

**NORTHERN
CALIFORNIA
INTERGROUP
August 2024
NEWSLETTER**



Get the latest news, meeting info, upcoming events and more at aanorcal.org

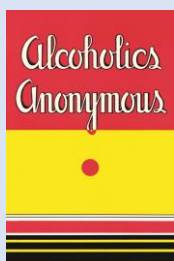
Northern California (NorCal) Intergroup is a service board of alcoholics serving groups in Shasta, Tehama, Siskiyou and Trinity Counties. Intergroup provides alcoholics with services that individual groups can't provide. Intergroup maintains a website and a 24/7 telephone service. It also answers 12-step calls, provides meeting information and maintains the schedule for the area. Intergroup is supported through voluntary contributions and its primary purpose is to carry the A.A. message to alcoholics who still suffer.

**Norcal Intergroup Monthly
Speaker Birthday Meeting**

Hosted by: Free at Last Group (Center for Spiritual Living, Redding, CA, Tuesday Nights at 5:30 pm)



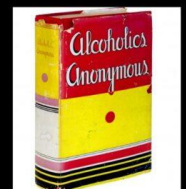
Saturday, August 3rd @ 7:00 pm
All Saints Church
2150 Benton Drive, Redding, CA



Special at the AA Bookstore!
Original 1st Edition Big Book
Replica – only \$6.00!
Get one while they last!!!



WWW.CNIA.ORG
WWW.AA.ORG



**AA AREA 07 DELEGATE
MATTHEW
WILL GIVE HIS...
2024 AA
CONFERENCE
REPORT
3PM AT 785 MUSIK AVE,
RED BLUFF, CA, 96080
ON SATURDAY AUG 3RD, 2024
SNACKS & DRINKS PROVIDED!
PLEASE COME!**

A.A. 24/7 HOTLINE: 530-225-8955



MAILING ADDRESSES/LINKS: ALCOHOLICS ANONYMOUS, www.aa.org

NORCAL INTERGROUP, Office Location: 1050 State Street, Redding, CA, Mailing Address: P.O. Box 991107, Redding, CA 96099, www.aanorcal.org

NORCAL H&I, P.O. Box 192490, San Francisco, CA 94119-2490, www.handinorcal.org

GENERAL SERVICE AREA 07 - CALIFORNIA NORTHERN INTERIOR (CNIA) CNIA Contributions, PO Box 161712, Sacramento, CA 95816-1712, www.cnia.org/cnia-area-07

NEW YORK GENERAL SERVICE OFFICE, P.O. Box 2407, James Farley Station, New York NY 10116-2407

AA GRAPEVINE/LA VINA, 475 Riverside Drive, 11th Floor, New York, NY 10115, www.aagrapevine.org

11th Annual Mt. Lassen Men's Retreat
August 9th - 11th

"SPIRITUAL IN NATURE"



Registration includes food, coffee and fellowship. Add \$20 if you want a hat or T-shirt. Send attached registration, along with check or money order payable to Mike Stickney @ 19586 Pit River Place, Cottonwood, CA 96022.

Drive 4 mile past the town of Mineral on Hwy 36, Turn Right on Hwy 172. Camp Tehama is on the Right in 1 Mile. Campground address is: 40550 Hwy 172 Mill Creek CA 96061
Check-in at or after 2PM Friday

You may unload by your cabins then immediately move to the parking area by the gate per USFS.
Only Physical Service Dogs allowed. (No Emotional support pets PLEASE)
Last day to order shirts will be July 25th.



Name:				Phone #:	
Address:				Food allergies:	
	Costs	Qty	Shirt size	Sub-Total	
Registration:	\$75				
Tank Top:	\$20				
Hat:	\$20				
T-shirt:	\$20				
			Total		

If you would like to sponsor a ticket, please add the quantity to your registration.

12th Annual Women's Retreat

Northern California Women in Recovery
"founded by" Red Bluff Women in AA invite you to attend:
Thursday Sept. 5th – Sunday Sept. 8th
Check-in at 4 pm Check-out at noon



Where: Camp Tehama - a group camping area set among the pines on Mill Creek, at the base of Mt Lassen, with a multi-purpose building, kitchen, showers, flush toilets & bunkhouse type cabins that can sleep multiple people.

Cost: \$105 for 3 nights / \$70 for 2 nights
Includes Food & Lodging, Recovery Meetings, Spiritual Campfires, Crafts, Prayer & Meditation, Hiking, Fun, Food, Fellowship & More!

Great Drawing: The proceeds provide seed money for next year's retreat and help with scholarships.

What to Bring: Warm sleeping bag & pillow (or bedding), personal toiletries (soaps, towels, etc), lawn chairs, sunscreen, mosquito repellent, flashlight, warm camping attire. **Days are normally warm, but nights are chilly.**

Don't Bring: Gas lights, stoves or grills; dogs (except service dogs), candles or resentment.

SMOKING: Only in Designated areas, never in the buildings and dispose in butt cans.

