

SUMMER

Carry the Message

AA 24/7 HOTLINE 530.225.8955

Serving Shasta, Tehama, Siskiyou, and Trinity Counties



Intergroup Manager's Blurb

Attention all Group Treasurers

Per GSO on May 11, 2023, the PO Box 459 Grand Central Station, New York, NY 10163 address should be temporarily used to send in 7th tradition splits until GSO can get the US Postal Service to stop incorrectly returning mail sent to the James A Farley address.

GSO also requested that if you have mail that was erroneously returned to you when you sent it to them at Box 2407 James A Farley Station, New York, please take a photo of the yellow sticker they put on it and either email it to member services at aa.org; or to norcalintergroup@gmail.com.



F K A P Z C E K E S D A C P M A E R C E C I U Z
 Y C G H W G P V L D T B L X N G N E A F P Y Q A
 P O P Z E R A I I J P E I K N A H D E T T O N K
 B R K G W W A V G S A N D C A S T L E Z Z J R M
 F D Q Q T T B R E S J N X Z D Q G L O S A R A P
 Z F J A K A G T U P Y O W B D Z N N S P A D E F
 P O E C K K I R R L O O P G N I M M I W S S P M
 O H O L A K E D I S T R I C T I D S X F N M I C
 Q C S I R B M E T F R G W N C B G F F X R C U Q
 B P E D E K E S P K N R D E C N Z K L K X U W Y
 B O A A I R Y P B I I M L N H P S S B C N W S N
 I C C V S B K R D M H O S L A G F L A Z R Y P D
 F H P U A O I R U V L B M C B S J E H I A F C J
 M I W F E G A Z F L B U A L I S O R R D L S V W
 E R F Y H O C B Y J U U J B N D L L I R F I M T
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 S V O W S T C E S N I B K M K O O C U K T N T G
 H N O S P S A W Q K C E B F I H N H K G C N X R
 V N U V M N O I T O L N U S B I E C R C A N N N
 S L A V I T S E F G T B U C K E T G C E H E T T
 H Y R K N B O W C R F E D A H S B U S O G A S J
 M L I O P L E U J M X G E J R E I P N A D U I A
 S A L A D V L E T O B L U E S K Y O P F T I H R
 J B E A C H B A L L U X J V Z C D Q V I W A L G

- | | | | | |
|-----------|---------------|----------|----------------|---------------|
| BBQ | BEACH BALL | BEE | BIKINI | BLACKPOOL |
| BLUE SKY | BRIGHTON | BUCKET | COCKTAILS | DECK CHAIR |
| FERRY | FESTIVALS | HEATWAVE | HOLIDAYS | ICE LOLLY |
| ICECREAM | INSECTS | KITE | KNOTTED HANKIE | LAKE DISTRICT |
| LIDO | PARASOL | PIER | PLEASURE BEACH | ROCK |
| SAILING | SALAD | SAND | SANDCASTLE | SEA |
| SEA GULLS | SNOW BOARDING | SPADE | SUB SHADE | SUN LOTION |
| SURFING | SWIMMING POOL | WARM | WASPS | |

1940
 ENTER FATHER DOWLING
 On a rainy winter night in late 1940, a kindly clergyman from St. Louis appears at the 24th Street Clubhouse. Leaning on his cane, Fr. Edward Dowling, SJ, introduces himself to Bill, states that he has been reading *Alcoholics Anonymous*, and then points out the parallels between the Twelve Steps and his own Jesuit order. Thus begins a spiritual sponsorship between Fr. Dowling and Bill that will last for the next 20 years.

TORONTO GETS THE MESSAGE
 The Fellowship's message will spread north when Rev. Dr. George Little, a Toronto United Church minister who is also active in the temperance movement, learns of the Big Book in 1940, orders a few copies, and gives two to a small group of alcoholics who have been gathering for mutual support. Led by Tom E., the men will become Canada's first A.A. group as they begin to hold meetings in a room above Toronto's Little Denmark Tavern in 1943.

