

**NORTHERN  
CALIFORNIA  
INTERGROUP  
July 2025  
NEWSLETTER**



Get the latest news, meeting info, upcoming events and more at [aanorcal.org](http://aanorcal.org)

**Northern California (NorCal) Intergroup** is a service board of alcoholics serving groups in Shasta, Tehama, Siskiyou and Trinity Counties. Intergroup provides alcoholics with services that individual groups can't provide. Intergroup maintains a website and a 24/7 telephone service. It also answers 12-step calls, provides meeting information and maintains the schedule for the area. Intergroup is supported through voluntary contributions and its primary purpose is to carry the A.A. message to alcoholics who still suffer.

**NorCal Intergroup Monthly  
Speaker-Birthday Meeting**



**Saturday, July 5, 2025**

**@ 7:00 pm**

**All Saints Church**

**2150 Benton Drive, Redding, CA**



Is your Group interested in hosting one of the Intergroup Speaker-Birthday Meetings? It's always on the first Saturday of the month. Tell the history of your meeting, provide a speaker and a secretary - we handle the rest! For more info, call Julio at 530-515-8853.

It's that time again.

**Intergroup Holiday Party**

First planning meeting: July 8 @6pm  
Alano Club upstairs meeting room.

Bring all your friends.  
Hope to see you there.

Interested in a service position contact  
Angi T. 530-408-8015 or [angi@p4hh.org](mailto:angi@p4hh.org)

**CNIA Area 07  
Alcoholics Anonymous**

**Post Conference  
Delegate Report**

Our Delegate, Matthew, will be reporting on what happened at this year's General Service Conference "90 Years - Language of the Heart"

**Tuesday, July 15, 2025**

**@ 5:30 pm**

**The Redding Public Library**

**1100 Parkview Ave., Redding, CA**

**Or join us via Zoom: 971 496 0968**

Hosted by District 11  
in lieu of our regular  
business meeting

**These are challenging economic times.** Calls for help with alcoholism have increased. NorCal Intergroup is on the front lines of bringing hope the alcoholic in and outside of the rooms! Your contributions to NorCal Intergroup keep our office running. Using the PayPal DONATE QR Code or VENMO QR Code, you can contribute by a Single Donation, Birthday Club, Faithful Fivers, or a Group Contribution. **If the donation is for a specific event, please specify when making your donation. You can make the difference!**



NorCal Intergroup  
PayPal

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@NorthernCaliforniaIntergroup



Read the current AA NorCal  
Intergroup Newsletter



Download the  
Newsletter by  
scanning the QR code

**A.A. 24/7 HOTLINE: 530-225-8955**



**MAILING ADDRESSES/LINKS:** ALCOHOLICS ANONYMOUS, [www.aa.org](http://www.aa.org)

**NORCAL INTERGROUP**, Office Location: 1050 State Street, Redding, CA, Mailing Address: P.O. Box 991107, Redding, CA 96099, [www.aanorcal.org](http://www.aanorcal.org). **Office hours:** Before/After early AM meetings at the club; Tues. 3-6; Wed. 7-1; Thurs. 1-5 (effective 4/4/24). Office phone: 530-225-8955

**NORCAL H&I**, P.O. Box 192490, San Francisco, CA 94119-2490, [www.handinorcal.org](http://www.handinorcal.org)

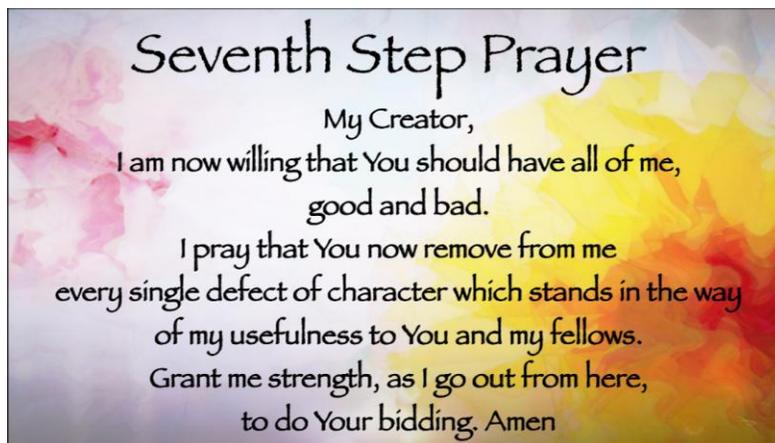
**GENERAL SERVICE AREA 07 - CALIFORNIA NORTHERN INTERIOR (CNIA)** CNIA Contributions, PO Box 161712, Sacramento, CA 95816-1712, [www.cnia.org/cnia-area-07](http://www.cnia.org/cnia-area-07)

