



UNITY ~ SERVICE ~ RECOVERY ~ UNITY ~ SERVICE ~ RECOVERY ~ UNITY

NorCal Intergroup Speaker Meeting



Saturday,
August 1st
7:00pm

Hosted By:

A Vision for You Group

Meets each Friday at 7pm

162 East Lincoln Ave. in Weed

A.A. Vision

The core message
and hope that
Alcoholics Anonymous
conveys—
that recovery from
alcoholism is possible,
that no one has to do
it alone,
and that a new,
fulfilling way of living
is available.



12th Annual Mt Lassen Men's Retreat

August 21 – 23rd 2026

A Design For Living



Registration fee \$90.00 includes Cabin, Meals, Snacks, Coffee
Great Meetings, Ping Pong, Horseshoes, Pickleball
Fellowshipping, Free Time to Explore, Hike or Fish.

Location 40550 Hwy 172 Mill Creek Ca. 96061

Check in time starts at 2pm on Friday

Directions Drive 4 miles past the town of Mineral on Hwy 36 turn right on Hwy
172 go 1 mile to camp Tehama on the right

Scan QR code to Register or use form on back of flyer
Questions call Mike at 530-492-2984.

Once you unload, please park car in parking area.

Note: only Physical Service Dogs allowed, no Emotional support pets



Scan to register & purchase Retreat Items

Shirts, Hats & mugs.
Scan to see photos

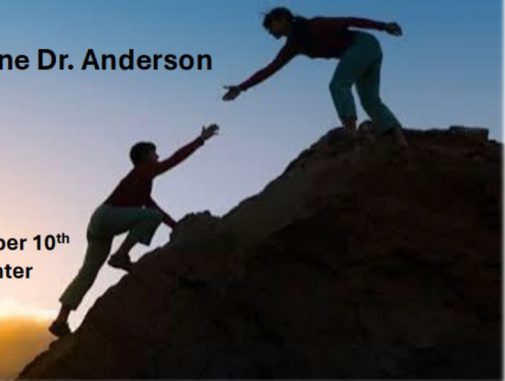
Please let Mike know if you would like to sponsor a registration



Northern California Unity Day – Volunteers Needed!
Planning Meeting
August 12, 2026, 6:00 pm

In person at 20236 Ballentine Dr. Anderson
or via Zoom:
Meeting ID 838 3581 8076
no password

Unity Day will be on Saturday, October 10th
at the Happy Valley Community Center



Spiritual Experience

“...sudden revolutionary changes are described...many alcoholics have nevertheless concluded that in order to recover they must acquire an immediate and overwhelming “God consciousness” followed at once by a vast change in feeling and outlook...”

“...such transformations, though frequent, are by no means the rule. Most of our experiences are what the psychologist William James calls the “educational variety” because they develop slowly over a period of time. Quite often friends of the newcomer are aware of the difference long before he is himself. He finally realizes he has undergone a profound alteration...”

The Spiritual Life is not a theory. We
have to live it.

~Page 83 of the Big Book



A.A. 24/7 HOTLINE: 530-225-8955

MAILING ADDRESSES/LINKS

ALCOHOLICS ANONYMOUS, www.aa.org

NORCAL INTERGROUP, Office Location: 1050 State Street, Redding, CA, Mailing Address: PO Box 991107, Redding, CA 96099, www.aanorcal.org. **Office hours:** Before/After early AM meetings at the club; Tues. 3-6; Wed. 7-1; Thurs. 1-5 Office phone: 530-225-8955

NORCAL H&I, PO Box 192490, San Francisco, CA 94119-2490, www.handinorcal.org

GEN SERVICE AREA 07 - CALIFORNIA NORTHERN INTERIOR (CNIA) CNIA Contributions, PO Box 161712, Sacramento, CA 95816-1712, www.cnia.org/cnia-area-07

NEW YORK GENERAL SERVICE OFFICE, PO Box 2407, James Farley Station, New York, NY 10116-2407

AA GRAPEVINE/LA VINA, 475 Riverside Drive, 11th Floor, New York, NY 10115, www.aagrapevine.org



Alcoholics Anonymous'

AAWS: Alcoholics Anonymous World Services, Inc. One of the two corporate boards overseeing AA services, primarily responsible for the publishing and distribution of conference-approved literature.

