

**NORTHERN  
CALIFORNIA  
INTERGROUP  
June 2025  
NEWSLETTER**



Get the latest  
news, meeting  
info, upcoming  
events and more  
at [aanorcal.org](http://aanorcal.org)

**Northern California (NorCal) Intergroup** is a service board of alcoholics serving groups in Shasta, Tehama, Siskiyou and Trinity Counties. Intergroup provides alcoholics with services that individual groups can't provide. Intergroup maintains a website and a 24/7 telephone service. It also answers 12-step calls, provides meeting information and maintains the schedule for the area. Intergroup is supported through voluntary contributions and its primary purpose is to carry the A.A. message to alcoholics who still suffer.

## NorCal Intergroup Monthly Speaker-Birthday Meeting

**Saturday, June 7, 2025  
@ 7:00 pm  
All Saints Church  
2150 Benton Drive, Redding, CA**



**Hosted by:  
One Day at a Time - 7pm – Wednesdays  
Happy Valley Community Center  
5400 Happy Valley Road  
Anderson, CA**



## Founders Day Family BBQ & Potluck

**Hosted by NorCal Intergroup  
June 14, 2025, 10am – 3pm**

**Anderson River Park – NEW LOCATION  
Gazebo (near the Water Park and tennis courts)  
2800 Rupert Road, Anderson, CA**

**BBQ and water will be provided – Sodas \$1.00  
Bocci Ball – Horse Shoes – Kids Activities!  
Please bring a side dish or dessert to share!  
Bring camp chairs and picnic blankets!**

**10:00 – 12:00 – games and kid's activities  
12 noon – BBQ / Potluck  
1:00 pm – Speaker Meeting  
2:00 pm – 50/50 raffle**

**SPEAKER – Sheryl K from Temecula, CA**

To volunteer contact Nichole M. at 707-478-7028

Read the current AA NorCal  
Intergroup Newsletter



Download the  
Newsletter by  
scanning the QR code

**June 10<sup>th</sup> is Alcoholics Anonymous Founders Day**, honoring Bill W. and Dr. Bob. On that date, in 1935, Dr. Bob had his last drink right before performing surgery which marked the beginning of Alcoholics Anonymous. Our other founder, Bill W., managed to stay sober while connecting with another struggling alcoholic. And so, the vision of the AA is born out of the need to help ourselves by helping others and find a power greater than ourselves. This partnership led to designing of the 12 Steps of Recovery and the Big Book of Alcoholics Anonymous, which changed how the public perceived alcoholism, reduced stigmatization, and advocated a disease concept. Come celebrate Founders Day with us on June 14<sup>th</sup>! (Flyer above)

**A.A. 24/7 HOTLINE: 530-225-8955**



**MAILING ADDRESSES/LINKS:** ALCOHOLICS ANONYMOUS, [www.aa.org](http://www.aa.org)

**NORCAL INTERGROUP**, Office Location: 1050 State Street, Redding, CA, Mailing Address: P.O. Box 991107, Redding, CA 96099, [www.aanorcal.org](http://www.aanorcal.org). **Office hours:** Before/After early AM meetings at the club; Tues. 3-6; Wed. 7-1; Thurs. 1-5 (effective 4/4/24). Office phone: 530-225-8955

**NORCAL H&I**, P.O. Box 192490, San Francisco, CA 94119-2490, [www.handinorcal.org](http://www.handinorcal.org)

**GENERAL SERVICE AREA 07 - CALIFORNIA NORTHERN INTERIOR (CNIA)** CNIA Contributions, PO Box 161712, Sacramento, CA 95816-1712, [www.cnia.org/cnia-area-07](http://www.cnia.org/cnia-area-07)

**NEW YORK GENERAL SERVICE OFFICE**, P.O. Box 2407, James Farley Station, New York NY 10116-2407

**AA GRAPEVINE/LA VINA**, 475 Riverside Drive, 11<sup>th</sup> Floor, New York, NY 10115, [www.aagrapevine.org](http://www.aagrapevine.org)

**Step 6** - Were entirely ready to have God remove all these defects of character.



**Tradition 6** - An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.



## Red Bluff Recovery Roundup.

June 21st

# Into Action

Come join us for fun, entertainment, food, free drawings, great speakers, fellowship.