Directions: Located half-way between Red Bluff & Susanville on Hwy 36.
From Red Bluff – take Hwy 36 East about 40 miles to Mineral, continue straight on Hwy 36 about 10mi.
(Do NOT turn onto Hwy 172 "LOOP" at Mineral)
**about 10 miles past Mineral you'll turn right onto Hwy 172 – Camp Tehama is less than a mile on your right.

CONTACTS: Jenna C 530-366-4554 or Michelle S. 530-515-0068

PLEASE REGISTER	<table border="0"> <tr> <td colspan="2" style="text-align: center;">Registration Form</td> </tr> <tr> <td><input type="checkbox"/> 3 Nights @ \$105 per person</td> <td style="text-align: right;">\$ _____</td> </tr> <tr> <td><input type="checkbox"/> 2 nights @ \$70 per person</td> <td style="text-align: right;">\$ _____</td> </tr> <tr> <td colspan="2"> <input type="checkbox"/> I am requesting a partial scholarship and am aware that if granted I am to help during the retreat and during final clean-up. </td> </tr> <tr> <td colspan="2"> <input type="checkbox"/> I have included \$_____ to put towards a scholarship. </td> </tr> <tr> <td><input type="checkbox"/> T-Shirt for \$25</td> <td style="text-align: right;">Size: _____</td> </tr> <tr> <td><input type="checkbox"/> Hoodie Sweatshirt for \$40</td> <td style="text-align: right;">Size: _____</td> </tr> </table>	Registration Form		<input type="checkbox"/> 3 Nights @ \$105 per person	\$ _____	<input type="checkbox"/> 2 nights @ \$70 per person	\$ _____	<input type="checkbox"/> I am requesting a partial scholarship and am aware that if granted I am to help during the retreat and during final clean-up.		<input type="checkbox"/> I have included \$_____ to put towards a scholarship.		<input type="checkbox"/> T-Shirt for \$25	Size: _____	<input type="checkbox"/> Hoodie Sweatshirt for \$40	Size: _____
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<input type="checkbox"/> Hoodie Sweatshirt for \$40	Size: _____														
<p>by July 28th</p> <ul style="list-style-type: none"> • Scholarship requests due July 14th. • No late registrations <p>=====</p> <p>Make Checks payable to: Michelle Schatz P.O. Box 8073 Red Bluff, CA 96080</p>	<p>* Payment arrangements can be made with Michelle S. (Reg. only)</p> <p>Name: _____ Phone: _____</p>														

REDYPAA's Speaker Meeting & Event ~

Saturday, August 17th

REDYPAA has their Speaker Meeting & Event the 3rd Saturday of each month, 8:00 pm @ **the Alano Club, 1050 State St., Redding, CA**. Flyer is coming! For more information on REDYPAA, please contact the Events Chair, Deanna Beck @ (530) 921-7120.

Looking for a service opportunity?
Come check out our monthly
business meetings!

INTERGROUP meets on the 4th Tuesday of
each month, @ 6pm, All Saints Church, Eaton
Hall, 2150 Benton Drive, Redding.

GENERAL SERVICE:

- **District 9 (Siskiyou County)** meets on the
1st Sunday of each month from 10:00-
11:30 am. The meeting is hybrid. The
physical meetings are held at the Weed
Community Center, 161 E. Lincoln Ave.,
Weed, CA. The zoom meeting ID is: 733
826 1415 / PW: 530530.
- **District 11** meets on the 3rd Sunday of
each month, from 3:30-5pm at the Alano
Club, downstairs, 1050 State St., Redding
- **District 11 PICPC** on hold until position is
filled (meets directly after District 11
meeting from 5-6 pm at the Alano Club)

HOSPITALS & INSTITUTIONS (H&I)

- **Shasta County – Area 16** meets on the
1st Tuesday of each month, 6pm @ All
Saints Church, Eaton Hall, 2150 Benton
Drive, Redding.
- **Siskiyou County (Area 3)** meets on the
1st Friday of the month, 6pm, at the
Weed Community Center, 161 E. Lincoln
Ave., Weed, CA 96094.
- **Tehama County – Area 17** meets on the
2nd Thursday of the month, 5:30 pm
@ Red Bluff Presbyterian Church, 838
Jefferson St., Room 4 (in back of
courtyard), Red Bluff.
- **Trinity County – Area 18** meets on the
1st Wednesday of the month, 7:30pm
@ St. Patrick's Catholic Church, 102
Church Street, Weaverville.

REDYPAA meets on the 4th Sunday of the
month at 3:00pm @ *the Methodist Church,*
1825 East St., Redding.

Calling for short articles from our readers!

Do you have some experience, strength and hope to share? In September we will be looking at **responsibility** – if you have a short paragraph on this topic (or any other topic) please email to judesjava@yahoo.com

**NorCal (Shasta, Siskiyou, Tehama & Trinity Counties)
Unity Day Planning Meeting!**

Saturday, October 12th, 2024
10:30 am – 3:00 pm

Happy Valley Community Center
5400 Happy Valley Road, Anderson, CA 96007

Second Planning Meeting on:

Thursday, August 8th at 6:00 pm
484 Belvedere Drive, Redding, CA 96003.

