

**NORTHERN  
CALIFORNIA  
INTERGROUP  
August 2025  
NEWSLETTER**



Get the latest news, meeting info, upcoming events and more at [aanorcal.org](http://aanorcal.org)

**Northern California (NorCal) Intergroup** is a service board of alcoholics serving groups in Shasta, Tehama, Siskiyou and Trinity Counties. Intergroup provides alcoholics with services that individual groups can't provide. Intergroup maintains a website and a 24/7 telephone service. It also answers 12-step calls, provides meeting information and maintains the schedule for the area. Intergroup is supported through voluntary contributions and its primary purpose is to carry the A.A. message to alcoholics who still suffer.

**REDYPAA  
CAMPOUT  
2025**

August 1st to 3rd

**"FAITH  
OVER  
FEAR"  
RISE ABOVE**

GREGORY CREEK GROUP  
CAMPGROUND

venmo \$25 pre reg  
\$30 at the gate

[redypaa.org](http://redypaa.org) for more info

**NorCal Intergroup Monthly  
Speaker Birthday Meeting**

*Saturday, August 2, 2025*  
**@ 7:00 pm**  
**All Saints Church**  
**2150 Benton Drive, Redding, CA**

**Hosted by the "7 at 7" Zoom Meeting**  
**7:00 a.m., 7 days a week**  
**ID 625 649 4469**  
**PW B&b4AA**

If your group would like to host the Intergroup Birthday meeting, please call Sam M. at 530-949-4054

**Alcoholics Anonymous has several noteworthy dates in its history in August** (source info from Google AI, across 27 websites).

**August 8, 1879:** The co-founder of A.A., Robert Holbrook Smith (Dr. Bob), was born in St. Johnsbury, Vermont.

**August 11, 1938:** The [Alcoholic Foundation](#) was formally established. This organization served as the precursor to A.A. World Services, Inc. August 16, 1939: Dr. Bob and Sister Ignatia admit the first alcoholic to St. Thomas Hospital in Akron, Ohio.

**August 19, 1941:** The first AA meeting in Colorado is held in Denver.

**August 26, 1941:** Bill Wilson writes to Dr. Bob to inform him that Works Publishing has been incorporated, according to Oregon Area 58.

Read the current AA NorCal Intergroup Newsletter

NEWS Download the Newsletter by scanning the QR code

**A.A. 24/7 HOTLINE: 530-225-8955**



**MAILING ADDRESSES/LINKS:** ALCOHOLICS ANONYMOUS, [www.aa.org](http://www.aa.org)

**NORCAL INTERGROUP**, Office Location: 1050 State Street, Redding, CA, Mailing Address: P.O. Box 991107, Redding, CA 96099, [www.aanorcal.org](http://www.aanorcal.org). **Office hours:** Before/After early AM meetings at the club; Tues. 3-6; Wed. 7-1; Thurs. 1-5 (effective 4/4/24). Office phone: 530-225-8955

**NORCAL H&I**, P.O. Box 192490, San Francisco, CA 94119-2490, [www.handinorcal.org](http://www.handinorcal.org)

**GENERAL SERVICE AREA 07 - CALIFORNIA NORTHERN INTERIOR (CNIA)** CNIA Contributions, PO Box 161712, Sacramento, CA 95816-1712, [www.cnia.org/cnia-area-07](http://www.cnia.org/cnia-area-07)

**NEW YORK GENERAL SERVICE OFFICE**, P.O. Box 2407, James Farley Station, New York NY 10116-2407

**AA GRAPEVINE/LA VINA**, 475 Riverside Drive, 11<sup>th</sup> Floor, New York, NY 10115, [www.aagrapevine.org](http://www.aagrapevine.org)