**NEW YORK GENERAL SERVICE OFFICE**, P.O. Box 2407, James Farley Station, New York NY 10116-2407

**AA GRAPEVINE/LA VINA**, 475 Riverside Drive, 11<sup>th</sup> Floor, New York, NY 10115, [www.aagrapevine.org](http://www.aagrapevine.org)

## Step 7 - Humbly Asked Him to Remove our Shortcomings.

**So, we just ask?** Practically, Step 7 is about living humbly and obediently to your higher power day after day. This is going to look different for every person. It's also important to note that Step 7 is not a one-and-done process. Many people continue to practice this step their entire life.



## Tradition 7 - Every A.A. group ought to be fully self-supporting, declining outside contributions.

This means that only A.A. members contribute financially to A.A. – and even A.A. members are limited in the amount they can contribute. This keeps A.A. free of outside influences that might divert us from our primary purpose — to help the alcoholic who still suffers. The amount of the contribution is secondary to the spiritual connection that unites all groups around the world.

**Concept 7 – “The Charter and Bylaws of the General Service Board are legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document; it relies upon tradition and the A.A. purse for final effectiveness.”** Concept 7 highlights how AA ensures its service structure is both legally sound and grounded in the principles of tradition and member participation. It emphasizes the importance of checks and balances within the organization to maintain its integrity and effectiveness in carrying the message of recovery.



# June 2025 Business Meetings and Events

## General Service

**District 9 (Siskiyou County) Business Meeting – 1<sup>st</sup> Sunday of each month** 10:00 – 11:30am. The meeting is hybrid. The physical meetings are held at *the Weed Community Center, 161 E. Lincoln Ave., Weed, CA*. Zoom ID# 666 067 6860 / No password. Attendees enter into a waiting room, and Host will let the attendee in.

**District 11 Business Meeting – 3<sup>rd</sup> Tuesday of each month – New Time: 5:30pm**; upstairs @ *the Alano Club, 1050 State St., Redding, CA*. For more information, see our [District 11 page](#).

## Northern California Hospitals and Institutions (H&I)

**Shasta County (Area 16) H&I Business Meeting – 1<sup>st</sup> Tuesday of each month** – Orientation for new volunteers at 5:30pm, business meeting to follow at 6:00pm @ *All Saints Church, Eaton Hall, 2150 Benton Drive, Redding*. For more information on Shasta County H & I, please contact the Area Chair, Jude H at 707-953-3132.

**Siskiyou County (Area 3) H&I Business Meeting ~ 1<sup>st</sup> Friday of each month** - 5pm, at the *Hi-Lo Cafe, 88 S. Weed Blvd., Weed, CA 96094*. For any questions, please contact the Area Chair at: [https://www.handinorcal.org/contact-us?recipient=area\\_03](https://www.handinorcal.org/contact-us?recipient=area_03) or by clicking [HERE](#).

**Tehama County (Area 17) H&I Monthly Business Meeting ~ 2<sup>nd</sup> Thursday of each month**, 5:30 pm @ *Red Bluff Presbyterian Church, 838 Jefferson St., Room 4 (in back of courtyard), Red Bluff*. For more information on Tehama County H & I, please contact the Area Chair, Mike D. @ 707-479-1835.