BTG – Bridging the Gap, the committee responsible for meeting the newcomer from a treatment facility or jail at their first AA meeting.

CNIA or Area 07 – California Northern Interior Area 07.

DCM – District Committee Member – an elected member who leads a district and serves as the primary link between GSRs and the Area Delegate

GSC: General Service Conference. The annual North American meeting of Area Delegates, Trustees, and GSO staff to discuss and vote on matters affecting the fellowship as a whole.

GSB: General Service Board. The group of trustees that oversees AA's two operating corporations: AA World Services (AAWS) and AA Grapevine

GSO: General Service Office. Located in New York City, it acts as the primary hub of communication, literature distribution, and global service for AA.

GSR – General Service Representative, ideally each group has one. The elected member who links their local group to the district and area levels, acting as the “voice of the group conscience”.

H&I – Hospitals and Institutions takes meetings and literature into those facilities.

ICYPAA – International Conference of Young People in Alcoholics Anonymous

LCM – Local DCM, sometimes necessary when a District is so large that it is split into smaller, or “local,” Districts.

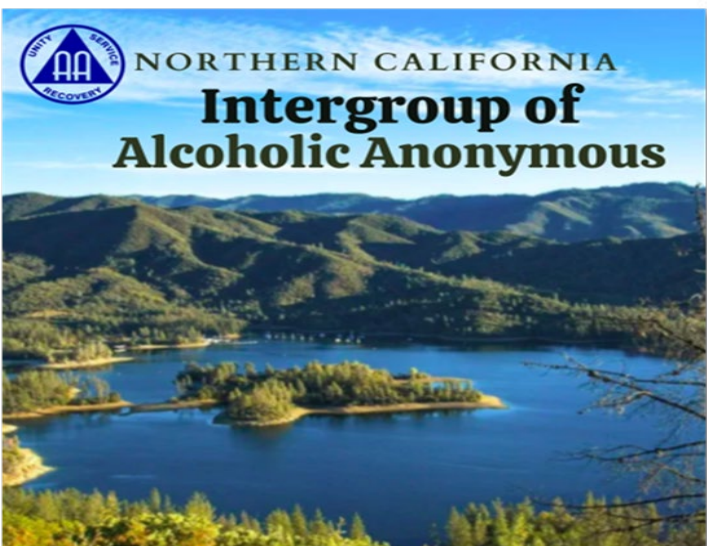
PI/CPC – *Public Information* responsible for radio, TV and printed information about AA to the outside world. *Cooperation with the Professional Community* works with doctors, counselors, clergy, judges, probation and parole personnel, etc., to inform them what AA is and does.

A
B
C's
S

For a complete breakdown of service structure definitions, explore the official Alcoholics Anonymous Structure at <https://www.aa.org/aa-gso> or <https://cnia.org/about-aa/terms-and-abbreviations/>