### Step 8 – Made a list of the people we had harmed and became willing to make amends to them all.

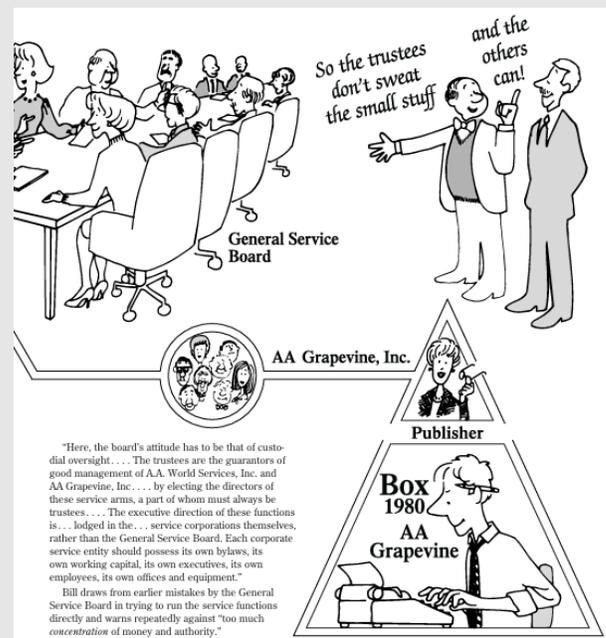
In Step 8, forgiveness plays a crucial role in the recovery process. It's not just about creating a list, but also about developing a willingness to make amends, which often requires a shift in perspective and the ability to forgive oneself and others.



### Tradition 8 - Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.

This tradition emphasizes that AA's core work of one alcoholic helping another is always done freely, without financial compensation. While AA service centers can hire paid staff for administrative or other necessary tasks, the personal, one-on-one support within the program is based on the principle of "freely ye have received, freely give".

**Concept 8 - The trustees are the principal planners and administrators of over-all policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.** The Trustees focus on major policy decisions, finances, group relations, and leadership, delegating the day-to-day management of operations to the General Service Office and the Grapevine, which are subsidiary corporations.



# August 2025 Business Meetings and Events

## General Service

**District 9 (Siskiyou County) Business Meeting – 1<sup>st</sup> Sunday of each month** 10:00 – 11:30am. The meeting is hybrid. The physical meetings are held at *the Weed Community Center, 161 E. Lincoln Ave., Weed, CA*. Zoom ID# 666 067 6860 / No password. Attendees enter into a waiting room, and Host will let the attendee in.

**District 11 Business Meeting – 3<sup>rd</sup> Tuesday of each month – New Time: 5:30pm;** upstairs @ *the Alano Club, 1050 State St., Redding, CA*. For more information, see our [District 11 page](#).

## Northern California Hospitals and Institutions (H&I)

**Shasta County (Area 16) H&I Business Meeting – 1<sup>st</sup> Tuesday of each month** – Orientation for new volunteers at 5:30pm, business meeting to follow at 6:00pm @ *All Saints Church, Eaton Hall, 2150 Benton Drive, Redding*. For more information on Shasta County H & I, please contact the Area Chair, Jude H at 707-953-3132.

**Siskiyou County (Area 3) H&I Business Meeting ~ 1<sup>st</sup> Friday of each month** - 5pm, at the *Hi-Lo Cafe, 88 S. Weed Blvd., Weed, CA 96094*. For any questions, please contact the Area Chair at: [https://www.handinorcal.org/contact-us?recipient=area\\_03](https://www.handinorcal.org/contact-us?recipient=area_03) or by clicking [HERE](#).

**Tehama County (Area 17) H&I Monthly Business Meeting ~ 2<sup>nd</sup> Thursday of each month**, 5:30 pm @ *Red Bluff Presbyterian Church, 838 Jefferson St., Room 4 (in back of courtyard), Red Bluff*. For more information on Tehama County H & I, please contact the Area Chair, Mike D. @ 707-479-1835.

**Trinity County (Area 18) H & I Monthly Business Meeting ~ 1<sup>st</sup> Wednesday of each month**, 7:30pm @ *St. Patrick's Catholic Church, 102 Church Street, Weaverville*. For more information on Tehama County H & I, please contact the Area Chair, Diane C @ 707-815-5042.