**Trinity County (Area 18) H & I Monthly Business Meeting ~ 1<sup>st</sup> Wednesday of each month**, 7:30pm @ *St. Patrick's Catholic Church, 102 Church Street, Weaverville*. For more information on Tehama County H & I, please contact the Area Chair, Diane C @ 707-815-5042.

**Intergroup Business Meeting – 4<sup>th</sup> Tuesday of each month**, 6pm, *All Saints Church, Eaton Hall, 2150 Benton Drive, Redding*.

**REDYPAA Business Meeting – 4<sup>th</sup> Sunday of each month**, at 3:00pm @ *the Methodist Church, 1825 East St., Redding*. **Monthly Speaker Meeting**, 3<sup>rd</sup> Saturday each month at the Alano Club, 1050 State Street, Redding, CA For more information, please contact the Chair, Brittany @ 530-710-5328.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 – <b>H&amp;I Area 16</b> Orientation 5:30p Bus. Mtg. 6pm 2150 Benton Dr. Redding, CA	2 – <b>H&amp;I Area 18</b> 7:30pm, 102 Church St., Weaverville, CA	3	4 - <b>H&amp;I Area 03</b> 5pm – Hi-Lo Café 88 S. Weed Blvd. Weed, CA	5 – <b>Intergroup Birthday Speaker Meeting – 7pm</b> 2150 Benton Redding, CA
6 - <b>District 9</b> 10am, 161 E. Lincoln Ave., Weed, CA. Zoom 666 067 6860	7	8 – <b>Holiday Party Planning Meeting</b> 6pm – Alano Club (upstairs) 1050 State St, Redding	9	10 – <b>H&amp;I Area 17</b> 5:30 pm, 838 Jefferson, Room 4 (back courtyard) Red Bluff, CA	11	12
13	14	15 – <b>Delegate’s Report, 5:30 pm</b> Redding Library, Redding	16	17	18	19 - <b>REDYPAA Speaker Meeting</b> 8pm, Alano Club 1050 State St. Redding, CA
20	21	22 – <b>Intergroup Business Meeting</b> 6pm, 2150 Benton, Redding	23	24	25	26
27 - <b>REDYPAA</b> 3pm, 1825 East St Redding, CA	28	29 – <b>Unity Day Planning Meeting</b> 484 Belvedere Redding, CA	30	31	1	2

# We are not a glum lot! We have fun in Sobriety! Check out these events!



## 12<sup>th</sup> Annual Women's Retreat

Northern California Women in Recovery  
"founded by" Red Bluff Women in AA invite you to attend:  
Thursday Sept. 4<sup>th</sup> – Sunday Sept. 7<sup>th</sup>  
Check-in at 4 pm Check-out at noon



**Where:** Camp Tehama - a group camping area set among the pines on Mill Creek, at the base of Mt Lassen, with a multi-purpose building, kitchen, showers, flush toilets & bunkhouse type cabins that can sleep multiple people.

**Cost:** \$105 for 3 nights / \$70 for 2 nights

Includes Food & Lodging, Recovery Meetings, Spiritual Campfires, Crafts, Prayer & Meditation, Hiking, Fun, Food, Fellowship & More!

**Great Drawing:** The proceeds provide seed money for next year's retreat and help with scholarships.

**What to Bring:** Warm sleeping bag & pillow (or bedding), personal toiletries (soaps, towels, etc), lawn chairs, sunscreen, mosquito repellent, flashlight, warm camping attire. \*\*Days are normally warm, but nights are chilly.\*\*

**Don't Bring:** Gas lights, stoves or grills; dogs (except service dogs), candles or resentments.

**SMOKING:** Only in Designated areas, never in the buildings and dispose in butt cans.

**Directions:** Located half-way between Red Bluff & Susanville on Hwy 36.  
From Red Bluff – take Hwy 36 East about 40 miles to Mineral, continue straight on Hwy 36 about 10mi.  
(Do NOT turn onto Hwy 172 "LOOP" at Mineral)  
\*\*about 10 miles past Mineral you'll turn right onto Hwy 172 – Camp Tehama is less than a mile on your right.