1941
A.A. MARCHES WEST
 A.A. spreads beyond Ohio, with groups beginning to meet in cities as large as Chicago and New Orleans and Houston. Alcoholics in Topeka, Fort Worth, Tucson, Omaha, and Honolulu also "join the club," as do those in smaller towns in the Midwest and West.

THE SATURDAY EVENING POST MAKES HISTORY

The interest of Judge Curtis Bok, owner and publisher of The Saturday Evening Post, is piqued when he learns of A.A. from two Philadelphia friends. Bok then calls on hard-nosed reporter Jack Alexander to tell the organization's story. The resulting 7,500-word article is published in the magazine on March 1, 1941, putting Alcoholics Anonymous on the map of public consciousness and spurring a dramatic increase in Big Book sales and membership alike.

Float Meeting
 AA FLOATING MTG.
 SUNDAY MAY 21 ST @ 3PM
 Open AA mtg. every Sunday @ 3pm
 mtg held at Brandy Creek - 1st buoy
 left of the
 Kayak rental shed.
 Bring your float, water & sunscreen!

**NorCal Intergroup Hosts:
 Founders' Day Picnic 2023!**
**June 10th
 Caldwell Park, Redding Ca.
 A World Wide A.A. Celebration
 of the starting point of A.A.!**
11 to 4 pm

- Speakers
- BBQ, desserts, salads
- 50/50 Raffle
- Balloon Art/ Music!
- Archive Exhibit
- A.A. Literature for Sale

Family and Friends are Welcome!
 Water Provided
 Service positions available. Join our committee! Check out aanorcal.org/events call Patty H. 530-921-4339 To bring a salad contact, Renee P. 530-227-5445. To bring a dessert contact, Heather L. 916-479-2567

**THE MONTHLY INTERGROUP
 BIRTHDAY SPEAKER MEETING
 PRESENTS:**

**June 3rd
 7 to 8 pm**

ALL SAINTS CHURCH
 2150 BENTON DR.
 REDDING, CA.

If your group is interested in hosting an Intergroup Speaker Meeting please contact Chris M. (707) 548-1817

**Rogue Mens
 Fall Retreat**
"The Road of Happy Destiny"
September 15th - 17th 2023 Friday 6pm to Sunday 12pm

Lake Selmac, Mallard Loop
 500 Reeves Creek Rd, Selma OR

\$110 For RV Spots (Subject to Availability) Please Bring...
 \$35 For Tent Spots
 Both Reservations Include...
 - Friday and Saturday Night Tent/RV Spots
 - Friday Night Pizza
 - Saturday Breakfast, Lunch, and Dinner

Contact us
 -Email: rogue.mens.retreat@gmail.com

Scholarships Available to those who are unable to afford registration

Register @ mens-fall-retreat.cheddarup.com
 OR
 Register Via Mail

Name _____ Address _____
 Phone _____ City _____ State _____
 Email _____

Please Mail This Form and Checks made payable to
 Rogue Mens Fall Retreat
 @ 189 Nadine Lane, Central Point, OR 97502

Shasta County (Area 16) H & I ~ 1st Tuesday of each month, 6:00pm @ *All Saints Church, Eaton Hall, 2150 Benton Drive, Redding.* For more information, please contact the Shasta County Area Chair, Renee P. @ 530-227-5445

Trinity County (Area 18) H & I ~ 1st Wednesday of each month, 7:30pm @ *St. Patrick's Catholic Church, 102 Church Street, Weaverville.* For more information, please contact the Trinity County Area Chair, Diane C. @ 707-815-5042

DISTRICT 9 (Siskiyou County) ~ 1st Sunday of each month, 10:00-11:30 am. The meeting is hybrid. The physical meetings are held at *the Weed Community Center, 161 E. Lincoln Ave., Weed, CA.* The zoom meeting ID is: 733 826 1415 / PW: 530530

Tehama County (Area 17) H & I ~ 2nd Tuesday of each month, 7pm @ *Red Bluff Presbyterian Church, 838 Jefferson St., Room 4 (in back of courtyard), Red Bluff.* For more information, please contact the Tehama County Area Chair, Michael V. @ 530-200-6872