GROUP DONATIONS AS OF June 30, 2026

NAME	GROUP #	TO DATE
3 In 1 GROUP	90842	\$101.93
7 At 7	461673	\$20.00
AM ANY LENGTHS GRP REDDING	133648	\$125.00
ANDERSON AM SAT GRANGE	150044	\$784.00
ATTITUDES IN ACTION	156461	\$30.00
BAND OF BROS GROUPS	461756	\$100.00
BIRTHDAY MEETING (INTERGROUP)	NO #	\$311.38
DAY AT A TIME	73873	\$167.90
EARLY BIRD	177235	\$232.20
EXPERIENCE, STRENGTH, HOPE	103646	\$160.00
FIRST THINGS FIRST	130801	\$100.00
FLIMSY REED GROUP	144128	\$125.62
FREE AT LAST I	699675	\$100.00
FREE AT LAST II	671021	\$250.00
FREE AT LAST	77130	\$100.00
GUYS & GALS	8278	\$30.00
HOLE IN THE DONUT GROUP	625785	\$60.00
LADIES NIGHT OUT GROUP	160486	\$200.00
LANDING ZONE HOPE	689079	\$200.00
LEWISTON OPEN DISC	657162	\$110.00
MIXED BAG	625785	\$40.00
MON NOON BB STUDY GROUP	25258	\$115.00
NEW START	136901	\$178.20
NORTH VALLEY TRUDGERS	695447	\$85.42
PRIM. PURP. LIT & DISCUSSION	717255	\$83.50
RULE 62 GROUP	692976	\$80.00
SHASTA GROUP, MT. SHASTA	128498	\$160.00
SATURDAY NIGHT LIVE	64098	\$69.90
SISTERS BY CHOICE	101862	\$116.36
SISTERS OF SOBRIETY	223509	\$52.00
SOUP BONE MEETING	662882	\$100.00
STEP SISTERS	120391	\$50.61
STEPPING OUT SISTERS- REDDING	699886	\$75.00
STEPS WE TOOK	684714	\$344.25
TWELVE X TWELVE STUDY GROUP	743457	\$96.00
WED. NIGHT CANDLELIGHT GRP.	605139	\$50.00
WOMEN'S EASY DOES IT GRP	10290	\$23.14
WOMENS NO MATTER WHAT GRP	690710	\$500.00
NO NAME	163055	\$30.00



What is the NorCal Intergroup?

NorCal Intergroup, is a service board of alcoholics serving groups in Shasta, Tehama, Siskiyou and Trinity Counties. Intergroup provides alcoholics with services that individual groups can't provide. Intergroup maintains a website and a 24/7 telephone service. It answers 12-step calls, provides meeting information and maintains the schedule for the area. Intergroup is supported through voluntary contributions. Its primary purpose is to carry the A.A. message to still suffering alcoholics.

To Donate to NorCal Intergroup:



PAYPAL

ANNUAL REDYPAA campout

Conscious Contact & Campfires

AUGUST 7-9TH

TRINITY LAKE
FAWN GROUP CAMPGROUND

REGISTRATION

- PRE-REGISTRATION NOW UNTIL JULY 1ST **\$25**
- JULY 1ST - AUGUST 6TH **\$30**
- AT THE GATE **\$35**
- KIDS 12 AND UNDER **FREE**

Main Speakers

JEREMY L. FROM SACRAMENTO
WILL J. FROM SOCYPAA
AND DEANNA B. FROM REDYPAA

CAMPFIRES | MEETINGS | GAMES | MEMORIES

We're not a glum lot. We absolutely insist on enjoying life.

A Date with Destiny ***~ Language of the Heart by Bill Wilson***

Somebody once said, "As much as you may grow, as many recoveries as there may be, I think the eventual by-products of AA will be greater than AA itself."

Everywhere now, we hear such remarks. They come from all kinds of people. Doctors think of applying our methods to other neurotics; clergy wonder if our humble example may not vitalize their congregations; businesspeople find we make good personnel managers—they glimpse a new industrial democracy; educators see power in our noncontroversial way of presenting the truth; and our friends wistfully say, "We wish we were alcoholics—we need AA too."

Why these stirrings? They must all mean, I am sure, that we have suddenly become much more than recovered alcoholics, AA members only. Society has begun to hope that we are going to utilize, in every walk of life, that miraculous experience of our returning, almost overnight, from the fearsome land of Nowhere.

Yes, we are again citizens of the world. It is a distraught world, very tired, very uncertain. It has worshiped its own self-sufficiency—and that has failed. We AAs are a people who once did that very thing. That philosophy failed us, too. So perhaps, here and there, our example of recovery can help. As individuals, we have a responsibility, maybe a double responsibility. It may be that we have a date with destiny.

To contribute stories, flyers, news, etc. to the Intergroup newsletter, please contact
Yana or Jude at
sunnysideyana@gmail.com
judesjava@yahoo.com



Open Intergroup Service Positions

Webmaster Co-Chair
PI / CPC

Newsletter-Co-Chair
12 Step Volunteer

You can help the still suffering alcoholic.

