

**AA History**

1941

**THE FIRST SPECIALIZED INTEREST GROUP**

The first known all-women group is founded in Cleveland in 1941, making it A.A.'s inaugural specialized interest group. Women in New York, Minneapolis, Salt Lake City, and San Diego soon follow suit, and by the mid 1940s the ratio of women to men in the A.A. population is roughly one in six. Women's groups light the way for other specialized groups, which will eventually include those for young people, the elderly, gays and lesbians, and doctors, lawyers, and other professionals.

**BILL AND LOIS MOVE TO BEDFORD HILLS**

Friends in Westchester County, a half-hour north of New York City, help Bill and Lois work out a financial plan that enables them finally to acquire a house in Bedford Hills. On April 11, 1941, the couple spends their first night there. The comfortable shingled, hip-roofed house, which they will name Stepping Stones, affords them a measure of privacy for the first time since Alcoholics Anonymous was founded.

**BILL HITS THE ROAD**

Membership reaches some 2,000 by Spring 1941, and by the end of the year jumps to approximately 8,000 members in 200 groups across the country. Bill begins what will be three years of traveling to visit groups, getting to know many members individually.

**THE SERENITY PRAYER**

Ruth Hock receives a newspaper clipping of the Serenity Prayer that had been printed in the New York Herald Tribune in June 1941. Ruth and many A.A. members in New York and elsewhere all immediately feel this prayer's relevancy to A.A.'s principles. Soon, the prayer is printed on cards and is being passed out to A.A. members everywhere. The prayer has since become a central part of A.A. heard in meetings around the world. The prayer's authorship is generally attributed to well-known Protestant theologian Dr. Reinhold Niebuhr.

**THE SATURDAY EVENING POST MAKES HISTORY**

The interest of Judge Curtis Bok, owner and publisher of *The Saturday Evening Post*, is piqued when he learns of A.A. from two Philadelphia friends. Bok then calls on hard-nosed reporter Jack Alexander to tell the organization's story. The resulting 7,500-word article is published in the magazine on March 1, 1941, putting Alcoholics Anonymous on the map of public consciousness and spurring a dramatic increase in Big Book sales and membership alike.

**Emotion Word Search!**

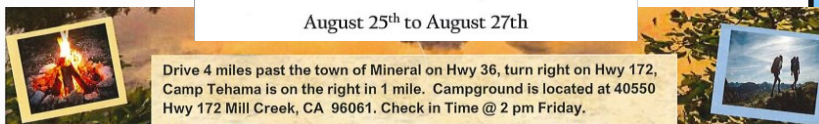


|            |              |            |            |            |
|------------|--------------|------------|------------|------------|
| Accepted   | Busy         | Disgusted  | Insecure   | Proud      |
| Aggressive | Confident    | Distant    | Inspired   | Sad        |
| Amazed     | Confused     | Fearful    | Interested | Surprised  |
| Angry      | Content      | Happy      | Mad        | Threatened |
| Bad        | Despair      | Humiliated | Optimistic | Vulnerable |
| Bored      | Disappointed | Hurt       | Peaceful   | Weak       |

10<sup>th</sup> Annual Mt. Lassen Men's Retreat

Elevated Sobriety

August 25<sup>th</sup> to August 27<sup>th</sup>



Drive 4 miles past the town of Mineral on Hwy 36, turn right on Hwy 172, Camp Tehama is on the right in 1 mile. Campground is located at 40550 Hwy 172 Mill Creek, CA 96061. Check in Time @ 2 pm Friday.

Registration is \$75 which includes food, coffee and fellowship. Add \$20 if you want a Hat or T-shirt \$15.00 for Tank Top. Send Registration with T-shirt or hat selection and T-shirt size, along with check or money order payable to: Mike Stickney @ 19586 Pit River Place Cottonwood, CA 96022

NorCal Intergroup Presents  
**the Monthly Birthday Speaker Meeting!**

**When: July 1st, 2023**  
**Host: Any Lengths Group**  
**Where: 2150 Benton Dr. Redding, Ca.**  
**What Time: 7 to 8 pm**

Share Your Sober Celebration!

