

**NORTHERN
CALIFORNIA
INTERGROUP
MAY 2024
NEWSLETTER**



Get the latest news, meeting info, upcoming events and more at aanorcal.org

**May the 4th
Be with You**

Hosted By **The WestSiders*** Group
AA Intergroup Birthday & Speaker Meeting
Saturday, May 4th, 7:00 - 8:00 pm
All Saint's Church
2150 Benton Drive, Redding, CA
Speaker Josh D.

*The WestSiders meet Tuesdays at 5:30
@First Christian Church, 3590 Placer St.
We read and study a variety of books. Join us!

Northern California (NorCal) Intergroup

NorCal Intergroup is a service board of alcoholics serving groups in Shasta, Tehama, Siskiyou and Trinity Counties. Intergroup provides alcoholics with services that individual groups can't provide. Intergroup maintains a website and a 24/7 telephone service.

It also answers 12-step calls, provides meeting information and maintains the schedule for the area. Intergroup is supported through voluntary contributions and its primary purpose is to carry the A.A. message to alcoholics who still suffer.

Open Positions at Intergroup: Office Volunteers, Founders Day Co-Chair, Birthday Meeting Chair and Co-Chair, PICPC and REDYPAA Representative. **To volunteer, please come to the Intergroup business meeting on May 28th @ 6pm, All Saints Church, Eaton Hall.**

INTERGROUP Founder's Day Picnic Committee Meeting – May 25th

Wanna help with the picnic? Come join us on Saturday, May 25th, Alano Club, upstairs, from 11:00 – 12:00pm. For more information, contact Nicole M. @ 707/478-7028.



Looking for a service opportunity? Come check out our monthly business meetings!

INTERGROUP meets on the 4th Tuesday of each month, @ 6pm, All Saints Church, Eaton Hall, 2150 Benton Drive, Redding.

GENERAL SERVICE:

- **District 9 (Siskiyou County)** meets on the 1st Sunday of each month from 10:00-11:30 am. The meeting is hybrid. The physical meetings are held at the Weed Community Center, 161 E. Lincoln Ave., Weed, CA. The zoom meeting ID is: 733 826 1415 / PW: 530530.
- **District 11** meets on the 3rd Sunday of each month, from 3:30-5pm at the Alano Club, downstairs, 1050 State St., Redding
- **District 11 PICPC** on hold until position is filled (meets directly after District 11 meeting from 5-6 pm at the Alano Club)

HOSPITALS & INSTITUTIONS (H&I)

- **Shasta County – Area 16** meets on the 1st Tuesday of each month, 6pm @ All Saints Church, Eaton Hall, 2150 Benton Drive, Redding.
- **Tehama County – Area 17** meets on the 2nd Tuesday of the month, 7pm @ Red Bluff Presbyterian Church, 838 Jefferson St., Room 4 (in back of courtyard), Red Bluff.
- **Trinity County – Area 18** meets on the 1st Wednesday of the month, 7:30pm @ St. Patrick's Catholic Church, 102 Church Street, Weaverville.

REDYPAA meets on the 4th Sunday of the month at 3:00pm @ *the Methodist Church, 1825 East St., Redding.*

Founders Day Committee meets at 11:00 am, April 27th at the Alano Club, upstairs, 1050 State Street, Redding.

EVERYONE IS WELCOME!



A colorful flyer for a taco fundraiser. The top half features a close-up of several tacos with various fillings like tomatoes, onions, and meat. Below the images is a yellow banner with the text "RED BLUFF RECOVERY ROUNDUP TACO FUNDRAISER" in bold, stylized letters. A cartoon taco character is positioned below the banner. To the left, it says "\$10/person". The event details are listed: "Saturday, May, 18th", "Dinner @ 6, Speaker @ 7", and "Great Food, Speaker Meeting, Fellowship & Fundraising! Speaker is Phil R. from Redding". At the bottom, it says "RED BLUFF NAZARENE CHURCH 900 Johnson St., Red Bluff 96080" and includes a logo for AA Recovery.

Step 5 – Admitted to God, to ourselves and to another human being the exact nature of our wrongs



Tradition 5 – Each group has but one primary purpose – to carry its message to the alcoholic who still suffers.

A.A. 24/7 HOTLINE:
530-225-8955



MAILING ADDRESSES/LINKS

Alcoholics Anonymous

www.aa.org

NORCAL INTERGROUP

Office Location:

1050 State Street, Redding, CA

Mailing Address:

P.O. Box 991107

Redding, CA 96099

www.aanorcal.org

NORCAL H&I

P.O. Box 192490

San Francisco, CA 94119-2490

www.handinorcal.org

GENERAL SERVICE AREA 07

CALIFORNIA NORTHERN

INTERIOR(CNIA)

CNIA Contributions

PO Box 161712

Sacramento, CA 95816-1712

www.cnia.org/cnia-area-07

NEW YORK GENERAL SERVICE OFFICE

P.O. Box 2407, James Farley Station

New York NY 10116-2407

AA GRAPEVINE/LA VINA

475 Riverside Drive, 11th Floor

New York, NY 10115

www.aagrapevine.org

Safety Card for A.A. Groups - An optional statement to be read or made available at meetings, this card asks members to refrain from any behavior that may compromise another's safety and encourages all members to take any necessary precautions to ensure their own personal safety. The Safety Card has been included on our website, sent out to all the local Facebook AA groups, is being passed out to secretaries of meetings to discuss at their business meetings (this will continue for the next few months), and is being physically posted on the Intergroup Board at the Alano Club. This card was prompted to address recent issues with the safety of our members in meetings (due to both predatory and excessive violent behavior).

