



**UNITY ~ SERVICE ~ RECOVERY ~ UNITY ~ SERVICE ~ RECOVERY ~ UNITY**

**NorCal Intergroup  
 Speaker Birthday Meeting**

HOSTED BY:  
**LIVE & LET LIVE**

SATURDAY.  
 JUNE 6 at 7:00pm  
 2150 Benton Dr. in Redding

Meet each Sunday at noon at  
 The Club in Red Bluff

**NORTHERN CALIFORNIA  
 Intergroup of  
 Alcoholic Anonymous**

**FOUNDER'S DAY  
 FAMILY BBQ & POTLUCK**  
 BROUGHT TO YOU BY NORCAL INTERGROUP

**FOODS - GAMES - FUN**

BBQ AND WATER WILL BE PROVIDED - SODAS \$1.00  
 PLEASE BRING A SIDE DISH OR DESSERT TO SHARE.  
 GRAB YOUR CAMP CHAIRS AND OR BLANKET.

10AM-12PM ~ GAMES & KID'S ACTIVITIES  
 12PM ~ BBQ/POTLUCK  
 1PM ~ SPEAKER MEETING ~ LAURIE E.  
 FROM SANTA ROSA  
 2PM ~ 50/50 DRAWING

**SATURDAY 13 JUNE** | **ANDERSON RIVER PARK - GAZEBO**  
**AT 10 AM - 2 PM**  
 2800 RUPERT ROAD - ANDERSON, CA

TO VOLUNTEER CONTACT KRIS W. (530)561-9400  
 OR PRISCILLA A. (530)351-8044

**Red Bluff Recovery  
 Round Up**  
 Service is the Heart of AA

**Saturday, June 20<sup>th</sup>, 2026**  
**9am - 9:30 pm**  
**Veterans Hall**  
**735 Oak Street**  
**Red Bluff, CA**

9:00 am Speaker: Craig from Chico, CA  
 10:45 am Old Timer Panel: Fran C., Jay & Tony M.  
 12:00 pm Lunch (Potato Bar & Salad Bar)  
 1:15 pm Newcomer panel: Joel, Josh, April F.  
 2:30 pm Speaker: Keith R. from Reno, NV  
 3:30 pm Al-Anon Speaker: Allie G. from Lake Tahoe, CA  
 5:00 pm Dinner (Tri-Tip, Chicken, Grilled Veggies, Cowboy Beans, Salad and Garlic Bread. (Vegetarian Option: Stuffed Portobello Mushroom)

7:00 pm Sobriety Countdown, Intergroup and Al-Anon Info  
 7:15 pm Main Speaker: Jag J. from Vacaville, CA.  
 Prize Drawing

**Suggested Price: Pre-Registration before June 6<sup>th</sup>: \$30.00. After June 6<sup>th</sup> or at the door \$35.00**

Name: \_\_\_\_\_ Square Badge Name(s)  
 Address: \_\_\_\_\_ 1. \_\_\_\_\_  
 \_\_\_\_\_ 2. \_\_\_\_\_  
 Email: \_\_\_\_\_  
 Phone: \_\_\_\_\_ Sponsor ticket? Y or N

	Suggested Price	Quantity	Total
Registration	\$30.00/\$35.00	_____	_____
Lunch	\$15.00	_____	_____
Dinner	\$20.00	_____	_____
<b>TOTAL</b>		_____	_____

**Note: Check here for Vegetarian dinner**

Mail to: Recovery Roundup  
 PO Box 264, Red Bluff, CA 96080

## The Founding Fathers of AA

Two individuals struggling with long-term alcoholism, Bill Wilson, a New York stock speculator, and Dr. Bob Smith, an Akron, Ohio surgeon, co-founded Alcoholics Anonymous in Akron when they met for the first time on June 10, 1935. This chance meeting of two people desperate to stay sober gave rise to an organization that today estimates an active membership of nearly two million participants in over 120,000 groups across 160 countries. AA operates at no cost to participants and provides a non-professional self-help framework for recovery that has been widely adapted to benefit individuals with a variety of addictions.