Attend the Business Meeting.
4th Tuesday of each month @ All Saints Church
Eaton Hall, 2150 Benton Drive

13th Annual Women's Retreat

Northern California Women in Recovery
"founded by" Red Bluff Women in AA invite you to attend:
Friday Sept. 18th – Sunday Sept. 20th
Check-in at 10 am Check-out at noon

Where: Camp Tehama - a group camping area set among the pines on Mill Creek, at the base of Mt Lassen, with a multi-purpose building, kitchen, showers, flush toilets & bunkhouse type cabins that can sleep multiple people.

Cost: \$90 for 2 nights / \$45 for 1 night

Includes Food & Lodging, Recovery Meetings, Spiritual Campfires, Crafts, Prayer & Meditation, Hiking, Fun, Food, Fellowship & More!

Prize Drawing: The proceeds provide seed money for next year's retreat and help with scholarships.
Prize baskets gratefully accepted.

What to Bring: Warm sleeping bag & pillow (or bedding), personal toiletries (soaps, towels, etc), lawn chairs, sunscreen, mosquito repellent, flashlight, warm camping attire. "Days are normally warm, but nights are chilly."

Don't Bring: Gas lights, stoves or grills, dogs (except service dogs), candles or resentments.

SMOKING: Only in Designated areas, never in the buildings and dispose in butt cans.

Directions: Located half-way between Red Bluff & Susanville on Hwy 36.
From Red Bluff – take Hwy 36 East about 40 miles to Mineral, continue straight on Hwy 36 about 10mi.
(Do NOT turn onto Hwy 172 "LOOP" at Mineral)
**about 10 miles past Mineral you'll turn right onto Hwy 172 – Camp Tehama is less than a mile on your right

CONTACTS: Jonnie C 530 953-6385 or Jessica L. 209-210-8539

PLEASE REGISTER by August 6 th		Registration Form	
Scholarship requests due July 30 th	☐ 2 Nights @ \$90 per person	\$	_____
NO late registrations	☐ 1 nights @ \$45 per person	\$	_____
No refunds unless retreat is canceled	☐ I am requesting a partial scholarship and am aware that if granted I am to help during the retreat and during final clean-up.		
Make Checks payable to:	☐ I have included \$_____ to put towards a scholarship.		
Jonnie Cardwell	☐ T-Shirt for \$25	Size:	_____
P.O. Box 990394	☐ Hoodie Sweatshirt for \$45	Size:	_____
Redding, CA 96099	* Payment arrangements can be made with Jonnie C. (Reg. only)		
	Name:	_____ Phone: _____	

HISTORY / ARCHIVES GROUP

Are you interested in the History of A.A.?

Where it came from?

And, who it was that had an effect on the steps and traditions?

Do you know the history of our area?

Do you know the history of your home group?

THIS IS A REGULAR ZOOM MEETING THE 2ND MONDAY OF EACH MONTH @ 6PM. JOIN US!!
Zoom Meeting ID: 849 7747 2890 / PW: 7272727

"I am responsible...When anyone, anywhere reaches out for help, I want the hand of A.A. always to be there."



Learn the History of A.A.!



Wanna learn the History of our area?



Wanna learn the History of your home group!

H&I Orientation

Nor. California Hospitals & Institutions Committee

WHEN: First Tuesday each month at 5:30PM
Business meeting follows at 6:00PM

WHERE: All Saints Church
2150 Benton Drive ~ Redding

Orientation is required for all new H&I volunteers and highly recommended for existing volunteers and facility coordinators

August 2026 Business Meetings and Events

General Service: District 9 (Siskiyou County) Business Meeting - 1st Sunday of each month 10:00 - 11:30am. The meeting is hybrid. The physical meetings are held at *the Weed Community Center, 161 E. Lincoln Ave., Weed, CA. Zoom ID# 666 067 6860* / No password. Attendees enter into a waiting room, and Host will let the attendee in. **District 11 Business Meeting - 3rd Tuesday of each month - 5:30 pm;** upstairs at *the Alano Club, 1050 State St., Redding, CA.* For more information, see our [District 11 page](#).

