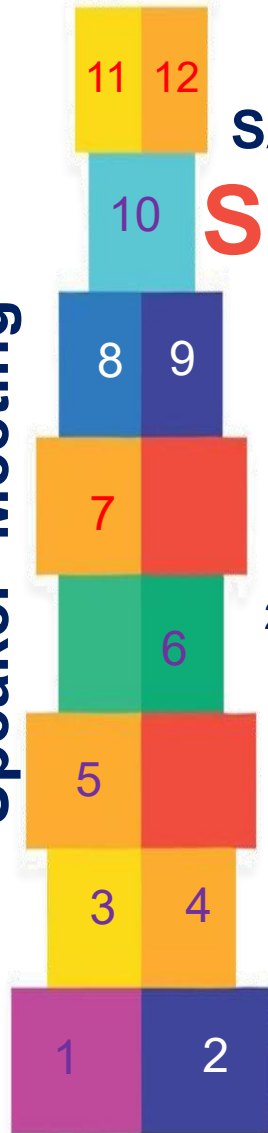




UNITY ~ SERVICE ~ RECOVERY ~ UNITY ~ SERVICE ~ RECOVERY ~ UNITY

NorCal Intergroup
Speaker Meeting



**SATURDAY
SEPT. 5
7:00PM**

2150 Benton Dr.
Redding

Hosted
By...

Men's Stag
The Steps We Took
Monday 8pm Red Bluff

Regarding Tradition Nine...

"The least possible organization, that's our universal ideal. No fees, no dues, no rules imposed on anybody, one alcoholic bringing recovery to the next; that's the substance of what we most desire, isn't it?"

~ Language of the Heart

3RD ANNUAL
JUANITA LAKE
— PRIMARY PURPOSE —
Campout
SEPTEMBER 11-13TH

LAKESIDE Camping

MEETINGS **GUIDED WALK** **POTLUCK MEALS** **FLOATY MEETING** **FOOD FELLOWSHIP AND FUN**

Food Fellowship and Fun

\$20 REGISTRATION

Contact **CHRISTINE**
530-925-5597

13th Annual Women's Retreat

Northern California Women in Recovery
"founded by" Red Bluff Women in AA invite you to attend:
Friday Sept. 18th – Sunday Sept. 20th
Check-in at 10 am Check-out at noon

Where: Camp Tehama - a group camping area set among the pines on Mill Creek, at the base of Mt Lassen, with a multi-purpose building, kitchen, showers, flush toilets & bunkhouse type cabins that can sleep multiple people.

Cost: \$90 for 2 nights / \$45 for 1 night

Includes Food & Lodging, Recovery Meetings, Spiritual Campfires, Crafts, Prayer & Meditation, Hiking, Fun, Food, Fellowship & More!

Prize Drawing: The proceeds provide seed money for next year's retreat and help with scholarships. Prize baskets gratefully accepted.

What to Bring: Warm sleeping bag & pillow (or bedding), personal toiletries (soaps, towels, etc), lawn chairs, sunscreen, mosquito repellant, flashlight, warm camping attire. **Days are normally warm, but nights are chilly.**

Don't Bring: Gas lights, stoves or grills, dogs (except service dogs), candles or resentments.

SMOKING: Only in Designated areas, never in the buildings and dispose in butt cans.

Directions: Located half-way between Red Bluff & Susanville on Hwy 36.
From Red Bluff – take Hwy 36 East about 40 miles to Mineral, continue straight on Hwy 36 about 10mi.
(Do NOT turn onto Hwy 172 "LOOP" at Mineral)

**about 10 miles past Mineral you'll turn right onto Hwy 172 – Camp Tehama is less than a mile on your right.

CONTACTS: Jonnie C 530-953-6385 or Jessica L. 209-210-8539

PLEASE REGISTER
by August 6th

Scholarship requests
due July 30th

NO late registrations
No refunds unless
retreat is canceled

Make Checks
payable to:
Jonnie Cardwell
P.O. Box 990394
Redding, CA 96099

Registration Form

[] 2 Nights @ \$90 per person \$ _____
[] 1 nights @ \$45 per person \$ _____
[] I am requesting a partial scholarship and am aware that if granted I am to help during the retreat and during final clean-up.
[] I have included \$_____ to put towards a scholarship.
[] T-Shirt for \$25 Size: _____
[] Hoodie Sweatshirt for \$45 Size: _____