AA has its roots in the Oxford Group, a conservative evangelical Christian organization.

In the early 1930s, Rhode Island businessman Roland Hazard sought help for his alcoholism from Swiss psychoanalyst Carl Jung. Jung suggested that alcoholism might only be overcome through a profound spiritual experience. Following Jung's advice, Hazard joined the Oxford Group, which emphasized confession of sins, spiritual rebirth, and surrender to God. Although not specifically focused upon alcoholism, some Oxford Group members recovered from alcoholism by embracing the group's principles. After finding sobriety, Hazard contacted others struggling with alcohol including Edwin "Ebby" Thatcher, a former drinking companion of Bill Wilson. Thatcher achieved sobriety and recruited Wilson who joined the Oxford Group.

Wilson had his last drink of alcohol on December 11, 1934, when he admitted himself, for a fourth time, to Towns Hospital in New York City under the care of Dr. William Silkworth. Considered an expert in the treatment of alcoholism, Silkworth was among the first to propose a disease rather than a moral model of alcoholism. During this hospitalization Wilson had a "spiritual experience" that he described as breaking the bond of his addiction.

In the Spring of 1935, the newly sober Wilson was on the verge of returning to drinking while on a difficult Akron business trip. Rather than drinking, he sought another alcoholic to talk with. Working through local church directories, Wilson found Henrietta Sieberling, an Oxford Group member.



Henrietta Sieberling

Sieberling took Bill to a fellow member Bob Smith who had also long struggled with alcoholism. Wilson and Smith formed a connection that Smith attributed to their

shared understanding of the experience of alcoholism. Wilson avoided relapsing and Smith soon achieved sobriety. The importance of Sieberling's introduction cannot be overstated. But for that chance meeting there may have been no AA.



Bill and Ebby Thatcher

Continuing to work with other alcoholics, Wilson and Smith became discouraged by the Oxford Group's focus on evangelizing, lack of group democracy, and repeated encouragement from Oxford Group leadership for them to reduce their work with alcoholics. As a result of these conflicts, they left the group in 1937.

In the early days of AA, the group operated as a "word of mouth program," with members carrying the message to those seeking recovery. That early oral tradition promoted six steps to recovery. Though there were multiple versions of the six, all took this general form:

We ... (1) admitted we were licked; (2) got honest with ourselves; (3) talked it over with another person; (4) made amends to those we had harmed; (5) tried to carry this message to others with no thought of reward; (6) prayed to whatever God we thought there was.

In 1939, Wilson authored the book *Alcoholics Anonymous*. There, he expanded the initial six principles to today's well known 12 Steps, and included personal stories authored by early members. Now in a fourth edition and known to the original members as the Big Book (not for its impact but because of the thickness of the paper used to save costs in the first printing) the text has sold over 30 million copies. The lack of democracy that led the founders to leave the Oxford Group informed Wilson's writing of the Twelve Traditions of AA. His article "Twelve Suggested Points for A. A. Tradition" appeared in AA's monthly journal, *The Grapevine* in 1946. The Twelve Traditions were formally adopted in 1950 and established a highly decentralized organization without a central leader: "A.A. ... ought never to be organized ... our leaders are but trusted servants; they do not govern."

AA was to be an organization with a clearly articulated purpose—"to carry the message to the alcoholic who still suffers"—and one that sought to avoid distractions and controversy that might detract from its primary purpose: "Alcoholics Anonymous has no opinion on outside issues ...". Though less well known than the Twelve Steps, the traditions contributed significantly to the growth and

**The Founding Fathers of AA**  
Continued...

longevity of AA.

Based on these traditions, each AA group has no leaders, just volunteers who set up meeting spaces and conduct other functions. All group decisions are made by consensus.