If your group is interested in hosting this meeting contact: Chris M. (707) 548-1817

FROM **ARROGANCE** TO **HUMILITY**

|                         |                         |
|-------------------------|-------------------------|
| IS FAULT PROOF          | ADmits MISTAKES         |
| DOESN'T LISTEN          | LISTENS TO UNDERSTAND   |
| INTERRUPTS              | GIVES SPACE             |
| WANTS TO BE RIGHT       | HAS AN OPEN MIND        |
| DOESN'T SEE DIFFERENTLY | EMBRACES DIFFERENCES    |
| PUSHES POINT THROUGH    | ALLOWS IDEAS TO EMERGE  |
| SHOWS FRUSTRATION SOON  | DEMONSTRATES PATIENCE   |
| AVOIDS ACCOUNTABILITY   | TAKES OWNERSHIP         |
| CREATES A FEAR CULTURE  | BUILDS LEARNING CULTURE |

Insights by: Ben Benhau at CEO4World.biz  
 Sketchnote: Tammy Vora | @tinvora | @aspire.com

**Carry the Message**

**AA 24/7 HOTLINE 530.225.8955**

Serving Shasta, Tehama, Siskiyou, and Trinity Counties



**Intergroup Manager's Blurb**

Attention all Group Treasurers

Per GSO on May 11, 2023, the PO Box 459 Grand Central Station, New York, NY 10163 address should be temporarily used to send in 7th tradition splits until GSO can get the US Postal Service to stop incorrectly returning mail sent to the James A Farley address.

GSO also requested that if you have mail that was erroneously returned to you when you sent it to them at Box 2407 James A Farley Station, New York, please take a photo of the yellow sticker they put on it and either email it to member services at aa.org; or to norcalintergroup@gmail.com.

You may also bring the envelope to the Intergroup office so we can photograph it or text a picture of it to (530) 917-5675. This will help GSO document the scope of mail that has been affected by this problem.

**Rogue Mens Fall Retreat**  
 "The Road of Happy Destiny"  
Topic based on 10<sup>th</sup> Chapter 11

September 15th - 17th 2023 Friday 6pm to Sunday 12pm

Lake Selmac, Mallard Loop  
 500 Reeves Creek Rd, Selma OR

**\$110 For RV Spots** (Subject to Availability) **Please Bring...**  
 -Camp Chair  
 -Tent  
 -Sleeping Bag  
 -Flash Light  
 -Notebook  
 -Coffee Cup  
 -Clothes Appropriate for warm days and cold evenings

**\$35 For Tent Spots**

**Both Reservations Include...**  
 - Friday and Saturday Night Tent/RV Spots  
 - Friday Night Pizza  
 - Saturday Breakfast, Lunch, And Dinner

**Contact us**  
 -Email: rogue.mens.retreat@gmail.com

Scholarships Available to those who are unable to afford registration

Register @ mens-fall-retreat.cheddarup.com  
 or Register Via Mail

Name \_\_\_\_\_ Address \_\_\_\_\_  
 Phone \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_  
 Email \_\_\_\_\_

Please Mail This Form and Check made payable to  
 Rogue Mens Fall Retreat  
 @ 189 Nadine Lane, Central Point, OR 97502

Camp Site  RV Site  Scholarship Request

**Shasta County (Area 16) H & I** ~ 1<sup>st</sup> Tuesday of each month, 6:00pm @ *All Saints Church, Eaton Hall, 2150 Benton Drive, Redding.* For more information, please contact the Shasta County Area Chair, Renee P. @ 530-227-5445

**Trinity County (Area 18) H & I** ~ 1<sup>st</sup> Wednesday of each month, 7:30pm @ *St. Patrick's Catholic Church, 102 Church Street, Weaverville.* For more information, please contact the Trinity County Area Chair, Diane C. @ 707-815-5042

**DISTRICT 9 (Siskiyou County)** ~ 1<sup>st</sup> Sunday of each month, 10:00-11:30 am. The meeting is hybrid. The physical meetings are held at *the Weed Community Center, 161 E. Lincoln Ave., Weed, CA.* The zoom meeting ID is: 733 826 1415 / PW: 530530