The Veterans Hall

735 Oak St., Red Bluff, CA., 96080

9:00am-10:30am

Speaker

10:45am-12:00pm

Speaker

12:00pm-1:00pm

Lunch

1:15pm-2:15pm

3 Panel speaker

3:30pm-4:30pm

Speaker

5:00pm-6:00pm

Dinner

(AI-Anon) Speaker

6:05pm-7:05pm

Main Speaker

7:15-8:30

Paul P.

Lunch includes: Potato

bar, chili, garlic bread.

Dinner includes:

Tri-tip, chicken, grilled

vegies, cowboy beans,

Refreshments, inter-

group literature, birthday

countdown.

God, grant me the serenity,  
to accept the things I  
cannot change. The courage  
to change the things I  
can. The wisdom to know

the difference.



"PLEASE PRE-REGISTER ME"				BADGE NAMES	
NAME:				S	Z
ADDRESS:				R	S
				E MAIL:	
				MAIL COMPLETED FORMS TO:	
				ANNUAL RECOVERY ROUNDUP	
				P.O. Box 9135	
				Red Bluff, CA 96080	

What is my Party		PRICE	QUANTITY	TOTAL
Y	N			
<input type="checkbox"/> Registration	<input type="checkbox"/>	\$30.00		\$
<input type="checkbox"/> Lunch	<input type="checkbox"/>	\$10.20		\$
<input type="checkbox"/> Dinner	<input type="checkbox"/>	\$12.50		\$
		TOTAL:		\$

**Concept 6** - On behalf of A.A. as a whole, our General Service Conference has the principal responsibility for the maintenance of our world services, and it traditionally has the final decision respecting large matters of general policy and finance. But the Conference also recognizes that the chief initiative and the active responsibility in most of these matters should be exercised primarily by the Trustee members of the Conference when they act among themselves as the General Service Board of Alcoholics Anonymous.



# June 2025 Business Meetings and Events

## General Service

**District 9 (Siskiyou County) Business Meeting – 1<sup>st</sup> Sunday of each month** 10:00 – 11:30am. The meeting is hybrid. The physical meetings are held at the Weed Community Center, 161 E. Lincoln Ave., Weed, CA. Zoom ID# 666 067 6860 / No password. Attendees enter into a waiting room, and Host will let the attendee in. **District 11 Business Meeting – 3<sup>rd</sup> Tuesday of each month – New Time: 5:30pm;** upstairs @ *the Alano Club, 1050 State St., Redding, CA.* Or via Zoom: 971 496 0968, no password. For more information, see our [District 11 page](#).

## Northern California Hospitals and Institutions (H&I)

**Shasta County (Area 16) H&I Business Meeting – 1<sup>st</sup> Tuesday of each month** – Orientation for new volunteers at 5:30pm, business meeting to follow at 6:00pm @ *All Saints Church, Eaton Hall, 2150 Benton Drive, Redding.* For more information on Shasta County H & I, please contact the Area Chair, Jude H at 707-953-3132.

**Siskiyou County (Area 3) H&I Business Meeting ~ 1<sup>st</sup> Friday of each month - 5pm,** at the *Hi-Lo Cafe, 88 S. Weed Blvd., Weed, CA 96094.* For any questions, please contact the Area Chair at: [https://www.handinorcal.org/contact-us?recipient=area\\_03](https://www.handinorcal.org/contact-us?recipient=area_03) or by clicking [HERE](#).