Northern California Hospitals and Institutions (H&I) Shasta County (Area 16) H&I Business Meeting - 1st Tuesday of each month – Orientation for new volunteers at 5:30pm, business meeting to follow at 6:00pm at *All Saints Church, Eaton Hall, 2150 Benton Drive, Redding*. For more information on Shasta County H & I, contact Chair, Jude H. at 707-953-3132.

Siskiyou County (Area 3) H&I Business Meeting Update!: 1st Friday of each quarter (Jan, April, July, Oct) - 5pm, at the *Pizza Factory*, 132 N. Weed Blvd., Weed, CA 96094. For any questions, please contact the Area Chair at: https://www.handinorcal.org/contact-us?recipient=area_03 or by clicking [HERE](#).

Tehama County (Area 17) H&I Monthly Business Meeting - 2nd Thursday of each month, 5:30 pm at Red Bluff Presbyterian Church, 838 Jefferson St., Room 4 (in back of courtyard), Red Bluff. For more information on Tehama County H & I, contact Chair, Mike D. @ 707-479-1835.

Trinity County (Area 18) H & I Monthly Business Meeting - 1st Wednesday of each month, 7:30pm at St. Patrick's Catholic Church, 102 Church Street, Weaverville. For more information on Tehama County H & I, contact Chair, Diane C. @ 707-815-5042.

Intergroup Business Meeting - 4th Tuesday of each month, 6pm at All Saints Church, Eaton Hall, 2150 Benton Drive, Redding
Archives Committee Meeting - 2nd Monday of each month, 6pm, via Zoom: 849 7747 2890, New PW 7272727

REDYPAA Business Meeting - 4th Sunday of each month, at 3:00pm at the Methodist Church, 1825 East St., Redding

REDYPAA Monthly Speaker Meeting - 3rd Saturday each month at the Alano Club, 1050 State Street, Redding, CA. For more information, contact Chair, Deanna B. @ 530-921-7120. For Events, Michele G. @ 530-209-1589 or Madison F. @ 530-902-1439.



2026 AUGUST

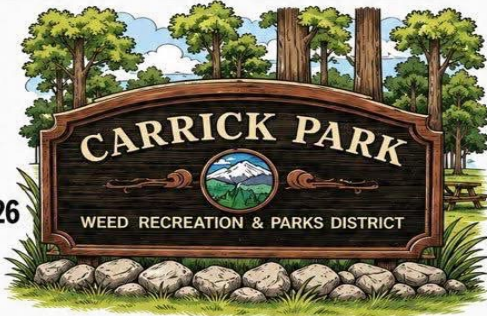
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	31	1 Intergroup Birthday Speaker Mtg. 7pm 2150 Benton Dr in Redding
2 Dist. 9 Bus. Mtg. 10am 161 E. Lincoln Ave. in Weed Zoom 666 067 6860	3	4 H&I Area 16 Orientation 5:30pm Bus. Mtg. 6pm 2150 Benton Dr in Redding	5 H&I Area 18 Bus. Mtg. 7:30pm St. Pat's Church 102 Church St. in Weaverville	6	7 REDYPAA Camp Out	8 
9 	10 Archives Committee Mtg. 6pm Zoom 849 7747 2890 PW 7272727	11	12 Unity Day Planning see flyer for details	13 H&I Area 17 Bus. Mtg. 5:30pm Red Bluff Presbyterian 838 Jefferson St. Rm 4 in Red Bluff	14	15 REDYPAA Speaker Mtg. 8pm Alano Club 1050 State St. in Redding
16	17	18 Dist. 11 Bus. Mtg. 5:30pm Alano Club Upstairs	19	20	21	22 Siskiyou Unity Day in Weed see flyer for details
23 REDYPAA Bus. Mtg. 3pm Methodist Church 1825 East St. in Redding	24	25 Intergroup Bus. Mtg. 6pm 2150 Benton Dr. in Redding	26	27	28	29
30	31	1	2	3	4	5
						Page 5