**Intergroup Business Meeting – 4<sup>th</sup> Tuesday of each month**, 6pm, *All Saints Church, Eaton Hall, 2150 Benton Drive, Redding*.

**Archives Committee Meeting, 2<sup>nd</sup> Monday of each month**, 6pm, via Zoom: 849 7747 2890, PW 4545454

**REDYPAA Business Meeting – 4<sup>th</sup> Sunday of each month**, at 3:00pm @ *the Methodist Church, 1825 East St., Redding*. **Monthly Speaker Meeting**, 3<sup>rd</sup> Saturday each month at the Alano Club, 1050 State Street, Redding, CA. For more information on REDYPAA, please contact the Chair, Brittany @ 530-710-5328. For Events, Katie B. @ (951)-965-8727 or Co-Events Chair, Dani B. @ (650) 808-0808.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1 - <b>H&amp;I Area 03</b> 5pm – Hi-Lo Café 88 S. Weed Blvd. Weed, CA	2 – <b>Intergroup Birthday Speaker Meeting</b> – 7pm 2150 Benton Redding, CA
3 - <b>District 9</b> 10am, 161 E. Lincoln Ave., Weed, CA. Zoom 666 067 6860	4	5 – <b>H&amp;I Area 16</b> Orientation 5:30p Bus. Mtg. 6pm 2150 Benton Dr. Redding, CA	6 - <b>H&amp;I Area 18</b> 7:30pm, 102 Church St., Weaverville, CA	7	8	9
10	11 – <b>Archives Committee Mtg,</b> 6pm via Zoom 849 7747 2890, PW 4545454	12 – <b>Holiday Party Planning Mtg.</b> 6pm, Alano Club, (upstairs) 1050 State St, Redding, CA	13	14 = <b>H&amp;I Area 17</b> 5:30 pm, 838 Jefferson, Room 4 (back courtyard) Red Bluff, CA	15	16 - <b>REDYPAA Speaker Meeting</b> 8pm, Alano Club 1050 State St. Redding, CA
17	18	19 – <b>District 11</b> 5:30pm, Alano Club (upstairs) 1050 State St. Redding, CA	20	21	22	23
24 – <b>REDYPAA Business Meeting</b> 3pm, 1825 East St Redding, CA	25	26 - <b>Intergroup Business Meeting</b> 6pm, 2150 Benton, Redding	27	28	29	30

# We are not a glum lot! We have fun in Sobriety! Check out these events!



## 11<sup>th</sup> Annual Mt Lassen Men's Retreat

**August 22 – 24 th 2025**  
**SPIRITUAL IN NATURE**

**Registration fee \$75.00 includes Cabin, Meals, Snacks, Coffee  
Great Meetings, Ping Pong, Horse Shoes,  
Fellowshipping, Free Time to Explore, Hike or Fish.**  
Location 40550 Hwy 172 Mill Creek Ca. 96061  
Check in time starts at 2pm on Friday  
Directions Drive 4 miles past the town of Mineral on Hwy 36 turn right on Hwy 172 go 1 mile to camp Tehama on the right

Print Name	Phone #			
Address	Food Allergies			
	Cost	Qty	Shirt size & Type	Sub total
Registration	\$75.			
T Shirt or Tank Top	\$20.			
Mug	\$15.			
Hat	\$20.			

Payment: Send Reg form with Check or Money order to Mike Stickney  
To 19586 Pit River Place, Cottonwood, Ca 96022. or  
Scan Mike's Venmo QR code  
Questions call Mike at 530-492-2984.

**Please let Mike know if you would like to sponsor a registration  
Once you unload, please park car in parking area.**  
Note: only Physical Service Dogs allowed, no Emotional support pets

## 12<sup>th</sup> Annual Women's Retreat

Northern California Women in Recovery  
"founded by" Red Bluff Women in AA invite you to attend:  
Thursday Sept. 4<sup>th</sup> – Sunday Sept. 7<sup>th</sup>  
Check-in at 4 pm Check-out at noon

**Where:** Camp Tehama - a group camping area set among the pines on Mill Creek, at the base of Mt Lassen, with a multi-purpose building, kitchen, showers, flush toilets & bunkhouse type cabins that can sleep multiple people.

