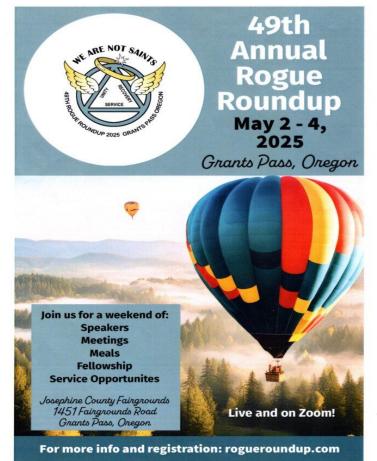


Northern California (NorCal) Intergroup is a service board of alcoholics serving groups in Shasta, Tehama, Siskiyou and Trinity Counties. Intergroup provides alcoholics with services that individual groups can't provide. Intergroup maintains a website and a 24/7 telephone service. It also answers 12-step calls, provides meeting information and maintains the schedule for the area. Intergroup is supported through voluntary contributions and its primary purpose is to carry the A.A. message to alcoholics who still suffer.



NorCal Intergroup Monthly Speaker Birthday Meeting

Saturday, May 3, 2025 @ 7:00 pm All Saints Church 2150 Benton Drive, Redding, CA



Hosted by: Red Bluff Recovery Round Up Committee June 21st – Veterans Hall 736 Oak Street, Red Bluff, CA

NorCal Intergroup PavPal



These are challenging economic times. Calls for help with alcoholism have increased. NorCal Intergroup is on the front lines of bringing hope the alcoholic in and outside of the rooms! Your contributions to NorCal Intergroup keep our office running. Using the PayPal DONATE QR Code or VENMO QR Code, you can contribute by a Single Donation, Birthday Club, Faithful Fivers, or a Group Contribution. If the donation is for a specific event, please specify when making your donation. You can make the difference!

Northern California Intergro... @NorthernCaliforniaIntergroup



A.A. 24/7 HOTLINE: 530-225-8955



NORCAL INTERGROUP, Office Location: 1050 State Street, Redding, CA, Mailing Address: P.O. Box 991107, Redding, CA 96099, <u>www.aanorcal.org</u>. **Office hours**: Before/After early AM meetings at the club; Tues. 3-6; Wed. 7-1; Thurs. 1-5 (effective 4/4/24). Office phone: 530-225-8955

NORCAL H&I, P.O. Box 192490, San Francisco, CA 94119-2490, <u>www.handinorcal.org</u>

GENERAL SERVICE AREA 07 - CALIFORNIA NORTHERN INTERIOR (CNIA) CNIA Contributions, PO Box 161712, Sacramento, CA 95816-1712, www.cnia.org/cnia-area-07

NEW YORK GENERAL SERVICE OFFICE, P.O. Box 2407, James Farley Station, New York NY 10116-2407 **AA GRAPEVINE/LA VINA,** 475 Riverside Drive, 11th Floor, New York, NY 10115, <u>www.aagrapevine.org</u>

Step 5 – Admitted to God, to ourselves and to another human being the exact nature of our wrongs.



GENERAL SERVICE (Districts 9 and 11)

Our Pre-Conference Assembly for Area 07 (CNIA) in Gazelle on April 12th – 13th was well attended! GSRs came before our Delegate to share their group consciences on the Agenda Topics. Hot subjects included the super majority vote to make changes to our literature, the word "woman" being removed from a pamphlet, and the 12 Concepts being included in the 12 and 12 (which would make it the 12 and 12 and 12!) Mike Z and his wife Janet and their crew provided an amazing BBQ dinner on Saturday night, followed by a root beer float social put on by Aviva and her Snack Bar crew. Thank you all who came!

The Quarterly Report from GSO is now available at <u>https://www.aa.org/quarterly-reports-from-gso</u> or you can go to the Meeting App under "News" and is even printable from your phone.

District 11 is hosting Unity Day this year on September 27th at the Happy Valley Community Center. More info to come.

And a "GSR School" is in the work for October. Stay tuned!

Please see the calendar on Page 3 for District 9 (Siskiyou) and District 11 (Shasta, Tehama and Trinity) monthly meetings for dates, times and locations.

Tradition 5 – Each group has but one primary purpose to carry its message to the alcoholic who still suffers.



H&I needs volunteers!