**Tehama County (Area 17) H & I** ~ 2<sup>nd</sup> Tuesday of each month, 7pm @ *Red Bluff Presbyterian Church, 838 Jefferson St., Room 4 (in back of courtyard), Red Bluff.* For more information, please contact the Tehama County Area Chair, Michael V. @ 530-200-6872

**District 11** ~ 3<sup>rd</sup> Sunday of each month, 3:30-5pm @ *the Alano Club, downstairs, 1050 State St., Redding*

**District 11 "PI/CPC"** ~ 3<sup>rd</sup> Sunday of each month, 5-6pm @ *the Alano Club, upstairs, 1050 State St., Redding*

**NorCal Intergroup** ~ 4<sup>th</sup> Tuesday of each month, 6pm @ *All Saints Church, Eaton Hall, 2150 Benton Drive, Redding*

**REDYPAA** ~ 4<sup>th</sup> Sunday of each month, 3:00pm @ *the Methodist Church, 1825 East St., Redding.* For more information, please contact the Chair, Jordon B. @ 530-691-6015

Nowadays my brain no longer races compulsively in either elation, grandiosity, or depression. I have been given a quiet place in bright sunshine.

We know that permanent sobriety can be attained only by a most revolutionary change in the life and outlook of the individual...

Bill W

# NorCal Intergroup Alcoholics Anonymous Newsletter

July 2023 Volume 5 Issue 7  
**Members Speak**

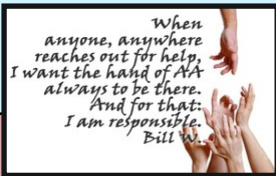
Northern California Intergroup is a service board of Alcoholics Anonymous serving A.A. groups of Shasta, Tehama, Siskiyou, and Trinity Counties. Intergroup provides alcoholics with services that an individual group can not provide. Intergroup maintains a website and a 24/7 telephone service. It also answers 12 Step calls, provides meeting information and maintains the schedule for the area. Intergroup is supported through voluntary contributions, and it's primary purpose is to carry the message of Alcoholics Anonymous to alcoholics who still suffer.

We, at Intergroup, urge all A.A. members to look to intergroup as a place of doing service work. We highly encourage all A.A. meetings to have an Intergroup Representative so that your meeting's voice can be heard and so that up-to-date information about Intergroups' activities can be passed on to your meeting.

At this time Intergroup has revolving positions open: please refer to the website for available positions. Our business meeting are the 4th Tuesday of the month at 6pm, All Saints Church ~ Eaton Hall, 2150 Benton Drive, Redding.

Intergroup office is located at  
 1050 State Street, Redding, CA, 96001  
 P O Box 991107  
 Redding, CA 96099

Email: [norcalintergroup@gmail.com](mailto:norcalintergroup@gmail.com)  
 Office Hours: Please call Lisa S. 530-225-8955  
 or email [norcalintergroup@gmail.com](mailto:norcalintergroup@gmail.com)  
 Website: [aanorcal.org](http://aanorcal.org)  
 Newsletter: [carrythemessageredding@gmail.com](mailto:carrythemessageredding@gmail.com)



We are looking for input for the newsletter. Please submit your recovery related story, article, or suggestions via Email: [Carrythemessageredding@gmail.com](mailto:Carrythemessageredding@gmail.com) or contact Amy E at 307.752.4232