* Payment arrangements can be made with Jonnie C. (Reg. only)

Name: _____ Phone: _____



A.A. 24/7 HOTLINE: 530-225-8955

MAILING ADDRESSES/LINKS

ALCOHOLICS ANONYMOUS, www.aa.org

NORCAL INTERGROUP, Office Location: 1050 State Street, Redding, CA, Mailing Address: PO Box 991107, Redding, CA 96099, www.aanorcal.org. **Office hours:** Before/After early AM meetings at the club; Tues. 3-6; Wed. 7-1; Thurs. 1-5 Office phone: 530-225-8955

NORCAL H&I, PO Box 192490, San Francisco, CA 94119-2490, www.handinorcal.org

GEN SERVICE AREA 07 - CALIFORNIA NORTHERN INTERIOR (CNIA) CNIA Contributions, PO Box 161712, Sacramento, CA 95816-1712, www.cnia.org/cnia-area-07

NEW YORK GENERAL SERVICE OFFICE, PO Box 2407, James Farley Station, New York, NY 10116-2407

AA GRAPEVINE/LA VINA, 475 Riverside Drive, 11th Floor, New York, NY 10115, www.aagrapevine.org



NorCal Intergroup

Northern California Fellowship of Alcoholics Anonymous

<https://aanorcal.org/>

[Home](#) [Is A.A. for you?](#) [AA Services](#) [Events](#) [Business](#) [Meetings](#) [Newsletter](#) [Contributions](#)



Unity Day Planning Meetings
Sept. 9th and Sept. 30th at 6pm

484 Belvedere, Redding

or via Zoom:
Meeting ID: 895 6094 2854
no passcode

“Trudging the Road of Happy Destiny”

Unity Day will be held on October 10th from 10am to 3pm
at the Happy Valley Community Center, sponsored by Intergroup, along
with District 11, H&I and REDYPAA.

Service positions are open!
For more info call Jude at 707-953-3132

2027 Shasta Winterfest Committee Meetings

Always 3rd Tuesday of the month

Where: All Saints Church, Eaton East Room

2150 Benton Drive, Redding

(New location - as of 5/30/26)

Time: 6:00 pm

*Commitments still
available!!*

Any questions, please contact Rob T, Chair of Winterfest @415-517-8700

THE DELEGATE'S REPORT FROM THIS YEAR'S ANNUAL GENERAL SERVICE CONFERENCE



Area 07's Delegate, Claudio B., will present results and discussions of this year's 76th General Service Conference. Highlights include, but not limited to;

- Summaries from other Areas,
- The use of WhatsApp to stay connected,
- Good news on The Grapevine, and,
- The status of the 5th edition of the book of Alcoholics Anonymous.

September 20, 2026 1:00PM-3:00
(Potluck lunch begins at 12 Noon)

The New Life Discovery Project
1205 Placer Street, Redding, 96001

Sponsored by CNIA Districts 09, 11, and 15

BUTTEYPAA & REDYPAA PRESENT

09.19 *The 5th Annual* 9 AM

STICK WITH THE WINNERS

YPAA

SOFTBALL TOURNAMENT

Trainer PARK
1000 Trainer St.
Red Bluff CA 96080

BBQ LUNCH 10\$
Concessions Available
SPEAKERS TBA
100\$ Team Registration

sign up here

Reach out to:
Travis -Redy (951)662-5815
Stephen -Buttey(559)977-4044



What is the NorCal Intergroup?

NorCal Intergroup, is a service board of alcoholics serving groups in Shasta, Tehama, Siskiyou and Trinity Counties. Intergroup provides alcoholics with services that individual groups can't provide. Intergroup maintains a website and a 24/7 telephone service. It answers 12-step calls, provides meeting information and maintains the schedule for the area. Intergroup is supported through voluntary contributions. Its primary purpose is to carry the A.A. message to still suffering alcoholics.

