

AA History

1940

ROCKEFELLER'S DINNER

John D. Rockefeller, Jr. hosts a dinner at the exclusive Union Club to publicize Alcoholics Anonymous. Because Rockefeller believes that A.A. should be self-supporting, and this is understood by the guests, no money is solicited or raised. Nevertheless, Rockefeller sees to it that the event receives favorable and widespread publicity. Within a month, small donations trickle in from members, slightly easing the financial difficulty faced by A.A. during this early period

THE FIRST NEW YORK CLUBHOUSE

With the house at 182 Clinton Street no longer available for meetings, New York members meet wherever they can. Two of them, Bert T. and Horace C., find and guarantee the rent on a small building at 334 1/2 West 24th Street in Manhattan. The clubhouse soon bustles with activity, and Bill and Lois, still homeless, move into one of the two upstairs bedrooms later in the year.

A.A.'S FIRST HEADQUARTERS

In March, 1940, Works Publishing moves from Newark to a small office at 30 Vesey Street in lower Manhattan. Though something of a financial gamble, the move means that for the first time the Fellowship has a headquarters of its own.

A CHALLENGE TO THE PRINCIPLE OF ANONYMITY

A star catcher for the Cleveland Indians, described by the press as "rollicking" because of his heavy drinking, announces that he has achieved sobriety through his year-long membership in Alcoholics Anonymous. His name and face are splashed over sports pages nationwide. Such violation of the Fellowship's principle of anonymity leads Bill and members everywhere to consider anonymity's pros and cons.

OBSTACLES TO HEALING

U X U G H A E S F K Q T C T L C D S P L
 O O N O I T A N I T S A R C O R P E X Z
 Y G O L W G M O K F I P L U I O V L U P
 E E X Y Y A I I Y G L D F A M K T F F E
 P E F Y R E S T S R L Y C U S W I C D U
 E C A W I O A A T E U F Q T U T S R E G
 X N K U G O P V E E S W B S O N E I R I
 L A I Y N S P R D D I U I T R E L T E T
 C D G T O I R E D R O G E E E M F I T A
 I I A E R M E S L D N X G G Z T I C N F
 R O U I A Y H E D S E R N P Y N S I E W
 R V T X N V E R T R E I Z E H E H S C N
 E A Y N C N N G U S V V O R M S N M F Q
 G D I A E E S U S A M R A E F E E S L P
 N F P A E H I I R G D G K L M R S E E Y
 A E D I R P O C A V E R S I O N S O S Z
 D D D V C N N O C J M B Y S U O L A E J

ANGER	EGO	ILLUSION	RESENTMENT
ANXIETY	ENVY	JEALOUSY	RESERVATIONS
AVERSION	FATIGUE	MISAPPREHENSION	SELF CENTERED
AVOIDANCE	FEAR	PRIDE	SELF CRITICISM
CRAVING	GREED	PROCRASTINATION	SELFISHNESS
DOUBTS	IGNORANCE	REGRESSION	

EASY DOES IT
 LET GO AND LET GOD
 KEEP COMING BACK
 ONE DAY AT A TIME
 TURN IT OVER
 SOBRIETY IS A JOURNEY,
 NOT A DESTINATION
 BUT FOR THE GRACE OF GOD
 MORE WILL BE REVEALED
 HOW? HONEST. OPEN. WILLING.
 IT WORKS IF YOU WORK IT
 THIS TOO SHALL PASS
 WE ARE ONLY AS SICK
 AS OUR SECRETS
 GOD IS NEVER LATE
 KEEP AN OPEN MIND
 LIVE AND LET LIVE



**NorCal Intergroup Hosts:
 Founders' Day Picnic 2023!**

June 10th
 Caldwell Park, Redding Ca.
 A World Wide A.A. Celebration
 of the starting point of A.A.!

11 to 4 pm

- Speakers
- 50/50 Raffle
- Archive Exhibit
- BBQ, desserts, salads
- Balloon Art/ Music!
- A.A. Literature for Sale

Family and Friends are Welcome!
 Water Provided

Service positions available. Join our committee! Check out aanorcal.org/events call Patty H. 530-921-4339 To bring a salad contact, Renee P. 530-227-5445. To bring a dessert contact, Heather L. 916-479-2567

NorCal Intergroup Invites You to the Monthly Birthday Speaker Meeting

HOSTED BY:
"7 AT 7"

May 6th 7 to 8pm
 All Saints Church 2150 Benton Dr., Redding

"7 at 7" is a popular ZOOM meeting with up to 30+ members chiming in.
 Check it out at (707) 625 649 4469 / PW: B8b4AA

IF YOUR GROUP IS INTERESTED IN HOSTING A SPEAKER MEETING CONTACT: CHRIS A. AT (707) 598-1817

Carry the Message

AA 24/7 HOTLINE 530.225.8955

Serving Shasta, Tehama, Siskiyou, and Trinity Counties



Intergroup Manager's Blurb

Ever wondered what goes on in that little office off the big room in the Alano club?