Area 03 (Siskiyou), Rich C. Chair – looking for volunteers to take meetings into the Siskiyou County Jail in Yreka, as well as volunteers to be cleared for the Intermountain and Deer Creek Fire Camps. For more info please contact Area Chair at <u>https://www.handinorcal.org/contactus?recipient=general&ref=Area%2003</u> or come to the business meeting on May 2nd at 5pm at the Hi-Lo Café in Weed, CA.

Area 15 (Shasta, Tehama and Trinity Counties), Jude H. Chair Area 16 (Shasta) Renee P. Chair.

H&I Service Opportunities: both Area 16 Chair and Region 15 Chair are rotating out and we need new volunteers .**Area Chair qualifications**: 3 years of current/continuous sobriety, 1 year active H&I committee participation and have firsthand knowledge of the Facility Coordinator's responsibilities. **Regional Chair qualifications**: 5 years of current/continuous sobriety, 3 years of active H&I committee participation and a full understanding of the responsibilities of all assignments at the area level. Come to the next Area 16 business meeting at 2150 Benton, Redding at 6pm on May 6th.

Area 17 (Tehama), Mike D. Chair needs volunteers for the Path Navigation Center in Red Bluff on Fridays at 3:00 pm and Sportsman's Lodge on Sundays. Please reach out to Area 17 Chair at 707-477-1835

Area 18 (Trinity), Diane C. Chair Needs volunteers for the Fire camp in Lewiston and the Trinity County Jail in Weaverville. At the Jail, we are bringing in meetings on Saturdays, 9:30 a.m. for the men and 10:30 am for the women. Please reach out to Area 18 Chair at 707-815-5042



May 2025 Business Meetings and Events

General Service

District 9 (Siskiyou County) Business Meeting – 1st Sunday of each month 10:00 – 11:30am. The meeting is hybrid. The physical meetings are held at <u>the Weed Community Center</u>, 161 E. Lincoln Ave., Weed, CA. Zoom ID# 666 067 6860 / No password. Attendees enter into a waiting room, and Host will let the attendee in. District 11 Business Meeting – 3rd Tuesday of each month - 5:00pm; upstairs @ the Alano Club, 1050 State St., Redding, CA. Or via Zoom: 971 496 0968, no password (NEW). For more information, see our <u>District 11 page</u>.

Northern California Hospitals and Institutions (H&I)

Shasta County (Area 16) H&I Business Meeting – 1st Tuesday of each month – Orientation for new volunteers at 5:30pm, business meeting to follow at 6:00pm @ All Saints Church, Eaton Hall, 2150 Benton Drive, Redding. For more information on Shasta County H & I, please contact the Area Chair, Renee P. @ 530-227-5445.

Siskiyou County (Area 3) H&I Business Meeting ~ 1st Friday of each month - 5pm, at the *Hi-Lo Cafe, 88 S. Weed* Blvd., Weed, CA 96094. For any questions, please contact the Area Chair

at: https://www.handinorcal.org/contact-us?recipient=area_03 or by clicking HERE.

Tehama County (Area 17) H&I Monthly Business Meeting ~ 2nd **Thursday of each month,** 5:30 pm @ *Red Bluff Presbyterian Church, 838 Jefferson St., Room 4 (in back of courtyard), Red Bluff*. For more information on Tehama County H & I, please contact the Area Chair, Mike D. @ 707-479-1835.

Trinity County (Area 18) H & I Monthly Business Meeting ~ 1st **Wednesday of each month**, 7:30pm @ *St. Patrick's Catholic Church, 102 Church Street, Weaverville*. For more information on Tehama County H & I, please contact the Area Chair, Diane C @ 707-815-5042.

Intergroup Business Meeting – 4th Tuesday of each month, 6pm, All Saints Church, Eaton Hall, 2150 Benton Drive, Redding.

REDYPAA Business Meeting – 4th Sunday of each month, at 3:00pm @ *the Methodist Church, 1825 East St., Redding.* **Monthly Speaker Meeting,** 3rd Saturday each month at the Alano Club, 1050 State Street, Redding, CA For more information, please contact the Chair, Brittany @ 530-710-5328.