**CONTACTS:** Jenna C 530-366-4554 or Michelle S. 530-515-0068

### PLEASE REGISTER

by July 27<sup>th</sup>

- Scholarship requests due July 13<sup>th</sup>.
- No late registrations

### Registration Form

<input type="checkbox"/>	<input type="checkbox"/>	3 Nights @ \$105 per person	\$ _____
<input type="checkbox"/>	<input type="checkbox"/>	2 nights @ \$70 per person	\$ _____
<input type="checkbox"/>	<input type="checkbox"/>	I am requesting a partial scholarship and am aware that if granted I am to help during the retreat and during final clean-up.	
<input type="checkbox"/>	<input type="checkbox"/>	I have included \$ _____ to put towards a scholarship.	
<input type="checkbox"/>	<input type="checkbox"/>	T-Shirt for \$25	Size: _____
<input type="checkbox"/>	<input type="checkbox"/>	Hoodie Sweatshirt for \$40	Size: _____

### Make Checks

payable to:  
Michelle Schatz  
P.O. Box 8073  
Red Bluff, CA 96080

\* Payment arrangements can be made with Michelle S. (Reg. only)

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

## REDYPAA CAMPOUT 2025

# August 1st to 3rd

# "FAITH OVER FEAR" RISE ABOVE

GREGORY CREEK GROUP CAMPGROUND

\$25 pre reg  
\$30 at the gate

redypaa.org for more info



**New Meeting Needs Your Support!**

**Veteran's Home**

**Wednesday Nights  
7:30 – 8:30 p.m.  
3400 Knighton Road,  
Redding, CA**

**Open meeting – Speaker Discussion - all are welcome to attend!**

## NORCAL INTERGROUP MONTHLY BUSINESS MEETING

All Saints Church - 2150 Benton Drive,  
Redding, 96003 ~ Starts at 6:00pm  
Always 4<sup>th</sup> Tuesday of the month

www.aanorcal.org

## 11<sup>th</sup> Annual Mt Lassen Men's Retreat

August 22 – 24 th 2025

SPIRITUAL IN NATURE



**Registration fee \$75.00 includes Cabin, Meals, Snacks, Coffee  
Great Meetings, Ping Pong, Horse Shoes,  
Fellowshipping, Free Time to Explore, Hike or Fish.  
Location 40550 Hwy 172 Mill Creek Ca. 96061**

**Check in time starts at 2pm on Friday**

**Directions** Drive 4 miles past the town of Mineral on Hwy 36 turn right on Hwy 172 go 1 mile to camp Tehama on the right

Print Name	Phone #		
Address	Food Allergies		
	Cost	Qty	Shirt size & Type
Registration	\$75.		
T Shirt or Tank Top	\$20.		
Mug	\$15.		
Hat	\$20.		

Payment: Send Reg form with Check or Money order to Mike Stickney  
To 19586 Pit River Place, Cottonwood, Ca 96022. or  
Scan Mikes Venmo QR code  
Questions call Mike at 530-492-2984.

Please let Mike know if you would like to sponsor a registration  
Once you unload, please park car in parking area.

Note: only Physical Service Dogs allowed, no Emotional support pets

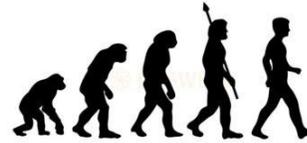


Michael Stickney  
@MichaelStickney13



Do you have an event you would like to see posted here? Please send flyers/info to our Web Master/Newsletter Editor at [heather.zanola@yahoo.com](mailto:heather.zanola@yahoo.com)

# Learning the History of AA – Recommended Books to Read, by the Bob L., Archives Chair



Note: Not all these books are Alcoholics Anonymous World Services (AAWS) approved, but books about the history of AA recommended by Bob L., Archives Chair, NorCal Intergroup. There is no formally disapproved literature in AA; each group is autonomous and can study any books they choose.  
June 2025

