

**NORTHERN  
CALIFORNIA  
INTERGROUP  
December 2025  
NEWSLETTER**



Get the latest news, meeting info, upcoming events and more at [aanorcal.org](http://aanorcal.org)

**Northern California (NorCal) Intergroup** is a service board of alcoholics serving groups in Shasta, Tehama, Siskiyou and Trinity Counties. Intergroup provides alcoholics with services that individual groups can't provide. Intergroup maintains a website and a 24/7 telephone service. It also answers 12-step calls, provides meeting information and maintains the schedule for the area. Intergroup is supported through voluntary contributions and its primary purpose is to carry the A.A. message to alcoholics who still suffer.

**2025 INTERGROUP  
Holiday Party**

**\*NEW HALL\* Shasta County Fairgrounds,  
Shasta Hall, Anderson**

**Saturday, December 13th 5pm**

**DINNER!**

**SPEAKERS:**  
15 minute speaker - Jude  
Main Speaker - Martin

**Grand Prize Cruise to Mexico!  
More news to come!**

**DJ dance to follow!!!**

**RAFFLE!**

On 12/13, between 1PM and 3PM, please drop off all "prepared food" at the back door of the Fusaro Hall & the "desserts" at Shasta Hall.

Adults Only Please

**NORCAL INTERGROUP 2025 HOLIDAY PARTY  
DECEMBER 13<sup>TH</sup> @ 5PM**

We are looking for volunteers to bring the following:

35 Cooked Turkeys	40-16 packages of rolls
25 Cooked Hams	40 Pies
28 Prepared Stuffing	8 ½ sheet cakes (Costco)
28 Prepared Green Bean Casserole	

On 12/13, between 1PM and 3PM, please drop off all "prepared food" at the back door of the Fusaro Hall & the "desserts" at Shasta Hall.

Secretaries, please send screenshots of sign-up sheets to Christa @ Geriggang@sbcglobal.net or 530-515-9651 by 12/8/25. Thank you!

The Holiday Party this year will be held at the Shasta Hall, Anderson Fairgrounds, which seats 250 more people than last year; so, no one will be turned away. We need groups to consider donating gift baskets for the raffle, and individuals to donate goods/services, On the Events page of our website (<https://aanorcal.org/events/>), **Save the Food Donations flyer by clicking on it, right click and save it to your desktop to print, & click HERE to print the Food Donations sign-up sheet.**

**These are challenging economic times.**

Calls for help with alcoholism have increased. NorCal Intergroup is on the front lines of bringing hope to the alcoholic in and outside of the rooms! Your contributions to NorCal Intergroup keep our office running. Using the PayPal DONATE QR Code or VENMO QR Code, you can contribute by a Single Donation, Birthday Club, Faithful Fivers, or a Group Contribution. **If the donation is for a specific event, please specify when making your donation. You can make the difference!**

NorCal  
Intergroup  
PayPal



Northern California Intergro...  
@NorthernCaliforniaIntergroup



Read the current AA NorCal Intergroup Newsletter



Download the Newsletter by scanning the QR code

**A.A. 24/7 HOTLINE: 530-225-8955**



**MAILING ADDRESSES/LINKS:** ALCOHOLICS ANONYMOUS, [www.aa.org](http://www.aa.org)

**NORCAL INTERGROUP**, Office Location: 1050 State Street, Redding, CA, Mailing Address: P.O. Box 991107, Redding, CA 96099, [www.aanorcal.org](http://www.aanorcal.org). **Office hours:** Before/After early AM meetings at the club; Tues. 3-6; Wed. 7-1; Thurs. 1-5 (effective 4/4/24). Office phone: 530-225-8955

**NORCAL H&I**, P.O. Box 192490, San Francisco, CA 94119-2490, [www.handinorcal.org](http://www.handinorcal.org)

**GENERAL SERVICE AREA 07 - CALIFORNIA NORTHERN INTERIOR (CNIA)** CNIA Contributions, PO Box 161712, Sacramento, CA 95816-1712, [www.cnia.org/cnia-area-07](http://www.cnia.org/cnia-area-07)

**NEW YORK GENERAL SERVICE OFFICE**, P.O. Box 2407, James Farley Station, New York NY 10116-2407

**AA GRAPEVINE/LA VINA**, 475 Riverside Drive, 11<sup>th</sup> Floor, New York, NY 10115, [www.aagrapevine.org](http://www.aagrapevine.org)



## Shasta Winterfest 2026

*January 23 – 25, 2026  
Shasta Fairgrounds  
Anderson, CA*



**2026 CONFERENCE TICKETS ON SALE NOW**  
\$35.00 Discounted Pre-Sale Tickets Include:  
3-Day Pass To All Winterfest Events  
Digital Download of All Speaker Recordings  
(\$40.00 When Purchased At The Conference)  
Save today by registering at:  
<https://www.shastawinterfest.com/register>

## Intergroup Office Hours

**TUES 3-6 WED 7-1**

**THUR 11-1 & 3-5**

**SUN 1 - 4:30**

**Or by appointment:**

email [norcalintergroup@gmail.com](mailto:norcalintergroup@gmail.com) or call/text (530) 917-5675

For safety reasons our door is locked, please knock loudly, and give us time to answer.