| NOR CAL INTERGROUP FINANCIAL STATEMENT |                    |                   |                    |
|--|--------------------|-------------------|--------------------|
| 'JANUARY TO DECEMBER 2023              |                    |                   |                    |
| INCOME                                 | APRIL              | MAY               | YEAR TO DATE       |
| GROUP DONATIONS                        | \$2,372.87         | \$1,060.12        | \$6,771.08         |
| INDIVIDUAL DONATIONS/PAY PAL           | \$0.00             | \$45.59           | \$1,242.98         |
| LITERATURE SALES                       | \$781.85           | \$666.40          | \$4,041.05         |
| COIN SALES                             | \$41.75            | \$45.00           | \$433.20           |
| LITERATURE DONATIONS                   | \$0.00             | \$5.00            | \$27.80            |
| BIRTHDAY MTG 7TH TRADITION             | \$131.00           | \$77.00           | \$208.00           |
| 7TH TRADITION BUSINESS MTG             | \$12.00            | \$19.00           | \$217.00           |
| FOUNDER DAY DONATIONS                  | \$369.91           | \$789.28          | \$1,187.24         |
| REPLACEMENT CHECK AND FEES             | \$0.00             | \$0.00            | \$178.50           |
| <b>TOTAL INCOME</b>                    | <b>\$3,709.38</b>  | <b>\$2,707.39</b> | <b>\$14,306.85</b> |
| EXPENSES                               |                    |                   |                    |
| WAGES                                  | \$602.24           | 602.24            | \$3,016.96         |
| LITERATURE PURCHASES                   | \$1,976.16         | 0                 | \$2,664.32         |
| COIN PURCHASES                         | \$321.75           | 0                 | \$498.50           |
| RENT                                   | \$300.00           | 740.00            | \$1,940.00         |
| ANSWERING SERVICE                      | \$0.00             | 200.00            | \$600.00           |
| EVENT DEPOSITS/FOUNDER'S DAY/ INS      | \$350.00           | 45.00             | \$395.00           |
| SPECTRUM-PHONE                         | \$0.00             | 79.98             | \$239.94           |
| OFFICE SUPPLIES/OUTSIDE SERV           | \$64.65            | 196.91            | \$860.93           |
| QRTL STATE TAXES                       | \$0.00             | 0                 | \$143.37           |
| QRTL FED TAXES                         | \$0.00             | 0                 | \$605.88           |
| SALES TAX-ANNUAL                       | \$0.00             | 0                 | \$715.00           |
| WEB/COMP EXPENSES/NEWSLETTER           | \$0.00             | 0                 | \$0.00             |
| P.O. BOX                               | \$0.00             | 0                 | \$0.00             |
| BUSINESS LICENSE                       | \$0.00             | 0                 | \$0.00             |
| WORKMANS COMP                          | \$0.00             | 0                 | \$0.00             |
| CHRISTMAS PARTY                        | \$0.00             | 0                 | \$0.00             |
| FOUNDERS DAY                           | \$212.00           | 0.00              | \$212.00           |
| <b>TOTAL EXPENSES</b>                  | <b>\$3,826.80</b>  | <b>\$1,864.13</b> | <b>\$11,891.90</b> |
| <b>TOTAL INCOME</b>                    | <b>\$3,709.38</b>  | <b>2,707.39</b>   | <b>\$14,306.85</b> |
| <b>TOTAL EXPENSES</b>                  | <b>\$3,826.80</b>  | <b>1,864.13</b>   | <b>\$11,891.90</b> |
| <b>NET PROFIT/LOSS</b>                 | <b>-\$117.42</b>   | <b>843.26</b>     | <b>\$2,414.95</b>  |
| BEGINNING BALANCE                      | \$15,332.53        | \$15,215.11       | \$15,215.11        |
| MONTH NET INCOME                       | -\$117.42          | \$843.26          | \$2,414.95         |
| ENDING BALANCE                         | \$15,215.11        | \$16,058.37       | \$17,630.06        |
| TO PRUDENT RESERVE                     | \$0.00             | 0                 | \$677.60           |
| PRUDENT RESERVE BALANCE                | \$5,359.75         | \$5,359.75        | \$5,359.75         |
| <b>TOTAL BALANCE + PRUDENT RESERVE</b> | <b>\$20,574.86</b> | <b>21,418.12</b>  | <b>\$22,989.81</b> |

# Carry the Message

AA 24/7 HOTLINE 530.225.8955

Serving Shasta, Tehama, Siskiyou, and Trinity Counties



Where Money and Spirituality Mix  
 What is a split and how can groups participate?

