

NORTHERN CALIFORNIA INTERGROUP
Nov. 2025
NEWSLETTER



Get the latest news, meeting info, upcoming events and more at aanorcal.org

Northern California (NorCal) Intergroup is a service board of alcoholics serving groups in Shasta, Tehama, Siskiyou and Trinity Counties. Intergroup provides alcoholics with services that individual groups can't provide. Intergroup maintains a website and a 24/7 telephone service. It also answers 12-step calls, provides meeting information and maintains the schedule for the area. Intergroup is supported through voluntary contributions and its primary purpose is to carry the A.A. message to alcoholics who still suffer.

Last Call Lit Presents

Saturday Night Intergroup Meeting
 Hosted by Last Call Lit – Group #693671



Saturday, November 1, 2025
7:00 – 8:00 PM
All Saints Church
 2150 Benton Dr, Redding, CA

Special Program

- AA Birthday Chips
- Group History: *Josh D. – “The Story of Last Call Lit”*
- Main Speaker: *Nolan W. – Date of Sobriety 11/1/2023*

Join us for fellowship, inspiration, and recovery in action. All are welcome!

Sunday 11/2/2025 at 10 AM
Weed Community Center
161 E Lincoln Ave. Weed



DISTRICT 09

COMMITTEE ELECTIONS
DISTRICT 09 WANTS YOU TO BE INVOLVED AND BE THE VOICE FOR YOUR GROUPS

POSITIONS AVAILABLE

- DCM: DISTRICT COMMITTEE MEMBER
- ALTERNATE DISTRICT COMMITTEE MEMBER
- TREASURER
- SECRETARY
- PI/CP PUBLIC INFORMATION COOPERATION WITH THE PUBLIC
- SISKIYOU UNITY EDITOR
- ALTERNATE PI/CP
- INTERGROUP LIAISON
- ALTERNATE INTERGROUP LIAISON



QUESTIONS: CHRISTINE T. 530-925-5597
OR GLEN H. 209-617-3633

These are challenging economic times.

Calls for help with alcoholism have increased. NorCal Intergroup is on the front lines of bringing hope to the alcoholic in and outside of the rooms! Your contributions to NorCal Intergroup keep our office running. Using the PayPal DONATE QR Code or VENMO QR Code, you can contribute by a Single Donation, Birthday Club, Faithful Fivers, or a Group Contribution. **If the donation is for a specific event, please specify when making your donation. You can make the difference!**

NorCal Intergroup
 PayPal



Northern California Intergro...
 @NorthernCaliforniaIntergroup



Read the current AA NorCal Intergroup Newsletter



Download the Newsletter by scanning the QR code

A.A. 24/7 HOTLINE: 530-225-8955



MAILING ADDRESSES/LINKS: ALCOHOLICS ANONYMOUS, www.aa.org

NORCAL INTERGROUP, Office Location: 1050 State Street, Redding, CA, Mailing Address: P.O. Box 991107, Redding, CA 96099, www.aanorcal.org. **Office hours:** Before/After early AM meetings at the club; Tues. 3-6; Wed. 7-1; Thurs. 1-5 (effective 4/4/24). Office phone: 530-225-8955

NORCAL H&I, P.O. Box 192490, San Francisco, CA 94119-2490, www.handinorcal.org

GENERAL SERVICE AREA 07 - CALIFORNIA NORTHERN INTERIOR (CNIA) CNIA Contributions, PO Box 161712, Sacramento, CA 95816-1712, www.cnia.org/cnia-area-07

NEW YORK GENERAL SERVICE OFFICE, P.O. Box 2407, James Farley Station, New York NY 10116-2407

AA GRAPEVINE/LA VINA, 475 Riverside Drive, 11th Floor, New York, NY 10115, www.aagrapevine.org

Westside AA Group

Presents

Annual Potluck and Birthday Meeting

Potluck & Fellowship Starts at 6: PM.