**Tehama County (Area 17) H&I Monthly Business Meeting ~ 2<sup>nd</sup> Thursday of each month, 5:30 pm** @ *Red Bluff Presbyterian Church, 838 Jefferson St., Room 4 (in back of courtyard), Red Bluff.* For more information on Tehama County H & I, please contact the Area Chair, Mike D. @ 707-479-1835.

**Trinity County (Area 18) H & I Monthly Business Meeting ~ 1<sup>st</sup> Wednesday of each month, 7:30pm** @ *St. Patrick's Catholic Church, 102 Church Street, Weaverville.* For more information on Tehama County H & I, please contact the Area Chair, Diane C @ 707-815-5042.

**Intergroup Business Meeting – 4<sup>th</sup> Tuesday of each month, 6pm,** *All Saints Church, Eaton Hall, 2150 Benton Drive, Redding.*

**REDYPAA Business Meeting – 4<sup>th</sup> Sunday of each month, at 3:00pm** @ *the Methodist Church, 1825 East St., Redding.* **Monthly Speaker Meeting,** 3<sup>rd</sup> Saturday each month at the Alano Club, 1050 State Street, Redding, CA For more information, please contact the Chair, Brittany @ 530-710-5328.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 – <b>District 9</b> 10am, 161 E. Lincoln Ave., Weed, CA. Zoom 666 067 6860	2	3 – <b>H&amp;I Area 16</b> Orientation 5:30p Bus. Mtg. 6pm 2150 Benton Dr. Redding, CA	4 – <b>H&amp;I Area 18</b> 7:30pm, 102 Church St., Weaverville, CA	5	6 <b>H&amp;I Area 03</b> 5pm – Hi-Lo Café 88 S. Weed Blvd. Weed, CA	7 – <b>Intergroup Birthday Speaker Meeting – 7pm</b> 2150 Benton Redding, CA
8	9	10	11	12 – <b>H&amp;I Area 17</b> 5:30 pm, 838 Jefferson, Room 4 (back courtyard) Red Bluff, CA	13	14 – <b>Founders Day Picnic</b> 10:30am – 2pm Gazebo, Anderson River Park, Anderson, CA
15	16	17 – <b>District 11 5:30 pm (new time)</b> at the Alano Club (upstairs), 1050 State St, Redding Zoom: 971 496 0968	18	19	20	21 – <b>Red Bluff Round-Up, 9am – 9pm, 735 Oak St Red Bluff, CA</b> <b>REDYPAA Speaker Meeting</b> 8pm, Alano Club 1050 State St. Redding, CA
22 – <b>REDYPAA</b> 3pm, 1825 East St Redding, CA	23	24 – <b>Intergroup</b> 6pm, 2150 Benton, Redding	25	26	27	28
29	30	1	2	3	4	5

**We are not a glum lot!  
We have fun in Sobriety! Check out these events!**



**90th Anniversary**

**VOLUNTEERS NEEDED!!**

WANNA HELP MAN  
THE ARCHIVES TABLE AT THE  
FOUNDERS DAY PICNIC, JUNE 14<sup>TH</sup>  
& UNITY DAY, SEPTEMBER 27<sup>TH</sup>?

Founders Day Family BBQ & Potluck  
NorCal Unity Day 2025

CONTACT BOB L @  
AABOBLOGAN982@YAHOO.COM  
OR CALL 530-227-6479.

Pass It On

AA RECOVERY

*Thanks to God and AA*  
**Fran C**  
will celebrate  
**45** years of  
**Sobriety**

**Saturday, June 28th  
12 PM to 3 PM**

Ridgeway Park  
19725 Ridge Road  
3.9 miles West of Red Bluff  
The park has a play area

All are invited to join a  
**Potluck Get Together**  
(your preferred dish).  
Families and friends are  
warmly welcome.

Please come and help  
celebrate!  
No gifts, love cards!