**Cost:** \$105 for 3 nights / \$70 for 2 nights  
Includes Food & Lodging, Recovery Meetings, Spiritual Campfires, Crafts, Prayer & Meditation, Hiking, Fun, Food, Fellowship & More!

**Great Drawing:** The proceeds provide seed money for next year's retreat and help with scholarships.

**What to Bring:** Warm sleeping bag & pillow (or bedding), personal toiletries (soaps, towels, etc), lawn chairs, sunscreen, mosquito repellent, flashlight, warm camping attire. \*\*Days are normally warm, but nights are chilly.\*\*

**Don't Bring:** Gas lights, stoves or grills; dogs (except service dogs), candles or resentments.

**SMOKING:** Only in Designated areas, never in the buildings and dispose in butt cans.

**Directions:** Located half-way between Red Bluff & Susanville on Hwy 36.  
From Red Bluff – take Hwy 36 East about 40 miles to Mineral, continue straight on Hwy 36 about 10mi.  
(Do NOT turn onto Hwy 172 "LOOP" at Mineral)  
\*\*about 10 miles past Mineral you'll turn right onto Hwy 172 – Camp Tehama is less than a mile on your right.

CONTACTS: Jenna C 530-366-4554 or Michelle S. 530-515-0068

PLEASE REGISTER		Registration Form	
<input type="checkbox"/>	3 Nights @ \$105 per person	\$	_____
<input type="checkbox"/>	2 nights @ \$70 per person	\$	_____
<input type="checkbox"/>	I am requesting a partial scholarship and am aware that if granted I am to help during the retreat and during final clean-up.		
<input type="checkbox"/>	I have included \$_____ to put towards a scholarship.		
<input type="checkbox"/>	T-Shirt for \$25	Size:	_____
<input type="checkbox"/>	Hoodie Sweatshirt for \$40	Size:	_____

**PLEASE REGISTER by July 27th**

**Scholarship requests due July 13th.**

**No late registrations**

**Make Checks payable to:**  
Michelle Schatz  
P.O. Box 8073  
Red Bluff, CA 96080

\* Payment arrangements can be made with Michelle S. (Reg. only)

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

## Unity Day Picnic 2025!

Sponsored by District 09

SATURDAY, SEPTEMBER 6TH  
Carrick Park  
Maple Ave, Weed

Come Celebrate with Us!

Burgers, Dogs, Potluck!  
Best Dessert Contest!  
Games!  
Fellowship!  
50/50 Raffle!

Speaker Meeting Featuring "Otto W." with Over 65 yrs Sobriety!  
~ 08/20/1959 ~

Service Panels Represented by H&I, Grapevine, PICPC, Intergroup  
General Service!

\* Meeting from 1030-1130, followed by Lunch and a General Service Panel at 115

**SEPTEMBER 12-14**

## 2<sup>nd</sup> Annual Juanita Lake AA Campout

**JUANITA LAKE GROUP SITE**  
HWY 97 TO BALL MOUNTAIN RD TO  
FOREST ROAD #46N04 3.2 MILES ON THE  
LEFT

**CAMPFIRE MEETINGS,  
FELLOWSHIP,  
MAKE A GOD CAN, GAMES,  
LAKESIDE CAMPSITE  
SATURDAY POTLUCK  
\$20 SUGGESTED DONATION**

QUESTIONS CONTACT  
CHRISTINE T 530-925-5597

# Opportunities to be of Service! Jump in the middle and get involved!



**Northern California  
Unity Day!**

**"We are not a glum lot!"**

Saturday, September 27<sup>th</sup>, 2025, 10:30 am – 3:00 pm  
Happy Valley Community Center  
5400 Happy Valley Road, Anderson, CA 96007