Birthday Meeting Starts at 7: PM.

Friday, November 7th

Location:

St. Joseph Roman Catholic Church

2040 Walnut Avenue, Redding Ca. 96001

Rear parking Lot

All Birthday Meetings Are Open,

All are Welcomed

One of the oldest meeting in Redding



2025

Taco Fiesta!!!

\$12 per plate



Featuring (10 min spkr Name) and Tim K.

November 8th, 2025

Dinner 5:30pm

Speaker Meeting 6:30pm

Anderson Grange Hall

8085 Airport Rd in Redding

Proceeds support your
Red Bluff Recovery Roundup

Noteworthy dates in Alcoholics Anonymous' history in November:

- Gratitude Month (all November): Since the mid-20th century, AA has designated November as Gratitude Month. It's a time for members to collectively express gratitude for their sobriety, often tying it to the Thanksgiving holiday.
- Dr. Bob Smith's Death (November 16, 1950): Dr. Bob, one of AA's two co-founders, passed away on this date. His death marked a significant moment in the fellowship's history, solidifying its ongoing legacy.
- Ebby T. carries the message to Bill W. (November 1934): In one of AA's founding moments, Ebby T. visited Bill W. in November 1934 to share his story of recovery. This event set Bill on his path toward sobriety and led to the formation of AA.

November 2025 Business Meetings and Events

General Service: District 9 (Siskiyou County) Business Meeting – 1st Sunday of each month 10:00 – 11:30am. The meeting is hybrid. The physical meetings are held at *the Weed Community Center, 161 E. Lincoln Ave., Weed, CA. Zoom ID# 666 067 6860 / No password.* Attendees enter into a waiting room, and Host will let the attendee in. **District 11 Business Meeting – 3rd Tuesday of each month – 5:30 pm;** upstairs @ *the Alano Club, 1050 State St., Redding, CA.* For more information, see our [District 11 page](#).

Northern California Hospitals and Institutions (H&I) Shasta County (Area 16) H&I Business Meeting – 1st Tuesday of each month – Orientation for new volunteers at 5:30pm, business meeting to follow at 6:00pm @ *All Saints Church, Eaton Hall, 2150 Benton Drive, Redding.* For more information on Shasta County H & I, please contact the Area Chair, Jude H at 707-953-3132.

Siskiyou County (Area 3) H&I Business Meeting ~ 1st Friday of each month - 5pm, at the *Hi-Lo Cafe, 88 S. Weed Blvd., Weed, CA 96094.* For any questions, please contact the Area Chair at: https://www.handinorcal.org/contact-us?recipient=area_03 or by clicking [HERE](#).

Tehama County (Area 17) H&I Monthly Business Meeting ~ 2nd Thursday of each month, 5:30 pm @ Red Bluff Presbyterian Church, 838 Jefferson St., Room 4 (in back of courtyard), Red Bluff. For more information on Tehama County H & I, please contact the Area Chair, Mike D. @ 707-479-1835. **Trinity County (Area 18) H & I Monthly Business Meeting ~ 1st Wednesday of each month, 7:30pm @ St. Patrick's Catholic Church, 102 Church Street, Weaverville.** For more information on Tehama County H & I, please contact the Area Chair, Diane C @ 707-815-5042.

Intergroup Business Meeting – 4th Tuesday of each month, 6pm, All Saints Church, Eaton Hall, 2150 Benton Drive, Redding.