**SISKIYOU COUNTY
AA DISTRICT 9 JOYFULLY PRESENTS:**

AA UNITY DAY

Picnic

**SATURDAY AUGUST 22ND, 2026
AT 19369 MAPLE AVE,
WEED, CA 96094**



11:00 - 11:30AM: FELLOWSHIP

11:30AM - 12:30PM: SERVICE PANEL SPEAKERS

1:00 - 2:00PM: LUNCH

2:15 - 3:15PM: KEYNOTE SPEAKER

3:30 - 4:00PM: ICE CREAM & 50/50 RAFFLE (BRING CASH!)



**BBQ & POTLUCK
DESSERT CONTEST
GAMES
50/50 RAFFLE**



"I am grateful that the people in AA showed me how to live sober. However, I have learned many things from other sources. I learned about quiet from the breeze floating through the grass on a warm summer day. I have learned unconditional love from my animals. I have learned how to have wonder of the world from my children. I have learned that all things have tremendous power."

~ "Journey of the Spirit"
Spiritual Awakenings



Love and Tolerance

Women's Retreat

Oct 9-11th

**Out and About
Treehouses
300 Page Creek
Road
Cave Junction
Oregon**

*Join in for a
weekend of
meetings,
fellowship,
self-care, and
some playtime.
Food, fun and
more!*



Registration \$400
plus travel/ lodging.
You can also
contact Glenna at
Glenna V.
944-954-0765

**Treehouses
are an
additional
charge &
individually
priced.**

**Use this link
<https://treehouses.com/>
to view the
treehouses.
Pay & book
with
Glenna**

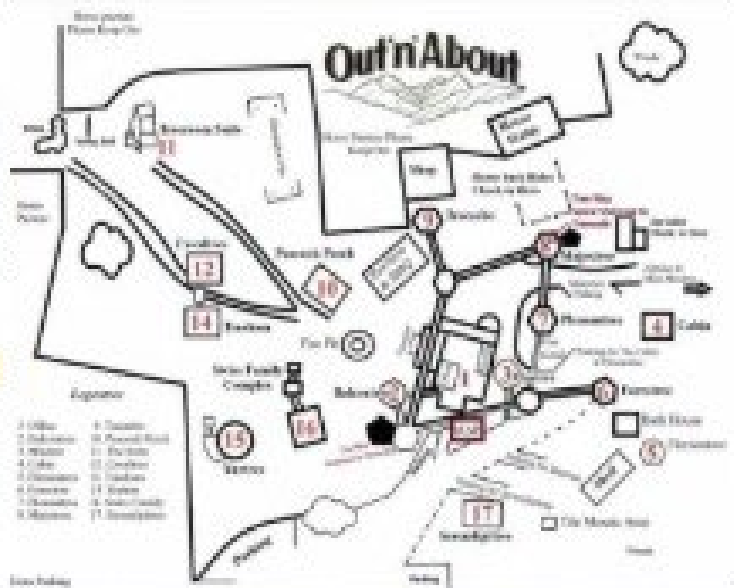
**General Information
& Questions
Laura B.
944-954-0765**

Judgement Free in The Trees

Visit the website

<https://treehouses.com/>

Prices are listed on the
website. Contact Glenna to
register and book the
treehouse that suits you best.



OUT N ABOUT TREESORT MAP



August Step, Tradition & Concept Checklists for thought, discussion, and meditation



Step Eight: Made a list of all persons we had harmed and became willing to make amends to them all

1. What is my definition of harm? Where do I find the names of the people I have harmed? Am I willing to see where I was at fault?
2. Why can't I just let bygones be bygones? Do I believe I never hurt anybody but myself with my drinking?
3. Why do I need to repair the damage I have done to others?
4. What action should I take if I am not willing to make amends at this time?
5. Has anyone been left off my list and why?

Tradition Eight: Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.