Founders Day Planning Meetings: May 3rd and 17th, 11:00 am, Alano Club (upstairs) 1050 State St., Redding. For more info contact Chair Nichole M at 707-478-7028

INTERGROUP NEEDS PHONE VOLUNTEERS! See Schedule:

Intergroup Office Volunteers must have 6 months of sobriety, a sponsor, understand the 12 traditions, be working the steps and commit to 1 year of service answering phones in the Intergroup Office. Substitute volunteers are available if you can't over your shift. Hotline Volunteers (7pm – 7am) need 1 year of sobriety, have a sponsor, completed the steps and traditions and commit to 1 year of service. Training for AA Hotline office volunteers is done by Nancy C on Tuesdays afternoons or Wednesdays midmorning to early afternoons. Call Nancy at 530-646-7985 or email

norcalintergroup@gmail.com

Intergroup Volunteer Phone Schedule								
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
7am - 9am	Sarah M	Mitch G.	Traci	Sarah M				
9am -11am	Mark	8	0		Cona			
11am - 1pm	2	e	Nancy	Steve B.	Rachelle			
1pm - 3pm	Robin M	5	Jenn S	Lisa				
3pm - 5pm		Nancy	Dawn J	Lisa				
5pm - 7pm	Nancy	Nancy				Cori	Cori	
7pm - 7am	Answering Service							

We are not a glum lot! We have fun in Sobriety! Check out these events!

43rd Annual Weaverville AA

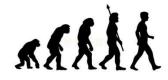


May 30th to June 1st 2025

FAWN GROUP CAMP, TRINITY LAKE

Check-In at 3:30 p.m. Registration \$40 per campsite For more information contact Diane C. at 530-623-5093 Make Checks payable to: AA Rough Out – P.O. Box 3113 – Weaverville, CA 96093

All dogs must be on a leash



HISTORY / ARCHIVES GROUP

Are you interested in the History of A.A.? Where it came from?

And, who it was that had an effect on the steps and traditions?

Do you know the history of our area? Do you know the history of your home group?

THIS IS A REGULAR ZOOM MEETING THE 2ND MONDAY OF EACH MONTH @ 6PM. JOIN US!! Zoom Meeting ID: 849 7747 2890 / PW: 4545454

"I am responsible...When anyone, anywhere reaches out for help, I want the hand of A.A. always to be there."



Learn the History of A.A.!





Wanna learn the History of your home group!

For information and to register, please send your email, phone and contact information to aaboblogan982@yahoo.com or call 530-227-6479.





Founders Day Family BBQ & Potluck Hosted by NorCal Intergroup June 14, 2025, 10am – 3pm

Anderson River Park – NEW LOCATION Gazebo (near the Water Park and tennis courts) 2800 Rupert Road, Anderson, CA

BBQ and water will be provided – Sodas \$1.00 Bocci Ball – Horse Shoes – Kids Activities! Please bring a side dish or dessert to share! Bring camp chairs and picnic blankets!

10:00 – 12:00 – games and kid's activities 12 noon – BBQ / Potluck 1:00 pm – Speaker Meeting 2:00 pm – 50/50 raffle

SPEAKER – Sheryl K from Temecula, CA

To volunteer contact Nichole M. at 707-478-7028



10:45am-12:00

1:15pm-2:215p

3 Panel speake

Dinner

(Al-Anon) Soeak

6:05pm-7:05p

Main Speaker

7:15-8:30 Paul P.



Come join us for fun, entertainment, food, free drawings, great speakers, fellowship. The Veterans Hall

735 Oak St., Red Bluff, CA., 96080



Lunch includes: Potato bar, chili, garlic bread. Dinner includes: Tri-tip, chicken, grilled vegies, cowboy beans, References (https://



God, grant me the serenity, to accept the things I cannot change. The courage to change the things I can. The wisdom to know



BADGE NAMES "PLEASE PRE-REGISTER ME NAVE ADIORESS: E MAIL Wankiyan ibeta PRICE MAIL COMPLETED FORMS TO: CLANTIN. TOTAL Registration: ANNUAL RECOVERY ROUNDUP \$30.00 P.O. Box 9135 [Lanch Red Bluff, CA 96080 Dinner SUSED TOTAL

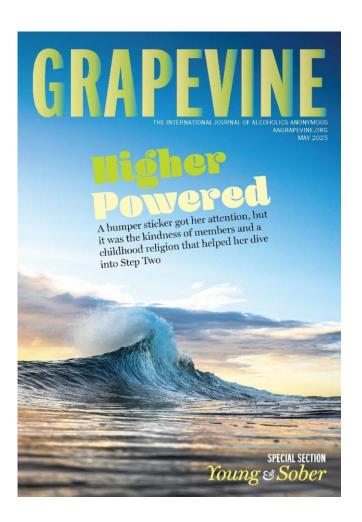
Young People In A.A. (YPAA)

What is YPAA?

