

**NORTHERN
CALIFORNIA
INTERGROUP
July 2024
NEWSLETTER**



Get the latest news, meeting info, upcoming events and more at aanorcal.org

Northern California (NorCal) Intergroup is a service board of alcoholics serving groups in Shasta, Tehama, Siskiyou and Trinity Counties. Intergroup provides alcoholics with services that individual groups can't provide. Intergroup maintains a website and a 24/7 telephone service. It also answers 12-step calls, provides meeting information and maintains the schedule for the area. Intergroup is supported through voluntary contributions and its primary purpose is to carry the A.A. message to alcoholics who still suffer.

Norcal Intergroup Monthly Speaker Birthday Meeting

Hosted by: Saturday @ 8:30 am Morning at the Anderson Grange



Saturday, July 6th @ 7:00 pm
All Saints Church
2150 Benton Drive, Redding, CA

SUPPLIGHT OF THE SPIRIT

**REDYPAA
CAMP OUT**

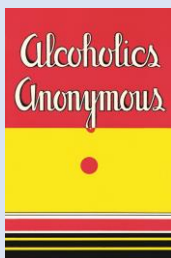
- SHOWERS
- CABINS
- FULL KITCHEN
- COVERED ACTIVITY AREA

FOR MORE INFORMATION:
Contact: Brandon G
(530) 6916863
VENMO: @REDYPAA

LOCATION: CAMP TEHEMA
Right next to Lassen NP
40550 Hwy 172. Mill Creek, CA 96061

**19-21
JULY**

**PRE-REG
\$30**



Special at the AA Bookstore!
**Original 1st Edition Big Book
Replica – only \$6.00!**
Get one while they last!!!





WE'RE CRASHING THE
ALTURAS NOON SPEAKER MEETING
ROAD TRIP! **ALL ARE WELCOME!** **BRING FOOD!!!**

Join us: **Saturday, July 13th**
1PM Potluck

Leave Redding 9am(ish). Bikes meet at Alano Club, gassed up and ready to go.

LETS GET A PILE OF PEOPLE TO GO AND SUPPORT AA IN ALTURAS AND HAVE A FUN DAY DOING SO!

Questions:
 Scott S. @ 509/ 780-2876



Can't get to a face to face meeting? Did you know there is an Online Intergroup of Alcoholics Anonymous (OIAA) with meetings all day/all night all over the world?

In addition to meetings, they have workshops, service opportunities and more!

Check it out at: <https://aa-intergroup.org/>



ONLINE INTERGROUP
 ALCOHOLICS ANONYMOUS

Thinking about going to the International AA convention in Vancouver in 2025? GSO wants to hear from you!

Kindly take a few minutes and answer the questions. (All responses are anonymous.) We appreciate your participation and look forward to seeing you in person or virtually at the International Convention in 2025!

<https://app.smartsheet.com/b/form/c19ffc50038b45829f1a52eeaf4f33ec>

We're celebrating!!
We Agnostics Secular meeting's birthday!!

Friday, July 26th @ 5:30pm
 Methodist Church
 1825 East St., Room 10

Speaker is Debi D. from Sparks, Nevada

10th



¹ Normally, this closed AA meeting is in Rm 12. For 7/26, it will be an open meeting.

A.A. 24/7 HOTLINE: 530-225-8955



MAILING ADDRESSES/LINKS: ALCOHOLICS ANONYMOUS, www.aa.org

NORCAL INTERGROUP, Office Location: 1050 State Street, Redding, CA, Mailing Address: P.O. Box 991107, Redding, CA 96099, www.aanorcal.org

NORCAL H&I, P.O. Box 192490, San Francisco, CA 94119-2490, www.handinorcal.org

GENERAL SERVICE AREA 07 - CALIFORNIA NORTHERN INTERIOR (CNIA) CNIA Contributions, PO Box 161712, Sacramento, CA 95816-1712, www.cnia.org/cnia-area-07

NEW YORK GENERAL SERVICE OFFICE, P.O. Box 2407, James Farley Station, New York NY 10116-2407

AA GRAPEVINE/LA VINA, 475 Riverside Drive, 11th Floor, New York, NY 10115, www.aagrapevine.org

Feeling restless, irritable and discontent? Get your Serenity on at one of the upcoming retreats!

11th Annual Mt. Lassen Men's Retreat
August 9th - 11th

"SPIRITUAL IN NATURE"



Registration includes food, coffee and fellowship. Add \$20 if you want a hat or T-shirt. Send attached registration, along with check or money order payable to Mike Stickeny @ 19586 Pit River Place, Cottonwood, CA 96022.

