

# NorCal Intergroup Alcoholics Anonymous Newsletter

## AA History

1942

### A.A.'S PRISON GROUPS

A campaign for prison reform by Clinton T. Duffy, warden of San Quentin Prison in San Francisco, calls for addressing the special needs of inmates who had been drinking when committing a crime. Duffy seeks aid and advice from California A.A. members, leading to the formation of a prison group at San Quentin. The inmates hold their first meeting in 1942.

### A LETTER FROM AUSTRALIA

After reading an article on Alcoholics Anonymous in the *American Journal of Psychiatry*, Dr. Sylvester Minogue, the medical superintendent of Rydalmere Hospital in Sydney, writes a letter to the AJP with a request that his letter be forwarded to the Alcoholic Foundation. His request for information leads to his getting a copy of the Big Book and continuing correspondence with secretary Bobbie B. of the New York office, setting the stage for the startup of A.A. groups in Australia.

1943

### BILL KEEPS TRAVELING

As group after group sprouts up, Bill continues traveling around the country, often accompanied by Lois. His arrival in towns large and small is cause for great excitement as A.A. members flock to hear his talks and speak with him one-on-one. The announcement shown at right invites people to hear Bill speak at an open meeting in Connecticut.

### CANADA'S SECOND GROUP FORMS IN WINDSOR

In October 1943, a second Canadian group gets off the ground when alcoholics begin to meet in Windsor, Ontario.

### A.A. IN WARTIME

As World War II is fought overseas, the Fellowship does its part. An April 1943 article in the Fort Worth (Texas), *Star-Telegram* reports that A.A. has reduced war industries worker absenteeism due to alcoholism. The article states that the A.A. program has helped as many as 5,000 workers return to their jobs.

1944

### THE A.A. GRAPEVINE DEBUTS

An eight-page bulletin intended to bring A.A. news to members (including soldiers overseas) expands to become the Fellowship's official magazine, with the first issue published in June 1944. It comes to be called A.A.'s "meeting in print."

NorCal Intergroup Presents:  
the "Monthly Birthday Meeting"

**Sept. 2nd 2023**

Hosted by the:

**"It's All Good" Group**

Where:

*All Saints Church*  
2150 Benton Dr., Redding, Ca.

What Time:

**7 to 8 pm.**

This Group Meets on Friday's at 6:30 pm at the All Saints Church

If your group is interested in hosting this meeting, Please contact Chris M. (707) 548-1817

Come Share your Sober Celebration!

AA RECOVERY

NorCal Intergroup Presents:

**"HOW TO BE A TREASURER" Workshop**

**3 pm**  
**Sept. 9th, 2023**

**Pizza and Punch !!!**

**Topics to be covered:**

- Choosing a Treasurer
- Sobriety Requirements
- Passing the 7th Tradition
- Safeguarding the Money
- How to Make a Split w/ Addresses
- Prudent Reserve

All Saints Church 2150 Benton Dr. Redding, Ca.  
Please contact Lisa S. for more info: (530) 917 5675

AA RECOVERY

**NORTHERN CALIFORNIA H & I WORKSHOP**

September 23, 2023 / 11 to 2 pm

GUEST SPEAKERS:

Jeff L. Gilroy  
Deanna V. Crestwood  
Michael V. Red Bluff  
Kelly O. Redding  
Judy F. Redding  
Officer Brown w/inmate,  
Sugar Pine Fire Camp

Catered by: Mike Z.