Intergroup Volunteer Phone Schedule Open Slots available							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Saturday	Sunday
7am - 9am	filled	filled	filled	filled	filled		
9am - 11am							
11am - 1pm	filled	filled	filled	filled	filled		
1pm - 3pm	filled		filled				filled
3pm - 5pm	filled	filled	filled	filled			filled
5pm - 7pm	filled	filled					
7PM-7AM	Answering Service						

Revised: 11/2025 Questions? call Volunteer Coordinator Nancy: (530) 646-7985 or Lisa S: (530) 917-5675

# December 2025 Business Meetings and Events

**General Service: District 9 (Siskiyou County) Business Meeting – 1<sup>st</sup> Sunday of each month 10:00 – 11:30am.** The meeting is hybrid. The physical meetings are held at *the Weed Community Center, 161 E. Lincoln Ave., Weed, CA. Zoom ID# 666 067 6860 / No password.* Attendees enter into a waiting room, and Host will let the attendee in. **District 11 Business Meeting – 3<sup>rd</sup> Tuesday of each month – 5:30 pm;** upstairs @ *the Alano Club, 1050 State St., Redding, CA.* For more information, see our [District 11 page](#).

**Northern California Hospitals and Institutions (H&I) Shasta County (Area 16) H&I Business Meeting – 1<sup>st</sup> Tuesday of each month –** Orientation for new volunteers at 5:30pm, business meeting to follow at 6:00pm @ *All Saints Church, Eaton Hall, 2150 Benton Drive, Redding.* For more information on Shasta County H & I, please contact the Area Chair, Jude H at 707-953-3132.

**Siskiyou County (Area 3) H&I Business Meeting ~ 1<sup>st</sup> Friday of each month - 5pm,** at the *Hi-Lo Cafe, 88 S. Weed Blvd., Weed, CA 96094.* For any questions, please contact the Area Chair at: [https://www.handinorcal.org/contact-us?recipient=area\\_03](https://www.handinorcal.org/contact-us?recipient=area_03) or by clicking [HERE](#).

**Tehama County (Area 17) H&I Monthly Business Meeting ~ 2<sup>nd</sup> Thursday of each month, 5:30 pm @ Red Bluff Presbyterian Church, 838 Jefferson St., Room 4 (in back of courtyard), Red Bluff.** For more information on Tehama County H & I, please contact the Area Chair, Mike D. @ 707-479-1835. **Trinity County (Area 18) H & I Monthly Business Meeting ~ 1<sup>st</sup> Wednesday of each month, 7:30pm @ St. Patrick's Catholic Church, 102 Church Street, Weaverville.** For more information on Tehama County H & I, please contact the Area Chair, Diane C @ 707-815-5042.