1. Does my own behavior accurately mirror the Traditions? If not, what needs changing?
2. When I chafe about any particular Tradition, do I realize how it affects others?
3. Do I sometimes try to get some reward—even if not money—for my personal AA efforts?
4. Do I try to sound in AA like an expert on alcoholism? On recovery? On medicine? On sociology? On AA itself? On psychology? On spiritual matters? Or, heaven help me, even on humility?
5. Do I make an effort to understand what AA employees do? What workers in other alcoholism agencies do? Can I distinguish clearly among them?
6. Do I know where my local meeting directory comes from?
7. In my own AA life, have I had any experiences which illustrate the wisdom of this Tradition?
8. Have I read the book *Twelve Steps and Twelve Traditions*? How about the pamphlet "A.A. Tradition—How It Developed"?
9. Can my group rely on me to fulfill my service responsibilities without someone checking on me?

Concept VIII: The trustees are the principal planners and administrators of overall policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.

1. Do we understand the relationship between the two corporate service entities (A.A. World Services, Inc., the AA Grapevine) and the General Service Board?
2. How can the business term "custodial oversight" apply to the trustees' relationship to the two corporate service entities?
3. Does my home group subscribe to GSO's bimonthly newsletter Box 4-5-9? AA Grapevine? Do I?

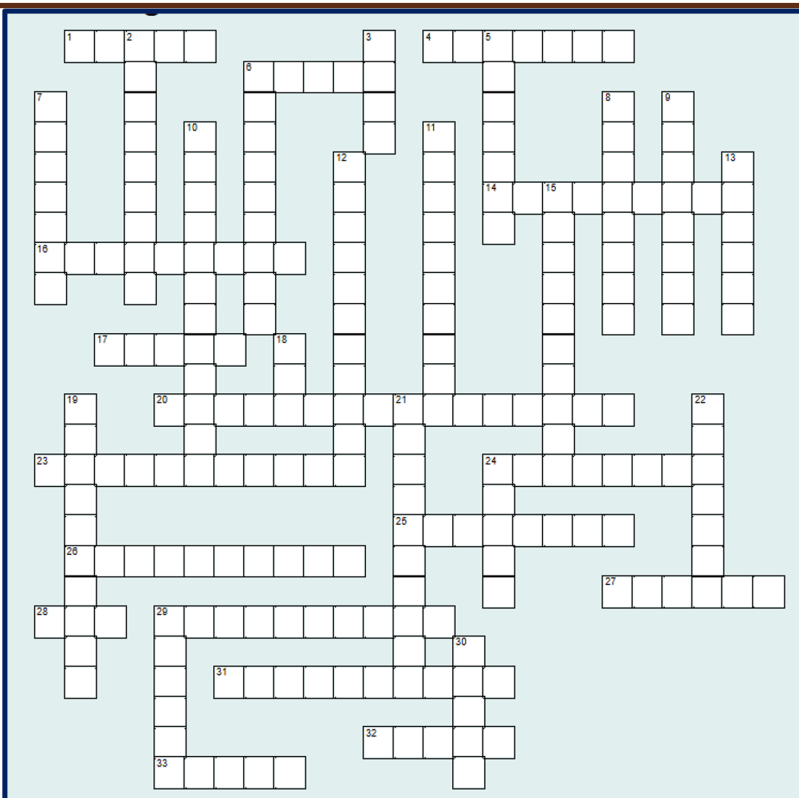
sources: [Twelve Steps Checklist No #s 07-18-2024](#), [SMF-131 Traditions Checklist.pdf](#), [SMF-91 Concepts Checklist.pdf](#)



