1942

<mark>A A 'S PRISON GROUPS</mark>

A campaign for prison reform by Clinton T. Duffy, warden of San Quentin Prison in San Francisco, calls for addressing the special needs of inmates who had been drinking when committing a crime. Duffy seeks aid and advice from California A.A. members, leading to the formation of a prison group at San Quentin. The inmates hold their first meeting in 1942 A LETTER FROM AUSTRALIA

After reading an article on Alcoholics Anonymous in the American Journal of Psychiatry, Dr. Sylvester Minogue, the medical superintendent of Rydalmere Hospital in Sydney, writes a letter to the AJP with a request that his letter be forwarded to the Alcoholic Foundation. His request for information leads to his getting a copy of the Big Book and continuing correspondence with secretary Bobbie B. of the New York office, setting the stage for the startup of A.A. groups in Australia.

1943

BILL KEEPS TRAVELING

As group after group sprouts up, Bill continues traveling around the country, often accompanied by Lois. His arrival in towns large and small is cause for great excitement as A.A. members flock to hear his talks and speak with him one -on-one. The announcement shown at right invites people to hear Bill speak at an open meeting in Connecticut.

CANADA'S SECOND GROUP FORMS IN WINDSOR

In October 1943, a second Canadian group gets off the ground when alcoholics begin to meet in Windsor, Ontario.

A.A. IN WARTIME

As World War II is fought overseas, the Fellowship does its part. An April 1943 article in the Fort Worth (Texas), Star-Telegram reports that A.A. has reduced war industries worker absenteeism due to alcoholism. The article states that the A.A. program has helped as many as 5,000 workers return to their jobs.

THE A.A. GRAPEVINE DEBUTS

An eight-page bulletin intended to bring A.A. news to members (including soldiers overseas) expands to become the Fellowship's official magazine, with the first issue published in June 1944. It comes to be called A.A.'s "meeting in print."







Topics to be covered: Choosing a Treasurer

Sobriety Requirements Passing the 7th Tradition

Safeguarding the Money

How to Make a Split w/ Addresses

Prudent Reserve

All Saints Church 2150 Benton Dr. Redding, Co Please contact Lisa S. for more info: (530) 917 5675



PRESENTS

OUR ANNUAL PAA SOFTBALL TOURNAMENT Stick With The Winners

SATURDAY, SEPTEMBER 16TH K2 FIELD DELTA ST., REDDING 9:00 A.M. - 4:00 P.M.

\$100 TEAM REGISTRATION REACH OUT TO JUDI F.: (530) 276-5028 NICOLE: (707) 972-1277

11th Annual Women's Retreat

Northern California Women in Recovery ed by" Red Bluff Women in AA invite you to atten Thursday Sept. 7th - Sunday Sept 10th Check-in at 4 pm Check-out at noon

Where: Camp Tehama - a group camping area set among multi-purpose building, kitchen, showers, flush toilets & bunkhouse type cabins that can sleep multiple people.

Cost: \$105 for 3 nights / \$70 for 2 nights Includes Food & Lodging, Recovery Meetings, Spiritual Campfires, Crafts, Prayer & Meditation, Hiking, Fun, Food, Fellowship & More

What to Bring: Warm sleeping bag & pillow (or bedding), personal toiletries (soaps, towels, etc), lawn chairs,

Don't Bring: Gas lights, stoves or grills; dogs (except service dogs), candles or resentments

SMOKING: Only in Designated areas, never in the buildings and dispose in butt cans

Directions: Located half-way between Red Bluff & Susanville on Hwy 36. From Red Bluff - take Hwy 36 East about 40 miles to Mineral, continue straight on Hwy 36 about 10m (Do NOT turn onto Hwy 172 "LOOP" at Mineral)

**about 10 miles past Mineral you'll turn right onto Hwy 172 – Camp Tehama is less than a mile on your right

CONTACTS: Jenna 530-366-4554 or Anne G. 530-360-2322

PLEASE REGISTER by Aug 11th * If requesting a partial scholarship please have them in by Aug, 4th.	someone in need can attend.
Make Checks payable to: _auralyn DuBouis P.O. Box 8073	* Payment arrangements can be made with Anne G. Name Address: Cily/2p: Phone:

HAPPY VALLEY - ONE DAY AT A TIME

30TH Anniversary Meeting and BBQ!

Wednesday, September 27th, 2023

Oh yeah - and it's Birthday Night!

Happy Valley Community Center,

5400 Happy Valley Road Anderson, CA 96007

We supply the BBQ - please bring a side dis

BBQ/Potluck at 5:00 PM

Geptember 2023 Volume 5 Issue 9 Carry the Message

AA 24/7 HOTLINE 530.225.8955

Serving Shasta, Tehama, Siskiyou, and Trinity Counties





Roque Mens

Lake Selmac, Mallard Loop 500 Reeves Creek Rd, Selma OR

\$35 For Tent Spots

Both Reservations Include...