To Donate to NorCal Intergroup:



PAYPAL

"Save the Date" 2027 Woman to Woman Conference ~ Friday, April 9th - Sunday, April 11th

see website @



45th Woman to Woman
Conference
April 9, 10, 11, 2027
Wyndham Hotel
5321 Date Ave
Sacramento, CA 95841

Home – 45th
woman to
woman
conference

HISTORY / ARCHIVES GROUP

Are you interested in the History of A.A.?

Where it came from?

And, who it was that had an effect on the steps and traditions?

Do you know the history of our area?

Do you know the history of your home group?

THIS IS A REGULAR ZOOM MEETING THE 2ND
MONDAY OF EACH MONTH @ 6PM. JOIN US!!
Zoom Meeting ID: 849 7747 2890 / PW: 7272727

"I am responsible...When anyone, anywhere reaches out for help, I
want the hand of A.A. always to be there."



Learn the History of A.A.!



Wanna learn the History
of our area?



Wanna learn the History
of your home group!



NORTHERN CALIFORNIA

Intergroup of Alcoholic Anonymous



Regarding Tradition Nine...

“...AA has always violently resisted the idea of any general organization. Yet, paradoxically, we have ever stoutly insisted upon organizing certain special services; mostly those absolutely necessary to effective and plentiful Twelfth Step work.

If, for instance, an AA group elects a secretary or rotating committee, if an area forms an intergroup committee, if we set up a foundation, a general office or a Grapevine, then we are organized for service. The AA book and pamphlets, our meeting places and clubs, our dinners and regional assemblies—these are services, too. Nor can we secure good hospital connections, properly sponsor new prospects, and obtain good public relations just by chance. People have to be appointed to look after these things, sometimes paid people. Special services are performed.

But by none of these special services has our spiritual or social activity, the great current of AA, ever been really organized or professionalized. Yet our recovery program has been enormously aided. While important, these service activities are very small by contrast with our main effort.

As such facts and distinctions become clear, we shall easily lay aside our fears of blighting organization or hazardous wealth. As a movement, we shall remain comfortably poor, for our service expenses are trifling.

With such assurances, we shall without doubt continue to improve and extend our vital lifelines of special service; to better carry our AA message to others; to make for ourselves a finer, greater Society, and, God willing, to assure Alcoholics Anonymous a long life and perfect unity...”

~ Language of the Heart



Open Intergroup Service Positions

Webmaster Co-Chair
PI / CPC
Newsletter-Co-Chair
12 Step Volunteer

You can help the still suffering alcoholic.

Attend the Business Meeting.
4th Tuesday of each month @ All Saints Church
Eaton Hall, 2150 Benton Drive

GROUP DONATIONS AS OF July 30, 2026		
NAME	GROUP #	TO DATE
3 In 1 GROUP	90842	\$181.93
7 At 7	461673	\$20.00
AM ANY LENGTHS GRP REDDING	133648	\$125.00
ANDERSON AM SAT GRANGE	150044	\$784.00
ATTITUDES IN ACTION	156461	\$30.00
BAND OF BROS GROUPS	461756	\$100.00
BIRTHDAY MEETING (INTERGROUP)	NO #	\$311.38
DAY AT A TIME	73873	\$167.90
EARLY BIRD	177235	\$232.20
EXPERIENCE, STRENGTH, HOPE	103646	\$160.00
FIRST THINGS FIRST	115530	\$200.00
FLIMSY REED GROUP	104649	\$163.57
FREE AT LAST 1	105185	\$200.00
FREE AT LAST II	671021	\$400.00
FREE AT LAST	77130	\$100.00
GUY'S AND GALS	8278	\$30.00
GRAPEVINE MEETING	771629	\$64.00
HOLE IN THE DONUT GROUP	625785	\$60.00
LADIES NIGHT OUT GROUP	160486	\$200.00
LANDING ZONE HOPE	689079	\$200.00
LEWISTON OPEN DISC	657162	\$110.00
MIXED BAG	23588	\$141.02
MON NOON BB STUDY	25258	\$115.00
NEW START	136901	\$178.20
NORTH VALLEY TRUDGERS	39335	\$161.32
PRIM. PURP. LIT & DISCUSSION	717255	\$83.50
RULE 62 GROUP	692976	\$80.00
SHASTA GROUP, MT. SHASTA	128498	\$160.00
SATURDAY NIGHT LIVE	64098	\$133.80
SISTERS BY CHOICE	101862	\$116.36
SISTERS OF SOBRIETY	223509	\$52.00
SOLUTIONS GROUP	91252	\$100.00
SOUP BONE MEETING	662882	\$100.00
STEP SISTERS	120391	\$50.61
STEPPING OUT SISTERS- REDDING	699886	\$75.00
STEPPING OUT SISTERS	80864	\$190.00
STEPS WE TOOK	684714	\$344.25
THURS SAINT MICHAELS	No #	\$237.00
TUE CANDLELIGHT GROUP	605139	\$50.00
TWELVE & TWELVE STUDY GROUP	743457	\$96.00
WED. NIGHT CANDLELIGHT GRP.	28046	\$50.00
WOMEN'S EASY DOES IT	10290	\$23.14
WOMEN'S NO MATTER WHAT GRP	690710	\$500.00
NO NAME	163055	\$30.00