We are a small group of folks who work for the members of Alcoholics Anonymous in the four counties that make up the Northern California Intergroup: Shasta, Siskiyou, Tehama and Trinity.

We operate a 24-hour AA hotline (530) 225-8955. That hotline is manned by volunteers who sit in the office in two-hour shifts during various times of the days of the week and is covered by a professional answering service when live operators are unavailable.

We also have a bookstore that offers AA-approved literature; sobriety anniversary aluminum, bronze, and specialty coins as well as book covers (and double-covers) for every kind of Big Book and 12 X12 we carry in over half a dozen colors!

Even though we are only open part-time as volunteer schedules allow, in March we handled 4 remote 12-Step calls, 30 information calls and had 76 visitors, a fairly nice accomplishment for a tiny rural central office.

We'd love to show you what we do, so come on by any time we're open. Our "posted" hours are Tue 3-6, Wed 7-11 and Thu 12-4, but give us a call to make sure we're there when you plan to come visit (530) 225-8955 or (530) 917-5675

Business Meetings

Shasta County (Area 16) H & I ~ 1st Tuesday of each month, 6:00pm @ All Saints Church, Eaton Hall, 2150 Benton Drive, Redding. For more information, please contact the Shasta County Area Chair, Renee P. @ 530-227-5445

Trinity County (Area 18) H & I ~ 1st Wednesday of each month, 7:30pm @ St. Patrick's Catholic Church, 102 Church Street, Weaverville. For more information, please contact the Trinity County Area Chair, Diane C. @ 707-815-5042

DISTRICT 9 (Siskiyou County) ~ 1st Sunday of each month, 10:00-11:30 am. The meeting is hybrid. The physical meetings are held at the Weed Community Center, 161 E. Lincoln Ave., Weed, CA. The zoom meeting ID is: 733 826 1415 / PW: 530530

Tehama County (Area 17) H & I ~ 2nd Tuesday of each month, 7pm @ Red Bluff Presbyterian Church, 838 Jefferson St., Room 4 (in back of courtyard), Red Bluff. For more information, please contact the Tehama County Area Chair, Michael V. @ 530-200-6872

District 11 ~ 3rd Sunday of each month, 3:30-5pm @ the Alano Club, downstairs, 1050 State St., Redding

District 11 "PI/CPC" ~ 3rd Sunday of each month, 5-6pm @ the Alano Club, upstairs, 1050 State St., Redding

NorCal Intergroup ~ 4th Tuesday of each month, 6pm @ All Saints Church, Eaton Hall, 2150 Benton Drive, Redding

REDYPAA ~ 4th Sunday of each month, 3:00pm @ the Methodist Church, 1825 East St., Redding. For more information, please contact the Chair, Jordon B. @ 530-691-6015



grow through what you go through
 bloom where you are planted

REDYPAA presents

MAY DAY
 Relay

This is your chance to show off your skills and have fun in a friendly competition.

Win prizes
 Compete in teams
MAY 20, 2023
 SPEAKER MEETING AT 8 PM
 EVENT TO FOLLOW
 1050 State Street Redding, CA

For questions contact Events Chair Nicole at (707) 872-1277
 \$7.00 suggested donation



MAY YOUR MORNINGS BE BREW-TIFUL!

The LAST Founders' Day Picnic Committee Meeting is Saturday, May 20th, 11:00am, upstairs at the Alano Club. If you'd like to volunteer to help at the picnic, come to one of our meetings or contact Patty H., Coordinator @ 530-921-4339.

If you'd like to bring a salad or chips to the picnic on June 10th, contact 'Renee P. @ 530-227-5445; and if you'd like to bring a dessert to the picnic on June 10th, please contact Heather L. @ 916-479-2567

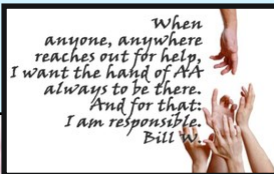
Northern California Intergroup is a service board of Alcoholics Anonymous serving A.A. groups of Shasta, Tehama, Siskiyou, and Trinity Counties. Intergroup provides alcoholics with services that an individual group can not provide. Intergroup maintains a website and a 24/7 telephone service. It also answers 12 Step calls, provides meeting information and maintains the schedule for the area. Intergroup is supported through voluntary contributions, and it's primary purpose is to carry the message of Alcoholics Anonymous to alcoholics who still suffer.