All Saints Church / 2150 Benton Dr., Redding

**menu**

barbequed chicken  
tri-tip / cheesy garlic bread  
potato salad / Caesar salad  
dessert

More info Contact: Jude H. (707 993 3132) or Renee P. (530 227 5445)

REDYPAA & BUTTEYPAA  
PRESENTS

**OUR ANNUAL  
YPAA SOFTBALL TOURNAMENT  
& SPEAKER MEETING**

*Stick With The Winners*

**Save THE DATE**

**SATURDAY, SEPTEMBER 16TH**  
K2 FIELD DELTA ST., REDDING  
9:00 A.M. - 4:00 P.M.

**\$100 TEAM REGISTRATION  
REACH OUT TO**  
JUDI F.: (530) 276-5028  
NICOLE: (707) 972-1277  
VENMO @ REDYPAA

### 11th Annual Women's Retreat

Northern California Women in Recovery

"founded by" Red Bluff Women in AA invite you to attend:  
Thursday Sept. 7th - Sunday Sept 10th  
Check-in at 4 pm Check-out at noon

Where: Camp Tehama - a group camping area set among the pines on Mill Creek, at the base of Mt Lassen, with a multi-purpose building, kitchen, showers, flush toilets & bunkhouse type cabins that can sleep multiple people.

Cost: \$105 for 3 nights / \$70 for 2 nights  
Includes Food & Lodging, Recovery Meetings, Spiritual Campfires, Crafts, Prayer & Meditation, Hiking, Fun, Food, Fellowship & More!

Great Drawing: The proceeds provide seed money for next year's retreat and help with scholarships.

What to Bring: Warm sleeping bag & pillow (or bedding), personal toiletries (soaps, towels, etc), lawn chairs, sunscreen, mosquito repellent, flashlight, warm camping attire. \*\*Days are normally warm, but nights are chilly.\*\*

Don't Bring: Gas lights, stoves or grills; dogs (except service dogs), candles or resentments.

SMOKING: Only in Designated areas, never in the buildings and dispose in butt cans.

Directions: Located half-way between Red Bluff & Susanville on Hwy 36.  
From Red Bluff - take Hwy 36 East about 40 miles to Mineral, continue straight on Hwy 36 about 10mi.  
(Do NOT turn onto Hwy 172 "Loop" at Mineral)  
\*\*about 10 miles past Mineral you'll turn right onto Hwy 172 - Camp Tehama is less than a mile on your right.

CONTACTS: Jenna 530-366-4554 or Anne G. 530-360-2322

Registration Form

PLEASE REGISTER by Aug 11th

\* If requesting a partial scholarship please have them in by Aug. 4th.

Make Checks payable to: Lauralyn DuBouis P.O. Box 8073 Red Bluff, CA 96080

Name \_\_\_\_\_ Address: \_\_\_\_\_ City/Zip: \_\_\_\_\_ Phone: \_\_\_\_\_ Email (optional): \_\_\_\_\_

I [ ] 3 Nights @ \$105 per person \$ \_\_\_\_\_  
I [ ] 2 nights @ \$70 per person \$ \_\_\_\_\_  
I [ ] I am requesting a partial scholarship and am aware that if granted I am to help during the retreat and during final clean-up.  
I [ ] I have included \_\_\_\_\_ to put towards a scholarship so that someone in need can attend.  
\* Payment arrangements can be made with Anne G.

### HAPPY VALLEY - ONE DAY AT A TIME 30TH Anniversary Meeting and BBQ!

When: Wednesday, September 27th, 2023  
BBQ/Potluck at 5:00 PM  
We supply the BBQ - please bring a side dish  
Meeting at 7:00 PM  
Oh yeah - and it's Birthday Night!

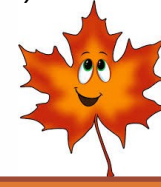
Where: Happy Valley Community Center,  
5400 Happy Valley Road  
Anderson, CA 96007

Speaker: Orin C.