Archives Committee Meeting, 2nd Monday of each month, 6pm, via Zoom: 849 7747 2890, PW 4545454

REDYPAA Business Meeting – 4th Sunday of each month, at 3:00pm @ the Methodist Church, 1825 East St., Redding. Monthly Speaker Meeting, 3rd Saturday each month at the Alano Club, 1050 State Street, Redding, CA. For more information on REDYPAA, please contact the Chair, Brittany @ 530-710-5328. For Events, Katie B. @ (951)-965-8727 or Co-Events Chair, Dani B. @ (650) 808-0808.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1 – Intergroup Birthday Speaker Meeting – 7pm 2150 Benton Redding, CA
2 - District 9 10am, 161 E. Lincoln Ave., Weed, CA. Zoom 666 067 6860	3	4 - H&I Area 16 Orientation 5:30p Bus. Mtg. 6pm 2150 Benton Dr. Redding, CA	5- H&I Area 18 7:30pm, 102 Church St., Weaverville, CA	6	7 - H&I Area 03 5pm – Hi-Lo Café 88 S. Weed Blvd. Weed, CA	8
9	10- Archives Committee Mtg, 6pm via Zoom 849 7747 2890, PW 4545454	11–Holiday Party Planning Mtg. 6pm, Alano Club, (upstairs) 1050 State St, Redding, CA	12	13-H&I Area 17 5:30 pm, 838 Jefferson, Room 4 (back courtyard) Red Bluff, CA	14	15 -REDYPAA Speaker Meeting 8pm, Alano Club 1050 State St. Redding, CA
16	17	18— District 11 5:30pm, Alano Club (upstairs) 1050 State St. Redding, CA	19	20	21	22
23 – REDYPAA Business Meeting 3pm, 1825 East St Redding, CA	24	25- Intergroup Business Meeting 6pm, 2150 Benton, Redding, CA	26	27 THANKSGIVING	28	29
30	1	2	3	4	5	6

FRIENDS GIVING

REDY PAA

6 PM

15 NOV

WHERE GRATITUDE MEETS GOURMET
MEETING HELD AFTER DINNER

2655 BECHELLI LN REDDING CA 96002	BRING A DISH TO SHARE! \$7 SUGGESTED CONTRIBUTION
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From Gratitude in Action, pages 197 and 199 of the Big Book

“As I look back on it now, I did everything wrong, but at least I was thinking of somebody else instead of myself. **I had begun to get a little bit of something I am very full of now, and that is gratitude.....** One of the most fundamental things I have learned is to pass on our message to other alcoholics. That means I must think more about others than about myself. The most important thing is to practice these principles in all my affairs. In my opinion, that is what Alcoholics Anonymous is all about.”

Feeling gratitude and not expressing it is like wrapping a present and not giving it.

Please join the Shasta Lake City Thursday Night Serenity Group for

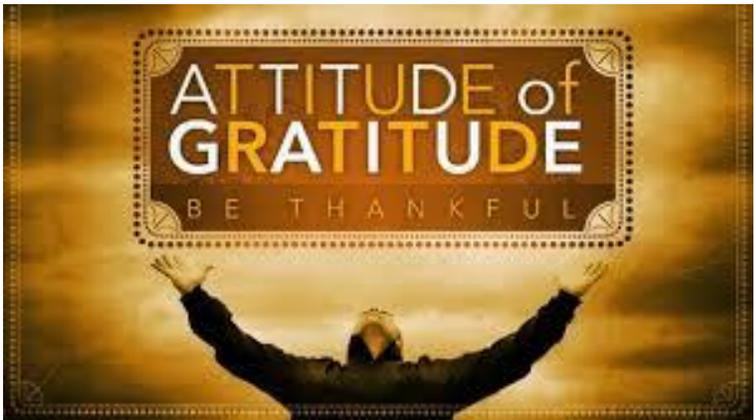


A THANKSGIVING POTLUCK

THURSDAY, NOVEMBER 20th
DINNER at 6:00 pm

OPEN SERENITY GROUP MEETING at 7:00pm
ST. MICHAEL'S CHURCH BASEMENT
SHASTA LAKE CITY

Families & Friends are Welcome.
Please bring a side dish if possible.
Questions, call Lisa (530)941-8026



Step 11 – Sought through prayer and meditation to improve our conscious contact with God, as we understood him, praying only for knowledge of his will for us and the power to carry that out.