Friday Night Pizza

Contact us

Email: rogue.mens.retreat@gmail.com

Scholarships Available to those who

	Register @ mens-fall-retreat.chedda or Register Via M.		
Name	Address		
Phone	City	State	
Email	Blass Mail This	Form and Charles ma	de acuable to

Members Speak

Appreciate The Pain ~ Submitted by Brandon G.

rejected & discarded, Regardless of where I roamed, I found myself lost & alone. Tortured by the ones I desired acceptance from, empty is

Ave., Weed, CA. The zoom meeting ID is: 733 826 1415 / PW: 530530 \$110 For RV Spots (Subject to Availability) Please Bring .. Tehama County (Area 17) H & I ~ 2nd Tuesday of each month, 7pm @ Red Bluff -Flash Light Presbyterian Church, 838 Jefferson St., Room -Notebook -Coffee Cup 4 (in back of courtyard), Red Bluff. For more -Clothes Appropriat for warm days and information, please contact the Tehama Councold evenings ty Area Chair, Michael V. @ 530-200-6872 District 11 ~ 3rd Sunday of each month, 3:30-5pm @ the Alano Club, downstairs, 1050 State St., Redding District 11 "PI/CPC" ~ 3rd Sunday of each month, 5-6pm @ the Alano Club, upstairs, 1050 State St., Redding NorCal Intergroup ~ 4th Tuesday of each month, 6pm @ All Saints Church, Eaton Hall, 2150 Benton Drive. Redding **REDYPAA** ~ 4th Sunday of each month, 3:00pm @ the Methodist Church, 1825 East St., Redding, For more information, please contact the Chair, Jordon B. @ 530-691-6015

Business Meetings

Shasta County (Area 16) H & I ~ 1st Tuesday

of each month, 6:00pm @ All Saints Church,

Eaton Hall. 2150 Benton Drive. Redding. For

more information, please contact the Shasta

County Area Chair, Renee P. @ 530-227-5445

Trinity County (Area 18) H & I ~

1st Wednesday of each month, 7:30pm @ St.

Patrick's Catholic Church, 102 Church Street,

Weaverville. For more information, please con-

tact the Trinity County Area Chair.

Diane C. @ 707-815-5042

DISTRICT 9 (Siskiyou County) ~ 1st Sunday

of each month, 10:00-11:30 am. The meeting

is hybrid. The physical meetings are held

at the Weed Community Center, 161 E. Lincoln

All I ever wanted out of life was a reason to feel alive. Instead I was

what I would become. When I couldn't find acceptance, I settled for self-deprecation. If I couldn't be considered cool, then I decided I would be a ridiculous fool. Because if I destroyed myself on the spot, no one else would have shot. So then I turned to alcohol in other forms, looking for a crutch to survive the storms. For a time it led me way up high. Grasping for even a moment where I could kiss the pain goodbye. Then I found a bottle and put my body to the test. Within a few years I was determined to drink myself to death. Puking up blood, puking up bile, I sure went the extra mile. I have been so close to death so many times, now I know it's because there's a reason why I'm still alive. I used to believe my only purpose was to suffer. Now I know it's so I can keep on moving forward until I prosper. All that pain was meant to help me appreciate the moments of serenity I now get to experience. How can we truly know happiness if we haven't suffered?. Even in recovery I've experienced loss, pain & suffering. I've also experienced happiness beyond my imagination. Today I choose to appreciate the pain, because at least I can feel. Today I am truly alive.

NorCal Intergroup Alcoholics Anonymous Newsletter

Northern California Intergroup is a service board of Alcoholics Anonymous serving A.A. groups of Shasta, Tehama, Siskiyou, and Trinity Counties, Intergroup provides alcoholics with services that an individual group can not provide. Intergroup maintains a website and a 24/7 telephone service. It also answers 12 AA 24/7 HOTLINE 530.225.8955 Step calls, provides meeting information and maintains the schedule for the area. Intergroup is sup-

Serving Shasta, Tehama, Siskiyou, and Trinity Counties

primary purpose is to carry the message of Alcoholics Anonymous to alcoholics who still suffer.

ported through voluntary contributions, and it's

We, at Intergroup, urge all A.A. members to look to intergroup as a place of doing service work. We highly encourage all A.A. meetings to have an Intergroup Representative so that your meeting's voice can be heard and so that up-to-date information about Intergroups' activities can be passed on to your meeting.

At this time Intergroup has revolving positions open: please refer to the website for available positions. Our business meeting are the 4th Tuesday of the month at 6pm. All Saints Church ~ Eaton Hall. 2150 Benton Drive, Redding.

