

AA History

1938

WORKS PUBLISHING: A FARSIGHTED PLAN
Harper & Brothers offers to publish the Big Book, much to the delight of Bill and the trustees. But the astute businessman, Hank P., convinces Bill to sell shares in their own company and to publish the volume themselves. Hank works up a prospectus for what will become Works Publishing Company, with 600 shares of stock selling at \$25 per share.

THE BIG BOOK TESTS THE WATERS

Four hundred mimeographed copies of the Big Book manuscript are sent out for comments and evaluation by members, friends, and other allies. Among those making valuable contributions are a Baltimore doctor who suggests having a physician write the introduction (a job taken on by Dr. Silkworth) and Dr. Harry Emerson Fosdick, the highly respected minister of Manhattan's Riverside Church, who warmly approves of the book and responds with a positive review to be used as the Fellowship wishes.

1939

AN OFFSHOOT — AND NEW NAME — IN CLEVELAND

Clarence S., a Cleveland resident who attends Oxford Group meetings in Akron, announces that he and other Clevelanders will be starting a group open only to alcoholics and their families. Like some other breakaway groups, they will also adopt the name of the Big Book mimeographs now circulating in Akron—"Alcoholics Anonymous." In May 1939, the first A.A. meeting in Cleveland is held in the home of Al G. (also known as Abby G.), a patent lawyer.

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The Twelve Traditions

R K S D T G S O G N N W D E S X Q H Z C E W Q F
 Q P Z I Y N E T C H S K P C U M C B W R C L T Z
 O R I A Q I E W Y F R C K Y V E I Z J T I A E S
 M I Q L A G T A S K A G N Z Z O A J O W E N R P
 G N Y A R A T L Q M M V W Y D H R Y G A F O Y C
 G C X U I R I O H O S E L F S U P P O R T I N G
 S I F T A U M V S J S U O M O N O T U A F S D P
 Y P E U Y O M I K K R A R Z E R J P W D B S L E
 G L S M Z C O N X J S B B Q R K M T H G Z E D R
 I E R K F N C G Z A N O N Y M I T Y T Q B F M S
 V S L C P E E G P D N E I R F I P U C M E O T O
 E S I O E X Y O B W A N Y F I Y T N C B R R Z N
 C M O Z C U X D E N R T E Y V P U J J T L P Y A
 O S F S P E C I A L W O R K E R S U R V O N W L
 M I E C N E I C S N O C P U O R G U Y J A O Q I
 F L X H G J H C S E R V I C E B O A R D S N J T
 O O X O N M W K L Z A A C W P H E L Y E C R G I
 R H Y S R E V O R T N O C C I L B U P W W J Q E
 T O A T T R A C T I O N T E L U P W Q C Z Q B S
 U C C S S E R G O R P L A N O S R E P A N Z I C
 A L V F X F A L A N O N F A M I L Y G R O U P H
 T A F A M I L Y T S E R V I C E C E N T E R S G
 Q W Y Z Q I O T H I S P I R I T U A L A I M X U
 P U B L I C R E L A T I O N S P O L I C Y W X B

mutual aid personalities attraction committees self-supporting encouraging friend group conscience

special workers principles public relations policy service boards spiritual aim autonomous alcoholism a loving God

service centers anonymity public controversy non-professional give comfort family AL Anon Family Group personal progress

Tradition Three

The only requirement for A.A. membership is the desire to stop drinking.

Carry the Message

AA 24/7 HOTLINE 530.225.8955

Serving Shasta, Tehama, Siskiyou, and Trinity Counties



REDYPAA

Redding Young People in Alcoholics Anonymous

About Us

We are a group of young people who are free from alcohol and are still able to have fun sober. We follow mainstream AA with added fun.

What we do

- A Monthly speaker meeting on the 3rd Saturday of each month with a fun event
- Located at 1050 State Street, Redding, CA
- We also have a fun event following each meeting.

Join Us!!!!

We are always looking for new members. Our business meetings are held the 4th Sunday of the month at the First Methodist Church, on South and East.

Contact Us

Learn more!!
 Jordan (Chair) 530-691-6015
 Kirk (Events) 530-592-8851
 Judi (H&I) 530-276-5028
 Darian (Outreach) 530-227-3380
 aaanorcal.org for meeting times and info

Alcoholics Anonymous

NorCal Intergroup Presents the:

Step Sisters Group

Hosting the Monthly Birthday Speaker Meeting

- When: March 4th, 2023
- What time: 7pm to 8pm
- Where: All Saints Episcopal Church, 2150 Benton Dr., Redding.