AA Word Challenge ~Bright Spot

Across

- 1 Carl Jung was a noted _____ psychoanalyst
- 4 This is the name of the worldwide fellowship that offers a program of recovery for the younger generation of the families of alcoholics
- 6 "_____ works it's magic in an area called the mesolimbic pathway"
- 14 Our AA newsletter is called the _____
- 16 a person who claims neither faith nor disbelief in God.
- 17 The 2013 _____ for our annual convention was "Trudge the road of Happy Destiny"
- 20 "This we owe to A.A.'s future: to place our common welfare first; to keep our Fellowship united. For an A.A. unity depend our lives and the lives of those to come", is called the. (2 words)
- 23 "With all the _____ at our command, we beg of you to be fearless and thorough from the very start"
- 24 the title of the first opening meeting at the VCAAC Convention on Friday, is called the _____ Speaker
- 25 The three legs of the _____ represent the Three Legacies of Recovery, Unity, and Service
- 26 Rarely have we seen a person fail who has _____ followed our path
- 27 In step 12 we ask you when you speak to another alcoholic continue about our disease, refer to it as an illness, a fatal _____



- 28 For our group purpose there is but one ultimate authority, a loving _____ (Tradition 2)
- 29 The Second Edition of the Bog Book added the _____
- 31 A.A.'s Twelve Traditions apply to the life of the _____ itself
- 32 The first name of the 2007 VCAAC Alcoholic Anonymous Chairperson
- 33 In what step do we "Humbly ask Him to remove our shortcomings"

Down

- 2 In Step 4 we make a searching and fearless moral _____ of ourselves
- 3 "The Big Book is our basic _____ for our Society" _____
- 5 it is believed that Alcoholics of our type have a _____ to Alcohol
- 6 We celebrate _____ at certain meetings for staying sober consistently for 365 consecutive days
- 7 When a sober member of AA has a "slip" or goes "off the wagon"
- 8 "God grant me the _____"

- 9 In Step 5 we _____ to God, to ourselves and to another human being the exact nature of our wrongs
- 10 In Step Seven we "Humbly ask Him to remove our _____"
- 11 William Silkworth, subjected Bill W to a detox regimen known as the _____ Cure
- 12 "_____ honesty, and open mindedness are the essentials of recovery"
- 13 "13th step"—AA slang for _____ exploitation
- 15 The Big Book of AA has helped millions of men and women recover from _____
- 18 We are learning to live without alcohol _____ at a time.

- 19 "AA's Twelve _____ apply to the life of the Fellowship itself" _____
- 21 the next to last meeting we have at the VCAAC Convention is known as the _____ Meeting
- 22 VCAAC stands for _____ County Alcoholics Anonymous Convention
- 24 the name of the Hotel where we are currently hosting our VCAAC Convention
- 29 AA addresses this risk with the eighth and ninth steps, which require alcoholics to make _____ to people they've wronged
- 30 The Preamble _____ appeared in the Grapevine in June 1947

REDYPAA BUSINESS MEETING

4th Sunday
Every Month

3 PM
FIRST UNITED METHODIST
CHURCH

Come help us carry the message!



District 11-Area 07

For more
information contact
Brandt C.
530.560.4241

Bridging the Gap

Volunteers Needed!!!!
Both Men and Women

Bridging the Gap is a temporary contact program for individuals getting out of treatment or other facilities.

Contact the new-comer upon release. Accompany them to different meetings in the area. Explain AA and sponsorship.

Everything AA App.

The most comprehensive Alcoholics Anonymous App available for iOS and Android. Completely free, without any ads.

- AA online Meeting Finder
- Big Book text and audio
- 12 Step & 12 Traditions
- Joe and Charlie tapes
- Daily Reflections
- Living Sober
- Sobriety tracker
- Pamphlets
- And more!



"...how shall we make such a vision actually work when most societies have to rely so greatly on management, money, and heavily publicized leadership exercising powerful personal suasion?" Yet, incredibly, we are beginning to see our vision come alive. Even though we persist in looking with misgiving on any large accumulation of money or personal prestige in the name of Alcoholics Anonymous, we do continue to grow despite the absence of those sometimes unstable factors upon which other human endeavors must so often depend...Strangely enough, our group strength seems to stem from our individual and ever-potential weakness. We are alcoholics. Even though now recovered, we are never too far removed from the possibility of fresh personal disaster. Each knows he must observe a high degree of honesty, humility, and tolerance, or else drink again. For us of AA to drink is to die; to love God and fellowman is to live.
~Language of the Heart by B Wilson