September 2026 Business Meetings and Events

General Service: District 9 (Siskiyou County) Business Meeting - 1st Sunday of each month 10:00 - 11:30am. The meeting is hybrid. The physical meetings are held at *the Weed Community Center, 161 E. Lincoln Ave., Weed, CA. Zoom ID# 666 067 6860* / No password. Attendees enter into a waiting room, and Host will let the attendee in. **District 11 Business Meeting - 3rd Tuesday of each month - 5:30 pm;** upstairs at *the Alano Club, 1050 State St., Redding, CA.* For more information, see our [District 11 page](#).

Northern California Hospitals and Institutions (H&I) Shasta County (Area 16) H&I Business Meeting - 1st Tuesday of each month – Orientation for new volunteers at 5:30pm, business meeting to follow at 6:00pm at *All Saints Church, Eaton Hall, 2150 Benton Drive, Redding.* For more information on Shasta County H & I, contact Chair, Jude H. at 707-953-3132.

Siskiyou County (Area 3) H&I Business Meeting Update!: 1st Friday of each quarter (Jan, April, July, Oct) - 5pm, at the *Pizza Factory, 132 N. Weed Blvd., Weed, CA 96094.* For any questions, please contact the Area Chair at: https://www.handinorcal.org/contact-us?recipient=area_03 or by clicking [HERE](#).

Tehama County (Area 17) H&I Monthly Business Meeting - 2nd Thursday of each month, 5:30 pm at *Red Bluff Presbyterian Church, 838 Jefferson St., Room 4 (in back of courtyard), Red Bluff.* For more information on Tehama County H & I, contact Chair, Mike D. @ 707-479-1835.

Trinity County (Area 18) H & I Monthly Business Meeting - 1st Wednesday of each month, 7:30pm at *St. Patrick's Catholic Church, 102 Church Street, Weaverville.* For more information on Tehama County H & I, contact Chair, Diane C. @ 707-815-5042.

Intergroup Business Meeting - 4th Tuesday of each month, 6pm at *All Saints Church, Eaton Hall, 2150 Benton Drive, Redding*
Archives Committee Meeting - 2nd Monday of each month, 6pm, via Zoom: 849 7747 2890, New PW 7272727

REDYPAA Business Meeting - 4th Sunday of each month, at 3:00pm at *the Methodist Church, 1825 East St., Redding*

REDYPAA Monthly Speaker Meeting - 3rd Saturday each month at the *Alano Club, 1050 State Street, Redding, CA.* For more information, contact Chair, Deanna B. @ 530-921-7120. For Events, Michele G. @ 530-209-1589 or Madison F. @ 530-902-1439.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 SEPTEMBER '26	31	1 - H&I Area 16 Orientation at 5:30pm; Bus. Mtg. 6pm 2150 Benton Dr. Redding, CA	2 - H&I Area 18 7:30pm, 102 Church St., Weaverville, CA	3	4	5 – Intergroup Birthday Speaker Meeting – 7pm 2150 Benton Redding, CA
6 - District 9 10am, 161 E. Lincoln Ave., Weed, CA. Zoom 666 067 6860	7 – Labor Day	8	9 – Unity Day Planning Mtg 6pm at 484 Belvedere, Redding, or Zoom: 895 6094 2854	10 - H&I Area 17 , 5:30 pm, 838 Jefferson, Room 4 (back courtyard) Red Bluff, CA	11	12
13	14 - Archives Committee Mtg , 6pm via Zoom 849 7747 2890, PW 7272727	15 – District 11 5:30pm, Alano Club (upstairs) 1050 State St. Redding, CA	16	17	18	19 - REDYPAA Speaker Meeting 8pm, Alano Club 1050 State St. Redding, CA
20	21	22	23	24	25	26
27 – REDYPAA Business Meeting 3pm, 1825 East St Redding, CA	28	29	30	1	2	3