SAFETY CARD FOR A.A. GROUPS

The General Service Office has made this optional card available as an A.A. service piece for in-person/online groups that wish to use it. Please feel free to utilize, choose a section(s) or adapt the text to your group's needs.

Tradition Five states: Each group has but one primary purpose — to carry its message to the alcoholic who still suffers.

Any person seeking help with a drinking problem is welcome at this group. No A.A. entity determines an individual's membership in Alcoholics Anonymous. It is this group's conscience that if any person endangers another individual or disrupts the group's efforts to carry A.A.'s message, the group may ask that person to leave the meeting.

This group strives to safeguard the anonymity of A.A. members and attendees; however, keep in mind that anonymity in A.A. is not a cloak for unsafe and illegal behavior. Addressing such behavior and/or contacting the proper authorities when appropriate, does not go against any A.A. Traditions and is meant to ensure the safety of all in attendance.

The short form of Tradition One states: "Our common welfare should come first; personal recovery depends upon A.A. unity." Recognizing the importance of group unity, our group strives to create a safe meeting environment in which alcoholics can focus on achieving sobriety.

Service Material from the General Service Office

Additional Sharing:

- Safety is a topic within A.A. that groups and members can address. Developing workable solutions to help keep meetings safe can be based on the principles of A.A. In discussions about safety, keep the focus on our primary purpose, our common welfare, and placing principles before personalities.
- Predatory behaviors and unwanted sexual advances are in conflict with carrying the A.A. message of recovery and with A.A. principles.
- A.A. does not provide medical advice or detox services; it has no opinion on outside issues, including medication. Medical advice should come from a qualified physician.
- The only requirement for A.A. membership is a desire to stop drinking. Groups and members strive to create a safe environment for the alcoholic who still suffers.
- If safety concerns arise, individuals can speak with a sponsor, members of the group, a trusted friend and/or a professional to address the concern.
- Service entities, such as areas, districts and intergroup/central offices, are available to help provide A.A. services and shared experience. All groups and entities in A.A. are autonomous. There is no government within A.A. and no central authority to control or direct its members, but we do share our experience, strength and hope.

For more information on this topic, see the service piece "Safety and A.A.: Our Common Welfare" (SMF-209) at aa.org.

Rev. 4/22

F-211

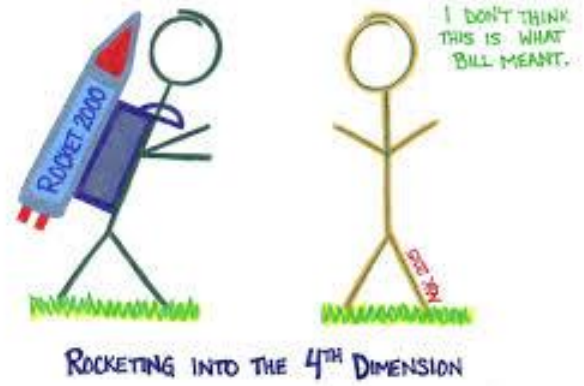
The Safety Card is available at (<https://aanorcal.org/safety-card-for-a-a-groups/>) or at <https://www.aa.org/safety-card-aa-groups> .

Physical cards are available at the Intergroup Office.

Fact: AA is present in over 180 countries worldwide and has over 2,000,000 members!

Group Contributions Jan – March 2024

NAME	GROUP #	Contributions
Anderson AM Saturday	150044	\$ 600.00
Any Lengths Group - Anderson	165242	\$ 170.00
Birthday Meeting - Intergroup		\$ 141.00
Double Winners		\$ 125.50
Free At Last II	671021	\$ 150.00
Get a Grip Group	171034	\$ 100.00
Getting Well Group		\$ 4.00
3 Legacies Group	649210	\$ 148.00
New Start	136901	\$ 140.00
Nor Cal Winterfest Meeting	650718	\$ 694.40
North Valley Trudgers	695447	\$ 113.50
Primary Purpose Lit/Disc.	717255	\$ 195.00
REDDYPA	686984	\$ 100.00
Shast Lake Serenity Group	101054	\$ 161.00
Shasta Newcomers Group	422555	\$ 250.00
Sisters By Choide	101862	\$ 80.71
Soup Bone Meeting	662882	\$ 150.00
Step Sisters	120391	\$ 32.00
Steps We Took	684714	\$ 143.36
Thursday Men's Stag		\$ 200.00
Way Out Group	487402	\$ 135.00
We Agnostics	713061	\$ 55.00
Womens Freedombound	142038	\$ 250.00
Womens No Matter What	690710	\$ 334.00
Name Not Given	168663	\$ 40.00
Total		\$ 4,512.47



O I F K V J J N P E B S U P P O R T T A
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 P O O N M E D I T A T I O N K R Y H E Z
 C N P B R E C O V E R Y W B I U E H A E
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**Full Financial Report available at
aanorcal.org/intergroup-business/reports/financial-reports/**

GRATITUDE	WISDOM	COURAGE	BRAVERY
RELAPSE	PRAYER	SUPPORT	HOPE
CHANGE	DENIAL	DESPERATE	OBSESSION
CRAVING	ADDICTION	RECOVERY	URGE
MEDITATION	TREATMENT	TRIGGER	EXERCISE