Intergroup office is located at 1050 State Street, Redding, CA, 96001 P O Box 991107 Redding, CA 96099 Email: norcalintergroup@gmail.com Office Hours: Please call Lisa S. 530-225-8955 or email norcalintergroup@gmail.com Website: aanorcal.org Newsletter: carrythemessageredding@gmail.com



Step Nine

Made direct amends to such people wherever possible, except when to do so would injure them or others.

Reprinted from Twelve Steps and Twelve Traditions, 1981, "Step 9," Page 83 with permission from Alcoholics Anonymous World Services, Inc. All Rights Reserved

Tradition Nine

AA, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.

Spiritual Principles

attraction awareness

acceptance boundries discipline honesty kindness patience surrender

anonymity communication equality hope peace service trust

attitude compassion humility praver willingness

courage detachment forgiveness gratitude humor maturity meditation respect responsibility spirituality wisdom

It must never be forgotten that the purpose of Alcoholics Anonymous is to sober up alcoholics. There is no religious or spiritual requirement for membership. No demands are made on anyone. An experience is offered which members may accept or reject. That is up to them.

Bill W.

THE REDEVII MENTS (page 52) THE PROMISES (page 83) ish things and gain interest We couldn't control our emotiona We will comprehend the word serenity and we know ook upon life will change nomic insecurity will leave e had a feeling of uselessness We will intuitively know ho to handle situations which We couldn't seem to be of real No matter how far down the cale we have gone, we will ee how your experience car benefit others. We will not shut the door on it. We will suddenly realize that God is doing for us what we

Where Money and Spirituality Mix

To help support A.A.'s essential services, the GSO suggests that groups make contributions tailored to meet the group's financial situation. Once your group expenses have been met (rent, coffee, A.A. literature.) and a possible prudent reserve has been se aside to cover any emergencies that may arise, the group can decide to further carry the message and support A A service entities by doing what is known as a "split" (Where Money and Spirituality Mix pamphlet, General Services Office). A split is defined by dividing up your remaining balance and sending it the following A.A. service entities:

Northern California Intergroup (50%) P.O. Box 991107 Redding, CA 96099-1107

General Service Office (30%) GSO *recommended* cost-saving donation method: P.O. Box 459 Grand Central Station www.contribution.ga.org New York NY 10163

District 11 (10%) Attention: Susy Payne, District 11 Treasurer P.O. Box 990274 Redding, CA 96099-0274

California Northern Interior Area (10%) PO Rox 161712 Sacramento, CA 95816-1712

The above percentages have been used by our area for a long time; however, these percentages may change based on the area's needs. Every area's needs differ, and the percentages are decided by each group as each group is autonomous

NOTE: When making contributions either by check or money order, please include your group number, group name, your name & address.