Meetings generally begin with a series of readings, such as the Twelve Steps. After this, some meetings allow individuals to discuss their recovery and explore specific recovery topics. Others might have one speaker, who shares what life was like before AA, how they found AA, and how their life has improved since. Critics have characterized AA as cult-like, suggesting that it is ineffective in promoting recovery from alcoholism.

However, several recent rigorous reviews have found that AA is superior to many other treatments in its ability to increase abstinence, and equally effective to those treatments in mitigating other alcohol-related outcomes, including reducing healthcare costs for people with alcohol use disorders.

AA is not for everyone. Just as the founders disassociated from the Oxford Group because of the strong emphasis on evangelizing, some find AA's emphasis on a Christian "God" as inconsistent with their own belief systems.

Similarly, although 38 percent of AA members identify as female, many women find AA concepts of powerlessness and humility to be anathema to the sense of disempowerment and misogyny that shapes the experiences of many women in society. AA encourages members to attend AA long enough to see if it works for them.

There are many effective paths to recovery from addiction. AA is one that we have found to be effective.

Thank you Bill Willson and Bob Smith!



Bill Willson

**Meeting at the Veteran's Home Needs Support**



**Veteran's Home**  
**Wednesday Nights 7:30 - 8:30pm**  
**at 3400 Knighton Road in Redding**

**Open Meeting ~ Speaker Discussion**

**REDYPAA**  
*presents*  
**Dancing Through the Decades**



1930s 1940s 1950s 1960s 1970s 1980s 1990s 2000s 2010s 2020s

**JUNE 20** | **1050 STATE ST.** | **IMMEDIATELY FOLLOWING THE 8PM SPEAKER MEETING**

*Every Decade. Every Beat. One Dance Floor.*

★ 10 DECADES. ENDLESS MEMORIES. ★

**\$7 SUGGESTED CONTRIBUTION**

**SPEAKERS**  
Kickoff: Jordan B  
Main: Barbara C

*Decade Attire Encouraged!*

**HISTORY / ARCHIVES GROUP**

Are you interested in the History of A.A.?  
Where it came from?  
And, who it was that had an effect on the steps and traditions?  
Do you know the history of our area?  
Do you know the history of your home group?

**THIS IS A REGULAR ZOOM MEETING THE 2ND MONDAY OF EACH MONTH @ 6PM. JOIN US!!**  
**Zoom Meeting ID: 849 7747 2890 / PW: 7272727**

"I am responsible...When anyone, anywhere reaches out for help, I want the hand of A.A. always to be there."



Learn the History of A.A.!



Wanna learn the History of our area?



Wanna learn the History of your home group!



*Dr. Bob & Anne Smith*



*Bob and Anne Smith - Bill and Lois Wilson at A.A. Picnic - Stepping Stones*



# UNITY ~ SERVICE ~ RECOVERY ~ UNITY ~ SERVICE ~ RECOVERY

*"Self-support begins with me, because I am part of us – the group. We pay our rent and utility bills, buy coffee, snacks and A.A. literature. We support our central office, our area committee, and our General Service Office. If it were not for those entities, many new people would never discover the miracles of A.A." ~ General Service Pamphlet "Where Money & Spirituality Mix"*

## What is the NorCal Intergroup?

NorCal Intergroup, is a service board of alcoholics serving groups in Shasta, Tehama, Siskiyou and Trinity Counties. Intergroup provides alcoholics with services that individual groups can't provide. Intergroup maintains a website and a 24/7 telephone service. It answers 12-step calls, provides meeting information and maintains the schedule for the area. Intergroup is supported through voluntary contributions. Its primary purpose is to carry the A.A. message to still suffering alcoholics.