Drive 4 mile past the town of Mineral on Hwy 36, Turn Right on Hwy 172, Camp Tehama is on the Right in 1 Mile. Campground address is: 40550 Hwy 172 Mill Creek CA 96061
Check-in at or after 2PM Friday

You may unload by your cabins then immediately move to the parking area by the gate per USFS.
Only Physical Service Dogs allowed. (No Emotional support pets PLEASE)
Last day to order shirts will be July 25th.




Name:		Phone #:	
Address:		Food allergies:	
Registration:	Costs	Qty	Shirt size
Tank Top:	\$75		
Hat:	\$20		
T-shirt:	\$20		
		Sub-Total	
		Total	

If you would like to sponsor a ticket, please add the quantity to your registration.

12th Annual Women's Retreat

Northern California Women in Recovery
"founded by" Red Bluff Women in AA invite you to attend:
Thursday Sept. 5th - Sunday Sept. 8th
Check-in at 4 pm Check-out at noon



Where: Camp Tehama - a group camping area set among the pines on Mill Creek, at the base of Mt Lassen, with a multi-purpose building, kitchen, showers, flush toilets & bunkhouse type cabins that can sleep multiple people.

Cost: \$105 for 3 nights / \$70 for 2 nights
Includes Food & Lodging, Recovery Meetings, Spiritual Campfires, Crafts, Prayer & Meditation, Hiking, Fun, Food, Fellowship & More!

Great Drawing: The proceeds provide seed money for next year's retreat and help with scholarships.

What to Bring: Warm sleeping bag & pillow (or bedding), personal toiletries (soaps, towels, etc), lawn chairs, sunscreen, mosquito repellent, flashlight, warm camping attire. **Days are normally warm, but nights are chilly.**

Don't Bring: Gas lights, stoves or grills; dogs (except service dogs), candles or resentments.

SMOKING: Only in Designated areas, never in the buildings and dispose in butt cans.

Directions: Located half-way between Red Bluff & Susanville on Hwy 36.
From Red Bluff - take Hwy 36 East about 40 miles to Mineral, continue straight on Hwy 36 about 10mi. (Do NOT turn onto Hwy 172 "LOOP" at Mineral)
**about 10 miles past Mineral you'll turn right onto Hwy 172 - Camp Tehama is less than a mile on your right.

CONTACTS: Jenna C 530-366-4554 or Michelle S. 530-515-0068

PLEASE REGISTER by July 28th

<input type="checkbox"/>	3 Nights @ \$105 per person	\$ _____
<input type="checkbox"/>	2 nights @ \$70 per person	\$ _____

• Scholarship requests due July 14th.

• No late registrations

Registration Form

I am requesting a partial scholarship and am aware that if granted I am to help during the retreat and during final clean-up.

I have included \$_____ to put towards a scholarship.

T-Shirt for \$25 Size: _____

Hoodie Sweatshirt for \$40 Size: _____

Make Checks payable to: Michelle Schatz
P.O. Box 8073
Red Bluff, CA 96080

* Payment arrangements can be made with Michelle S. (Reg. only)

Name: _____ Phone: _____

Calling for short articles from our readers! Do you have some experience, strength to share? In August we will be looking at forgiveness – if you have a short paragraph on this topic (or any other topic) please email to judesjava@yahoo.com

Looking for a service opportunity?
Come check out our monthly
business meetings!

INTERGROUP meets on the 4th Tuesday of
each month, @ 6pm, All Saints Church, Eaton
Hall, 2150 Benton Drive, Redding.

GENERAL SERVICE:

- **District 9 (Siskiyou County)** meets on the
1st Sunday of each month from 10:00-
11:30 am. The meeting is hybrid. The
physical meetings are held at the Weed
Community Center, 161 E. Lincoln Ave.,
Weed, CA. The zoom meeting ID is: 733
826 1415 / PW: 530530.
- **District 11** meets on the 3rd Sunday of
each month, from 3:30-5pm at the Alano
Club, downstairs, 1050 State St., Redding
- **District 11 PICPC** on hold until position is
filled (meets directly after District 11
meeting from 5-6 pm at the Alano Club)

HOSPITALS & INSTITUTIONS (H&I)

- **Shasta County – Area 16** meets on the
1st Tuesday of each month, 6pm @ All
Saints Church, Eaton Hall, 2150 Benton
Drive, Redding.
- **Tehama County – Area 17** meets on the
2nd Thursday of the month, 5:30 pm
@ Red Bluff Presbyterian Church, 838
Jefferson St., Room 4 (in back of
courtyard), Red Bluff.
- **Trinity County – Area 18** meets on the
1st Wednesday of the month, 7:30pm
@ St. Patrick’s Catholic Church, 102
Church Street, Weaverville.

