NORTHERN
CALIFORNIA
INTERGROUP
JAN. 2025
NEWSLETTER



Get the latest news, meeting info, upcoming events and more at aanorcal.org

Northern California (NorCal) Intergroup is a service board of alcoholics serving groups in Shasta, Tehama, Siskiyou and Trinity Counties. Intergroup provides alcoholics with services that individual groups can't provide. Intergroup maintains a website and a 24/7 telephone service. It also answers 12-step calls, provides meeting information and maintains the schedule for the area. Intergroup is supported through voluntary contributions and its primary purpose is to carry the A.A. message to alcoholics who still suffer.



In January 2025, the NorCal Intergroup of Alcoholics Anonymous (AA) wishes its members a happy new year and share a spirit of hope and renewal. Intergroup also encourages members to continue participating in AA by setting up a recurring contribution to Intergroup.

Visit our donations page on our website @ <a href="https://aanorcal.org/contributions/">https://aanorcal.org/contributions/</a>.

Contributions can be made online and can be one-time, weekly, monthly, quarterly, or yearly.

# NorCal Intergroup Monthly Speaker Birthday Meeting

Saturday, January 4, 2025

@ 7:00 pm

All Saints Church
2150 Benton Drive, Redding, CA



Hosted by: Spiritual Progress Group

Sundays at 8:00 am, 900 Johnson Street, Red Bluff, CA

The NorCal Intergroup Newsletter is free. It is made possible by contributions of our members to Intergroup. Read this newsletter, pass it on and contribute! The Newsletter is also available at <a href="www.aanorcal.org">www.aanorcal.org</a>. DISCLAIMER: Opinions contained herein are strictly those of the authors. The publication of opinions, articles and announcements does not necessarily represent endorsement, approval, or affiliation of NorCal Intergroup. We reserve the right to edit submissions for clarity, language, length and any content that may violate the AA Traditions. To find our Newsletters online, please visit <a href="https://aanorcal.org/5-newsletter">https://aanorcal.org/5-newsletter</a>

That said, do you have something you'd share in the Newsletter? An event? A brief story? News? Please reach out to Jude at judesjava@yahoo.com

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A.A. 24/7 HOTLINE: 530-225-8955

MAILING ADDRESSES/LINKS: ALCOHOLICS ANONYMOUS, www.aa.org

NORCAL INTERGROUP, Office Location: 1050 State Street, Redding, CA, Mailing Address: P.O. Box 991107, Redding, CA 96099, www.aanorcal.org. Office hours: Before/After early AM meetings at the club; Tues. 3-6; Wed. 7-1; Thurs. 1-5

(effective 4/4/24). Office phone: 530-225-8955

NORCAL H&I, P.O. Box 192490, San Francisco, CA 94119-2490, www.handinorcal.org

GENERAL SERVICE AREA 07 - CALIFORNIA NORTHERN INTERIOR (CNIA) CNIA Contributions, PO Box 161712,

Sacramento, CA 95816-1712, www.cnia.org/cnia-area-07

NEW YORK GENERAL SERVICE OFFICE, P.O. Box 2407, James Farley Station, New York NY 10116-2407 AA GRAPEVINE/LA VINA, 475 Riverside Drive, 11th Floor, New York, NY 10115, www.aagrapevine.org



California Northern Interior Area Winter Assembly—January 18 & 19, 2025

Área Interior Norte California Asamblea de Invierno—18 y 19 de enero, 2025

Mother Lode Fairgrounds 220 South Gate Drive, Sonora, CA 95370

1/18/2025 12 PM - Llamar al ordenar / Call to order

10 AM - Registration opens / Registraciones

1/19/2025 9 AM-12 PM

Dinner: Island Luau or Portabella Vegetarian

Snack bar & refreshments (purchase at cost) Almuerzo y refrigerios (compra artículos al costo)

Reaistro en Línea hasta el 13 de enero

Online Registration due by January 13

www.cnia.ora

Send reg. form & payment to: / Enviar formulario y pago a: Dist. 33 Attn: Winter Assembly P.O. Box 1566 Jamestown, CA 95327 Make check payable to: District 33 - Haga los cheques a nombre de Distrito 33

