

1939

BILL AND LOIS LOSE 182 CLINTON STREET
 As the Great Depression eases and property values rise, the company that owns the mortgage on 182 Clinton Street sells the building, forcing Bill and Lois to move out. Thus begins the couple's two years of temporary residency in the homes of Hank P. and other A.A. families. Bill and Lois continue carrying the program's message for the duration of this unsettled period.

DR BOB SERVES WITH SISTER IGNATIA
 In the spring of 1939, Dr. Bob suggests to Sister Ignatia Gavin, with whom he had worked at Akron's St. Thomas hospital since 1934, that they start treating alcoholics. She agrees, and over the years Sister Ignatia and Dr. Bob will bring comfort and aid to almost 5,000 hospitalized patients.

A FIRST FOR WOMEN
 After reading the Big Book while a sanitarium patient in Greenwich, Connecticut, Marty M. starts attending meetings at 182 Clinton Street. She will become the first woman in Alcoholics Anonymous to achieve lasting sobriety.

A LIFE FROM LIBERTY
 Seeking publicity for A.A., Charles Towns recounts its history to writer Morris Markey, who will submit the article "Alcoholics and God" (a title with which Bill isn't comfortable) to Fulton Oursler, editor of the popular weekly Liberty. After the article's publication on September 30, 1939, sales of the Big Book increase by several hundred and the Newark office receives 800 pleas for help from alcoholics and their loved ones.

ANOTHER SPLIT FROM THE OXFORD GROUP
 In the fall, tensions grow in the Akron Oxford Group, with the alcoholic members wanting more independence. The alcoholics decide to meet at Dr. Bob's home, though Bob remains loyal to

Continued page 2

Addiction & Recovery

T N E M T N E S E R O F C H A N G E T E A M B I
 Q J A Y O U R S E L F Q R E W O P R E H G I H N
 A M E D I T A T I O N B E E R C O O K E R A A N
 S I C K D S R E S E A R C H I Y R E V O C E R D
 E E S F R I E S O D R E V O T D I S E A S E E C
 D N X W J B C H I L D R E N I C O U R A G E S H
 S C P O P O U T L O O K S S T A T H I N G S P I
 N O U R R R N D E F E E L I N G S S G U R D O L
 O U D K S E I R R D H M A A G G N I K O M S N L
 I R E S F L O V D U P R E V E N T I O N S B S S
 T A K H E A R N A P N R O T J B U Y X D T O I F
 U G C E L T E A M G L K E T H T T C E J N I B E
 T E O E L I H R A L I A E L R L I A J N E O I S
 I M L T O O E C G O K F C D A Z I E Z L R X L G
 T E F S W N P O E N R M Y E N P S H P P A B I N
 S N R R S S O T M A W E T D S E S K L O P K T I
 N T N X H H H I H H Z M H J U D S E O P D S I T
 I W A J I I Y C C T F H V A M T H S F O T O E E
 Z O E U P P L S A A S R M T B Q S A T W B E S E
 P R H F B N A F S E C E I E E I Q O H G I H B M
 D K A D D I C T K D A B L E O G I G N I L L I K
 D E S I G N A T E H R J I D N K R O W T E N P M
 S E L D E E N L T O S W E E D D A O P I L L S D
 S E R E N I T Y O E V I G R O F S R F A O U R E

drunkness	fellowship	prevention	relapse	research	writing	friends
change	forget	forgive	designate	outlook	encouragement	hope
disease	killing	damage	scars	inject	smoking	addict
addict	locked up	feelings	high	chills	network	casket
overdose	institutions	death	jail	responsibilities	work	yourse
worksheets	books	meditation	parents	team	serenity	things
places	rehab	children	relationship	help	resentment	study
AA	NA	narcotics	higher power	cooker	dope	sick
pills	meth	weed	heroin	needles	beer	drugs
meetings	courage	recovery				

Spring Into Action
AND FALL INTO STEP WITH YOUR GOALS!