REDYPAA meets on the 4th Sunday of the
month at 3:00pm @ *the Methodist Church,*
1825 East St., Redding.

WANT TO SPONSOR AN AA MEMBER IN PRISON?

IT’S EASIER THAN
YOU THINK!



YOUR ANONYMITY
IS PROTECTED!

There’s a vital need for AA members from the outside to sponsor AA members in prisons.
In order to understand this need, all you need to ask yourself is:

Could I have gotten sober without the help of a sponsor?

If your answer is ‘*maybe not*’, then you understand the vital need.

Inside members frequently tell our volunteers they’re not comfortable sharing their deepest secrets with other alcoholics in prison due to the chance that the information may not remain confidential. The consequences of the wrong information being revealed on the inside can be catastrophic. This is why H&I pioneered our groundbreaking Inside Visiting Sponsorship Service (IVSS).

**SPONSOR AN INSIDE MEMBER FROM
ANYWHERE IN NORTHERN CA**

(Due to prison regulations, *meeting volunteers are ineligible to participate at the facility where they volunteer*)

The requirements for IVSS volunteers are:

Minimum five years’ sobriety; Solid sponsorship experience; Knowledge & practice of AA’s Steps & Traditions; Willingness to anonymously text, receive phone calls and exchange letters.
~ We match same gender sponsors, but ANYONE can help us with recruiting efforts. ~

For more information: **EMAIL US AT: HANDI.IVSS@GMAIL.COM**

Sign up to volunteer here

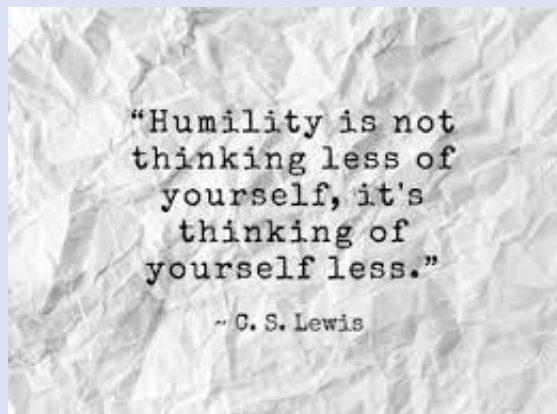


!!TELL YOUR FRIENDS, TELL YOUR SPONSEES, TELL YOUR SPONSOR!!

I AM RESPONSIBLE

When anyone, anywhere, reaches out for help, I want the hand of AA always to be there.
And for that: I am responsible.

A service of the NorCal Hospital & Institution Committee (H&I)



Step 7– Humbly asked Him to remove our shortcomings.

Tradition 7 - Every A.A. group ought to be fully self supporting, declining outside contributions.



(Victor E. Cartoon reprinted with permission. Copyright © The AA Grapevine, Inc.)

And now some words from our AA Grapevine ...

The Grapevine was created by six AA members in the New York area — four women and two men. With the blessings of AA's co-founder Bill W., they published the first issue in June 1944, just nine years after the founding of AA. A copy of that first issue was sent to every AA group — about 300 at the time — and to all known AA members in the armed services overseas. An entire page with the heading, "Mail Call for All AAs in the Armed Forces," was devoted to letters from these members, who began calling the Grapevine their "meeting in print." The title stuck, and today the Grapevine and La Viña carry it on their covers.

• JANUARY 2010

A DRUNK, PURE AND SIMPLE

BY: JUDE H. | GRATON, CALIF.

For an alcoholic in denial, the party had been over for a long time.

In San Francisco, in 1990, I was a lonely girl with a smile all sweet with pain. I was 29 years old and my life had begun unraveling years before. I had been struggling with my cocaine addiction for over a decade, attending CA, NA and AA meetings sporadically throughout the last three years, usually after particularly dark episodes of extended and voracious drug abuse. If only I could stop the drugs, I'd be fine. I was not willing, however, to give up drinking, as was suggested in all of my twelve-step meetings. I couldn't imagine life without alcohol. I did not announce myself as a newcomer at meetings, nor did I get a sponsor, work the Steps or follow any suggestions, except for one. I was a limbo girl who "kept coming back."



Want to read more? Subscribe to the AA Grapevine at

<https://www.aagrapevine.org/store/grapevine-subscriptions>

SOBRIETY CALCULATOR

COUNT YOUR DAYS

How many days do you have today? See how many years, months, days and hours you have of sobriety.