Mail Pre-Reg due by January 8 / Correo Pre-Reg hasta el 8 de enero

District/Distrito #

Nombre en la insignia (si es diferente) / Name on Badge (if different)

Electrónico Correo/Emgil:

Phone/Teléfono:

Registration Type/Tipo de Registro: 
in person / en person 
in online / en línea Note: full online participación dependent on Wi-Fi / Nota: la participación completa en línea depe

Service Position: 🗆 GSR/Alt., 🗆 DCM/Alt., 🗅 Officer, 🗀 Appointed, 🗅 Past Delegate, 🗀 Member

Puesto de Servicio: □ RSG/Alt., □ MCD/Alt., □ Funcionarios, □ Designado/a □ Delegado/a Pasado/Pasada, □ Miembro/a

Vivienda "Back to Basics" □ masculino □ femenino

"Back to Basics" Home Stay male. □ female

Registration/Registro \$18.00

Coffee/Café sin fondo: \$4.00





Area 07 Pre-Conference Assembly on April 12 – 13th, 2025!

Gazelle, CA (Siskiyou County)

Share your group conscience about agenda topic items with our Area Delegate. Want to help with making this event happen? Contact Christine T. at 530-925-5597 (District 9) or Lauralyn D. at 707-303-6355 (District 11)

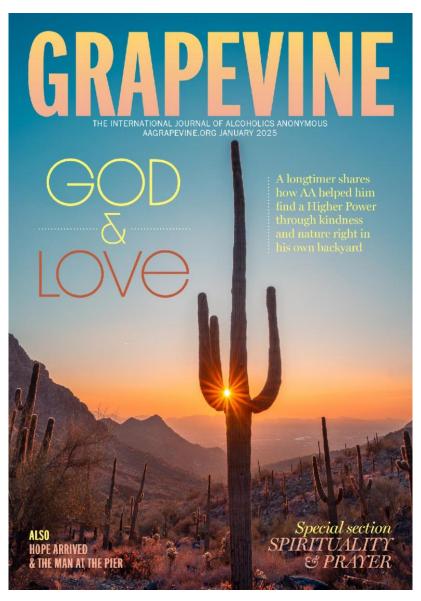


## "I AM A MIRACLE" (from Daily Reflections January 1)

The central fact of our lives today is the absolute certainty that our Creator has entered into our hearts and lives in a way which is indeed miraculous. He has commenced to accomplish those things for us which we could never do by ourselves. ALCOHOLICS ANONYMOUS, p. 25

This truly is a fact in my life today, and a real miracle. I always believed in God, but could never put that belief meaningfully into my life. Today, because of Alcoholics Anonymous, I now trust and rely on God, as I understand Him; I am sober today because of that! Learning to trust and rely on God was something I could never have done alone. I now believe in miracles because I am one!

**The January Grapevine is here!** This month's featured section is "Spirituality and Prayer," with powerful stories by members about their journeys with finding a Higher Power and the many ways they use prayer. To learn more, please visit <a href="https://www.aagrapevine.org/">https://www.aagrapevine.org/</a>



## Share Your Story With The

Grapevine! The AA Grapevine is always looking for stories on special topics and departments such as Emotional Sobriety, Sponsorship, Newcomers, Youth Enjoying Sobriety, Old-Timers and Home Groups, and the Twelve Steps and Twelve Traditions. To learn about how to submit a story, visit:

https://www.aagrapevine.org/share?utm\_source= Newsletter&utm\_medium=email&utm\_campaign= GV-News

#### Flex your funny bone!



If a great caption springs to mind when you look at this picture, submit it for possible publication on our humor page. Or vote for your favorite caption! See more at:

https://www.aagrapevine.org/submitcaption?utm\_source=Newsletter&utm\_medium= monthly-email&utm\_id=GV-Prod

# Want to ring in the New Year and boost your recovery?

Intergroup needs your help! Get a service commitment!

Intergroup has open positions! Come to our next business meeting on Tuesday, January 28<sup>th</sup> at All Saints Church, 2150 Benton, Redding, CA.