Thankful

I remember those times mommy would stumble
through the door
Grandma would be ashamed of her daughter
laying on the floor
I watched from my room as Grandma
helped her stand up
Sometimes I'd run out to give her a hand up
But Grandma would shout and mom
would look dazed
I always teared up and seemed in the way
I'd go back to my room where I knew I must stay
'til mommy was better ... as Grandma would say
I'd sit there wondering why mommy didn't want to
play
As a little girl of three ... hey what can I say?

But things are better now and mommy's just fine
Now when we go out to dine
She orders a Pepsi, with a coffee on the side
She goes to her meetings,
sometimes my brother and I go, too
She raises us alone, she raises us right
Supports the family and makes dinner at night
She's a pretty little lady in a button up suit
With make-up on and high heeled shoes
I'm thankful in the morning, I'm thankful at day
I'm thankful right down to the goodnight hug she
gives me each day.

As an alcoholic mother I was filled
with shame, guilt and remorse.
I thought I would never be able to
make enough amends to my daughter.
She was three years old when I got
sober and I have consistently made living
amends to her since. Gratitude does not begin to
describe how thankful I am to AA for the
relationship we have today. Danielle wrote this
poem when she was 14 and I was 11 years
sober. There is redemption for us. Thank you for
allowing me to share it with you.

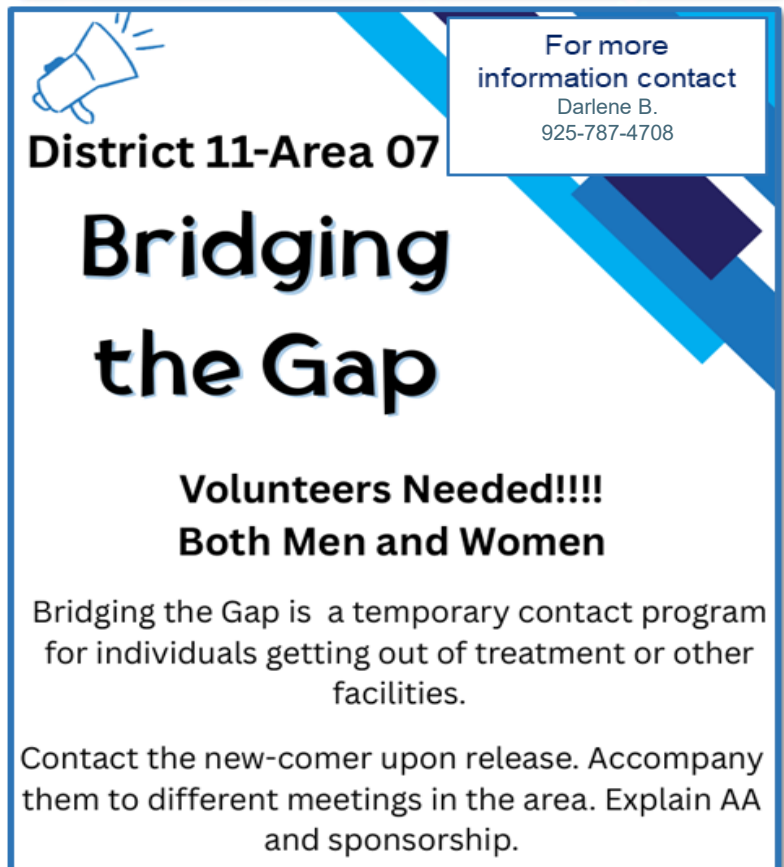
~ Julie H.