Respecting the Eleventh Tradition

Keep AA Private OR Be Anonymous

Only talk about AA in password protected groups

Use sites that don't expect you to use your real name or photo

If I'm talking on-line to other AA members about AA stuff, I keep the conversation private.

Avoid
Talking about AA on public sites where you use your real name
On any public site where I use my real name or photo, I don't reveal my AA membership.
But I can, if I wish, talk about my alcoholism & recovery without mentioning AA.

If I'm reaching out on-line to tell people how AA has worked for me, I stay anonymous and speak only for myself, not AA.

I always respect and protect the anonymity and privacy of other members on-line.

www.illustratedsteps.org

Tradition 11 - Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.

Learn more at <https://www.aa.org/understanding-anonymity>

Concept 11. The trustees should always have the best possible committees, corporate service directors, executives, staffs, and consultants. Composition, qualifications, induction procedures, and rights and duties will always be matters of serious concern.



Need a meeting? Check out the Meeting App! Want to help other alcoholics? Check out Intergroup – we need Volunteers!

Intergroup Volunteer Phone Schedule Open Slots available							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Saturday	Sunday
7am - 9am	filled	filled	filled	filled	filled		
9am -11am			filled				
11am - 1pm	filled	filled	filled	filled			
1pm - 3pm	filled		filled	filled			
3pm - 5pm		filled	filled	filled			
5pm - 7pm	filled	filled		filled			
7PM-7AM	Answering Service						

Revised: 8/26/25 Questions? call Volunteer Coordinator Nancy: 646-7985 or Lisa S: 917-5675

FIND A.A. MEETINGS NEAR YOU

Download the Meeting Guide App
The Official Meeting Finder of Alcoholics Anonymous

Opportunities to have fun and to be of service!

**2025 INTERGROUP
Holiday Party**

***NEW HALL* Shasta County Fairgrounds,
Shasta Hall, Anderson**

Saturday, December 13th 5pm

DINNER!

SPEAKERS:
15 minute speaker - Jude
Main Speaker - Martin

**Grand Prize Cruise to Mexico!
More news to come!**

DJ dance to follow!!!

RAFFLE!

On 12/13, between 1PM and 3PM, please drop off
all "prepared food" at the back door of the Fusaro Hall
& the "desserts" at Shasta Hall.

Adults Only Please

**Holiday Party
Baskets**

Groups please consider donating
gift baskets for the raffle.

Individuals can donate their goods
& services to the raffle, contact
Rob T. @ (415) 517-8700

RAFFLE

****Raffle baskets/donations need to be
dropped off at Shasta Hall by 3pm.**

Wanna help wth kitchen
clean-up crew, contact
Janet @ (707) 533-3245.

Servers needed! Contact
Julie @ (503) 816-1317.

**NORCAL INTERGROUP 2025 HOLIDAY PARTY
DECEMBER 13TH @ 5PM**

We are looking for volunteers to bring the following:

35 Cooked Turkeys	40-16 packages of rolls
25 Cooked Hams	40 Pies
28 Prepared Stuffing	8 ½ sheet cakes (Costco)
28 Prepared Green Bean Casserole	

On 12/13, between 1PM and 3PM, please drop off
all "prepared food" at the back door of the Fusaro Hall
& the "desserts" at Shasta Hall.

Secretaries, please send screenshots of sign-up sheets to
Christa @ Geriggang@sbcglobal.net or 530-515-9651 by 12/8/25.
Thank you!

Holiday Party Table Decorating!

Round tables seat 8, we have 50 tables to adopt/reserve to decorate, and
25 tables for open seating. (Tables are given first come, first serve.)

TO ADOPT/RESERVE A TABLE TO DECORATE:
Contact Julie H. @ coodo089@gmail.com or 503-816-1317.

Tables will be available to
decorate Friday, December 12th
from 11am - 4pm, and Saturday,
December 13th from 10am - 3pm.

Table locations will be given first
come, first serve.