To help support A.A.'s essential services, the GSO suggests that groups make contributions tailored to meet the group's financial situation. Once your group expenses have been met (rent, coffee, A.A. literature,) and a possible prudent reserve has been set aside to cover any emergencies that may arise, the group can decide to further carry the message and support A.A. service entities by doing what is known as a "split" (Where Money and Spirituality Mix pamphlet, General Services Office). A split is defined by dividing up your remaining balance and sending it the following A.A. service entities:

Northern California Intergroup (50%)  
 P.O. Box 991107  
 Redding, CA 96099-1107

General Service Office (30%) \*GSO \*recommended\* cost-saving donation method:  
 P.O. Box 459, Grand Central Station  
 New York, NY 10163  
[www.contribution.aa.org](http://www.contribution.aa.org)

District 11 (10%)  
 Attention: Susy Payne, District 11 Treasurer  
 P.O. Box 990274  
 Redding, CA 96099-0274

California Northern Interior Area (10%)  
 PO Box 161712  
 Sacramento, CA 95816-1712

The above percentages have been used by our area for a long time; however, these percentages may change based on the area's needs. Every area's needs differ, and the percentages are decided by each group as each group is autonomous.

NOTE: When making contributions either by check or money order, please include your group number, group name, your name & address.

Learning how to live in the greatest peace, partnership, and brotherhood with all men and women, of whatever description, is a moving and fascinating adventure

Bill W

My past isn't My future ~ Brandon G.

For far too long I've let my past define what my future could be. I lived in past accomplishments and failures. I was a broken, hollow excuse of a man, lacking a master plan. For far too long I've allowed myself to live in a reality that is no longer real. I was consumed by what people told me I was, I could never see my own worth. Then I was lost in addiction and I was lost in destruction. So much potential with so little will to try, I was hardly getting by. Although it is really living if I wasn't truly alive?

So much of the big picture I refused to let myself see, I had no idea the man I'd soon come to be. Everything is so different now it's really hard to compare. I was so ungrateful before, I closed every open door. Now when I wake up I'm happy I get to swallow air. It would be easy for me to go through life living off a wave of resentments. Instead I choose to walk a different path.

Today I choose to let my present bring meaning to my painful past. When I face darkness, I search for the light. When I face old demons I push back with all my might. Because today I have such a beautiful life.

| 2023 GROUP DONATIONS       |         |            |          |            |
|----------------------------|---------|------------|----------|------------|
| NAME                       | GROUP # | APRIL      | MAY      | TO DATE    |
| ANDERSON AM SATURDAY       | 150044  | \$0.00     | \$0.00   | \$617.00   |
| Beginings Shasta Group     | 422555  | \$93.00    | \$0.00   | \$168.00   |
| Double Winners Group       |         | \$0.00     | \$90.00  | \$90.00    |
| FIRST THINGS FIRST         | 130801  | \$0.00     | \$0.00   | \$100.00   |
| FLIMSY REED GROUP          | 144128  | \$0.00     | \$0.00   | \$115.75   |
| FLOATING GROUP             | 125364  | \$0.00     | \$0.00   | \$165.08   |
| FREE AT LAST II            | 671021  | \$0.00     | \$0.00   | \$200.00   |
| FRIDAY NIGHT YOUNG PEOPLE  | 686984  | \$0.00     | \$0.00   | \$100.00   |
| HOW IT WORKS GROUP         | 645796  | \$0.00     | \$75.00  | \$75.00    |
| 3 In 1 Group               | 90842   | \$0.00     | \$0.00   | \$8.00     |
| IT'S ALL GOOD              | 112146  | \$0.00     | \$0.00   | \$301.00   |
| LADIES NIGHT OUT GROUP     | 160486  | \$0.00     | \$0.00   | \$50.00    |
| 3 LEGACIES GROUP           | 649210  | \$100.00   | \$0.00   | \$100.00   |
| LEWISTON GROUP             | 157162  | \$110.00   | \$0.00   | \$110.00   |
| MIXED BAG                  | 625785  | \$0.00     | \$0.00   | \$15.00    |
| MONDAY MENS STAG 164267    | 55932   | \$0.00     | \$0.00   | \$240.00   |
| MUSTARD SEED GROUP         | 101010  | \$0.00     | \$500.00 | \$500.00   |
| NOR CAL WINTERFEST MTG     |         | \$1,340.50 | \$0.00   | \$1,340.50 |
| NORTH VALLEY TRUDGERS      | 695447  | \$155.00   | \$0.00   | \$155.00   |
| PRAYER AND MEDITATION GRP  |         | \$0.00     | \$56.12  | \$56.12    |
| PRIMARY PURPOSE BB STDY    | 717255  | \$0.00     | \$65.00  | \$65.00    |
| PROF. "DOC" MEETING        | No #    | \$95.90    | \$0.00   | \$95.90    |
| RED BLUFF RECOVERY Roundup |         | \$0.00     | \$0.00   | \$100.00   |
| REDDYFAA                   | 686984  | \$0.00     | \$100.00 | \$100.00   |
| SISTERS BY CHOICE          | 101862  | \$0.00     | \$0.00   | \$150.00   |
| SOUNDNESS OF MIND GROUP    | 120933  | \$0.00     | \$0.00   | \$50.00    |
| STEP SISTERS               | 120391  | \$112.52   | \$0.00   | \$194.66   |
| STEPS WE TOOK              | 684714  | \$52.45    | \$75.50  | \$276.81   |
| SUNDAY MORNING MTG         | 1051245 | \$0.00     | \$83.50  | \$83.50    |
| Tue. Night Lit. Study      | 119684  | \$0.00     | \$0.00   | \$65.00    |
| 5 OCLOCK SOMENWHERE        | 347980  | \$0.00     | \$0.00   | \$50.00    |
| WED NIGHT LIVE             | 100856  | \$0.00     | \$0.00   | \$50.00    |
| 7 AND 7 ZOOM GROUP         | 431673  | \$0.00     | \$0.00   | \$129.76   |
| ZOOM BIG BOOK              | 386485  | \$0.00     | \$0.00   | \$105.50   |
| MENS NO NAME GROUP         | 666814  | \$0.00     | \$0.00   | \$570.00   |