Zoom link also available:

Join Zoom Meeting

Meeting ID: 853 0488 5670

Passcode: 567868



Come join us!

We need help!

Everyone is welcome!

**Step 8 – Made a list of those we had harmed
and became willing to make amends to them all**

FORGIVENESS: The first and one of the most difficult obstacles is
forgiveness. The moment we ponder a twisted or broken
relationship with another person, our emotions go on the defensive.

To escape looking at the wrongs we have done another, we
resentfully focus on the wrong he has done us. This is especially
true if he has, in fact, behaved badly at all. Triumphantly we seize
upon his misbehavior as the perfect excuse for minimizing or
forgetting our own If we are now about to ask forgiveness of
ourselves, why shouldn't we start out by forgiving them, one and
all? – page 78, 12 x 12.



Tradition 8 -

Alcoholics Anonymous should remain forever
non professional, but our service centers
may employ special workers.

Group Contributions Jan – June 2024

Group Name	Group #	To Date
Anderson Saturday AM	150044	\$ 1,250.00
Any Lengths Anderson	165242	\$ 360.00
AM Any Lengths Redding	133648	\$ 150.00
Birthday Meeting Intergroup		\$ 141.00
Flimsy Reed	144128	\$ 112.05
Free At Last II	671021	\$ 300.00
Get a Grip	171034	\$ 100.00
Getting Well		\$ 4.00
Hole in the Donut	625785	\$ 40.00
Landing Zone	689079	\$ 100.00
3 Legacies	649210	\$ 148.00
Lewiston Open Discussion	657162	\$ 110.00
New Start	136901	\$ 140.00
NorCal Winterfest	650718	\$ 694.40
North Valley Trudgers	695447	\$ 113.50
Palo Cedro Group	602921	\$ 34.00
Primary Purpose Literature & Discussion	717255	\$ 195.00
REDYPAA	686984	\$ 100.00
Saturday Sisters	686717	\$ 48.20
Shasta Lake Serenity	101064	\$ 161.00
Shasta Newcomersd	422555	\$ 250.00
Sisters By Choice	101862	\$ 101.89
Soup Bone	662882	\$ 300.00
South Main	411729	\$ 240.00
Step Sisters	120391	\$ 97.25
Stepping Out Sisters - Redding	699886	\$ 50.00
Steps We Took	684714	\$ 143.36
Spiritual Progress	643816	\$ 160.00
Thursday Night Men's Stag		\$ 200.00
Tuesday Night Literature	717255	\$ 62.00
Vision For You	474541	\$ 54.00
Way Out	487402	\$ 235.00
We Agnostics	713061	\$ 55.00
Women Freedombound	142038	\$ 496.80
Women's No Matter What	690710	\$ 334.00
7 @ 7 Zoom	431673	\$ 267.74
Name not given	168663	\$ 40.00
No Name	36807	\$ 300.00
Total Group Contributions		\$ 7,688.19

Full Financial Report available at aanorcal.org/intergroup-business/reports/financial-reports/

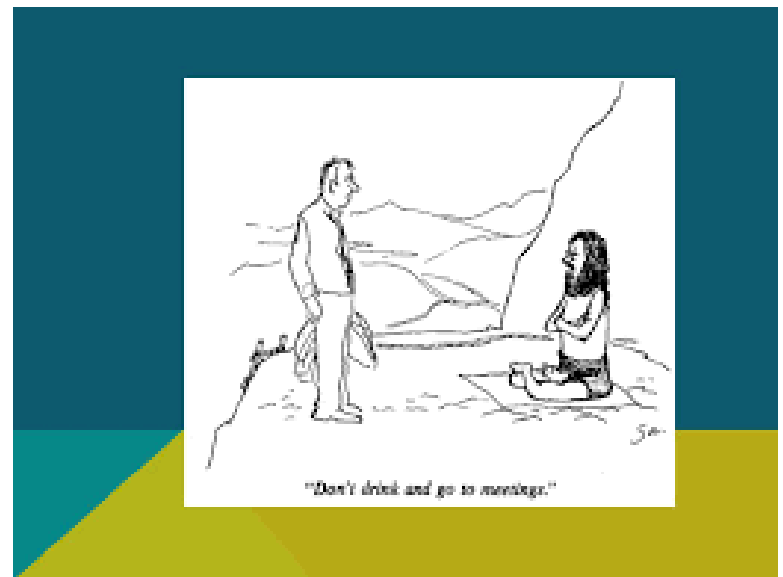


Recovery Word Search



ALIBI
SOBER
PROGRESS
SMART
WELLNESS
STEPS
NOURISHMENT
FELLOWSHIP
JOURNAL
AMENIS
EXERCISE
HEADLETTER
KINDNESS
MEETINGS
HEALTHY
PODCAST
TOOLS
RESPECT
SUPPORT
GROUP
UNAT

Play this puzzle online at : <https://itbwordsearch.com/puzzle/194401/>



How many drunks does it take to change a light bulb?

AA response:

Twenty One. One to hold bulb and twenty to drink the room spins.



Alanon response:

Just one.

He holds the bulb up and the whole world revolves around him!