUME

TRICK OR TREAT STATION

SPEAKER MEETING AT 8:00 P.M. WITH COSTUME CONTEST TO FOLLOW

OCTOBER 17TH

What is the NorCal Intergroup?
 NorCal Intergroup, is a service board of alcoholics serving groups in Shasta, Tehama, Siskiyou and Trinity Counties. Intergroup provides alcoholics with services that individual groups can't provide. Intergroup maintains a website and a 24/7 telephone service. It answers 12-step calls, provides meeting information and maintains the schedule for the area. Intergroup is supported through voluntary contributions. Its primary purpose is to carry the A.A. message to still suffering alcoholics.

To Donate to NorCal Intergroup:



HISTORY / ARCHIVES GROUP

Are you interested in the History of A.A?
 Where it came from?
 And, who it was that had an effect on the steps and traditions?
 Do you know the history of our area?
 Do you know the history of your home group?

THIS IS A REGULAR ZOOM MEETING THE 2ND MONDAY OF EACH MONTH @ 6PM. JOIN US!!
 Zoom Meeting ID: 849 7747 2890 / PW: 7272727

"I am responsible...When anyone, anywhere reaches out for help, I want the hand of A.A. always to be there."



Learn the History of A.A!



Wanna learn the History of our area?



Wanna learn the History of your home group?

please join us for the

2026 HOLIDAY PARTY COMMITTEE MEETINGS

This invite is for all Chairs & Co-Chairs, and anyone wanting to be of service and join our committee!!

Below, are our meeting dates & times:

Tuesday, September 8th @ 5:30 - 6:30pm
 Tuesday, October 13th @ 5:30 - 6:30pm
 Tuesday, October 27th @ 5:30 - 6:30pm
 Tuesday, November 10th @ 5:30 - 6:30pm
 Tuesday, November 24th @ 5:30 - 6:30pm
 Tuesday, December 8th @ 5:30 - 6:30pm

ALL MEETINGS WILL BE HELD AT THE REDDING LIBRARY, FOUNDATION ROOM, 1100 PARKVIEW AVE, 96001.

THE HOLIDAY PARTY IS DECEMBER 12TH ANDERSON FAIRGROUNDS. ANY QUESTIONS, CONTACT JANET, HOLIDAY PARTY CHAIR @ 1-707-533-3245



"It must never be forgotten that the purpose of Alcoholics Anonymous is to sober up alcoholics. There is no religious or spiritual requirement for membership. No demands are made on anyone. An experience is offered which members may accept or reject. That is up to them."

~ Bill W.



Regarding Tradition Ten...

“...To most of us, Alcoholics Anonymous has become as solid as the Rock of Gibraltar. We like to believe that it will soon be as well-known and just as enduring as that historic landmark. We enjoy this pleasant conviction because nothing has yet occurred to disturb it; we reason that we must hang together or die. Hence we take for granted our continued unity as a movement.

But should we? Though God has bestowed upon us great favors, and though we are bound by stronger ties of love and necessity than most societies, is it prudent to suppose that automatically these great gifts and attributes shall be ours forever? If we are worthy, we shall probably continue to enjoy them. So the real question is, how shall we always be worthy of our present blessings?

Seen from this point of view, our AA Traditions are those attitudes and practices by which we may deserve, as a movement, a long life and a useful one. To this end, none could be more vital than our Tenth Tradition, for it deals with the subject of controversy—serious controversy.

On the other side of the world, millions have died even recently in religious dissension. Other millions have died in political controversy. The end is not yet. Nearly everybody in the world has turned reformer. Each group, society, and nation is saying to the other, “You must do as we say, or else.” Political controversy and reform by compulsion have reached an all time high. And eternal, seemingly, are the flames of religious dissension.

Being like other men and women, how can we expect to remain forever immune from these perils? Probably we shall not. At length, we must meet them all. We cannot flee from them, nor ought we try. If these challenges do come, we shall, I am sure, go out to meet them gladly and unafraid. That will be the acid test of our worth.

Our best defense? This surely lies in the formation of a Tradition respecting serious controversy so powerful that neither the weakness of persons nor the strain and strife of our troubled times can harm Alcoholics Anonymous. We know that AA must continue to live, or else many of us and many of our fellow alcoholics throughout the world will surely resume the hopeless journey to oblivion. That must never be.