"AA is no success story in the ordinary sense of
the word. It is story of suffering transmuted,
under grace, into spiritual progress."

~ Bill W.



REDYPAA
BUSINESS MEETING
4th Sunday
Every Month
3 PM
FIRST UNITED METHODIST
CHURCH
Come help us carry the message!




District 11-Area 07
**Bridging
the Gap**
Volunteers Needed!!!!
Both Men and Women
Bridging the Gap is a temporary contact program
for individuals getting out of treatment or other
facilities.
Contact the new-comer upon release. Accompany
them to different meetings in the area. Explain AA
and sponsorship.

For more
information contact
Darlene B.
925-787-4708

To contribute stories, flyers, news, etc. to the
Intergroup newsletter, please contact
Yana or Jude at
sunnysideyana@gmail.com
judesjava@yahoo.com



September Step, Tradition & Concept Checklists for thought, discussion, and meditation



Step Nine: Made direct amends to such people wherever possible, except when to do so would injure them or others would injure them or others

1. Is there anyone to whom I am hesitant to make amends? What is the danger in rushing out immediately to make amends?
2. What are the different types of amends I can make?
3. When making amends, why are the other person's defects not discussed?
4. How do I make amends if the person(s) cannot be seen?
5. Why are good judgement, timing, courage, and wisdom important in this Step?
6. How have I become willing to accept full consequences for the harms I have done?

Tradition Nine: AA, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.

1. Do I try to "boss" things in AA?
2. Do I ever resist formal aspects of AA because I see them as authoritative?
3. Do I try to understand and use all elements of the AA program—even if no one makes me do so—with a sense of personal responsibility?
4. Do I exercise patience and humility in any AA job I take?
5. Am I aware of all those to whom I am responsible in any AA job?
6. Why doesn't every AA group need a constitution and bylaws?
7. Have I learned to step out of an AA job gracefully—and profit thereby—when the time comes?
8. What has rotation to do with anonymity? With humility?

Concept Nine: Good service leadership at all levels is indispensable for our future functioning and safety. Primary world service leadership, once exercised by the founders, must necessarily be assumed by the trustees.

1. Do we discuss how we can best strengthen the composition and leadership of our future trusted servants?
2. Do we recognize the need for group officers?
3. What is our criteria for election?
4. Do we sometimes give a position to someone "because it would be good for them"?
5. Do I set a positive leadership example?

sources: [Twelve Steps Checklist No #s 07-18-2024](#), [SMF-131 Traditions Checklist.pdf](#), [SMF-91 Concepts Checklist.pdf](#)



Northern California **Unity Day!**

Trudging the Road of Happy Destiny!



**Saturday, October 10, 2026, 10am – 3pm
(first speaker panel at 10:30 am)**

**Happy Valley Community Center
5400 Happy Valley Road, Anderson, CA 96007**

**A day of fun and fellowship and Western grub
hosted by your AA service entities
(General Service, H&I, Intergroup, and REDYPAA)
Shasta, Tehama, Trinity & Siskiyou Counties**

**Informational Tables! Speakers and Service Panels!
Lunch and Refreshments! 50/50 Raffle! Sobriety Countdown!
Suggested donation \$5.00 (no-one turned away for lack of funds)
Volunteers needed!
Reach out to Jude at 707-953-3132**

Everything AA App.

The most comprehensive Alcoholics Anonymous App available for iOS and Android. Completely free, without any ads.

- AA online Meeting Finder
- Big Book text and audio
- 12 Step & 12 Traditions
- Joe and Charlie tapes
- Daily Reflections
- Living Sober
- Sobriety tracker
- Pamphlets
- And more!



“Nothing matters more to AA’s future welfare than the manner in which we use the colossus of modern communication. Used unselfishly and well, it can produce results surpassing our present imagination.”

~ Bill W.

H&I Orientation Nor. California Hospitals & Institutions Committee

WHEN: First Tuesday each month at 5:30PM
Business meeting follows at 6:00PM
WHERE: All Saints Church
2150 Benton Drive ~ Redding

Orientation is required for all new H&I volunteers and highly recommended for existing volunteers and facility coordinators