NorCal Intergroup Presents
 Your Monthly Birthday Speaker Meeting!!!
 Hosted by: Mt. Shasta's Thursday Night Men's Meeting
 Ten Minute Speaker: Tim W.
 Main Speaker: Gary B.

April 1, 2023
 7 to 8 pm
 All Saints Church
 2150 Benton Dr.
 Redding Ca.
 If your group wants to host a speaker meeting call Chris M. (707) 548-1817

Carry the Message

AA 24/7 HOTLINE 530.225.8955

Serving Shasta, Tehama, Siskiyou, and Trinity Counties



KEEP AN OPEN MIND

DINNER, DRAWING, AND AA SPEAKER MEETING!!!
DINNER 6 P.M. SPEAKER 7:15 P.M.
 VINEYARD CHURCH
 738 WALNUT STREET
 RED BLUFF, CA. 96080
 April 23rd, 2023
 SPEAKER: Kristen H. FROM Santa Rosa, CA.
PULLED PORK!!!!
 \$10.00 PER PLATE
 PULLED PORK SANDWICHES, SIDES, FIXINGS, DESSERT, & BEVERAGES
 3 DRAWING TICKETS INCLUDED!!!
FUN & PRIZES!!!
 DRAWING AND 50/50
FUNDRAISER FOR JUNE 24th, 2023
RED BLUFF RECOVERY ROUND UP

Having Trouble getting to face to face (in person) meetings?
 Then "It's 5 o'clock Somewhere" phone conference (not ZOOM) AA meeting might be just what you need!
 dial 425-436-6317/ p.w.649271#
 5pm - 7 days a week
 I don't have a ride
 I just want to stay home
 I want to be incognito
 I don't drive when it's raining like this
 I have to drive to Sierra Mentia
 My babysitter cancelled!
 I don't want to get dressed
No Gas!

NorCal Intergroup Hosts: Founders' Day Picnic 2023!
 June 10th
 Caldwell Park, Redding Ca.
 A World Wide A.A. Celebration of the starting point of A.A!
11 to 4 pm
 • Speakers • BBQ, desserts, salads
 • 50/50 Raffle • Balloon Art/ Music!
 • Archive Exhibit • A.A. Literature for Sale
 Family and Friends are Welcome!
 Water Provided
 Service positions available. Join our committee! Check out aanorcal.org/events call Patty H. 530-921-4339
 To bring a salad contact, Renee P. 530-227-5445. To bring a dessert contact, Heather L. 916-479-2567

REDYPAA PRESENTS SPEED FELLOWSHIP
APRIL 15TH
 8 PM MEETING FOLLOWED BY EVENT
 1050 STATE STREET REDDING

\$7 Suggested Donation

District 9
 Monthly business meeting 1st Sunday, 10am
 The Weed Community Center
 161 E. Lincoln Ave., Weed
 Zoom ID 733 826 1415, PW 530530
District 11
 Monthly business meeting 3rd Sunday, 3:30pm
 Alano Club 1050 State Street, Redding
H & I
 Monthly business meeting 1st Tuesday, 6pm
 All Saints Church, 2150 Benton Drive, Redding
NorCal Intergroup
 Monthly business meeting 4th Tuesday, 6pm
 All Saints Church, 2150 Benton Drive, Redding
PI/CPC District 11
 Monthly business meeting 3rd Sunday, 5pm
 Alano Club, 1050 State Street, Redding
 John M. 530.227.0744
REDYPAA
 Monthly business meeting 4th Sunday 3pm,
 Methodist Church 1825 East Street, Redding.
 Deanna B 530.921.7120



47TH ANNUAL ROGUE ROUND UP
BANDED TOGETHER

May 4 - 7, 2023
Grants Pass, Oregon
 Speakers, Meetings, Service, Fellowship, Fun
 Live and on Zoom
 For registration and information www.rogue-roundup.com