District 11 ~ 3rd Sunday of each month, 3:30-5pm @ *the Alano Club, downstairs, 1050 State St., Redding*

District 11 "PI/CPC" ~ 3rd Sunday of each month, 5-6pm @ *the Alano Club, upstairs, 1050 State St., Redding*

NorCal Intergroup ~ 4th Tuesday of each month, 6pm @ *All Saints Church, Eaton Hall, 2150 Benton Drive, Redding*

REDYPAA ~ 4th Sunday of each month, 3:00pm @ *the Methodist Church, 1825 East St., Redding.* For more information, please contact the Chair, Jordon B. @ 530-691-6015

“ It must never be forgotten that the purpose of Alcoholics Anonymous is to sober up alcoholics. There is no religious or spiritual requirement for membership. No demands are made on anyone. An experience is offered which members may accept or reject. That is up to them.



Northern California Intergroup is a service board of Alcoholics Anonymous serving A.A. groups of Shasta, Tehama, Siskiyou, and Trinity Counties. Intergroup provides alcoholics with services that an individual group can not provide. Intergroup maintains a website and a 24/7 telephone service. It also answers 12 Step calls, provides meeting information and maintains the schedule for the area. Intergroup is supported through voluntary contributions, and it's primary purpose is to carry the message of Alcoholics Anonymous to alcoholics who still suffer.

We, at Intergroup, urge all A.A. members to look to intergroup as a place of doing service work. We highly encourage all A.A. meetings to have an Intergroup Representative so that your meeting's voice can be heard and so that up-to-date information about Intergroups' activities can be passed on to your meeting.

At this time Intergroup has revolving positions open: please refer to the website for available positions. Our business meeting are the 4th Tuesday of the month at 6pm, All Saints Church, 2150 Benton Drive, Redding.

Intergroup office is located at
1050 State Street, Redding, CA, 96001
P O Box 991107
Redding, CA 96099

Email: norcalintergroup@gmail.com
Office Hours: Please call Lisa S. 530-225-8955
or email norcalintergroup@gmail.com
Website: aanorcal.org
Newsletter: carrythemessengeredding@gmail.com



Step Six

We're entirely ready to have God remove all these defects of character.

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Tradition Six

An AA group ought never endorse, finance, or lend the AA name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.

We are looking for input for the newsletter. Please submit your recovery related story, article, or suggestions via Email: Carrythemessengeredding@gmail.com or contact Amy E at 307.752.4232