It's amazing what can happen one day at a time.

<https://www.aagrapevine.org/sobriety-calculator>

Group Contributions Jan – May 2024

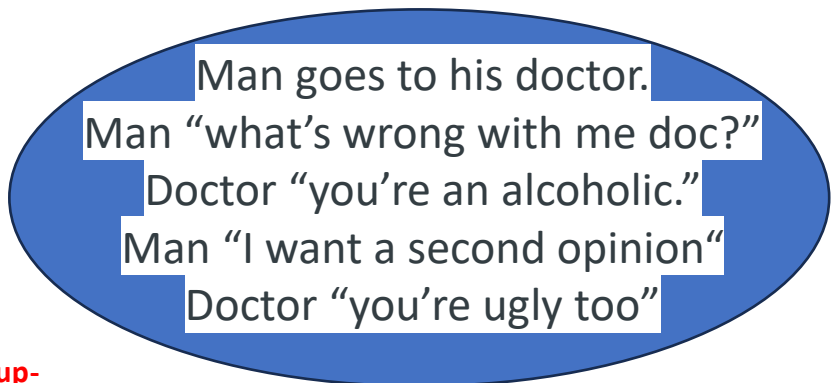
GROUP DONATIONS AS OF MAY 31, 2024		
NAME	GROUP #	TO DATE
ANDERSON AM SATURDAY	150044	\$1,050.00
ANY LENGTHS GROUP - Anderson	165242	\$360.00
Birthday Club		\$35.00
BIRTHDAY MEETING INTERGROUP		\$141.00
FLIMSY REED GROUP	144128	\$112.05
FREE AT LAST II	671021	\$300.00
GET A GRIP GROUP	171034	\$100.00
GETTING WELL GROUP		\$4.00
Hole in the Donut Group	625785	\$40.00
LANDING ZONE HOPE	689079	\$100.00
3 LEGACIES GROUP	649210	\$148.00
LEWISTON OPEN DISC	657162	\$110.00
NEW START	136901	\$140.00
NOR CAL WINTERFEST MTG	650718	\$694.40
NORTH VALLEY TRUDGERS	695447	\$113.50
PRIM. PURP. LIT & DISCUSSION	717255	\$195.00
REDDYPAA	686984	\$100.00
Saturday Sisters Group	686717	\$48.20
SHASTA LAKE SERENITY GROUP	101054	\$161.00
Shasta Newcomers Group	422555	\$250.00
SISTERS BY CHOICE	101862	\$101.89
SOUP BONE MEETING	662882	\$150.00
SOUTH MAIN GROUP	411729	\$240.00
STEP SISTERS	120391	\$97.25
STEPS WE TOOK	684714	\$143.36
SPIRITUAL PROGRESS	643816	\$160.00
THURS. MEN'S STAGG GROUP	No #	\$200.00
TUES. NIGHT LIT. GROUP	717255	\$62.00
Vision for you group	474541	\$54.00
Way Out Group	487402	\$135.00
WE AGNOSTICS	713061	\$55.00
WOMEN FREEDOMBOUND	142038	\$496.80
WOMENS NO MATTER WHAT GRP	690710	\$334.00
7 @ 7 ZOOM GROUP	431673	\$267.74
NAME NOT GIVEN	168663	\$40.00
No Name	36807	\$300.00

This Month's Word Search!

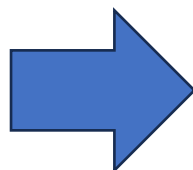
Find the 16 hidden words:

O A C O N F R O N T I O
W Q C O U N S E L I N G
I E S E D A T I V E T E
N A A R E H A B U S E S
E N R H A N G O V E R N
P S Y C H O A C T I V E
G A B S T I N E N C E D
D R I N K I N G E R N B
F T R E A T M E N T T E
P H A R M A C I S T I E
Q N S P I R I T S I O R
G U D E P R E S S A N T

Abstinence, Abuse, Beer, Confront, Counseling, Depressant, Drinking, Hangover, Intervention, Pharmacist, Psychoactive, Rehab, Sedative, Spirits, Treatment, Wine



Full Financial Report available at aanorcal.org/intergroup-business/reports/financial-reports/



Abandon yourself to God as you understand God. Admit your faults to Him and to your fellows. Clear away the wreckage of your past. Give freely of what you find and join us. We shall be with you in the Fellowship of the Spirit, and you will surely meet some of us as you trudge the Road of Happy Destiny. May God bless you and keep you - until then.