As though by some deep and compelling instinct, we have thus far avoided serious controversies. Save minor and healthy growing pains, we are at peace among ourselves. And because we have thus far adhered to our sole aim, the whole world regards us favorably.

~ Bill W. [Language of the Heart](#)

GROUP DONATIONS AS OF August 31, 2026		
NAME	GROUP #	TO DATE
3 In 1 GROUP	90842	\$ 181.93
7 At 7	461673	\$ 20.00
AA Literature & Discussion Group	793654	\$ 102.00
AM ANY LENGTHS GRP REDDING	133648	\$ 125.00
ANDERSON AM SAT GRANGE	150044	\$ 784.00
ATTITUDES IN ACTION	156461	\$ 30.00
BAND OF BROS GROUPS	461756	\$ 100.00
BIRTHDAY MEETING (INTERGROUP)	NO #	\$ 311.38
DAY AT A TIME	73873	\$ 167.90
EARLY BIRD	177235	\$ 232.20
EXPERIENCE, STRENGTH, HOPE	103646	\$ 160.00
FIRST THINGS FIRST	115530	\$ 200.00
FLIMSY REED GROUP	104649	\$ 163.57
FREE AT LAST 1	105185	\$ 200.00
FREE AT LAST II	671021	\$ 400.00
FREE AT LAST	77130	\$ 100.00
GUYS AND GALS	8278	\$ 30.00
GRAPEVINE MEETING	771629	\$ 64.00
HOLE IN THE DONUT GROUP	625785	\$ 150.00
LADIES NIGHT OUT GROUP	160486	\$ 200.00
LANDING ZONE HOPE	689079	\$ 400.00
LEWISTON OPEN DISC	657162	\$ 110.00
MIXED BAG	23588	\$ 141.02
MONDAY NOON BB STUDY	25258	\$ 115.00
NO MATTER WHAT (WOMEN)	36649	\$ 93.00
NEW START	136901	\$ 178.20
NORTH VALLEY TRUDGERS	39335	\$ 161.32
PRIM. PURP. LIT & DISCUSSION	717255	\$ 83.50
RULE 62 GROUP	692976	\$ 80.00
SATURDAY NIGHT LIVE	64098	\$ 133.80
SATURDAY SISTERS GROUP	686717	\$ 30.08
SISTERS BY CHOICE	101862	\$ 214.86
SISTERS OF SOBRIETY	223509	\$ 52.00
SOLUTIONS GROUP	91252	\$ 100.00
SOUP BONE MEETING	662882	\$ 100.00
STEP SISTERS	120391	\$ 50.61
STEPPING OUT SISTERS- REDDING	699886	\$ 75.00
STEPPING OUT SISTERS	80864	\$ 190.00
STEPS WE TOOK	684714	\$ 571.25
THURS SAINT MICHAELS	No #	\$ 237.00
TUE CANDLELIGHT GROUP	605139	\$ 50.00
TWELVE & TWELVE STUDY GRP	743457	\$ 96.00
WED. NIGHT CANDLELIGHT GRP	28046	\$ 50.00
WOMEN'S EASY DOES IT GRP	10290	\$ 23.14
WOMENS NO MATTER WHAT GRP	690710	\$ 500.00
NO NAME	163055	\$ 30.00

October 2026 Business Meetings and Events

General Service: District 9 (Siskiyou County) Business Meeting - 1st Sunday of each month 10:00 - 11:30am. The meeting is hybrid. The physical meetings are held at *the Weed Community Center, 161 E. Lincoln Ave., Weed, CA.* Zoom ID# 666 067 6860 / No password. Attendees enter into a waiting room, and Host will let the attendee in. **District 11 Business Meeting - 3rd Tuesday of each month - 5:30 pm;** upstairs at *the Alano Club, 1050 State St., Redding, CA.* For more information, see our [District 11 page](#).

Northern California Hospitals and Institutions (H&I) Shasta County (Area 16) H&I Business Meeting - 1st Tuesday of each month – Orientation for new volunteers at 5:30pm, business meeting to follow at 6:00pm at *All Saints Church, Eaton Hall, 2150 Benton Drive, Redding.* For more information on Shasta County H & I, contact Chair, Jude H. at 707-953-3132.