We, at Intergroup, urge all A.A. members to look to intergroup as a place of doing service work. We highly encourage all A.A. meetings to have an Intergroup Representative so that your meeting's voice can be heard and so that up-to-date information about Intergroups' activities can be passed on to your meeting.

At this time Intergroup has revolving positions open: please refer to the website for available positions. Our business meeting are the 4th Tuesday of the month at 6pm, All Saints Church, 2150 Benton Drive, Redding.

Intergroup office is located at
 1050 State Street, Redding, CA, 96001
 P O Box 991107
 Redding, CA 96099

Email: norcalintergroup@gmail.com
 Office Hours: Please call Lisa S. 530-225-8955
 or email norcalintergroup@gmail.com
 Website: aanorcal.org
 Newsletter: carrythemessageredding@gmail.com



We are looking for input for the newsletter. Please submit your recovery related story, article, or suggestions via Email: Carrythemessageredding@gmail.com or contact Amy E at 307.752.4232

INCOME	FEB	MARCH	YEAR TO DATE
GROUP DONATIONS	\$1,372.01	\$533.94	\$3,338.09
INDIVIDUAL DONATIONS/PAY PAL	\$18.25	\$431.15	\$1,197.39
LITERATURE SALES	\$958.55	\$985.00	\$2,592.80
COIN SALES	\$109.00	\$148.00	\$346.45
LITERATURE DONATIONS	\$0.00	\$0.00	\$22.80
7TH TRADITION	\$0.00	\$162.00	\$186.00
FOUNDER DAY DONATIONS	\$0.00	\$2.00	\$28.05
REPLACEMENT CHECK	\$142.25	\$0.00	\$178.50
TOTAL INCOME	\$2,600.06	\$2,262.09	\$7,890.08
EXPENSES			
WAGES	\$609.24	\$602.24	\$1,812.48
LITERATURE PURCHASES	\$142.25	\$0.00	\$688.16
COIN PURCHASES	\$63.95	\$0.00	\$176.75
RENT	\$300.00	\$300.00	\$900.00
ANSWERING SERVICE	\$0.00	\$200.00	\$400.00
EVENT DEPOSITS	\$0.00	\$0.00	\$0.00
SPECTRUM-PHONE	\$0.00	\$79.98	\$159.96
OFFICE SUPPLIES/OUTSIDE SERV	\$248.61	\$200.76	\$599.37
QRTLTY STATE TAXES	\$0.00	\$76.00	\$143.37
QRTLTY FED TAXES	\$0.00	\$302.94	\$605.88
SALES TAX-ANNUAL	\$0.00	\$0.00	\$715.00
WEB/COMP EXPENSES/NEWSLETTER	\$0.00	\$0.00	\$0.00
P.O. BOX	\$0.00	\$0.00	\$0.00
BUSINESS LICENSE	\$0.00	\$0.00	\$0.00
WORKMANS COMP	\$0.00	\$0.00	\$0.00
CHRISTMAS PARTY	\$0.00	\$0.00	\$0.00
FOUNDERS DAY	\$0.00	\$0.00	\$0.00
TOTAL EXPENSES	\$1,364.05	\$1,761.92	\$6,200.97
TOTAL INCOME	\$2,600.06	\$2,262.09	\$7,890.08
TOTAL EXPENSES	\$1,364.05	\$1,761.92	\$6,200.97
NET PROFIT/LOSS	\$1,236.01	\$500.17	\$1,689.11
BEGINNING BALANCE	\$13,596.35	\$14,832.36	\$15,332.53
MONTH NET INCOME	\$1,236.01	\$500.17	\$1,689.11
ENDING BALANCE	\$14,832.36	\$15,332.53	\$17,021.64
TO PRUDENT RESERVE	\$0.00	\$260.00	\$260.00
PRUDENT RESERVE BALANCE	\$5,099.75	\$5,359.75	\$5,359.75
TOTAL BALANCE + PRUDENT RESERVE	\$19,932.11	\$20,692.28	\$22,381.39

Carry the Message

AA 24/7 HOTLINE 530.225.8955

Serving Shasta, Tehama, Siskiyou, and Trinity Counties



Where Money and Spirituality Mix

What is a split and how can groups participate? To help support A.A.'s essential services, the GSO suggests that groups make contributions tailored to meet the group's financial situation. Once your group expenses have been met (rent, coffee, A.A. literature,) and a possible prudent reserve has been set aside to cover any emergencies that may arise, the group should decide to further carry the message and support A.A. service entities by doing what is known as a "split" (Where Money and Spirituality Mix pamphlet, General Services Office). A split is defined by dividing up your remaining balance and sending it the following A.A. service entities:

Northern California Intergroup (50%)
 P.O. Box 991107
 Redding, CA 96099-1107

General Service Office (30%)
 PO Box 2407, James A. Farley Station
 New York, NY 10116-2407

District 11 (10%)
 P.O. Box 990274
 Redding, CA 96099-0274

California Northern Interior Area (10%)
 PO Box 161712
 Sacramento, CA 95816-1712

The above percentages have been used by our area for a long time; however, these percentages may change based on the area's needs. Every area's needs differ, and the percentages are decided by each group as each group is autonomous.