PAYPAL

### GROUP DONATIONS AS OF April 30, 2026

NAME	GROUP #	TO DATE
3 In 1 GROUP	90842	\$101.93
7 At 7	461673	\$20.00
AM ANY LENGTHS GRP REDDING	133648	\$125.00
ANDERSON AM SAT GRANGE	150044	\$784.00
BAND OF BROS GROUPS	461756	\$100.00
BIRTHDAY MEETING (INTERGROUP)	NO #	\$266.50
DAY AT A TIME	73873	\$167.90
EARLY BIRD	177235	\$232.20
EXPERIENCE, STRENGTH, HOPE	103646	\$160.00
FIRST THINGS FIRST	130801	\$100.00
FLIMSY REED GROUP	144128	\$125.62
FREE AT LAST II	671021	\$250.00
FREE AT LAST	77130	\$100.00
GUYS AND GIRLS	8278	\$30.00
HOLE IN THE DONUT GROUP	625785	\$60.00
LADIES NIGHT OUT GROUP	160486	\$200.00
LEWISTON OPEN DISC	657162	\$110.00
MIXED BAG	625785	\$40.00
NEW START	136901	\$178.20
NORTH VALLEY TRUDGERS	695447	\$85.42
PRIM. PURP. LIT & DISCUSSION	717255	\$83.50
RULE 62 GROUP	692976	\$80.00
SATURDAY NIGHT LIVE	64098	\$69.90
SISTERS BY CHOICE	101862	\$116.36
SOUP BONE MEETING	662882	\$100.00
STEPPING OUT SISTERS- REDDING	699886	\$75.00
STEPS WE TOOK	684714	\$126.25
TWELVE & TWELVE STUDY GROUP	743457	\$96.00
WED. NIGHT CANDLELIGHT GRP.	605139	\$50.00
WOMENS EASY DOES IT GRP.	10290	\$23.14
WOMENS NO MATTER WHAT GRP	690710	\$500.00
NO NAME	163055	\$30.00



## Open Intergroup Service Positions

Secretary Co-Chair  
 Webmaster Co-Chair  
 PI / CPC  
 REDYPAA Representative  
 Newsletter-Co-Chair

*You can help the still suffering alcoholic.*  
 Attend the Business Meeting.  
 4th Tuesday of each month @ All Saints Church  
 Eaton Hall, 2150 Benton Drive  
[norcalintergroup@gmail.com](mailto:norcalintergroup@gmail.com)

To contribute stories, flyers, news, etc, to the newsletter, please contact Yana or Jude at  
[sunnysideyana@gmail.com](mailto:sunnysideyana@gmail.com) or  
[judesjava@yahoo.com](mailto:judesjava@yahoo.com)

## A.A. 24/7 HOTLINE: 530-225-8955

### MAILING ADDRESSES/LINKS

### ALCOHOLICS ANONYMOUS, [www.aa.org](http://www.aa.org)

**NORCAL INTERGROUP**, Office Location: 1050 State Street, Redding, CA, Mailing Address: PO Box 991107, Redding, CA 96099, [www.aanorcal.org](http://www.aanorcal.org). **Office hours:** Before/After early AM meetings at the club; Tues. 3-6; Wed. 7-1; Thurs. 1-5 Office phone: 530-225-8955

**NORCAL H&I**, PO Box 192490, San Francisco, CA 94119-2490, [www.handinorcal.org](http://www.handinorcal.org)

**GEN SERVICE AREA 07 - CALIFORNIA NORTHERN INTERIOR (CNIA)** CNIA Contributions, PO Box 161712, Sacramento, CA 95816-1712, [www.cnia.org/cnia-area-07](http://www.cnia.org/cnia-area-07)

**NEW YORK GENERAL SERVICE OFFICE**, PO Box 2407, James Farley Station, New York, NY 10116-2407

**AA GRAPEVINE/LA VINA**, 475 Riverside Drive, 11<sup>th</sup> Floor, New York, NY 10115, [www.agrapevine.org](http://www.agrapevine.org)

# June Step, Tradition & Concept Checklists for thought, discussion, and meditation

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## **Step Six: Were entirely ready to have God remove all these defects of character**

1. Am I entirely ready to have my Higher Power remove all my defects?
  2. How do I know what these defects are?
  3. Do I honestly want all my defects of character removed?
  4. What defects am I unwilling to give up?
  5. Where do the Seven Deadly Sins of pride, anger, greed, gluttony, lust, envy, and sloth show up in my life?
- 