Siskiyou County (Area 3) H&I Business Meeting Update!: 1st Friday of each quarter (Jan, April, July, Oct) - 5pm, at the *Pizza Factory, 132 N. Weed Blvd., Weed, CA 96094.* For any questions, please contact the Area Chair at: https://www.handinorcal.org/contact-us?recipient=area_03 or by clicking [HERE](#).

Tehama County (Area 17) H&I Monthly Business Meeting - 2nd Thursday of each month, 5:30 pm at *Red Bluff Presbyterian Church, 838 Jefferson St., Room 4 (in back of courtyard), Red Bluff.* For more information on Tehama County H & I, contact Chair, Mike D. @ 707-479-1835.

Trinity County (Area 18) H & I Monthly Business Meeting - 1st Wednesday of each month, 7:30pm at *St. Patrick's Catholic Church, 102 Church Street, Weaverville.* For more information on Tehama County H & I, contact Chair, Diane C. @ 707-815-5042.

Intergroup Business Meeting - 4th Tuesday of each month, 6pm at *All Saints Church, Eaton Hall, 2150 Benton Drive, Redding*

Archives Committee Meeting - 2nd Monday of each month, 6pm, via Zoom: 849 7747 2890, New PW 7272727

REDYPAA Business Meeting - 4th Sunday of each month, at 3:00pm at *the Methodist Church, 1825 East St., Redding*

REDYPAA Monthly Speaker Meeting - 3rd Saturday each month at the *Alano Club, 1050 State Street, Redding, CA.* For more information, contact Chair, Deanna B. @ 530-921-7120. For Events, Michele G. @ 530-209-1589 or Madison F. @ 530-902-1439.



2026 OCTOBER



Sun	Mon	Tue	Wed	Thu	Fri	Sat				
27	28	29	30	1	H&I Area 3 Bus. Mtg. 5pm Pizza Factory 132 N Weed Blvd, Weed	2 Intergroup Speaker Mtg. 7pm 2150 Benton Redding				
District 9 Bus. Mtg. 10am 161 E. Lincoln Ave. Weed Zoom 666 067 6860	4	5	H&I Area 16 Orientation 5:30pm Bus. Mtg. 6pm 2150 Benton Dr. Redding	6	H&I Area 18 7:30pm 102 Church St., Weaverville	7	H&I Area 17 5:30 pm 838 Jefferson, Rm 4 (back courtyard) Red Bluff	8	9	10
11	Archives Committee Mtg, 6pm via Zoom 849 7747 2890, PW 7272727	12	13	14	15	16	REDYPAA Speaker Mtg. 8pm, Alano Club 1050 State St. Redding	17		
18	19	District 11 5:30pm, Alano Club (upstairs) 1050 State St. Redding, CA	20	21	22	23	24			
REDYPAA Bus. Mtg. 3pm 1825 East St. Redding	25	26	Intergroup Bus. Mtg. 6pm All Saints Church 2150 Benton Dr. Redding	27	28	29	30	31		



2026

Intergroup Holiday Party

★ **SAVE**
the **DATE** ★

SATURDAY, DECEMBER 12TH
@ 5:00PM

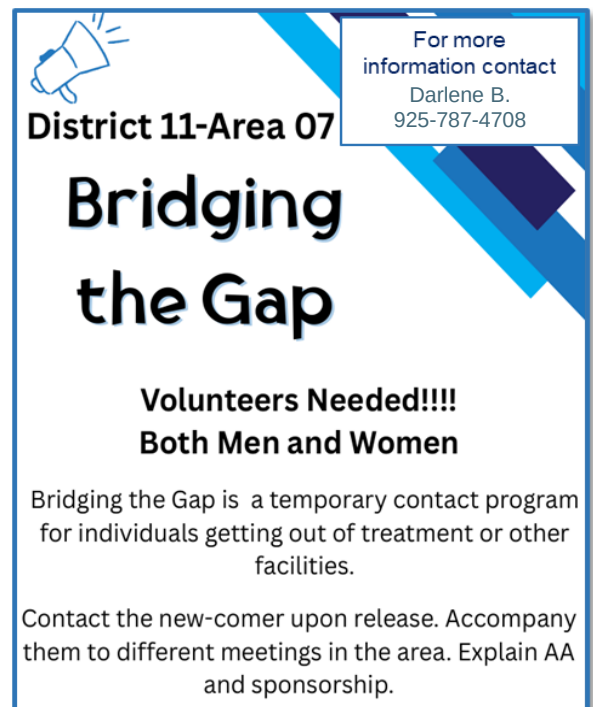
SHASTA FAIRGROUNDS

★

ANY QUESTIONS, CONTACT
JANET, CHAIR @ 707-533-3245 OR
JULIE, CO-CHAIR @ 503-816-1317.