NOTE: When making contributions either by check or money order, **please include your group number, group name, your name and address.**

Please come for some good AA coffee and support our meeting any Wednesday at 5:30 PM at All Saints Church, 2150 Benton Dr., Redding. We also welcome donations of any and all conference approved literature to give to our attendees. For more information contact Monica G. at 530.351.8914 or Rob T. at 415.517.8700.

I'm an Alcoholic
 By Michael W.

I'm an Alcoholic
 One more drink and I'll be dead there only one prevention
 To stay out of my own head

I'm an Alcoholic
 Alcoholics anonymous is my name
 I brought this on myself
 there's no one else to blame

I'm an Alcoholic
 I fight the guilt and shame
 I know other alcoholics
 that have to do the same

I'm an Alcoholic
 what a tragic thing to be
 its a terrible affliction
 That will never Set me free

I'm an Alcoholic
 for which there is no cure
 right now I'm in remission
 will it be back
 I can't be sure

I'm an Alcoholic
 I walk a twelve step plain
 where I ask a higher power
 to try to keep me sane

Mikki O. on behalf of
 Shasta Newcomers Group

Wow! The Shasta Newcomers Group celebrated it's first year anniversary and is growing strong. Along with the group's anniversary, several members picked up 1 year birthday chips! Our chip meeting on the first Wednesday monthly is always an inspiring celebration of sobriety.

From it's beginning, when it was recognized a local newcomers/beginners meeting was needed, the groups' meeting room and service positions has been filled. Our format is borrowed from GSO's pamphlet "Suggestions for Leading Beginners Meetings" (<https://www.aa.org/suggestions-leading-beginners-meetings>).

Persevere or Disappear.
 By Brandon G.

Going through changes. I know it's time to start putting in the work. I have to keep moving forward even when it hurts.

Pain can be a catalyst for positive progression, or it can lead you right back to obsession.

I'm doing what I can to keep my head on straight. I know I have to get myself into action before it's too late. I refuse to become again the kind of person I used to hate.

Destroy or Rebuild I have to make a choice. When I'm struggling I know I have to get up & raise my voice.

I can either choose or my fate will be chosen for me.
 My story is no different than those who came before me.

2023 GROUP DONATIONS	AS OF 03/31/2023				
	NAME	GROUP #	JAN	FEB	TO DATE
ANDERSON AM SATURDAY	150044	\$617.00			\$617.00
Beginings Shasta Group	422555	\$75.00			\$75.00
FIRST THINGS FIRST	130801		\$100.00		\$100.00
FILMSY REED GROUP	144128		\$115.75		\$115.75
FLOATING GROUP	125364		\$165.08		\$165.08
FREE AT LAST II	671021	\$100.00	\$100.00		\$200.00
FRIDAY NIGHT YOUNG PEOPLE	686984		\$100.00		\$100.00
3 in 1 Group	90842	\$8.00			\$8.00
IT'S ALL GOOD	112146		\$301.00		\$301.00
LADIES NIGHT OUT GROUP	160486		\$50.00		\$50.00
MIXED BAG	625785	\$15.00			\$15.00
MONDAY MENS STAG 164267	55932	\$240.00			\$240.00
RED BLUFF RECOVERY Roundup		\$100.00			\$100.00
SOUNDNESS OF MIND GROUP	120933	\$50.00			\$50.00
STEP SISTERS	120391	\$82.14			\$82.14
STEPS WE TOOK	684714	\$80.00	\$68.86		\$148.86
Tue. Night Lit. Study	119684	\$65.00			\$65.00
5 OCLOCK SOMEWHERE	347980		\$50.00		\$50.00
WED NIGHT LIVE	100856		\$50.00		\$50.00
7 AND 7 ZOOM GROUP	431673		\$129.76		\$129.76
ZOOM BIG BOOK	386485		\$105.50		\$105.50
MEN'S NO NAME GROUP	666814		\$570.00		\$570.00
NO MATTER WHAT GROUP					\$570.00

Step Five

Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

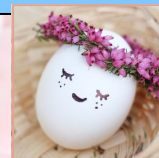
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Tradition Five

Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.

Attention

If groups at the Alano Club want to donate to Founders' Day picnic, put the groups name and Founders' Day donation on an envelope and put it in the slot at the Alano Club on the wall of the Intergroup Office.



"What does a meditating egg say? Ohmmmmlet!"