Chargers, red, gold, silver & green are
available first come, first serve.

Tablecloths will be provided, but you
can add your own.

You will need a centerpiece.

Battery operated candles only, and
any decorations of your choice.

Have fun! 😊

Table themes and trophies for:

1. Most original
2. Most Creative
3. Most Humorous
4. Best of Show

**All food is to be dropped off at Fusaro Hall
Saturday, December 13th by 3:00pm**

**Desserts are to be dropped off at Shasta Hall
Saturday, December 13th by 3:00pm**

The Holiday Party this year will be held at the Shasta Hall, Anderson Fairgrounds, which seats 250 more people; so, no one will be turned away. With that, we need groups to consider donating gift baskets for the raffle, individuals can donate goods/services, and we'll need a lot more food donated! On the Events page of our website (<https://aanorcal.org/events/>), Save the Food Donations flyer by clicking on it, right click and save it to your desktop to print, & click [HERE](#) to print the Food Donations sign-up sheet.

Shasta Winterfest 2026

January 23 – 25, 2026
Shasta Fairgrounds
Anderson, CA



2026 CONFERENCE TICKETS ON SALE NOW
\$35.00 Discounted Pre-Sale Tickets Include:
3-Day Pass To All Winterfest Events
Digital Download of All Speaker Recordings
(\$40.00 When Purchased At The Conference)
Save today by registering at:
<https://www.shastawinterfest.com/register>

Accessibilities Issues?

Do you or other members have difficulties accessing AA because of:

- Hearing Loss (Varying Degrees)
- Vision Loss (Varying Degrees)
- Neurodivergent
- Non-English speakers
- Mobility Limitations
- Childcare
- Transportation

Did you know that CNIA Area 07 Accessibilities is available to assist? Want to get involved?

Read: [Access 360](#) at cni.org
Attend: [Accessibilities Round Table Monthly Meeting](#)
Email: accessibilities@cni.org

AA News from The 75th General Service Conference

A sampling of Advisory Actions from the 2025 General Service Conference appears below. A complete list will be published in the 2025 Conference Final Report (posted on the aa.org website).

Finance: The Conference-approved level of \$10,000 for individual bequests to the GSB from AA members be raised to \$12,500

Literature: The revised pamphlet “The Twelve Steps Illustrated” be approved and the revised pamphlet “A.A. for the Native North American” (retitled “Indigenous People in A.A.”) be approved. And that the revisions to the pamphlet “Questions and Answers on Sponsorship” be approved with minor editorial changes and formatting standards.

Cooperation with the Professional Community: The project for the development of an outward-facing pamphlet for mental health professionals be redirected, utilizing existing content in the current draft and reformatted in a quad-fold layout.