“As we better use the ‘language of the heart,’ our communications grow apace: already we find ourselves in safe passage through all those barriers of distance and language, of social distinction, nationality and creed, that so divide the world of our time.”

~ Bill W. “AA Tomorrow” The Language of the Heart



For more information contact
Darlene B.
925-787-4708

District 11-Area 07

Bridging the Gap

Volunteers Needed!!!!
Both Men and Women

Bridging the Gap is a temporary contact program for individuals getting out of treatment or other facilities.

Contact the new-comer upon release. Accompany them to different meetings in the area. Explain AA and sponsorship.

“I try hard to hold fast to the truth that a full and thankful heart cannot entertain great conceits. When brimming with gratitude, one’s heartbeat must surely result in outgoing love, the finest emotion we can ever know.”

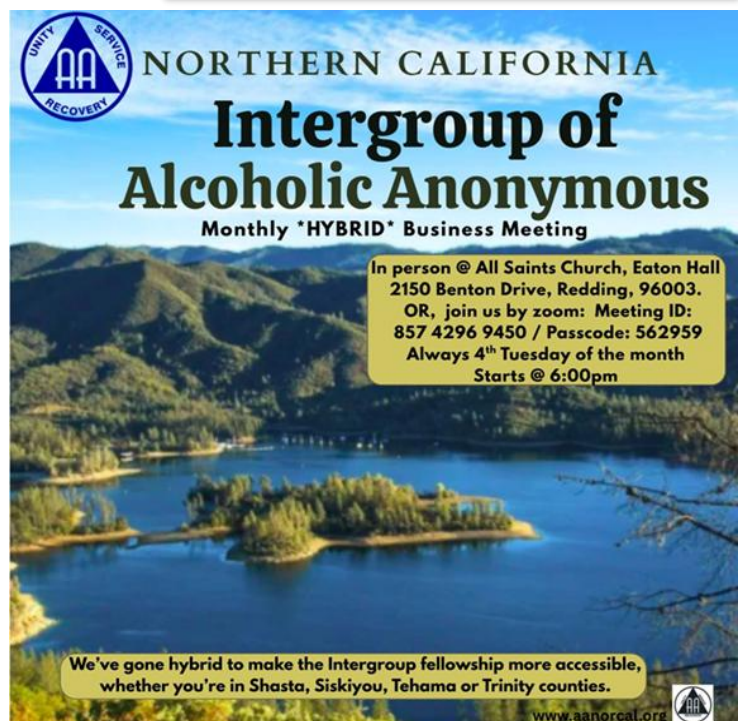
~ Bill W.

H&I Orientation
Nor. California Hospitals & Institutions Committee

WHEN: First Tuesday each month at 5:30PM
Business meeting follows at 6:00PM

WHERE: All Saints Church
2150 Benton Drive ~ Redding

Orientation is required for all new H&I volunteers and highly recommended for existing volunteers and facility coordinators



NORTHERN CALIFORNIA
Intergroup of Alcoholic Anonymous
Monthly *HYBRID* Business Meeting

In person @ All Saints Church, Eaton Hall
2150 Benton Drive, Redding, 96003.
OR, join us by zoom: Meeting ID:
857 4296 9450 / Passcode: 562959
Always 4th Tuesday of the month
Starts @ 6:00pm

We've gone hybrid to make the Intergroup fellowship more accessible, whether you're in Shasta, Siskiyou, Tehama or Trinity counties.

www.aanorcal.org



October Step, Tradition & Concept Checklists *for thought, discussion, and meditation*



Step Ten: Continued to take personal inventory and when we were wrong promptly admitted it

1. Why is the attention heavy on personal inventory and why should it continue for our lifetime?
2. How do I apply Step Ten in my daily life?
3. Why do I always have to promptly admit when I am wrong, even if the other person was wrong also?
4. What would prevent me from promptly making amends?
5. What is meant by nothing pays off like restraint of tongue and pen? How does this apply to all areas of communication?
6. In what ways are my outlook on life changing for the better?

Tradition Ten: Alcoholics Anonymous has no opinion on outside issues; hence the AA name ought never be drawn into public controversy.