Intergroup Co-Chair, Treasurer and Treasurer Co-Chair

Outreach Chair
Secretary Co-Chair
Webmaster Co-Chair
Newsletter Co-Chair
Founders Day Co-Chair
Redypaa Liaison
PICPC Chair/Liaison
Phone Line Volunteers



## Here are some other tips for the New Year from Intergroup:

- If you're going to a party where alcohol will be served, bring your own beverage
- If you're having cravings for alcohol, have something sweet like a piece of candy
- Plan an "important date" in advance
- Worship in your own way
- Attend the Marathon Meetings at the Alano Club on January 1st
- Don't get worked up about holiday temptations try new things and avoid old habits
- Remember to live "one day at a time" each day sober is an accomplishment!
- Enjoy the holiday love and joy find your people at AA meetings and events

# LOOKING FOR A SERVICE OPPORTUNITY? WANT TO PUT THE 12<sup>TH</sup> STEP INTO ACTION? CHECK OUT ONE OF OUR BUSINESS MEETINGS!

- INTERGROUP meets on the 4th Tuesday of each month, @ 6pm, All Saints Church, Eaton Hall, 2150 Benton Drive, Redding. Note: Intergroup will not meet in the month of December.
- GENERAL SERVICE District 9 (Siskiyou County) meets on the 1st Sunday of each month from 10:00-11:30 am. The meeting is hybrid. The physical meetings are held at the Weed Community Center, 161 E. Lincoln Ave., Weed, CA. zoom meeting ID is: 666 067 6860 / No password. Attendees enter into a waiting room, and Host will let the attendee in.
   District 11 meets on the 3rd Tuesday of each month, from 5:00 6:30 pm at the Alano Club, upstairs, 1050 State St., Redding
- **HISTORY/ARCHIVES** meets on the 2<sup>nd</sup> Monday of each month at 6:00 pm via Zoom ID 849 7747 2890, Password 4545454. For more info and to register, please send your name, phone # and email to aaboblogan982@gmail.com
- HOSPITALS & INSTITUTIONS (H&I)

Shasta County – Area 16 meets on the 1st Tuesday of each month, 6pm @ All Saints Church, Eaton Hall, 2150 Benton Drive, Redding. Orientation for new volunteers starts at 5:30 pm (NEW) before the business meeting.

Siskiyou County (Area 3) meets on the 1st Friday of the month, 6pm, at the Weed Community Center, 161 E. Lincoln Ave., Weed, CA 96094.

**Tehama County – Area 17** meets on the 2nd Thursday of the month, 5:30 pm @ Red Bluff Presbyterian Church, 838 Jefferson St., Room 4 (in back of courtyard), Red Bluff.

**Trinity County – Area 18** meets on the 1st Wednesday of the month, 7:30pm @ St. Patrick's Catholic Church, 102 Church Street, Weaverville.

REDYPAA meets on the 4th Sunday of the month at 3:00pm @ the Methodist Church, 1825 East St., Redding.

## January 2025 Service Meetings & Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
29	30	31 – New Years Eve – Marathon Meetings after the New Year's Eve Party – Alano Club, 1050 State Street, Redding, CA	1 – New Years Day Marathon Meetings, Alano Club, 1050 State St. Redding. H&I Area 18 7:30pm, St. Patrick's Church, 102 Church St, Weaverville, CA	2	3 - H&I Area 03 6pm, Weed Community Ctr, 161 Lincoln Ave, Weed, CA	4 – Intergroup Speaker Meeting 7:00 pm, All Saints Church, 2150 Benton, Redding, CA	
5 - District 9 10am, 161 E. Lincoln Ave., Weed, CA or ZOOM: 666 067 6860, no password	6	7 – <b>H&amp;I Area 16</b> Orientation 5:30p Business Mtg 6pm All Saints Church 2150 Benton, Redding, CA	8	9 - <b>H&amp;I Area 17</b> 5:30pm, Red Bluff Presbyterian, 838 Jefferson, back courtyard, Red Bluff, CA	10	11	
12	13 – <b>History/ Archives</b> – 6pm via Zoom: ID 849 7747 2890, PW 4545454	14- <b>District 11,</b> 5pm Alano Club, upstairs, 1050 State St., Redding	15	16	17	18	
19	20	21	22	23	24	25	
29 - <b>Redypaa</b> 3:00pm @ the Methodist Church, 1825 East St., Redding	30	31 New Years Eve Marathon Meetings, Alano Club, 1050 State St. Redding	1	2	3	4	