INCOME	MARCH	APRIL	YEAR TO DATE
GROUP DONATIONS	\$533.94	\$2,372.87	\$5,710.96
INDIVIDUAL DONATIONS/PAY PAL	\$431.15	\$0.00	\$1,197.39
LITERATURE SALES	\$985.00	\$781.85	\$3,374.65
COIN SALES	\$148.00	\$41.75	\$388.20
LITERATURE DONATIONS	\$0.00	\$0.00	\$22.80
BIRTHDAY MTG 7TH TRADITION	\$0.00	\$131.00	\$131.00
7TH TRADITION BUSINESS MTG	\$162.00	\$12.00	\$198.00
FOUNDER DAY DONATIONS	\$2.00	\$369.91	\$397.96
REPLACEMENT CHECK AND FEES	\$0.00	\$0.00	\$178.50
TOTAL INCOME	\$2,262.09	\$3,709.38	\$11,599.46
EXPENSES			
WAGES	\$602.24	\$602.24	\$2,414.72
LITERATURE PURCHASES	\$0.00	\$1,976.16	\$2,664.32
COIN PURCHASES	\$0.00	\$321.75	\$498.50
RENT	\$300.00	\$300.00	\$1,200.00
ANSWERING SERVICE	\$200.00	\$0.00	\$400.00
EVENT DEPOSITS/FOUNDER'S DAY	\$0.00	\$350.00	\$350.00
SPECTRUM-PHONE	\$79.98	\$0.00	\$159.96
OFFICE SUPPLIES/OUTSIDE SERV	\$200.76	\$64.65	\$664.02
QRTLY STATE TAXES	\$76.00	\$0.00	\$143.37
QRTLY FED TAXES	\$302.94	\$0.00	\$605.88
SALES TAX-ANNUAL	\$0.00	\$0.00	\$715.00
WEB/COMP EXPENSES/NEWSLETTER	\$0.00	\$0.00	\$0.00
P.O. BOX	\$0.00	\$0.00	\$0.00
BUSINESS LICENSE	\$0.00	\$0.00	\$0.00
WORKMANS COMP	\$0.00	\$0.00	\$0.00
CHRISTMAS PARTY	\$0.00	\$0.00	\$0.00
FOUNDERS DAY	\$0.00	\$212.00	\$212.00
TOTAL EXPENSES	\$1,761.92	\$3,826.80	\$10,027.77
TOTAL INCOME	\$2,262.09	\$3,709.38	\$11,599.46
TOTAL EXPENSES	\$1,761.92	\$3,826.80	\$10,027.77
NET PROFIT/LOSS	\$500.17	-\$117.42	\$1,571.69
BEGINNING BALANCE	\$14,832.36	\$15,332.53	\$15,215.11
MONTH NET INCOME	\$500.17	-\$117.42	\$1,571.69
ENDING BALANCE	\$15,332.53	\$15,215.11	\$16,786.80
TO PRUDENT RESERVE	\$260.00	\$0.00	\$260.00
PRUDENT RESERVE BALANCE	\$5,359.75	\$5,359.75	\$5,359.75
TOTAL BALANCE + PRUDENT RESERVE	\$20,692.28	\$20,574.86	\$22,146.55

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Where Money and Spirituality Mix
What is a split and how can groups participate?

To help support A.A.'s essential services, the GSO suggests that groups make contributions tailored to meet the group's financial situation. Once your group expenses have been met (rent, coffee, A.A. literature,) and a possible prudent reserve has been set aside to cover any emergencies that may arise, the group can decide to further carry the message and support A.A. service entities by doing what is known as a "split" (Where Money and Spirituality Mix pamphlet, General Services Office). A split is defined by dividing up your remaining balance and sending it the following A.A. service entities:

Northern California Intergroup (50%)
P.O. Box 991107
Redding, CA 96099-1107

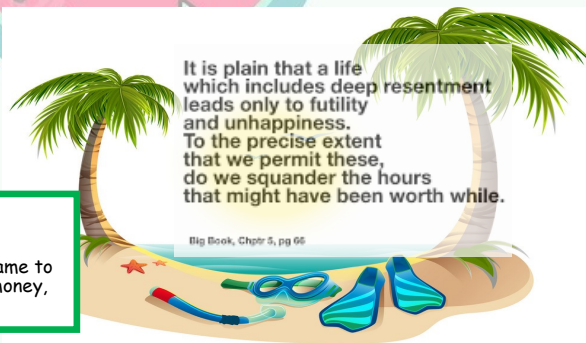
General Service Office (30%) *GSO *recommended* cost-saving donation method:*
P.O. Box 459, Grand Central Station www.contrib-aa.org
New York, NY 10163

District 11 (10%)
P.O. Box 990274
Redding, CA 96099-0274

California Northern Interior Area (10%)
PO Box 161712
Sacramento, CA 95816-1712

The above percentages have been used by our area for a long time; however, these percentages may change based on the area's needs. Every area's needs differ, and the percentages are decided by each group as each group is autonomous.

NOTE: When making contributions either by check or money order, **please include your group number, group name, your name & address.**



"TO THE WORLD YOU MAY BE ONE PERSON, BUT TO ONE PERSON YOU ARE THE WORLD."
-BILL WILSON



The Wrong Perspective ~ By Brandon G.

I was high on a mountain till I suddenly fell, I wrapped myself deep within my own discouraging spell. I thought I was more, I thought I was less, I couldn't pass my own impossible tests. First I'm the monster, then I'm the

hero, then I place myself at the bottom back to zero. Pushing for redemption, looking for resurrection, yet I was looking at life from the wrong perspective. Today I'm choosing to see just how far I've come, my accomplishments, my failures, the bonds I've built with the ones I love.