Celebrating February Sobriety Birthdays!

If your group is interested in hosting an Intergroup Speaker Meeting call Chris M. (coordinator) 707 548 1817

Trudge Your Way to the Tuesday Night Lake Shastina A.A. Group

Speaker Meeting/Potluck

When: March 7th, 6:30 pm—8:30 pm

Where: Lake Shastina Community Center, 15244 Driftwood Lane, Weed, CA

Julie S.—36 years, Auburn, CA

For Questions Contact:
 Glen H. 209.617.3633 or Linda B. 707.580.1340

Business Meetings

47TH ANNUAL ROGUE ROUND UP

May 4 - 7, 2023
Grants Pass, Oregon
 Speakers, Meetings, Service, Fellowship, Fun
 Live and on Zoom
 For registration and information
www.rogue roundup.com

Live and Let Live.

Think ... Think ... Think

Easy Does It

District 11

Monthly business meeting 3rd Sunday, 3:30pm
 Alano Club 1050 State Street, Redding

H & I

Monthly business meeting 1st Tuesday, 6pm
 All Saints Church, 2150 Benton Drive, Redding

Intergroup Monthly Speaker Meeting

Birthday meeting honoring sobriety milestones,
 1st Saturday of the month 7pm,
 All Saints Church, 2150 Benton Drive, Redding

NorCal Intergroup

Monthly business meeting 4th Tuesday, 6pm
 All Saints Church, 2150 Benton Drive, Redding

REDYPAA

Monthly business meeting 4th Sunday 3pm,
 Methodist Church 1825 East Street, Redding.
 Deanna B 530.921.7120

Northern California Intergroup is a service board of Alcoholics Anonymous serving A.A. groups of Shasta, Tehama, Siskiyou, and Trinity Counties. Intergroup provides alcoholics with services that an individual group can not provide. Intergroup maintains a website and a 24/7 telephone service. It also answers 12 Step calls, provides meeting information and maintains the schedule for the area. Intergroup is supported through voluntary contributions, and it's primary purpose is to carry the message of Alcoholics Anonymous to alcoholics who still suffer.

We, at intergroup, urge all A.A. members to look to intergroup as a place of doing service work. We highly encourage all A.A. meetings to have an Intergroup Representative so that your meeting's voice can be heard and so that up-to-date information about Intergroups' activities can be passed on to your meeting.

At this time Intergroup has revolving positions open: please refer to the website for available positions. Our business meeting are the 4th Tuesday of the month at 6pm, All Saints Church, 2150 Benton Drive, Redding.

Intergroup office is located at
1050 State Street, Redding, CA, 96001
P O Box 991107
Redding, CA 96099

Email: norcalintergroup@gmail.com
Office Hours: Please call Lisa S. 530-225-8955 or email norcalintergroup@gmail.com
Website: aanorcal.org
Newsletter: carrythe-



3rd Step Prayer

God, I offer myself to Thee—
to build with me and to do
with me as Thou wilt.

Relieve me of the bondage of
self, that I may better do Thy
will. Take away my difficulties,
that victory over them may
bear witness to those I would
help of Thy power, Thy love,
and Thy Way of life. May I do
Thy will always!



The Newsletter is changing! We are looking for input.

Do you like to write? Please submit your recovery related story, article, or suggestions via Email:

Carrythemessengeredding@gmail.com or contact

Amy E at 307.752.4232

INCOME	JAN	YEAR TO DATE
GROUP DONATIONS	\$1,432.14	\$1,432.14
INDIVIDUAL DONATIONS/PAY PAL	\$747.99	\$747.99
LITERATURE SALES	\$649.25	\$649.25
COIN SALES	\$89.45	\$89.45
LITERATURE DONATIONS	\$22.80	\$22.80
7TH TRADITION	\$24.00	\$24.00
CHRISTMAS PARTY	\$26.05	\$26.05
MISC. REFUND WORKERS COMP	\$36.25	\$36.25
TOTAL INCOME	\$3,027.93	\$3,027.93
EXPENSES		
WAGES	\$601.00	\$601.00
LITERATURE PURCHASES	\$545.91	\$545.91
COIN PURCHASES	\$112.80	\$112.80
RENT	\$300.00	\$300.00
ANSWERING SERVICE	\$200.00	\$200.00
WELLS FARGO COPY LEASE		\$0.00
SPECTRUM-PHONE	\$79.98	\$79.98
OFFICE SUPPLIES/OUTSIDE SERV	\$150.00	\$150.00
QRTL STATE TAXES	\$67.37	\$67.37
QRTL FED TAXES	\$302.94	\$302.94
SALES TAX-ANNUAL	\$715.00	\$715.00
WEB/COMP EXPENSES/NEWSLETTER		\$0.00
P.O. BOX		\$0.00
BUSINESS LICENSE		\$0.00
WORKMANS COMP		\$0.00
CHRISTMAS PARTY		\$0.00
FOUNDERS DAY		\$0.00
TOTAL EXPENSES	\$3,075.00	\$3,075.00
TOTAL INCOME	\$3,027.93	\$3,027.93
TOTAL EXPENSES	\$3,075.00	\$3,075.00
NET PROFIT/LOSS	-\$47.07	-\$47.07
BEGINNING BALANCE	\$14,061.02	\$0.00
MONTH NET INCOME	-\$47.07	-\$47.07
ENDING BALANCE	\$13,596.35	-\$47.07
TO PRUDENT RESERVE	\$417.60	\$0.00
PRUDENT RESERVE BALANCE	\$5,099.75	\$5,099.75
TOTAL BALANCE + PRUDENT RESERVE	\$18,696.10	\$5,052.68

Step 3

Made a decision to turn our will and our lives over to the care of God as we understood him.

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Carry the Message

AA 24/7 HOTLINE 530.225.8955

Serving Shasta, Tehama, Siskiyou, and Trinity Counties



**LET GO
&
LET GOD**

Members Speak

Hello. My name is Brandon, I am an alcoholic. My sober date is 08.23.21. I have a little over 18 months sober, I have a sponsor and have worked the steps.

I found inspiration for this poem through my 15 years of alcohol drug addiction. In active addiction I was like an island. I refused to and afraid of living life. Now everyday I choose to live life in new ways everyday, hiking, dancing, and singing Karaoke sober as a bird. Alcoholics Anonymous has made anything possible in my life today.

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PUBLICATION AND DISAPPOINTMENT

In April 1939, some 5,000 copies of the Big Book — titled Alcoholics Anonymous — roll off the press. After an anticipated Reader's Digest article fails to materialize and a radio broadcast results in no orders, sales are few and far between. This disappointment foreshadows a bleak summer for the New York fellowship.

From death to resurrection—Submitted by Brandon G.

I felt as if I was buried beneath the surface, each day sinking further down, in solace I could not hear a single sound. I had no hope, I knew my place, suffocating alone in deep space.

It seemed like an eternity before the sun did shine. & when it did to my surprise, I knew myself & I no longer wanted to die.

I had to lose myself, I had to lose my home, I had to lose everything to finally find myself.

Now I'm on the right path, I see life in a new perspective & I can finally smile at my own reflection.

Who I am now, who I was then, all that matters now is that my future is brighter now than it's ever been.

I'm pushing my limits each & every day. I won't let anything get in my way. Through toxic waves, through shades of grey, through storms of pain, I'll do whatever it takes for my strength to stay.

I know exactly what I want, I know I'll get what I strive for when it's my time.

I have to be patient through the calm, I have to be patient through the chaos.

If I can keep my grip and avoid a fall, I have faith that God will see me through it all.

I danced with death until I was on my last breath, toxicity darkened my soul.

When all was lost & I was ready to die, that the moment God resurrected me back to life.

WATCH SOME IRISH CLASSICS

Sit down for a day of Irish films

5 Fun (and Sober) St. Patrick's Day Activities

GO GREEN WITH DECORATIONS

Dollar Stores have great inexpensive festive options.

HAVE AN IRISH FEAST

Try out some traditional favorites like corned beef and cabbage, shepherd's pie, colcannon, or gangers and mash.

GET CRAFTY

Try out some St. Patrick's Day crafts.

HOST A VIRTUAL GET TOGETHER

Safely spend time with your support system by hosting a virtual get together.

But for the Grace of God... First Things First.

2023 GROUP DONATIONS		
NAME	GROUP #	JAN
ANDERSON AM SATURDAY	150044	617.00
Beginings Shasta Group	422555	75.00
FREE AT LAST II	671021	100.00
3 In 1 Group	90842	8.00
MIXED BAG	625785	15.00
MONDAY MENS STAG	164267	240.00
RED BLUFF RECOVER ROUNDUP		100.00
SOUNDNESS OF MIND GROUP	120933	50.00
STEP SISTERS	120391	82.14
STEPS WE TOOK	684714	80.00