### **Group Contributions Jan - Nov. 2024**

	OF NOV 30TH, 2024	
NAME	GROUP#	TO DATE
10:00 PM NIGHTLY ZOOMERS	NO#	\$31.50
3 In 1 GROUP	90842	\$16.00
3 LEGACIES GROUP	649210	\$148.00
5 OCLOCK SOMEWHERE	347980	\$85.00
7 @ 7 ZOOM GROUP	431673	\$267.74
AM ANY LENGTHS GRP REDDING	133648	\$150.0
ANDERSON AM SATURDAY	150044	\$1,950.0
ANY LENGTHS GROUP - Anderson	165242	\$510.0
ATTITUDES IN ACTION	156461	\$50.00
BAND OF BROS GROUPS	461756	\$350.00
BIRTHDAY MEETING (INTERGROUP)		\$357.00
BY THE BOOK	634449	\$108.8
FIRST THINGS FIRST	130801	\$125.00
FLIMSY REED GROUP	144128	\$112.0
FLOATING GROUP	125364	\$100.0
FREE AT LAST II	671021	\$500.0
FRIDAY NIGHT YOUNG PEOPLE	686984	\$150.0
GET A GRIP GROUP	171034	\$325.0
GETTING WELL GROUP		\$4.00
HI RAILS GROUP	129169	\$90.00
HOLE IN THE DONUT GROUP	625785	\$40.00
HOW IT WORKS GROUP	654796	\$50.0
LADIES NIGHT OUT GROUP	160486	\$50.0
LAKE SHASTINA GROUP	No #	\$50.0
LANDING ZONE HOPE	689079	\$100.0
LEWISTON OPEN DISC	657162	\$110.00
MONDAY MENS STAG 164267	55932	\$200.00
NAME NOT PROVIDED	168663	\$40.0
NEW START	136901	\$150.0
NO NAME MEN'S STAG	36807	\$350.0
NOR CAL WINTERFEST MTG	650718	\$694.4
NORTH VALLEY TRUDGERS	695447	\$262.5
PALO CEDRO GROUP	602921	\$184.0
PRAYER AND MEDITATION GRP	No #	\$50.00
PRIM. PURP. LIT & DISCUSSION	717255	\$285.00
RED BLUFF LIVE & LET LIVE	632057	\$500.0
REDDYPAA	686984	\$100.0
SATURDAY SISTERS GROUP	686717	\$48.20
SHASTA LAKE SERENITY GROUP	101054	\$161.0
SHASTA NEWCOMERS GROUP	422555	\$551.8
SISTERS BY CHOICE	101862	\$201.8
SOUP BONE MEETING	662882	\$600.0
SOUTH MAIN GROUP	411729	\$340.0
SPIRITUAL PROGRESS	643816	\$385.0
STEP SISTERS	120391	\$280.1
STEPPING OUT SISTERS- REDDING	699886	\$50.0
STEPS WE TOOK	684714	\$649.9
THURS. MEN'S STAG GROUP	No #	\$200.0
TUES. NIGHT LIT. GROUP	717255	\$62.0
VISION FOR YOU GROUP	474541	\$54.0
WAY OUT GROUP	487402	\$265.0
WE AGNOSTICS	713061	\$55.0
WED NEWCOMERS	No #	\$75.0
WOMEN FREEDOMBOUND	142038	\$746.8
WOMENS NO MATTER WHAT GRP	690710	\$334.0
totals		\$13,472.5

Full Financial Report available at aanorcal.org/intergroup-business/reports/financial-reports/

# Step 1: Admitted we were powerless over alcohol and that our lives had become unmanageable.



# Sponsor Love

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Traditions: Home Group Sprinttual serenity. Meetings. Together: Concepts Recovery Speaker Sponsee Sponsor courage Twelve wisdom. Honest | **Faith** Steps Love Hope: NA.



Tradition 1: Our common welfare should come first; personal recovery depends upon AA unity.