

Shasta Intergroup Speakers Meeting: July 9, 2022

Stepping Out Sisters Group #699886

Open Women's Meeting of Alcoholics Anonymous

Monday, 5:30 PM at All Saints Episcopal Church, Eaton Hall East, Benton Dr.  
Redding, CA

History:

They say that all it takes to start a meeting is a resentment and a coffee pot. We believe that this is how the Stepping Out Sisters meeting started in October of 2010. Janet Edmonds, a counselor at Visions of the Cross Treatment and Aftercare Program at the time, identified the need for a child friendly open women's meeting. Our founding members included Michele M (Myers 1/23/88), Janet Edmonds, Roni (Veronica 5/2010), and Bernie L. (Lehman), and Barbara S.

For the first couple of years the meeting was held in a classroom at Visions of the Cross, and was crowded with women, nursing mothers, children, strollers, high chairs, and toys. After a little more than a year, the meeting moved to a room at Tobacco and Brew on Hilltop in 2011. Visions of the Cross was able to provide transportation for their clients to the new location. The Tobacco and Brew location was closed by the landlords in 2013 and the meeting landed at its current location, in the church's Kindergarten room at All Saints Episcopal Church on Benton Drive. The meeting has traditionally had an Anniversary Potluck every October.

Its important to note that even throughout COVID 19, when everything was shut down, and Zoom meeting were set up, The Stepping Out Sisters Group continued to meet, carry the message and keep the group afloat. The meetings were held in Robin M.'s front yard, rain or shine. We all brought our lawn chairs and grateful attitudes. We complied with the required COVID guidelines of signing in, masking, and social distancing. When All Saints Episcopal Church opened their doors for 12-step meetings to resume in the fall of 2020, our group was the 1<sup>st</sup> to resume meeting in person. This set the stage for other groups to follow.

The meeting is an Open Women's\_12 by 12 Step and Traditions Study. We rotate 2 weeks with a Step read aloud by attendees then discussed. Every 3<sup>rd</sup> week, the next Tradition is read aloud then discussed. Birthday chips are celebrated every

4<sup>th</sup> Monday of the month. If time allows, we choose a topic followed by a discussion. We average about 20-25 women per week, with an occasional infant. Our business meeting is the 1<sup>st</sup> Monday of the month, following the regular meeting. Service positions rotate in February and August.

Thanks to historians Bernie L., Heather L., and Barbara S.

Intergroup Representative: Mikki O.

Introductory Speaker: Renee P.

Main Speaker: Monica G.

History: Renee P.