## **Tradition Six: An AA group ought never endorse, finance or lend the AA name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.**

1. Why is it important that we not get involved in outside enterprises?
  2. Is it ever wise for a group to lease a small building or endorse an outside event?
  3. Are all the officers and members of our local clubhouse familiar with the "A.A. Guidelines on the Relationship between A.A. and clubs," which is available free from GSO?
  4. Should the secretary of our group serve on the mayor's advisory committee on alcoholism?
  5. Our group's landlord is raising money to pay for a new roof on the building. Should the group make a contribution? What if the landlord specifically asks the group to make a contribution?
- 

## **Concept VI: The Conference recognizes that the chief initiative and active responsibility in most world service matters should be exercised by the trustee members of the Conference acting as the General Service Board.**

1. Are we familiar with how our General Service Board (GSB) Class A and Class B trustees serve A.A.? Are we familiar with how our other trusted servants serve A.A.?
2. Are we clear about the terms, "chief initiative" and "active responsibility"? Can we see a direct link to our home group?

sources: [Twelve Steps Checklist No #s 07-18-2024](#), [SMF-131 Traditions Checklist.pdf](#), [SMF-91 Concepts Checklist.pdf](#)



## June 2026 Business Meetings and Events

**General Service: District 9 (Siskiyou County) Business Meeting - 1<sup>st</sup> Sunday of each month 10:00 - 11:30am.** The meeting is hybrid. The physical meetings are held at *the Weed Community Center, 161 E. Lincoln Ave., Weed, CA. Zoom ID# 666 067 6860 / No password.* Attendees enter into a waiting room, and Host will let the attendee in. **District 11 Business Meeting - 3<sup>rd</sup> Tuesday of each month - 5:30 pm;** upstairs at *the Alano Club, 1050 State St., Redding, CA.* For more information, see our [District 11 page](#).

**Northern California Hospitals and Institutions (H&I) Shasta County (Area 16) H&I Business Meeting - 1<sup>st</sup> Tuesday of each month –** Orientation for new volunteers at 5:30pm, business meeting to follow at 6:00pm at *All Saints Church, Eaton Hall, 2150 Benton Drive, Redding.* For more information on Shasta County H & I, contact Chair, Jude H. at 707-953-3132.

**Siskiyou County (Area 3) H&I Business Meeting Update!: 1<sup>st</sup> Friday of each quarter (Jan, April, July, Oct) - 5pm,** at the *Hi-Lo Cafe, 88 S. Weed Blvd., Weed, CA 96094.* For any questions, please contact the Area Chair at: [https://www.handinorcal.org/contact-us?recipient=area\\_03](https://www.handinorcal.org/contact-us?recipient=area_03) or by clicking [HERE](#).

**Tehama County (Area 17) H&I Monthly Business Meeting - 2<sup>nd</sup> Thursday of each month, 5:30 pm** at *Red Bluff Presbyterian Church, 838 Jefferson St., Room 4 (in back of courtyard), Red Bluff.* For more information on Tehama County H & I, contact Chair, Mike D. @ 707-479-1835.

**Trinity County (Area 18) H & I Monthly Business Meeting - 1<sup>st</sup> Wednesday of each month, 7:30pm** at *St. Patrick's Catholic Church, 102 Church Street, Weaverville.* For more information on Tehama County H & I, contact Chair, Diane C. @ 707-815-5042.

**Intergroup Business Meeting - 4<sup>th</sup> Tuesday of each month, 6pm** at *All Saints Church, Eaton Hall, 2150 Benton Drive, Redding*  
**Archives Committee Meeting - 2<sup>nd</sup> Monday of each month, 6pm,** via Zoom: 849 7747 2890, New PW 7272727

**REDYPAA Business Meeting - 4<sup>th</sup> Sunday of each month,** at 3:00pm at *the Methodist Church, 1825 East St., Redding*

**REDYPAA Monthly Speaker Meeting - 3<sup>rd</sup> Saturday each month** at the *Alano Club, 1050 State Street, Redding, CA.* For more information, contact Chair, Deanna B. @ 530-921-7120. For Events, Michele G. @ 530-209-1589 or Madison F. @ 530-902-1439.