A.A. Guidelines on Accessibility for All Alcoholics

<https://www.aa.org/aa-guidelines-accessibility-all-alcoholics>



Deaf AA
Deafaa.org
Deaf AA & ASL
interpreted meetings



Group Contributions thru Oct. 1, 2025

NAME	GROUP #	TO DATE
3 In 1 GROUP	90842	\$110.44
5 OCLOCK SOMEWHERE	347980	\$75.00
7 @ 7 ZOOM GROUP	431673	\$113.00
ANDERSON AM SAT GRANGE	150044	\$719.46
ANY LENGTHS GROUP - Anderson	165242	\$50.00
BAND OF BROS GROUPS	461756	\$300.00
BIRTHDAY MEETING (INTERGROUP)	NO #	\$322.00
CARRY THIS MESSAGE GRP	706892	\$103.00
EXPERIENCE, STRENGTH, HOPE	103646	\$280.00
FIRST THINGS FIRST	130801	\$50.00
FLIMSY REED GROUP	144128	\$316.06
FREE AT LAST 1	699675	\$150.00
FREE AT LAST II	671021	\$450.00
Friday Happy Hour group	144811	\$12.35
HI RAILS GROUP	129169	\$210.00
HOLE IN THE DONUT GROUP	625785	\$80.00
LADIES NIGHT OUT GROUP	160486	\$200.00
LAKE SHASTINA GROUP	665062	\$10.00
LANDING ZONE HOPE	689079	\$540.00
LEWISTON OPEN DISC	657162	\$100.00
MEN'S NO NAME GROUP	666814	\$450.00
MIDDLE OF THE ROAD GRP	698574	\$20.00
MIXED BAG	625785	\$50.22
MUSTARD SEED GROUP	101010	\$150.00
NEW START	136901	\$50.00
NOR CAL WINTERFEST MTG	650718	\$1,432.20
NORTH VALLEY TRUDGERS	695447	\$300.00
PALO CEDRO GROUP	602921	\$100.00
PRIM. PURP. LIT & DISCUSSION	717255	\$200.00
RED BLUFF LIVE & LET LIVE	632057	\$200.00
REDDYPAA	686984	\$100.00
SATURDAY SISTERS GROUP	686717	\$79.91
SERENITY RIVER GROUP	613973	\$315.56
SHASTA NEWCOMERS GROUP	422555	\$175.00
SISTERS OF SOBRIETY	223509	\$20.00
SOBER SISTERS	NO #	\$1,840.86
SOLUTIONS GROUP	140933	\$100.00
SOUP BONE MEETING	662882	\$470.00
SOUTH MAIN GROUP	411729	\$435.50
STEPPING OUT SISTERS- REDDING	699886	\$300.00
STEPS WE TOOK	684714	\$350.65
Trinity Alps Group	633526	\$190.84
TUE CANDLELIGHT GROUP	NO #	\$231.00
VISION FOR YOU GROUP	474541	\$60.00
WOMEN FREEDOMBOUND	142038	\$212.25
YAKS 2.0 GROUP	674718	\$375.00
NO NAME	699675	\$70.00
NO NAME	NO #	\$90.00
Total		\$12,560.30

Intergroup thanks you for your contributions!
Full Financial Report available at aanorcal.org/intergroup-business/reports/financial-reports/

That's all folks!

Daffy Duck and Elmer Fudd break into a distillery.
 Daffy turns to Elmer and says, "Is this whiskey?"
 "Yeth," says Elmer. "But not as whiskey as wobbling a bank!"

OBSTACLES TO HEALING

U X U G H A E S F K Q T C T L C D S P L
 O O N O I T A N I T S A R C O R P E X Z
 Y G O L W G M O K F I P L U I O V L U P
 E E X Y Y A I I Y G L D F A M K T F F E
 P E F Y R E S T S R L Y C U S W I C D U
 E C A W I O A A T E U F Q T U T S R E G
 X N K U G O P V E E S W B S O N E I R I
 L A I Y N S P R D D I U I T R E L T E T
 C D G T O I R E D R O G E E E M F I T A
 I I A E R M E S L D N X G G Z T I C N F
 R O U I A Y H E D S E R N P Y N S I E W
 R V T X N V E R T R E I Z E H E H S C N
 E A Y N C N N G U S V V O R M S N M F Q
 G D I A E E S U S A M R A E F E E S L P
 N F P A E H I I R G D G K L M R S E E Y
 A E D I R P O C A V E R S I O N S O S Z
 D D D V C N N O C J M B Y S U O L A E J

ANGER
ANXIETY
AVERSION
AVOIDANCE
CRAVING
DOUBTS

EGO
ENVY
FATIGUE
FEAR
GREED
IGNORANCE

ILLUSION
JEALOUSY
MISAPPREHENSION
PRIDE
PROCRASTINATION
REGRESSION

RESENTMENT
RESERVATIONS
SELF CENTERED
SELF CRITICISM
SELFISHNESS

These obstacles can pause our healing or cause relapse.

REACHOUTRECOVERY.COM

Grapevine Caption Contest Winner



"I quit cold turkey.", Mike N., Summerfield, Fla.