**VANCOUVER 2025**  
Language of the Heart  
Lenguaje del corazón  
Le langage du cœur

**REGISTER BY  
APRIL 15  
FOR EARLY BIRD  
PRICING**

**2025  
A.A. INTERNATIONAL  
CONVENTION**

Join your friends in Vancouver,  
British Columbia, Canada  
**July 3-6**

**HIGHLIGHTS INCLUDE...**

- Thursday night block party
- Flag Ceremony
- Stadium meetings
- Old Timers Meeting

AND MORE...including 250+ meetings,  
hospitality suites, and a full slate of  
panels and workshops

**HOUSING IS  
STILL  
AVAILABLE!**

**REGISTER NOW**

**LEARN MORE**  
aa.org/international-convention  
2025ic@aa.org

Alcoholics Anonymous®

**CNIA Area 07  
Alcoholics Anonymous**

**Post Conference  
Delegate Report**

Our Delegate, Matthew, will be reporting  
on what happened at this year's  
General Service Conference  
"90 Years - Language of the Heart"

**Tuesday, July 15, 2025  
@ 5:30 pm**  
**The Redding Public Library  
1100 Parkview Ave., Redding, CA**  
**Or join us via Zoom: 971 496 0968**

**Hosted by District 11  
in lieu of our regular  
business meeting**



## Area 16 H&I Committee Meeting Highlights from May 6, 2025

**Trinity County** needs volunteers on Saturdays mornings for the men's and women's jail.

**Tehama County** has a new women's meeting on Sunday at 7:00 p.m. They are victims of domestic violence. Path Navigation could also use some help.

**Crestwood:** needs volunteers for the 1st and 5th Thursdays.

**Empire Recovery Center:** Judi, the Facility Coordinator is looking to rotate out of this position. She could also use help on the 3rd Wednesday.

**Juvenile Rehabilitation Facility:** Penny, the coordinator is also looking to rotate out of this position. They meet on Thursdays at 7:00. They have about 5 approved applications that are waiting for their orientation. She could use some more volunteers.

**Restpad:** could use some alternates.

**In the spirit of rotation,** Jude H. stepped down as Region 15 Chair and Renee P was voted in by Area 17 and Area 18 Chairs as the new Region 15 Chair. Renee in turn stepped down as Area 16 Chair and Jude H. was voted in by the Area 16 committee as the new Area 16 Chair. **Full minutes can be found at:**

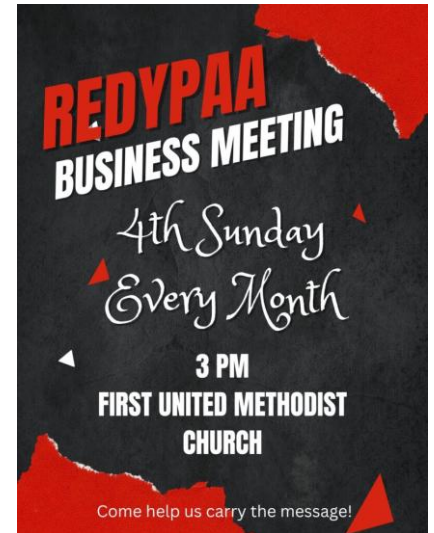
<https://aanorcal.org/h-i-business-meeting-minutes/>

District 11's General Service Meeting has a new time slot!

**NEW TIME: 5:30 p.m.**  
3<sup>rd</sup> Tuesday of every month  
Starting June 17<sup>th</sup>, 2025  
@ The Alano Club  
1050 State Street, Redding, CA

Or join us via ZOOM: meeting ID 971 496 0968 (no password)

Find out about ways to be of service, whether as a General Service Representative (GSR), or helping out with Bridging the Gap, Accessibilities, PICPC, and more!