SUN	MON	TUE	WED	THU	FRI	SAT
31 <b>JUNE</b>	1	2 H&I Area 16 Orientation 5:30pm Bus. Mtg. 6pm 2150 Benton Dr in Redding	3 H&I Area 18 Bus. Mtg. 7:30pm St. Pat's Church 102 Church St. in Weaverville	4	5	6 Intergroup Birthday Speaker Mtg.7pm 2150 Benton Dr in Redding
7 Dist.9 Bus. Mtg.10am 161 E. Lincoln Ave. in Weed Zoom 666 067 6860	8 Archives Committee Mtg.6pm Zoom 849 7747 2890 PW 7272727	9	10	11 H&I Area 17 Bus. Mtg. 5:30pm Red Bluff Presbyterian 838 Jefferson St. Room 4 in Red Bluff	12	13 FOUNDERS DAY PICNIC Anderson River Park 10-2pm
14	15	16 Dist. 11 Bus. Mtg.5:30pm Alano Club Upstairs	17	18	19	20 REDYPAA Speaker Mtg.8pm Alano Club 1050 State St. in Redding
21	22	23 Intergroup Bus. Mtg. 6pm 2150 Benton Dr. in Redding	24	25	26	27
28 REDYPAA Bus. Mtg. 3pm Methodist Church 1825 East St. in Redding	29	30	1	2	3	4

**QUEER & SOBER**  
AA MEETING

Thursdays from 6-7 PM

*Alano Club*  
1050 State Street • Redding, CA  
upstairs at the Alano Club

A safe, inclusive space for LGBTQ+ individuals and allies seeking recovery, connection, and support.

*Come as you are. You are not alone.*

**H&I Workshop!**  
Carrying the Message to those who are confined  
Hosted by Area 16  
Speakers! Tacos! Fellowship!

Speakers from facilities we serve:  
(Sugar Pine Fire Camp & Restpadd)

Main Speaker: Penny C., Area 03 Chair  
and NorCal H&I Policy Chair

Saturday, July 11, 2026  
11:00 am – 2:00pm

Cottonwood Community Center  
20595 Gas Point Road  
Cottonwood, CA




**H&I Orientation**  
**Nor. California Hospitals & Institutions**  
**Committee**

**WHEN:** First Tuesday each month at 5:30PM  
Business meeting follows at 6:00PM

**WHERE:** All Saints Church  
2150 Benton Drive ~ Redding

*Orientation is required for all new H&I volunteers and highly recommended for existing volunteers and facility coordinators*

**12<sup>th</sup> Annual**  
**Mt Lassen Men's Retreat**  
August 21 – 23rd 2026  
A Design For Living



Registration fee \$90.00 includes Cabin, Meals, Snacks, Coffee  
Great Meetings, Ping Pong, Horseshoes, Pickleball  
Fellowshipping, Free Time to Explore, Hike or Fish.

Location 40550 Hwy 172 Mill Creek Ca. 96061  
Check in time starts at 2pm on Friday  
Directions Drive 4 miles past the town of Mineral on Hwy 36 turn right on Hwy 172 go 1 mile to camp Tehama on the right

Scan QR code to Register or use form on back of flyer  
Questions call Mike at 530-492-2984.

Once you unload, please park car in parking area.  
Note: only Physical Service Dogs allowed, no Emotional support pets

Scan to register & purchase Retreat Items  
Shirts, Hats & mugs.  
Scan to see photos




Please let Mike know if you would like to sponsor a registration



**aanorcal.org/intergroup**  
**website changes**

A new Intergroup logo has been added to our website to prevent any copywrite infringement issues.

New position guidelines for the 12 Step Volunteer.