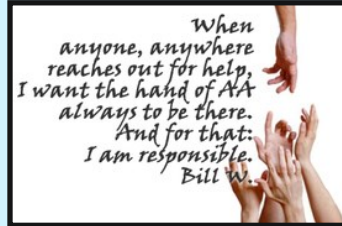
Northern California Intergroup is a service board of Alcoholics Anonymous serving A.A. groups of Shasta, Tehama, Siskiyou, and Trinity Counties. Intergroup provides alcoholics with services that an individual group can not provide. Intergroup maintains a website and a 24/7 telephone service. It also answers 12 Step calls, provides meeting information and maintains the schedule for the area. Intergroup is supported through voluntary contributions, and it's primary purpose is to carry the message of Alcoholics Anonymous to alcoholics who still suffer.

We, at intergroup, urge all A.A. members to look to intergroup as a place of doing service work. We highly encourage all A.A. meetings to have an Intergroup Representative so that your meeting's voice can be heard and so that up-to-date information about Intergroups' activities can be passed on to your meeting.

At this time Intergroup has revolving positions open: please refer to the website for available positions. Our business meeting are the 4th Tuesday of the month at 6pm, All Saints Church, 2150 Benton Drive, Redding.

Intergroup office is located at
1050 State Street, Redding, CA, 96001
P O Box 991107
Redding, CA 96099

Email: norcalintergroup@gmail.com
Office Hours: Please call Lisa S. 530-225-8955 or email norcalintergroup@gmail.com
Website: aanorcal.org
Newsletter: carrythemessengeredding@gmail.com



The Newsletter is changing! We are looking for input.

Do you like to write? Please submit your recovery related story, article, or suggestions via Email:

Carrythemessengeredding@gmail.com or contact

Amy E at 307.752.4232

INCOME	JAN	FEB	YEAR TO DATE
GROUP DONATIONS	\$1,432.14	\$1,372.01	\$2,804.15
INDIVIDUAL DONATIONS/PAY PAL	\$747.99	\$18.25	\$766.24
LITERATURE SALES	\$649.25	\$958.55	\$1,607.80
COIN SALES	\$89.45	\$109.00	\$198.45
LITERATURE DONATIONS	\$22.80	\$0.00	\$22.80
7TH TRADITION	\$24.00	\$0.00	\$24.00
NAME	\$26.05	\$0.00	\$26.05
REPLACEMENT CHECK FOR #903	\$36.25	\$142.25	\$178.50
TOTAL INCOME	\$3,027.93	\$2,600.06	\$5,627.99
EXPENSES			
WAGES	\$601.00	\$609.24	\$1,210.24
LITERATURE PURCHASES	\$545.91	\$142.25	\$688.16
COIN PURCHASES	\$112.80	\$63.95	\$176.75
RENT	\$300.00	\$300.00	\$600.00
ANSWERING SERVICE	\$200.00	\$0.00	\$200.00
WELLS FARGO COPY LEASE		\$0.00	\$0.00
SPECTRUM-PHONE	\$79.98	\$0.00	\$79.98
OFFICE SUPPLIES/OUTSIDE SERV	\$150.00	\$248.61	\$398.61
QRTL STATE TAXES	\$67.37	\$0.00	\$67.37
QRTL FED TAXES	\$302.94	\$0.00	\$302.94
SALES TAX-ANNUAL	\$715.00	\$0.00	\$715.00
WEB/COMP EXPENSES/NEWSLETTER		\$0.00	\$0.00
P.O. BOX		\$0.00	\$0.00
BUSINESS LICENSE		\$0.00	\$0.00
WORKMANS COMP		\$0.00	\$0.00
CHRISTMAS PARTY		\$0.00	\$0.00
FOUNDERS DAY		\$0.00	\$0.00
TOTAL EXPENSES	\$3,075.00	\$1,364.05	\$4,439.05
TOTAL INCOME	\$3,027.93	\$2,600.06	\$5,627.99
TOTAL EXPENSES	\$3,075.00	\$1,364.05	\$4,439.05
NET PROFIT/LOSS	-\$47.07	\$1,236.01	\$1,188.94
BEGINNING BALANCE	\$14,061.02	\$13,596.35	\$0.00
MONTH NET INCOME	-\$47.07	\$1,236.01	\$1,188.94
ENDING BALANCE	\$13,596.35	\$14,832.36	\$1,188.94
TO PRUDENT RESERVE	\$417.60	\$0.00	\$0.00
PRUDENT RESERVE BALANCE	\$5,099.75	\$5,099.75	\$5,099.75
TOTAL BALANCE + PRUDENT RESERVE	\$18,696.10	\$19,932.11	\$6,288.69