NorCal Intergroup 6/24/23

September 2023 Volume 5 Tosue 9

ANDERSON AM SATURDAY

ATTITUDES IN ACTION

GROUP #

150044

156461

422555

130801

144128

125364

671021

686984

129169

654796

90842

112146

160486

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625785

55932

101010

695447

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No#

696994

140933

686717

101862

120933

699886

684714

643816

1051245

347980

713061

100856

142038

431673

386485

666814

WOMEN ERFEDOMBOUND

MEN'S NO NAME GROUP

7 @ 7 ZOOM GROUP

ZOOM BIG BOOK

JUNE

\$400.00

\$60.00

\$0.00

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\$155.00

\$15.00

\$56.12

\$95.00

\$95.90

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\$100.00

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\$150.00

\$50.00

\$194.66

\$186.03

\$372.27

\$200.00

\$83.50

\$50.00

\$40.00

\$112.2

\$262.26

\$105.50

\$570.00

NOR CAL INTERGROUP FINANCIAL STATEMENT JANUARY TO DECEMBER 2023

				7714000	AT ITTODES IT ACTION	
	INCOME	HANG.	JULY*	YEAR	Beginings Shasta Group	
	GROUP DONATIONS	JUNE \$1.611.59	50.13	58.432.80	Double Winners Group	
	INDIVIDUAL DONATIONS/PAY PAL	\$16.00	23.25	\$1,282.23	FIRST THINGS FIRST	
	LITERATURE SALES	\$499.00	875.50		FLIMSY REED GROUP	
	COIN SALES	\$106.75	105.75	\$645.70		Ξ
	LITERATURE DONATIONS	\$4.00	77.00	\$108.80		_
	BIRTHDAY MTG 7TH TRADITION	\$0.00	0.00	\$208.00	FRIDAY NIGHT YOUNG PEOPLE	_
	7TH TRADITION BUSINESS MTG	\$19.00	0.00	\$236.00	HI RAILS GROUP	_
	FOUNDER DAY DONATIONS/DEPOSIT	\$196.44	350.00	\$1,733.68	HOW IT WORKS GROUP	-
	FOUNDERS DAY EVENT DAY	\$391.00	0.00	\$391.00		-
	REPLACEMENT CHECK AND FEES	\$0.00	67.37	\$245.87	3 In 1 Group	_
	TOTAL INCOME	\$2,843.78	1549.00	\$18,699.63	IT'S ALL GOOD	_
	EXPENSES				LADIES NIGHT OUT GROUP	
	WAGES	\$602.24	602.24	\$4,221.44	3 LEGACIES GROUP	
	LITERATURE PURCHASES	\$3,146.15	966.49	\$6,776,96	LEVISTON GROUP	
	COIN PURCHASES	\$106.00	79.45	\$683.95		
	RENT	\$300.00	300.00			Т
	ANSWERING SERVICE	\$0.00	200.00	\$800.00	MONDAY MENS STAG 164267	-
	EVENT DEPOSITS/FOUNDER'S DAY/ INS	\$200.00	0.00	\$595.00		_
	SPECTRUM-PHONE	\$0.00	79.98	\$319.92		-
	OFFICE SUPPLIES/OUTSIDE SERV	\$39.89	42.81	\$943.63		-
	QRTLY STATE TAXES	\$0.00	70.00	\$213.37	NORTH VALLEY TRUDGERS	-
	QRTLY FED TAXES	\$0.00	302.94	\$908.82	PALO CEDRO GROUP	_
	SALES TAX-ANNUAL	\$0.00	0.00	\$715.00		,
	WEB/COMP EXPENSES/NEWSLETTER	\$0.00	0.00	\$0.00	PRIMARY PURPOSE BB STDY	
	P.O. BOX	\$0.00	0.00	\$0.00		
	BUSINESS LICENSE	\$0.00	0.00	\$0.00	RED BLUFF RECOVERY Roundup	9
,	WORKMANS COMP	\$171.44	675.40	\$846.84	REDDYPAA	
	CHRISTMAS PARTY	\$0.00	0.00	\$0.00	Solutions Group	_
	FOUNDERS DAY FOOD/SUPPLIES	\$746.45	0.00	\$958.45	Saturday Sisters Group	_
	TO PRUDENT RESERVE	\$126.50	0.00	\$804.10	SISTERS BY CHOICE	_
	TOTAL EXPENSES	\$5,438.67	\$3,319.31	\$21,327.48	SOUNDNESS OF MIND GROUP	_
	TOTAL INCOME	\$2,843.78	AN ADDRESS OF THE PARTY OF THE	\$18,699.63	STEP SISTERS	-
	TOTAL EXPENSES	\$5,438.67	3319.31	\$21,327.48		-
	NET PROFIT/LOSS	-\$2,594.89	-1770.31	-\$2,627.85	STEPPING OUT SISTERS- REDD	44
	BEGINNING BALANCE	\$15,798.37	\$13,203.48	\$15,215.11	STEPS VE TOOK	_
	MONTH NET INCOME	-\$2,594.89	-\$1,770.31	-\$2,627.85	SPIRITUAL PROGRESS	_
	ENDING BALANCE	\$13,203.48	\$11,433.17	\$11,433.17	SUNDAY MORNING MTG	
					Tue, Night Lit, Study	
	PRUDENT RESERVE BALANCE	\$5,486.25	\$5,486.25	\$5,486.25	5 OCLOCK SOMEWHERE	
					WE AGNOSTICS	
	ENDING BALANCE + PRUDENT RESERVE	\$18,689.73	\$16,919.42	\$16,919.42	VED NIGHT LIVE	_
						-

An Important Note from GSO—

General Service Office (GSO) supports your efforts to carry the message of hope to the still-suffering alcoholic. Recently, GSO had made enhancements to their online contribution page to include:

Faster processing

*Takes 15% of profit for Prudent Reserve

- Simplified navigation
- A more intuitive user interface
- Clearer directions
- Less cluttered web pages

Contributions made online cost less to process than those made by check-yielding another \$2.67 per contribution available to carry the message. Currently less than 25 percent of contributions are made online. We hope that these improvements will encourage more use of our online contribution pages, increasing the impact of your Seventh Tradition contributions

If you are new to online contributions, I encourage you to give this a try. Thank you again for participating in our Seventh Tradition. If you have any questions, please contact our Member Services team for assistance at memberservices@aa.org or 212-870-3023

In fellowship, Bob W General Manager

We are looking for input for the newsletter Please submit your recovery related

story, article, or suggestions via Email: Carrythemessageredding@gmail.com or contact

Amy E at 307.752.4232