1. **Dr. Bob and the Good Oldtimers, AAWS.** Excellent starting read about the history of AA.
2. **Alcoholics Anonymous Comes Of Age, AAWS.** Very good history but a bit dry as it is more of speeches from 1955 AA Convention.
3. **Not God by Ernie Kurtz.** Ernie's PhD Thesis although the history part is the best that was available years ago.
4. **Bill W. My First 50 Years, Hazelden.** Good reading on Bill's early history and development
5. **Pass It On, AAWS** Good history of Bill and the development of AA.
6. **Ebby, The Man Who Sponsored Bill W., Hazelden.** Good history of Ebby and his problems
7. **Lois Remembers, Alanon.** A good piece on the history of Alanon and AA.
8. **The Lois Wilson Story, When Love Is Not Enough, Hazelden.** Very good history of Alanon.
9. **Bobby B. The Untold Story of A.A.'s "Fantastic Communicator", Ewings Publishing.** Very good book on the development of the "Foundation Office" (GSO) and her work with creating A.A. in Australia in the 1940's.
10. **Sister Ignacia, Angel of Alcoholics Anonymous, Hazelden.** Very good book on how she was such a great piece of AA History and treatment programs.
11. **Key Players in A.A. History, Gary Neidhardt.** Good book on all the people that had an effect of AA from before AA.
12. **Father Ed. Bill's Spiritual Advisor, Orbis Books.** Great insight into the man who brought the spirituality of long sobriety to AA.
13. **Grateful to Have Been There, Nell Wing.** Autobiography of Bill's secretary in the earliest days of AA
14. **The Akron Genesis of A.A., Dick B.** Great introduction to the development of AA in Akron and Cleveland.
15. **The Marriage that Changed the World, Stepping Stones.** New book on Bill and Lois and AA.

## HISTORY / ARCHIVES GROUP

Are you interested in the History of A.A.?

Where it came from?

And, who it was that had an effect on the steps and traditions?

Do you know the history of our area?

Do you know the history of your home group?

**THIS IS A REGULAR ZOOM MEETING THE 2ND MONDAY OF EACH MONTH @ 6PM. JOIN US!!**  
Zoom Meeting ID: 849 7747 2890 / PW: 4545454

"I am responsible...When anyone, anywhere reaches out for help, I want the hand of A.A. always to be there."



Learn the History of A.A.!



Wanna learn the History of our area?



Wanna learn the History of your home group!

For information and to register, please send your email, phone and contact information to [aaboblogan982@yahoo.com](mailto:aaboblogan982@yahoo.com) or call 530-227-6479.



Intergroup Volunteer Phone Schedule Open Slots available							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Saturday	Sunday
7am - 9am	filled	filled	filled	filled			
9am - 11am	filled		filled		filled		
11am - 1pm	filled		filled		filled		
1pm - 3pm	filled		filled	filled			
3pm - 5pm		filled	filled	filled			
5pm - 7pm	filled	filled				filled	filled
7PM-7AM	Answering Service						

Revised: 4/24/25 Questions? call Volunteer Coordinator Nancy: 646-7985 or Lisa S: 917-5675

### NorCal Unity Day 2025

#### Planning Meeting!

**Tuesday, July 29 at 6:00 pm**  
484 Belvedere, Redding, CA

Or via Zoom: Meeting ID 829 1304 0990, No pass code

Unity Day will be held on September 27th at the Happy Valley Community Center, sponsored by District 11 along with Intergroup, H&I and REDYPAA.  
Service positions are open!  
For more info contact Scott S. at 509-780-2876