Through my lowest lows, and my highest highs, with God at my side, I know I'll find the courage to find joy in life.

A bit about the author ~

Brandon's sobriety date is 08.23.21 he has worked the 12 steps.

Throughout his life he had extreme expectations. Either way too high or way too low. It made happiness near impossible. In AA he is learning balance. He is finding serenity in living in the moment. Instead of seeing life fall short of his extreme expectations.

2023 GROUP DONATIONS		AS OF APRIL 30, 2023		
NAME	GROUP #	MARCH	APRIL	TO DATE
ANDERSON AM SATURDAY	150044	\$0.00	\$0.00	\$617.00
Beginnings Shasta Group	422555	\$0.00	\$93.00	\$168.00
FIRST THINGS FIRST	130801	\$100.00	\$0.00	\$100.00
FLIMSY REED GROUP	144128	\$0.00	\$0.00	\$115.75
FLOATING GROUP	125364	\$165.08	\$0.00	\$165.08
FREE AT LAST II	671021	\$100.00	\$0.00	\$200.00
FRIDAY NIGHT YOUNG PEOPLE	686984	\$0.00	\$0.00	\$100.00
3 In 1 Group	90842	\$0.00	\$0.00	\$8.00
IT'S ALL GOOD	112146	\$0.00	\$0.00	\$301.00
LADIES NIGHT OUT GROUP	160486	\$0.00	\$0.00	\$50.00
3 LEGACIES GROUP	649210	\$0.00	\$100.00	\$100.00
LEWISTON GROUP	157162	\$0.00	\$110.00	\$110.00
MIXED BAG	625785	\$0.00	\$0.00	\$15.00
MONDAY MENS STAG 164267	55932	\$0.00	\$0.00	\$240.00
NOR CAL WINTERFEST MTG		\$0.00	\$1,340.50	\$1,340.50
NORTH VALLEY TRUDGERS	695447	\$0.00	\$155.00	\$155.00
PROF "DOC" MEETING	No #	\$0.00	\$95.90	\$95.90
RED BLUFF RECOVERY Roundup		\$0.00	\$0.00	\$100.00
SISTERS BY CHOICE	101862	\$150.00	\$0.00	\$150.00
SOUNDNESS OF MIND GROUP	120933	\$0.00	\$0.00	\$50.00
STEP SISTERS	120391	\$0.00	\$112.52	\$194.66
STEPPING OUT SISTERS- REDDING	699886	\$0.00	\$122.50	\$122.50
STEPS WE TOOK	684714	\$68.86	\$52.45	\$201.31
Tue. Night Lit. Study	119684	\$0.00	\$0.00	\$65.00
5 OCLOCK SOMEWHERE	347980	\$50.00	\$0.00	\$50.00
WED NIGHT LIVE	100856	\$50.00	\$0.00	\$50.00
7 AND 7 ZOOM GROUP	431673	\$0.00	\$0.00	\$129.76
ZOOM BIG BOOK	386485	\$0.00	\$0.00	\$105.50
MEN'S NO NAME GROUP	666814	\$0.00	\$0.00	\$570.00

An Important Note from GSO—

General Service Office (GSO) supports your efforts to carry the message of hope to the still-suffering alcoholic. Recently, GSO had made enhancements to their online contribution page to include:

- **Faster processing**
- **Simplified navigation**
- **A more intuitive user interface**
- **Clearer directions**
- **Less cluttered web pages**

Contributions made online cost less to process than those made by check—yielding another \$2.67 per contribution available to carry the message. Currently less than 25 percent of contributions are made online. We hope that these improvements will encourage more use of our online contribution pages, increasing the impact of your Seventh Tradition contributions.

If you are new to online contributions, I encourage you to give this a try. Thank you again for participating in our Seventh Tradition. If you have any questions, please contact our Member Services team for assistance at memberservices@aa.org or 212-870-3023.

In fellowship,
Bob W.
General Manager



NorCal Intergroup 5/11/23