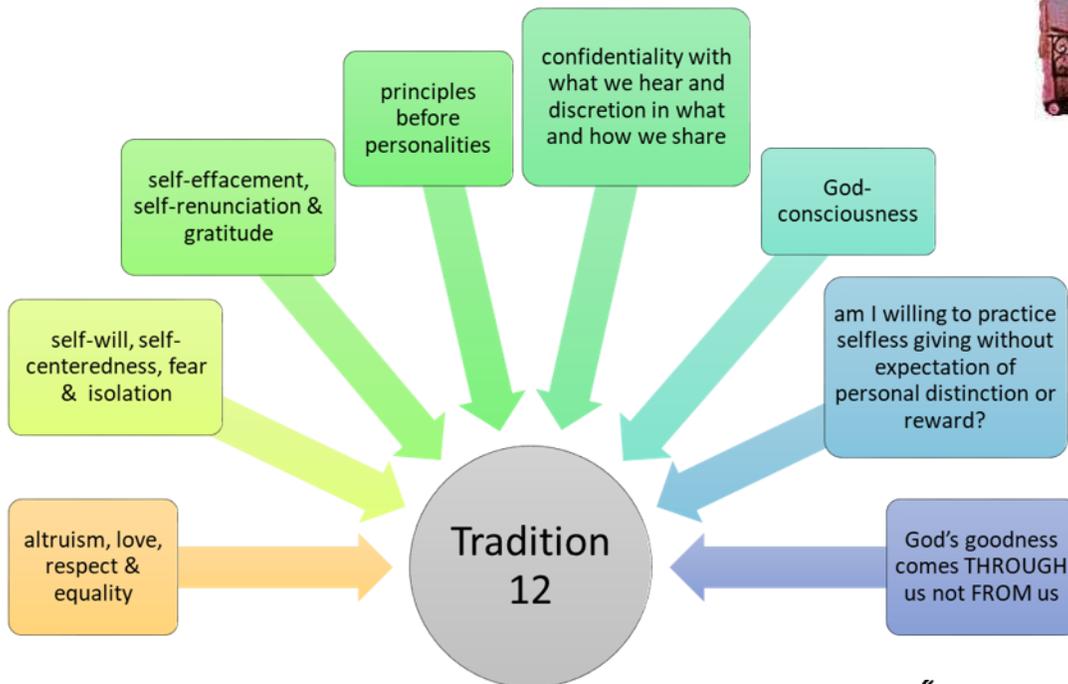
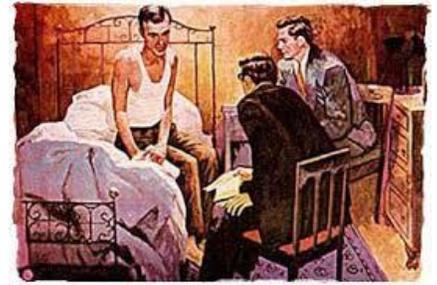
**Intergroup Business Meeting – 4<sup>th</sup> Tuesday of each month, 6pm, All Saints Church, Eaton Hall, 2150 Benton Drive, Redding. NO MEETING IN DECEMBER.**

**Archives Committee Meeting, 2<sup>nd</sup> Monday of each month, 6pm,** via Zoom: 849 7747 2890, **New PW 7272727**

**REDYPAA Business Meeting – 4<sup>th</sup> Sunday of each month, at 3:00pm @ the Methodist Church, 1825 East St., Redding. Monthly Speaker Meeting, 3<sup>rd</sup> Saturday each month at the Alano Club, 1050 State Street, Redding, CA.** For more information on REDYPAA, please contact the Chair, Brittany @ 530-710-5328. For Events, Katie B. @ (951)-965-8727 or Co-Events Chair, Dani B. @ (650) 808-0808.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	1	2 - <b>H&amp;I Area 16</b> Orientation 5:30p Bus. Mtg. 6pm 2150 Benton Dr. Redding, CA	3 - <b>H&amp;I Area 18</b> 7:30pm, 102 Church St., Weaverville, CA	4	5 - <b>H&amp;I Area 03</b> 5pm – Hi-Lo Café 88 S. Weed Blvd. Weed, CA	6 – <b>Intergroup Birthday Speaker Meeting – 7pm</b> 2150 Benton Redding, CA
7 - <b>District 9</b> 10am, 161 E. Lincoln Ave., Weed, CA. Zoom 666 067 6860	8 - <b>Archives Committee Mtg,</b> 6pm via Zoom 849 7747 2890, PW 7272727	9 - <b>Holiday Party Planning Mtg.</b> 6pm, Alano Club, (upstairs) 1050 State St, Redding, CA	10	11 - <b>H&amp;I Area 17</b> 5:30 pm, 838 Jefferson, Room 4 (back courtyard) Red Bluff, CA	12	13 – <b>Intergroup Holiday Party!</b> 5pm, Shasta Hall, Shasta Fair- grounds, Anderson, CA
14	15	16 – <b>District 11</b> 5:30pm, Alano Club (upstairs) 1050 State St. Redding, CA	17	18	19	20 - <b>REDYPAA Speaker Meeting</b> 8pm, Alano Club 1050 State St. Redding, CA
21	22	23	24 <b>Christmas Eve</b>	25 <b>Christmas Day</b>	26	27
28 – <b>REDYPAA Business Meeting</b> 3pm, 1825 East St Redding, CA	29	30	31 <b>New Year's Eve</b>	1	2	3