# 11<sup>th</sup> Annual Mt Lassen Men's Retreat

**August 22 – 24 th 2025**

## SPIRITUAL IN NATURE

**Registration fee \$75.00 includes Cabin, Meals, Snacks, Coffee**  
**Great Meetings, Ping Pong, Horse Shoes,**  
**Fellowshipping, Free Time to Explore, Hike or Fish.**  
Location 40550 Hwy 172 Mill Creek Ca. 96061  
**Check in time** starts at 2pm on Friday

**Directions** Drive 4 miles past the town of Mineral on Hwy 36 turn right on Hwy 172 go 1 mile to camp Tehama on the right

Print Name	Phone #
Address	Food Allergies

	Cost	Qty	Shirt size & Type	Sub total
Registration	\$75.			
T Shirt or Tank Top	\$20.			
Mug	\$15.			
Hat	\$20.			

**Payment:** Send Reg form with Check or Money order to Mike Stickney  
To 19586 Pitt River Place, Cottonwood, Ca 96022. or  
Scan Mikes Venmo QR code  
Questions call Mike at 530-492-2984.

**Please let Mike know if you would like to sponsor a registration**  
Once you unload, please park car in parking area.  
Note: only Physical Service Dogs allowed, no Emotional support pets

venmo

# Northern California Unity Day!

**"We are not a glum lot!"**

**Saturday, September 27<sup>th</sup>, 2025, 10:30 am – 3:00 pm**  
**Happy Valley Community Center**  
**5400 Happy Valley Road, Anderson, CA 96007**

A day of food (Hawaiian!) fun and fellowship  
hosted by your AA service entities  
(General Service, H&I, Intergroup, and REDYPAA)

**Informational Tables! Speakers and Service Panels!**  
**Lunch and Refreshments! 50/50 Raffle! Sobriety Countdown!**  
**Suggested donation \$5.00 (no-one turned away for lack of funds)**

**Volunteers needed! Reach out to Scott at 509-780-2876**

## The June issue of the Grapevine is here!

This month's featured section is "The Annual Prison Issue." AA members inside and out of prison walls share powerful stories of service, sponsorship and hope.

**Discussion Topic:** The writer of "On a Dark Morning" hit a tough patch at five years sober. He had slipped away from the program enough that he was feeling bitter and dissatisfied with his life and everyone around him. He started calling his sponsor again and got some help with Step work. Soon he reconnected with his home group and started doing service, which got him out of his dark rut and back on track.

Have you had difficult periods like this in your sobriety? What was that like? What were the circumstances that led up to it? What helped you see that you needed to change something? What did you do? What are some things that helped you?

You may use this topic at a discussion meeting, or send us your own experience of making major changes in AA at [www.aagrapevine.org/share](https://www.aagrapevine.org/share)



Subscribe to the Grapevine in print, online, or both!  
<https://www.aagrapevine.org/store/grapevine-subscriptions>

Intergroup Volunteer Phone Schedule Open Slots available							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Saturday	Sunday
7am - 9am	filled	filled	filled	filled			
9am - 11am	filled		filled		filled		
11am - 1pm	filled		filled		filled		
1pm - 3pm	filled		filled	filled			
3pm - 5pm		filled	filled	filled			
5pm - 7pm	filled	filled				filled	filled
7PM-7AM	Answering Service	Answering Service	Answering Service	Answering Service	Answering Service	Answering Service	Answering Service
Revised: 4/24/25 Questions? call Volunteer Coordinator Nancy: 846-7985 or Lisa S: 917-5675							

### Intergroup Needs Volunteers!

In addition to office and phone volunteers, the following positions are available:

- Secretary co-chair
- Treasurer & Treasurer co-chair
- Founder's Day co-chair
- Webmaster co-chair
- Newsletter co-chair
- Founder's Day co-chair
- Outreach Chair

Come to the next Intergroup Business Meeting to learn more!

### Rise in Pandemic-Era Drinking Continues (from June 2025 issue of the Grapevine)

Alcohol use increased during the COVID-19 pandemic and remained elevated even after the pandemic ended, according to a recent study. From 2018 to the height of the pandemic in 2020, heavy alcohol use among Americans rose by 20%. In 2022, the increases were sustained.

