

Intergroup Speaker Meeting. November 4th, 2023

Tuesday. High Rails Group. Held 7pm – 8:15pm at St. Barnabas Episcopal Church. 701 Lassen Lane. Mt. Shasta.

Open Meeting. Has a been Speaker–Topic—Discussion Meeting. Non-smoking. In person live only. We honor anniversaries every week with sobriety coins, and on the last Tuesday of the month we have a Birthday celebration where a member brings a dessert to share with the entire group. Average attendance has been 20 people

When I asked the group at the business meeting if anyone knew how long we had been at the church, a member spoke up and said about an hour ... so we do not know when we moved our location. But ...

This is our oldest meeting in South County that is still active. What I did find out is that the original member Jerry M is the one who started the meeting in November of 1982. He worked for the railroad – Jerry and several other railroaders lost their jobs because of their drinking. They went to several dry out facilities at the same time, and even tried other things like aversion therapy in Eugene, Oregon. None of that helped to sustain continuous sobriety because everything was so far away. This group of guys decided they should have their own meeting in Mt. Shasta. There was a guy that the company hired to help get it going.

Jerry told me that he started the meeting at Shadow Mountain Mobile Home Park on Old Stage Rd. Because Jerry and his wife Donna were the first residents at the park, “they” allowed the group to use the recreation hall. Since Jerry was a railroader, and there were other members that were railroaders, that’s why they called the meeting the High Rails group. Jerry proudly shared that it was a pretty good

meeting. He also said he was happy to hear the meeting is still going. Once Jerry moved out of the park, many years later, the group moved to where it is located now at St Barnabis Church

Some other names of who attended this meeting and are in the big meeting in sky are Marvin Slover, Bill West, Everett Smith

Lynn E shared that this meeting is also the first meeting in our county that decided to get sobriety coins to honor the milestones of our members. Old timer like Richard D, Darlene S, & Paul E were regulars