A day of food (Hawaiian!) fun and fellowship  
hosted by your AA service entities  
(General Service, H&I, Intergroup, and REDYPAA)

Informational Tables! Speakers and Service Panels!  
Lunch and Refreshments! 50/50 Raffle! Sobriety Countdown!  
Suggested donation \$5.00 (no-one turned away for lack of funds)  
Volunteers needed!  
Reach out to Scott at 509-780-2876

## Urgent! Intergroup needs office volunteers:

2-hour shifts are available:

Tuesday, 9-11am and 1-3pm  
Thursday, 11am-1pm  
Friday, 9-11am and 1-7pm  
Saturday and Sundays, 7am – 7pm

(You can even catch a meeting while  
volunteering!)

Contact Nancy C. at 530-646-7985

I am responsible, when anyone, anywhere  
reaches out for help,  
I want the hand of AA to be there,  
and for that I am responsible.



**2025 INTERGROUP  
Holiday Party**

**Save  
The  
Date** Saturday, December 13<sup>th</sup>

**Wanna get involved in fun service?  
Come join us!!**

Our planning meeting are the 2nd Tuesday of the month,  
6pm, Alano Club, upstairs, 1050 State St, Redding 96001.

Below are some upcoming planning meetings dates:  
August 12<sup>th</sup>, September 9<sup>th</sup>, October 14<sup>th</sup>, & November 11<sup>th</sup>  
More to come!!

Any questions, contact the Holiday Party Chair, Angi @ 530-408-8015,  
or the Co-Chair, Janet @ 707-533-3245.

## WANT TO SPONSOR AN AA MEMBER IN PRISON?

IT'S EASIER THAN  
YOU THINK!



YOUR ANONYMITY  
IS PROTECTED!

There's a vital need for AA members from the outside to sponsor AA members in prisons.  
In order to understand this need, all you need to ask yourself is:

**Could I have gotten sober without the help of a sponsor?**

If your answer is 'maybe not', then you understand the vital need.

Inside members frequently tell our volunteers they're not comfortable sharing their deepest secrets with other alcoholics in prison due to the chance that the information may not remain confidential. The consequences of the wrong information being revealed on the inside can be catastrophic. This is why H&I pioneered our groundbreaking Inside Visiting Sponsorship Service (IVSS).

### SPONSOR AN INSIDE MEMBER FROM ANYWHERE IN NORTHERN CA

(Due to prison regulations, meeting volunteers are ineligible to participate at the facility where they volunteer)

The requirements for IVSS volunteers are:

Minimum five years' sobriety; Solid sponsorship experience; Knowledge & practice of AA's Steps & Traditions; Willingness to anonymously text, receive phone calls and exchange letters.  
~ We match same gender sponsors, but ANYONE can help us with recruiting efforts. ~

For more information: **EMAIL US AT: [HANDI.IVSS@GMAIL.COM](mailto:HANDI.IVSS@GMAIL.COM)**

Sign up to volunteer here



**!!TELL YOUR FRIENDS, TELL YOUR SPONSEES, TELL YOUR SPONSOR!!**

### I AM RESPONSIBLE

When anyone, anywhere, reaches out for help, I want the hand of AA always to be there.

And for that: I am responsible.

A service of the NorCal Hospital & Institution Committee (H&I)

# AA GRAPEVINE | AUGUST 2025 | ATHEIST & AGNOSTIC MEMBERS | FEATURED SECTION: God or No God

**BY: ALEX M. | LOUISVILLE, KENTUCKY.** A lifelong atheist shares how he embraced the program, learned to help others and found a home in AA.

I drank for 40 years, and when I couldn't stop and my life was in shambles, a friend literally dragged me to my first AA meeting. That was in 2006. All I remember was a room full of drunks praising God for having gotten them sober and reciting the Lord's Prayer while holding hands at the end of the meeting. Since I had been a lifelong atheist—and still am—I decided that this religious cult was not for me.