1. Do I ever give the impression that there really is an “AA opinion” on doctors? Psychiatrists? Churches? Hospitals? Jails? Alcohol? Prescribed medications? Other drugs? Other 12-Step programs? Vitamins? Al-Anon? The federal or state government?
2. Can I honestly share my own personal experience concerning any of those without giving the impression that I’m stating the “AA opinion”?
3. What in AA history gave rise to our Tenth Tradition?
4. What would AA be without this Tradition? Where would I be?
5. Do I breach this or any of its supporting Traditions in subtle, perhaps unconscious, ways?
6. How can I manifest the spirit of this Tradition in my personal life outside AA? Inside AA?
7. Should the meeting secretary intervene to remind AA members about this Tradition if a member starts criticizing one political party compared to others or favoring a religion over others?

Concept X: Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined.

1. Do we understand “authority” and “responsibility” as they relate to group conscience decisions by GSRs, DCMs and our area delegates?
2. Why is delegation of “authority” so important to the overall effectiveness of A.A.?
3. Do we use this concept to define the scope of “authority”?

sources: [Twelve Steps Checklist No #s 07-18-2024](#), [SMF-131 Traditions Checklist.pdf](#), [SMF-91 Concepts Checklist.pdf](#)



Two Rooms

I took my mother to an AA meeting, not because she is an alcoholic, because I am and it is important to me for her to experience this critical part of my life in recovery. There we were, walking into a room together. I needed the meeting. She was there because she loved me enough to come along.

The meeting was large. The Grange typically hosts 100 drunks; many of them sober for years—some for decades. They welcomed Mom with the special warmth and love of our Fellowship. Hugs, celebration of sobriety milestones, letting people feel seen and appreciated. They talked about what it had been like, what had happened, and what their lives looked like now. There is something comforting about being surrounded by people who have stayed sober for so long. They have crossed some distance that I have barely begun to travel. Their stories are reminders that recovery is not an idea or something people talk about when life gets rough. It is a design for living. Sharing it with my mother felt like opening a fresh door in my heart to her. She sat beside me and took it all in, clapping and being a part of the jovial gathering. I wondered what she thought as she listened to strangers talk openly about drinking, consequences, shame, fear, and finally, sobriety. I wondered what it was like for her to hear me among them.

Afterwards, Mom expressed how impressed she was with the camaraderie and open connections within such a varied group of people. The physical contact, valued names, and universal commitment to recovery.

The next day we went to a meeting held at the Alano Club. It was different. Smaller. Grittier. Less polished. There were people there from the Mission, people who looked like they had been through some hard miles. Some were newly sober and still enveloped in the chaos they were trying to escape. Here, recovery feels raw. No one saying that getting sober was easy. There were stories about desperation, mistakes and starting over. People were figuring things out one day at a time. Many do not have years of sobriety to point to. They have today.

Somewhere between those two meetings, I realized something. The rooms could be completely different. One could be large and filled with people who had accumulated years of sobriety. Another could be rough around the edges, filled with people who were only beginning to find their footing. The people could come from different places, carry different histories, and be at completely different points in their lives. But the message is the same. Recovery is possible. Not someday. Not after everything is fixed. Now. One day at a time.

The first meeting showed me where I will go.
The second reminded me where I was.

Both told me the same thing: **Keep coming back.**

~ Yana



Open Intergroup Service Positions

Co-Chair
Co-Secretary
Webmaster Co-Chair
Outreach Chairs (1 man & 1 woman)
Founders' Day Chair & Co-Chair
REDYPAA Chair

You can help the still suffering alcoholic.

Attend the Business Meeting.
4th Tuesday of each month @ All Saints Church
Eaton Hall, 2150 Benton Drive

2027 Shasta Winterfest Committee Meetings

Always 3rd Tuesday of the month

Where: All Saints Church, Eaton East Room

2150 Benton Drive, Redding

(New location - as of 5/30/26)

Time: 6:00 pm

Any questions, please contact Rob T, Chair of Winterfest @415-517-8700

REDYPAA BUSINESS MEETING

*4th Sunday
Every Month*

3 PM

**FIRST UNITED METHODIST
CHURCH**

Come help us carry the message!

To contribute stories, flyers, news, etc. to
the Intergroup newsletter, please contact
Yana or Jude at

sunnysideyana@gmail.com

judesjava@yahoo.com