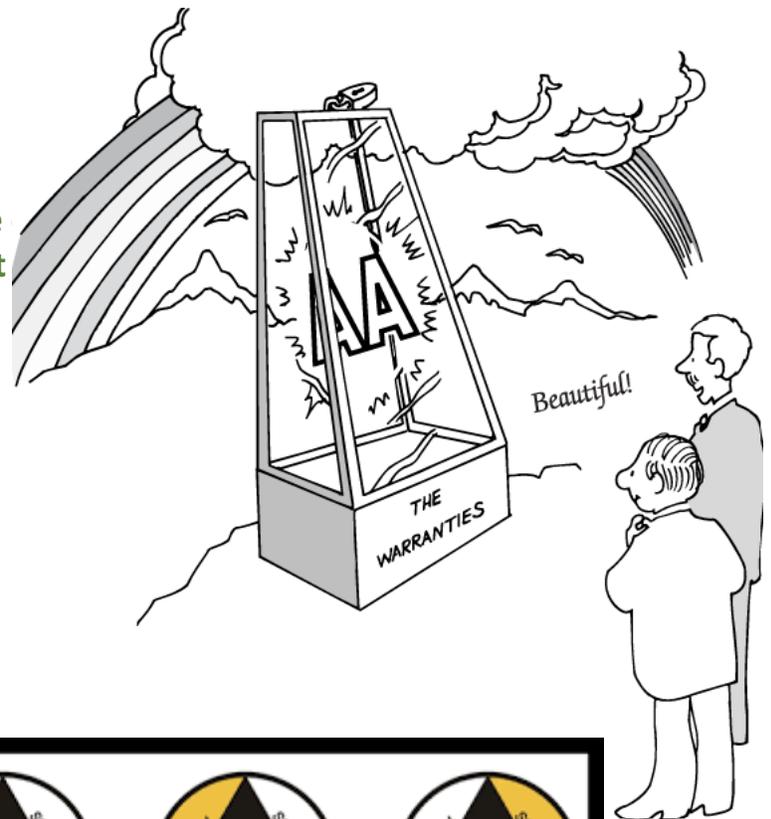
**Step 12 – Having had a spiritual awakening as the result of these Steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.**



**Tradition 12 –**

**Anonymity is the spiritual foundation of all of our traditions, reminding us to place principles before personalities.**

**Concept 12. The Conference shall observe the spirit of A.A. tradition, taking care that it never becomes the seat of perilous wealth or power; that sufficient operating funds and reserve be its prudent financial principle; that it place none authority over others; that it reach all important decisions by discussion, vote, and whenever possible, substantial unanimity; that its actions never be personally punitive nor an incitement to public controversy; that it never perform acts of government; that, like the Society it serves, it will always remain democratic in thought and action.**



**FIND A.A. MEETINGS NEAR YOU**

Download the Meeting Guide App  
The Official Meeting Finder of Alcoholics Anonymous

**Need a meeting? Check out the Meeting App!**

**Want to help other alcoholics? Check out Intergroup! We need Volunteers!**





## Twelve Tips on Keeping Your Holiday Season Sober and Joyous

Holiday parties without liquid spirits may still seem a dreary prospect to new A.A.s. But many of us have enjoyed the happiest holidays of our lives sober - an idea we would never have dreamed of, wanted, or believed possible when drinking. Here are some tips for having an all-round ball without a drop of alcohol.



**1** *Line up extra A.A. activities for the holiday season.* Arrange to take newcomers to meetings, answer the phones at a clubhouse or central office, speak, help with dishes, or visit the alcoholic ward at a hospital.



**2** *Be host to A.A. friends, especially newcomers.* If you don't have a place where you can throw a formal party, take one person to a diner and spring for the coffee.



**3** *Keep your A.A. telephone list with you all the time.* If a drinking urge or panic comes - postpone everything else until you've called an A.A.



**4** *Find out about the special holiday parties, meetings, or other celebrations given by groups in your area, and go.* If you're timid, take someone newer than you are.



**5** *Skip any drinking occasion you are nervous about.* Remember how clever you were at excuses when drinking. Now put the talent to good use. No office party is as important as saving your life.



**6** *If you have to go to a drinking party and can't take an A.A. with you, keep some candy handy.*



**7** *Don't think you have to stay late.* Plan in advance an "important date" you have to keep.



**8** *Worship in your own way.*



**9** *Don't sit around brooding.* Catch up on those books, museums, walks, and letters.



**10** *Don't start now getting worked up about all those holiday temptations.* Remember -

**"One day at a time."**



**11** *Enjoy the true beauty of holiday love and joy.* Maybe you cannot give material gifts but this year, you can give love.