Carry the Message

AA 24/7 HOTLINE 530.225.8955

Serving Shasta, Tehama, Siskiyou, and Trinity Counties



Where Money and Spirituality Mix

What is a split and how can groups participate?

To help support A.A.'s essential services, the GSO suggests that groups make contributions tailored to meet the group's financial situation. Once your group expenses have been met (rent, coffee, A.A. literature,) and a possible prudent reserve has been set aside to cover any emergencies that may arise, the group should decide to further carry the message and support A.A. service entities by doing what is known as a "split" (Where Money and Spirituality Mix pamphlet, General Services Office). A split is defined by dividing up your remaining balance and sending it the following A.A. service entities:

Northern California Intergroup (50%)

P.O. Box 991107
Redding, CA 96099-1107

General Service Office (30%)

PO Box 2407, James A. Farley Station
New York, NY 10116-2407

District 11 (10%)

P.O. Box 990274
Redding, CA 96099-0274

California Northern Interior Area (10%)

PO Box 161712
Sacramento, CA 95816-1712

The above percentages have been used by our area for a long time; however, these percentages may change based on the area's needs. Every area's needs differ, and the percentages are decided by each group as each group is autonomous.

NOTE: When making contributions either by check or money order, **please include your group number, group name, your name & address.**

1939 Continued from page 1

T. Henry and Clarace Williams. As this fledgling group grows, it shifts its meetings to King School, an elementary school in Akron.

Members Speak

From lost to found—Submitted by Brandon G.

As of late I found myself wondering how I ended up in such a different more fulfilling life, it's something that's been entering my thoughts almost each and every night. I realize now I had to lose myself, to find myself. In turn, I gained the world. Going from lost to being found. From being an island to being a nation. Still life happens and sometimes I get kicked in the chest. I am still right here sober, trying to do my very best. How I handled things before is no longer an option, I have to take each new step with caution. Moving forward at all costs, because I found now, I'm no longer lost.

A bit about Brandon ~

Hello everyone, my name is Brandon, and I'm an alcoholic. My sobriety date is 08.23.21. My entire life I've been lost. Being bullied, becoming the bully. I never could manage to stay on a positive path in life. Until I found recovery and found my home. For me AA is that home.

2023 GROUP DONATIONS			
NAME	GROUP #	JAN	FEB
ANDERSON AM SATURDAY	150044	617.00	
Beginnings Shasta Group	422555	75.00	
FLIMSY REED GROUP	144128		115.75
FREE AT LAST II	671021	100.00	
FRIDAY NIGHT YOUNG PEOPLE	686984		100.00
3 In 1 Group	90842	8.00	
IT'S ALL GOOD	112146		301.00
LADIES NIGHT OUT GROUP	160486		50.00
MEN'S O NAME GROUP	666814		570.00
MIXED BAG	625785	15.00	
MONDAY MENS STAG	164267	240.00	
RED BLUFF RECOVER ROUNDUP			100.00
SOUNDNESS OF MIND GROUP	120933	50.00	
STEP SISTERS	120391	82.14	
STEPS WE TOOK	684714	80.00	
TUE. NIGHT LIT. STUDY	119684	65.00	
7 AND 7 ZOOM GROUP	431673		129.76
ZOOM BIG BOOK	386485		105.50



Step Four

Made a searching and fearless moral inventory of ourselves.

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Tradition Four

Each group should be autonomous except in matters affecting other groups or A.A. as a whole.