After the meeting I was surrounded by several men who gave me a Big Book and their telephone numbers and suggested I come back to another meeting the next day. Their kindness motivated me to return, along with the realization that I had nowhere else to go.

I attended several AA meetings each day over the next few months while my head cleared. Members kept saying that God did for them what they couldn't do for themselves. This mantra made no sense to me until I started reading the Big Book, which was filled with the word God and expressions such as "psychic change," "spiritual awakening" and "spiritual experience." If I wanted to get sober and find a new way of life, I assumed I would need to change my beliefs, attitudes and actions, which could only be facilitated by some type of "God of my understanding." When I asked the oldtimers how I could get sober if I didn't believe in God, they laughed and said, "Stick with the program and you will come to believe," which sounded a bit arrogant to me. When I sought out others who might be atheist or agnostic to share their experience in AA, I found none.

Frustrated and depressed, I decided I would go ahead and get a sponsor and try AA for three months. If it helped, I'd stay. If not, I'd leave. Ironically, my sponsor ended up being a sympathetic born-again Christian who was not bothered by my atheism. He said the AA program was the Twelve Steps and his job was to guide me through them without prejudice or favor. He knew a number of happy, sober members who didn't believe in God, and he said that a belief in God was not a requirement in AA or for sobriety.

Like the Buddhists, in my mind I replaced the word God with Good as I went through the Big Book and the Steps and my spiritual awakening was the realization that if I didn't drink and followed the moral values embedded in the Twelve Steps and the spiritual principles of AA, I could attain that new design for living our Big Book offers. For me, those principles boiled down to the Golden Rule of treating others as I would like to be treated.

As my years in AA progressed, I became more involved in service work and occasionally was asked to be a speaker at meetings. By that time, I knew not to dwell too long on my spiritual beliefs, but during one talk I did gently discuss my atheism with the goal of encouraging those like me to give AA a chance despite AA's focus on God. At the end of that talk, the audience members filed out in silence and none of them spoke to me after the meeting. Even the member who invited me to speak said nothing. I was deeply hurt and disheartened. All I wanted to do was open the door of AA wider to all types of alcoholics because most of us die if we don't get help.

I felt like a failure after that and considered dropping out of AA again. My sponsor consoled me by sharing that he was certain my talk had touched someone because agnostic or atheist AA members don't often publicly admit their lack of a belief in God because they fear being judged by their fellow members. Being an atheist in AA is hard. Coming out of the closet as an atheist in AA is even harder.

I've always felt welcome in AA, but I've had to temper the way I share my experience on God. My home group knows me well and I have been told that when they run across a new member with a "God problem," they automatically refer them to me, which I take as a compliment.

For years I resented all the God talk in the Big Book until I recognized that the Big Book is just one long "Bill's Story." It is the story of how Bill W. and others—many of them religious—got sober in the 1930s. Happily God worked for them, but today I realize that Bill's story does not have to be my story, nor does Bill's God have to be my Higher Power. We each can have our own conception of a Higher Power, and that power does not have to be God.

I consider myself a very spiritual person. I enjoy a morning quiet time when I read and reflect on some AA meditations and consider how I can use what I read to become a better person. I plan my day in the morning and review it at night. I follow the Twelve Steps as best I can, and I work with my sponsees and other alcoholics alongside their journey. Gratitude, service and a sense of humor help me get through the day, along with a periodic spot-check inventory. Pausing when agitated goes a long way toward preventing a build-up of resentments and fear. Fellowship members provide strength and support when needed. I have attended AA meetings at least four times a week over the past 18 years and have only one sobriety date.

My experience is that anyone can get sober in AA, God or no God, if they follow the Big Book's design for living and the Twelve Steps and are willing to carry our message of hope and recovery to another alcoholic.