**12** *"Having had a ..."* No need to spell out the Twelfth Step here, since you already know it.

## Group Contributions thru Nov. 1, 2025

NAME	GROUP #	TO DATE
3 In 1 GROUP	90842	\$199.44
5 OCLOCK SOMEWHERE	347980	\$75.00
7 @ 7 ZOOM GROUP	431673	\$113.00
ANDERSON AM SAT GRANGE	150044	\$719.46
ANY LENGTHS GROUP - Anderson	165242	\$50.00
ATTITUDES IN ACTION	156461	\$50.00
BAND OF BROS GROUPS	461756	\$300.00
BIRTHDAY MEETING (INTERGROUP)	NO #	\$322.00
CARRY THIS MESSAGE GRP	706892	\$103.00
EXPERIENCE, STRENGTH, HOPE	103646	\$280.00
FIRST THINGS FIRST	130801	\$150.00
FLIMSY REED GROUP	144128	\$316.06
FREE AT LAST 1	699675	\$150.00
FREE AT LAST II	671021	\$450.00
Friday Happy Hour group	144811	\$12.35
HI RAILS GROUP	129169	\$210.00
HOLE IN THE DONUT GROUP	625785	\$80.00
LADIES NIGHT OUT GROUP	160486	\$200.00
LAKE SHASTINA GROUP	665062	\$10.00
LANDING ZONE HOPE	689079	\$540.00
LEWISTON OPEN DISC	657162	\$100.00
MEN'S NO NAME GROUP	666814	\$450.00
MIDDLE OF THE ROAD GRP	698574	\$20.00
MIXED BAG	625785	\$50.22
MUSTARD SEED GROUP	101010	\$150.00
NEW START	136901	\$50.00
NOR CAL WINTERFEST MTG	650718	\$1,432.20
NORTH VALLEY TRUDGERS	695447	\$300.00
PALO CEDRO GROUP	602921	\$100.00
PRIM. PURP. LIT & DISCUSSION	717255	\$200.00
RED BLUFF LIVE & LET LIVE	632057	\$200.00
REDDYPAA	686984	\$100.00
SATURDAY SISTERS GROUP	686717	\$79.91
SERENITY RIVER GROUP	613973	\$315.56
SHASTA NEWCOMERS GROUP	422555	\$215.65
SISTERS BY CHOICE	101862	\$40.65
SISTERS OF SOBRIETY	223509	\$20.00
SOBER SISTERS	NO #	\$1,840.86
SOLUTIONS GROUP	140933	\$100.00
SOUP BONE MEETING	662882	\$470.00
SOUTH MAIN GROUP	411729	\$435.50
STEPPING OUT SISTERS- REDDING	699886	\$500.00
STEPS WE TOOK	684714	\$350.65
Trinity Alps Group	633526	\$190.84
TUE CANDLELIGHT GROUP	NO #	\$231.00
VISION FOR YOU GROUP	474541	\$60.00
WOMEN FREEDOMBOUND	142038	\$212.25
YAKS 2.0 GROUP	674718	\$375.00
NO NAME	699675	\$70.00
No Name	#73873	\$62.00
NO NAME	NO #	\$90.00

**Intergroup thanks you for your contributions!**  
**Full Financial Report available at [aanorcal.org/intergroup-business/reports/financial-reports/](http://aanorcal.org/intergroup-business/reports/financial-reports/)**

Hi my name is Jeff and I'm an alcoholic.

Sir this is Triple A, not AA.

I know, I'm trying to explain why my car is in the lake



# CHRISTMAS

## Word Search Puzzle



P R E S E N T S G Y K U Z X M Y D  
 O H M F W M D C M W B Q R W L G E  
 Z R W N V I F S C M V W L L K S C  
 R G N C A R D S A A F A O G K N E  
 U Y J A B N L Q R N M H I S P O M  
 D S V B M D V X O G T M H L T W B  
 O A O U O E G S L E Y A S E R M E  
 L S C W S J N O E R U E L I S A R  
 P E T T W Z W T R Y V T T G W N K  
 H B F O T M S R S L S L R H D C Y  
 C I B B C E L R E I N D E E R C Q  
 G K G S I K G T M A E A I H S H Q  
 T U T K A N I X A E T C C T I I V  
 P I O H N L C N R K N H H V T M N  
 D O E Q C Z E T G V B G B U Z N T  
 C A N D Y C A N E T I N S E L E K  
 G A R L A N D X G L D X R Q V Y M



CANDY CANE	GIFTS	RUDOLPH
CARDS	HOLLY	SANTA
CAROLERS	LIGHTS	SLEIGH
CHIMNEY	MANGER	SNOWMAN
COOKIES	MISTLETOE	STOCKING
DECEMBER	ORNAMENTS	TINSEL
ELVES	PRESENTS	TREE
GARLAND	REINDEER	WREATH

Free printable courtesy of PrintFree.net



“Well, it started with the egg nog with the “spirits” in it at every house, and next thing you know I’m drinking the half a case of Polar Beers, and then ....”