As of June, we know there's been a problem with contributions being returned from the General Service Office (GSO) and the District 11 addresses. We have looked into the problem; the addresses on our website

NorCal Intergroup 6/24/23  
 are correct but there's continuous problems with the mail service. To help resolve this issue in the future, we've obtained a new address for GSO, and assigned a contact for District 11. This information can be found on our website, under Meetings/Splits page. Hopefully this helps this issue! Thank you.

### An Important Note from GSO—

General Service Office (GSO) supports your efforts to carry the message of hope to the still-suffering alcoholic. Recently, GSO had made enhancements to their online contribution page to include:

- Faster processing
- Simplified navigation
- A more intuitive user interface
- Clearer directions
- Less cluttered web pages



Contributions made online cost less to process than those made by check—yielding another \$2.67 per contribution available to carry the message. Currently less than 25 percent of contributions are made online. We hope that these improvements will encourage more use of our online contribution pages, increasing the impact of your Seventh Tradition contributions.

If you are new to online contributions, I encourage you to give this a try. Thank you again for participating in our Seventh Tradition. If you have any questions, please contact our Member Services team for assistance at [memberservices@aa.org](mailto:memberservices@aa.org) or 212-870-3023.

In fellowship,  
 Bob W.  
 General Manager

### Step Seven

Humbly asked Him to remove our shortcomings.

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### Tradition Seven

Every A.A. group ought to be fully self supporting declining outside contributions.

MY CREATOR, I am now willing that you should have all of me, good & bad. I pray that you now remove from me every single defect of character which stands in the way of my usefulness to you & my fellows. Grant me strength, as I go out from here to do Your bidding. AMEN

In God's economy, nothing is wasted. Through failure, we learn a lesson in humility which is probably needed, painful though it is.

Bill W

ABOVE EVERYTHING, WE ALCOHOLICS MUST BE RID OF THIS SELFISHNESS. WE MUST, OR IT KILLS US! GOD MAKES THAT POSSIBLE AND THERE OFTEN SEEMS NO WAY OF ENTIRELY GETTING RID OF SELF WITHOUT HIS AID.

PG. 62 ALCOHOLICS ANONYMOUS