# General Service - Delegate's Report

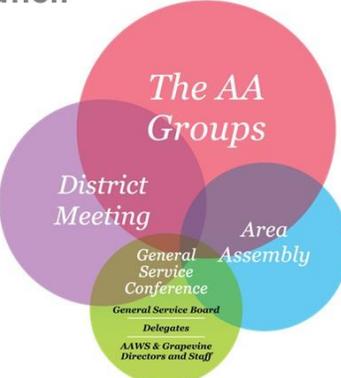
On July 15<sup>th</sup> our Area 07 Delegate's Report and presentation was held at the Redding Public Library, hosted by District 11. Our Delegate Matthew, gave a wonderful overview of his experience at the 75<sup>th</sup> General Service Conference in New York and updates on key Agenda Topics that were discussed and voted on. Some of the items included:

1. Updates to the book "Living Sober" originally published in 1974. Passed. However, the original will still be available and will be kept intact. So, we will have two versions; original and updated.
2. Updates to the "Plain Language Big Book". It was voted to not make any changes for two years since the publication is so new. A Spanish version was also approved.
3. Adding the 12 Concepts to the book "The 12 Steps and 12 Traditions". Failed.
4. Report and Charter – changing any paid "woman" to any paid "staff worker". Passed.
5. Requiring a super majority (75%) vote to make changes to the Founders' Literature". (Founders' Literature is anything written up to 1971 and includes the 12 Steps, 12 Traditions, the first 164 pages of the Big Book and the book "The 12 Steps and 12 Traditions". No Action. Still requires two thirds vote worldwide.

Another interesting fact that Matthew brought up is that the cost of our AA program per individual is \$6.48 per year. We are falling way short of that. So please encourage your groups to contribute to GSO. For the full report, please contact your GSR, come to the monthly District 11 meeting or email Matthew at [delegate@cnia.org](mailto:delegate@cnia.org).

## District 11 Inventory & Service Information Sharing Session

**Saturday, August 23, 2025**  
**12 - 5pm**  
**Alano Club**  
**1050 State St., Redding, CA**



GSRs, district officers, committee chairs, and other active members of the district are encouraged to attend.  
All are welcome!

**Pizza lunch!**

**Facilitated by Holly J., CNIA Chair.**

## GSR School!

**Sunday, Oct 19 @ 12-2pm**

**Alano Club (downstairs)**  
**1050 State Street, Redding, CA**

**Hosted by District 11**  
**facilitated by Emily, Area 07 Alternate Chair**

**District will provide food!**

Come join us to learn about the roles and responsibilities of AA General Service Representatives (GSRs) within the AA service structure. We will help GSRs understand how to effectively represent their groups at various levels of AA service, from local district meetings to the General Service Conference.



**GSRs, prospective GSRs, and other interested AA members are encouraged to attend.**

For more info reach out to Angi at 530-408-8015.

## Did you know ....

That our Area (07) – California Northern Interior – extends from the Oregon border to Kings and Tulare Counties? And that Area 07 has 29 Districts, comprised of 951 groups?