# Carry the Message

**AA 24/7 HOTLINE 530.225.8955**

Serving Shasta, Tehama, Siskiyou, and Trinity Counties



**Rogue Mens Fall Retreat**

September 15th - 17th 2023 Friday 6pm to Sunday 12pm

Lake Selmac, Mallard Loop  
500 Reeves Creek Rd, Selma OR

**\$110 For RV Spots (Subject to Availability)**

**\$35 For Tent Spots**

**Both Reservations Include...**

- Friday and Saturday Night Tent/RV Spots
- Friday Night Pizza
- Saturday Breakfast, Lunch, And Dinner

**Contact us**  
-Email: rogue.mens.retreat@gmail.com

Scholarships Available to those who are unable to afford registration

Register @  
mens-fall-retreat.cheddarup.com  
OR  
Register Via Mail

Name \_\_\_\_\_ Address \_\_\_\_\_  
Phone \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_  
Email \_\_\_\_\_

Please Mail This Form and Checks made payable to  
Rogue Mens Fall Retreat  
@ 189 Nadine Lane, Central Point, OR 97502

☐ Camp Site ☐ RV Site ☐ Scholarship Request

## Members Speak

### Appreciate The Pain ~ Submitted by Brandon G.

All I ever wanted out of life was a reason to feel alive. Instead I was rejected & discarded. Regardless of where I roamed, I found myself lost & alone. Tortured by the ones I desired acceptance from, empty is what I would become. When I couldn't find acceptance, I settled for self-deprecation. If I couldn't be considered cool, then I decided I would be a ridiculous fool. Because if I destroyed myself on the spot, no one else would have shot. So then I turned to alcohol in other forms, looking for a crutch to survive the storms. For a time it led me way up high. Grasping for even a moment where I could kiss the pain goodbye. Then I found a bottle and put my body to the test. Within a few years I was determined to drink myself to death. Puking up blood, puking up bile, I sure went the extra mile. I have been so close to death so many times, now I know it's because there's a reason why I'm still alive. I used to believe my only purpose was to suffer. Now I know it's so I can keep on moving forward until I prosper. All that pain was meant to help me appreciate the moments of serenity I now get to experience. How can we truly know happiness if we haven't suffered?. Even in recovery I've experienced loss, pain & suffering. I've also experienced happiness beyond my imagination. Today I choose to appreciate the pain, because at least I can feel. Today I am truly alive.

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## Business Meetings

**Shasta County (Area 16) H & I ~ 1<sup>st</sup> Tuesday** of each month, 6:00pm @ *All Saints Church, Eaton Hall, 2150 Benton Drive, Redding.* For more information, please contact the Shasta County Area Chair, Renee P. @ 530-227-5445

**Trinity County (Area 18) H & I ~ 1<sup>st</sup> Wednesday** of each month, 7:30pm @ *St. Patrick's Catholic Church, 102 Church Street, Weaverville.* For more information, please contact the Trinity County Area Chair, Diane C. @ 707-815-5042

**DISTRICT 9 (Siskiyou County) ~ 1<sup>st</sup> Sunday** of each month, 10:00-11:30 am. The meeting is hybrid. The physical meetings are held at the *Weed Community Center, 161 E. Lincoln Ave., Weed, CA.* The zoom meeting ID is: 733 826 1415 / PW: 530530

**Tehama County (Area 17) H & I ~ 2<sup>nd</sup> Tuesday** of each month, 7pm @ *Red Bluff Presbyterian Church, 838 Jefferson St., Room 4 (in back of courtyard), Red Bluff.* For more information, please contact the Tehama County Area Chair, Michael V. @ 530-200-6872

**District 11 ~ 3<sup>rd</sup> Sunday** of each month, 3:30-5pm @ *the Alano Club, downstairs, 1050 State St., Redding*

**District 11 "PI/CPC" ~ 3<sup>rd</sup> Sunday** of each month, 5-6pm @ *the Alano Club, upstairs, 1050 State St., Redding*

**NorCal Intergroup ~ 4<sup>th</sup> Tuesday** of each month, 6pm @ *All Saints Church, Eaton Hall, 2150 Benton Drive, Redding*

**REDYPAA ~ 4<sup>th</sup> Sunday** of each month, 3:00pm @ *the Methodist Church, 1825 East St., Redding.* For more information, please contact the Chair, Jordon B. @ 530-691-6015



## NorCal Intergroup 6/24/23