## Group Contributions thru June 1, 2025

NAME	GROUP #	TO DATE
3 In 1 GROUP	90842	\$30.00
5 OCLOCK SOMEWHERE	347980	\$75.00
7 @ 7 ZOOM GROUP	431673	\$113.00
BAND OF BROS GROUPS	461756	\$300.00
BIRTHDAY MEETING (INTERGROUP)	NO #	\$165.00
CARRY THIS MESSAGE GRP	706892	\$103.00
EXPERIENCE, STRENGTH, HOPE	103646	\$280.00
FIRST THINGS FIRST	130801	\$50.00
FLIMSY REED GROUP	144128	\$163.00
FREE AT LAST II	671021	\$200.00
Friday Happy Hour group	144811	\$12.35
HI RAILS GROUP	129169	\$90.00
HOLE IN THE DONUT GROUP	625785	\$40.00
LADIES NIGHT OUT GROUP	160486	\$150.00
LAKE SHASTINA GROUP	665062	\$10.00
LANDING ZONE HOPE	689079	\$240.00
MUSTARD SEED GROUP	101010	\$150.00
NOR CAL WINTERFEST MTG	650718	\$1,432.20
NORTH VALLEY TRUDGERS	695447	\$300.00
PRIM. PURP. LIT & DISCUSSION	717255	\$100.00
SATURDAY SISTERS GROUP	686717	\$79.91
SHASTA NEWCOMERS GROUP	422555	\$75.00
SISTERS OF SOBRIETY	223509	\$20.00
SOBER SISTERS	NO #	\$1,840.86
SOLUTIONS GROUP	140933	\$100.00
SOUP BONE MEETING	662882	\$300.00
SOUTH MAIN GROUP	411729	\$107.50
STEPPING OUT SISTERS- REDDING	699886	\$150.00
STEPS WE TOOK	684714	\$350.65
Trinity Alps Group	633526	\$190.84
TUE CANDLELIGHT GROUP	NO #	\$231.00
VISION FOR YOU GROUP	474541	\$60.00
WOMEN FREEDOMBOUND	142038	\$212.25
NO NAME	699675	\$70.00
TOTAL		\$7,791.56

Intergroup thanks you for your contributions! Full Financial Report available at [aanorcal.org/intergroup-business/reports/financial-reports/](http://aanorcal.org/intergroup-business/reports/financial-reports/)



KEEPING OUR WORD

A Y M I W Y N D E U P O N N I S Y Z K D I O E I  
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CODEPENDENCE  
CONTRIBUTION  
DECISIONS

EMOTIONS  
FACILITIES  
FRIENDSHIP  
HELPFUL  
HONESTY  
HUMILITY  
INSTINCTS

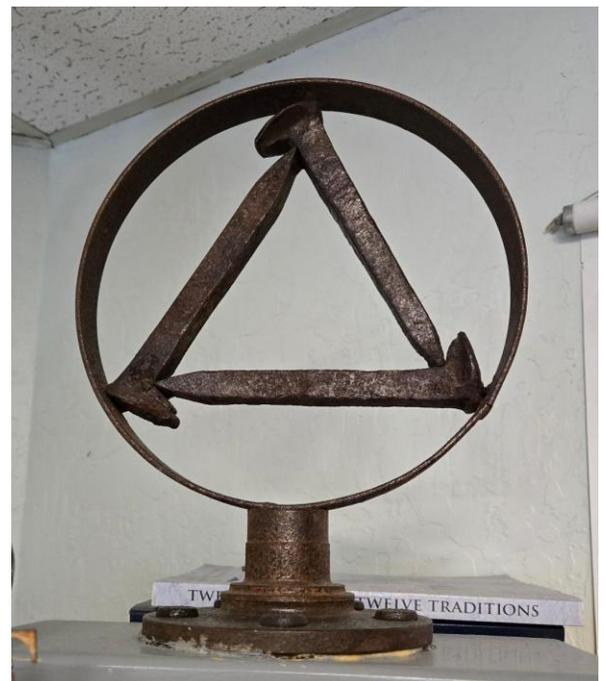
INTUITION  
MEANINGFUL  
MESSAGES  
ORGANIZATION  
PERSEVERANCE  
PERSONALITIES  
PRINCIPLES

RELIABILITY  
SELF SUFFICIENT  
STEADFAST  
SUPPORT  
TRADITIONS

Keeping promises to yourself and others aids our path to recovery.

REACHOUTRECOVERY.COM

### Seen at Meetings:



AA symbol made from railroad spikes at Chico 12 noon meeting on Fridays .... If you have an interesting photo for "Seen At Meetings" (no people please), submit to [judesjava@yahoo.com](mailto:judesjava@yahoo.com)