The rise in drinking was seen across all age groups, genders, races, ethnicities and regions of the country, except for Native Americans and Asian Americans. Adults ages 40-49 had the highest increase in heavy alcohol use.

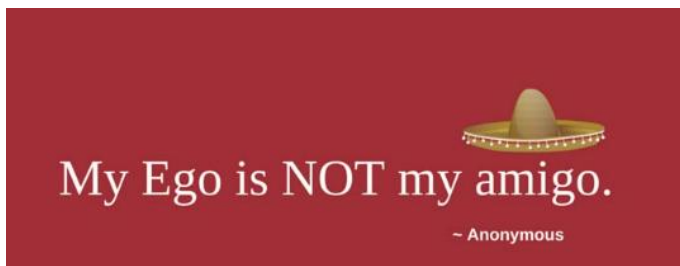
"These numbers reflect an alarming public health issue," said Brian P. Lee, MD, a liver-transplant specialist and lead investigator of the study. He hopes the study will drive medical screenings. "We encourage health care providers to offer more interventions for at-risk populations," he said. (Source: *Annals of Internal Medicine*, November 2024)



## Group Contributions thru May 1, 2025

NAME	GROUP #	TO DATE
3 In 1 GROUP	90842	\$30.00
5 OCLOCK SOMEWHERE	347980	\$75.00
7 @ 7 ZOOM GROUP	431673	\$113.00
BAND OF BROS GROUPS	461756	\$300.00
BIRTHDAY MEETING (INTERGROUP)	NO #	\$119.00
CARRY THIS MESSAGE GRP	706892	\$103.00
EXPERIENCE, STRENGTH, HOPE	103646	\$280.00
FIRST THINGS FIRST	130801	\$50.00
FLIMSY REED GROUP	144128	\$163.00
FREE AT LAST II	671021	\$200.00
Friday Happy Hour group	144811	\$12.35
HI RAILS GROUP	129169	\$90.00
LADIES NIGHT OUT GROUP	160486	\$50.00
LAKE SHASTINA GROUP	665062	\$10.00
LANDING ZONE HOPE	689079	\$240.00
NOR CAL WINTERFEST MTG	650718	\$1,432.20
NORTH VALLEY TRUDGERS	695447	\$300.00
PRIM. PURP. LIT & DISCUSSION	717255	\$100.00
SHASTA NEWCOMERS GROUP	422555	\$75.00
SISTERS OF SOBRIETY	223509	\$20.00
SOBER SISTERS	NO #	\$1,840.86
SOUP BONE MEETING	662882	\$300.00
SOUTH MAIN GROUP	411729	\$107.50
STEPPING OUT SISTERS- REDDING	699886	\$150.00
STEPS WE TOOK	684714	\$264.18
Trinity Alps Group	633526	\$190.84
TUE CANDLELIGHT GROUP	NO #	\$231.00
VISION FOR YOU GROUP	474541	\$60.00
WOMEN FREEDOMBOUND	142038	\$212.25
NO NAME	699675	\$70.00
TOTAL		\$7,189.18

Intergroup thanks you for your contributions! Full Financial Report available at [aanorcal.org/intergroup-business/reports/financial-reports/](http://aanorcal.org/intergroup-business/reports/financial-reports/)



NorCal Intergroup  
PayPal



**These are challenging economic times.** Calls for help with alcoholism have increased. NorCal Intergroup is on the front lines of bringing hope the alcoholic in and outside of the rooms! Your contributions to NorCal Intergroup keep our office running. Using the PayPal DONATE QR Code or VENMO QR Code, you can contribute by a Single Donation, Birthday Club, Faithful Fivers, or a Group Contribution. **If the donation is for a specific event, please specify when making your donation.** You can make the difference!



Northern California Intergro...  
@NorthernCaliforniaIntergroup