The aim of young people's groups is to help newcomers understand that they need not experience years of drinking, loss of family, friends, and finances to be ready for sobriety. They help bring the newcomers into the mainstream of AA Recovery, Unity and Service through the Twelve Steps, Twelve Traditions and Twelve Concepts of World Service by carrying the AA message to the suffering alcoholic.

We have our own YPAA here in Shasta County! **REDYPAA!** To learn more visit https://redypaa.org/ Or come to our monthly business meeting on the 4th Sunday of the month at 3:00pm @ the Methodist Church, 1825 East St., Redding, CA. Or come to our monthly speaker meeting on the 3rd Saturday at 8pm at the Alano Club (May 17th). All are welcome including the "young at heart"!

And check out this month's **Grapevine**, our meeting in print. This month's featured section is "Young & Sober." Members who got to AA at an early age share hopeful stories about getting involved in service and events, making friends, and enjoying a sober life. To view the Table of Contents, click here!





Flex your funny bone.

If a great caption springs to mind when you look at this picture, submit it for possible publication on our humor page. Or vote for your favorite caption! See more.



Group Contributions January – March 2025

NAME	GROUP #	TO DATE
3 In 1 GROUP	90842	\$30.00
7 @ 7 ZOOM GROUP	431673	\$113.00
BAND OF BROS GROUPS	461756	\$150.00
BIRTHDAY MEETING		
(INTERGROUP)	NO #	\$119.00
CARRY THIS MESSAGE GRP	706892	\$103.00
EXPERIENCE, STRENGTH, HOPE	103646	\$280.00
FIRST THINGS FIRST	130801	\$50.00
FLIMSY REED GROUP	144128	\$60.00
FREE AT LAST II	671021	\$200.00
Friday Happy Hour group	144811	\$12.35
HI RAILS GROUP	129169	\$90.00
LADIES NIGHT OUT GROUP	160486	\$50.00
LAKE SHASTINA GROUP	665062	\$10.00
LANDING ZONE HOPE	689079	\$240.00
NORTH VALLEY TRUDGERS	695447	\$150.00
PRIM. PURP. LIT & DISCUSSION	717255	\$100.00
SHASTA NEWCOMERS GROUP	422555	\$75.00
SOBER SISTERS	NO #	\$1,840.86
SOUP BONE MEETING	662882	\$150.00
SOUTH MAIN GROUP	411729	\$107.50
STEPPING OUT SISTERS- REDDING	699886	\$50.00
STEPS WE TOOK	684714	\$93.93
Trinity Alps Group	633526	\$190.84
TUE CANDLELIGHT GROUP	NO #	\$231.00
VISION FOR YOU GROUP	474541	\$60.00
WOMEN FREEDOMBOUND	142038	\$212.25
NO NAME	699675	\$70.00
TOTAL		\$4 <i>,</i> 838.73

Intergroup thanks you for your contributions! Full Financial Report available at aanorcal.org/intergroupbusiness/reports/financial-reports/

What does Grace really mean?

It means acceptance. It means giving. Grace is free in the sense that something done or given in grace is done so without expecting to receive anything in return. Grace isn't dependent on the way it's received, the moral goodness of



the one receiving it, or even that person's ability to rightly say, "Thank you." There but for the Grace of God go I.

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CONTENTMENT MEDITATION EXERCISE MENTORSHIP HEALING NUTRITION INTENTION PRINCIPLES JOURNALING PROMISES

SERVICE TRADITIONS TWELVE STEPS VALUES

Like skilled navigators we continue to re-align ourselves with



News and Open Positions at NorCal Intergroup

- Secretary co-chair
- Treasurer & Treasurer co-chair
- Founder's Day co-chair
- Webmaster co-chair
- Newsletter co-chair
- Founder's Day co-chair
- Outreach Chair

Intergroup is a great way to get involved, be of service and "get in the middle". Come to the Intergroup Business Meeting on May 27th to learn more! Also, at the Intergroup Office, in addition to AA Literature, we now carry new specialty coins for each step and years of sobriety. We also need volunteers! Training for AA Hotline office volunteers is done by Nancy C on Tuesdays afternoons or Wednesdays midmorning to early afternoons. Call 530 225-8955 Tuesdays 3-6, Wed 7-1 or Thursdays 1-5 to schedule. List of 2-hour commitments can be found at the NorCal Intergroup website under "Events" at https://aanorcal.org/events/