Find out more at <https://cnia.org/cnia-area-07/maps/>

## Group Contributions thru July 1, 2025

NAME	GROUP #	TO DATE
3 In 1 GROUP	90842	\$110.44
5 OCLOCK SOMEWHERE	347980	\$75.00
7 @ 7 ZOOM GROUP	431673	\$113.00
BAND OF BROS GROUPS	461756	\$300.00
BIRTHDAY MEETING (INTERGROUP)	NO #	\$165.00
CARRY THIS MESSAGE GRP	706892	\$103.00
EXPERIENCE, STRENGTH, HOPE	103646	\$280.00
FIRST THINGS FIRST	130801	\$50.00
FLIMSY REED GROUP	144128	\$163.00
FREE AT LAST 1	699675	\$75.00
FREE AT LAST II	671021	\$450.00
Friday Happy Hour group	144811	\$12.35
HI RAILS GROUP	129169	\$210.00
HOLE IN THE DONUT GROUP	625785	\$40.00
LADIES NIGHT OUT GROUP	160486	\$150.00
LAKE SHASTINA GROUP	665062	\$10.00
LANDING ZONE HOPE	689079	\$290.00
MUSTARD SEED GROUP	101010	\$150.00
NEW START	136901	\$50.00
NOR CAL WINTERFEST MTG	650718	\$1,432.20
NORTH VALLEY TRUDGERS	695447	\$300.00
PRIM. PURP. LIT & DISCUSSION	717255	\$100.00
SATURDAY SISTERS GROUP	686717	\$79.91
SERENITY RIVER GROUP	613973	\$315.56
SHASTA NEWCOMERS GROUP	422555	\$75.00
SISTERS OF SOBRIETY	223509	\$20.00
SOBER SISTERS	NO #	\$1,840.86
SOLUTIONS GROUP	140933	\$100.00
SOUP BONE MEETING	662882	\$300.00
SOUTH MAIN GROUP	411729	\$107.50
STEPPING OUT SISTERS- REDDING	699886	\$150.00
STEPS WE TOOK	684714	\$350.65
Trinity Alps Group	633526	\$190.84
TUE CANDLELIGHT GROUP	NO #	\$231.00
VISION FOR YOU GROUP	474541	\$60.00
WOMEN FREEDOMBOUND	142038	\$212.25
YAKS 2.0 GROUP	674718	\$375.00
NO NAME	699675	\$70.00
NO NAME	150044	\$280.00
NO NAME	NO #	\$90.00

**Intergroup thanks you for your contributions! Full Financial Report available at [aanorcal.org/intergroup-business/reports/financial-reports/](http://aanorcal.org/intergroup-business/reports/financial-reports/)**



### KEEPING OUR WORD

A Y M I W Y N D E U P O N N I S Y Z K D I O E I  
 Y O D E P M O Q V S E U Z O Z T V L O Y T S C A  
 A O C Y M O I S P A F E S H I Y A M K T M W S P  
 E P M T E N T E Z Q O O T R E U D Z Y I I G N E  
 I R D M R O A G L C R O O E T Q N S D L M E O R  
 J I P R H T Z A U S M H V H C Y E T Y I I O I S  
 V N P A A U I S D Y T G E V A I H E N B I B T E  
 T C K E W A N S V U M N A Z T U D Q A A C S I V  
 P I O T A E A E A I T D O I M S F E Z I Q E D E  
 Y P E R R M G M A I L O L I S N I U M L C L A R  
 L L C O E D R O C U I I L T U O N X Z E O F R A  
 U E N P N E O I F L C I I R I S W Y R N S T N  
 F S E P E K T G E A T N E E D S T V T T T U K C  
 P I D U S Y N M F Y O A E E K I I S S S R F E E  
 L A N S S I I E F D E Q U Y I C N A E A I F K F  
 E A E I N T U I T I O N M W B E C A N F B I H E  
 H X P A C P I H S D N E I R F D T S O D U C G O  
 J O E G T R I D J X U U E E K J S C H A T I H X  
 U M D E M O T I O N S Q P R F J W T U E I E Y F  
 K O O S U Q K J A I B O C R A V O Y O T O N G S  
 C W C N M B N P E R S O N A L T I E S S N T T A

AUTHENTICITY	EMOTIONS	INTUITION	RELIABILITY
AUTHORITY	FACILITIES	MEANINGFUL	SELF SUFFICIENT
AUTONOMY	FRIENDSHIP	MESSAGES	STEADFAST
AWARENESS	HELPFUL	ORGANIZATION	SUPPORT
CODEPENDENCE	HONESTY	PERSEVERANCE	TRADITIONS
CONTRIBUTION	HUMILITY	PERSONALITIES	
DECISIONS	INSTINCTS	PRINCIPLES	

Keeping promises to yourself and others aids our path to recovery.

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### These are challenging economic times.

Calls for help with alcoholism have increased. NorCal Intergroup is on the front lines of bringing hope the alcoholic in and outside of the rooms! Your contributions to NorCal Intergroup keep our office running. Using the PayPal DONATE QR Code or VENMO QR Code, you can contribute by a Single Donation, Birthday Club, Faithful Fivers, or a Group Contribution.

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