February 2023 Volume 5 Issue 2

1938

ROCKEFELLER'S STANCE

Frank Amos, who attended the December meeting and is a close friend of John D. Rockefeller, Jr., agrees to assess the Akron group and explore the possibility of opening a small hospital for alcoholics. In February 1938 he spends several days in the city. Impressed by the recovery rate of Akron group members, he proposes a recuperative facility to be run by Dr. Bob. To Rockefeller he recommends a sum of \$50,000 for the early work, but Rockefeller thinks the Fellowship should be self-supporting. The philanthropist does, however, contribute \$5,000 toward Bill and Dr. Bob's basic needs.

THE ALCOHOL FOUNDATION

Frank Amos and others who had attended the December meeting offer to confer with Bill, Leonard Strong, and various members of the New York group to consider how the movement can be given an organizational framework. As a result, the Alcoholic Foundation is formally established on August 11, 1938, with Dr. Bob as a trustee and Bill on the advisory committee.

THE TWELVE STEPS

As he begins to write the A.A. Book, Bill comes to the point where he must outline an actual program for the recovering alcoholic to follow. Drawing on the teachings of Sam Shoemaker, William James's The Varieties of Religious Experience, and the Oxford Group-inspired six-step procedure used by Bill and Dr. Bob as they carry the message. The steps grow to 12, and the A.A. Twelve Step program is born.

THE BIG BOOK GETS STARTED

Bill writes a book meant to aid the alcoholic who is unable to attend meetings or find fellow alcoholics

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2022 GROUP DONATIONS

NAME	GROUP#	NOV	DEC	TO DATE
ANDERSON AM SATURDAY	150044	400.00		1850.00
ANY LENGTHS GROUP - Anderson	165242			300.00
AS BILL SEES IT	8 8			15.10
ATTITUDES IN ACTION	156461	1		23.10
Big Book Study	386485		150.00	150.0
CARRY THIS MESSAGE GRP	706892			100.0
Double Winners Group		50.00		50.0
Down Stairs Group	628954		75.00	75.0
FLIMSY REED GROUP	144128	- 8		165.5
FREE AT LAST II	671021	1		200.0
HAPPY VALLEY	615233			25.0
HI RAILS GROUP	129169		90.00	90.0
3 In 1 Group	90842			10.00
IT'S ALL GOOD	112146			280.0
Lake Shastina Group	No#		20.00	20.0
LANDING ZONE	689079	1		75.0
3 LEGACIES GROUP	649210			100.0
LEWISTON OPEN DISC	657162			100.0
MIDDLE OF THE ROAD GRP	698574			55.0
MIXED BAG	625785			50.0
MONDAY MENS STAG	164267			240.0
NEW START	136901	- 3		377.4
NORTH VALLEY TRUDGERS	699886			190.0
PALO CEDRO GROUP	602921			62.5
PRIMARY PURPOSE BB STDY	717255			150.0
RED BLUFF LIVE & LET LIVE	632057	250.00		250.0
REDDYPAA	686984			100.0
RULE 62 GROUP	692976			200.0
SASTA GROUP, MT. SHASTA	128498			160.0
SISTERS BY CHOICE	101862			141.0
STEP SISTERS	120391			600.6
STEPPING OUT SISTERS- REDDING	699886			230.1
STEPS WE TOOK	684714	54.00		317.0
SPIRITUAL PROGRESS	643816			68.0
THREE LEGACIES	649210			150.0
THURS SAINT MICHAELS		147.65		147.6
TUES CONNECTION	903504			200.0
5 OCLOCK SOMEWHERE	347980			232.5
WE AGNOSTICS	713061			30.0
WED NEWCOMERS	/	100.00		100.0
WED NIGHT LIVE	100856			51.6
WOMEN FREEDOMBOUND	142038			235.9
WOMEN ON THE WAGON GRP	40180	15.00		15.0
7 AM ZOOM				25.0
ZOOM BIG BOOK	306485			50.0

Carry the Message

A A 24/7 HOTLINE

Serving Shasta, Tehama, Siskiyou, and Trinity







Step 2

Came to believe a power greater than ourselves could restore us to sanity.

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Intergroup Holiday Party
"Wrap Up" meeting ~

Saturday, February 11th

The Intergroup Holiday Party was a huge success! We're having a "Wrap Up" meeting on Saturday,

February 11th, 3pm.
914 River Bend Rd,
Redding







May 4 - 7, 2023

Grants Pass, Oregon

Speakers, Meetings, Service Fellowship, Fun

Live and on Zoom

For registration and information www.rogueroundup.com



No Intergroup Speaker Meeting in February

Contact Kirk at 530-592-8851

Business Meetings

District 11

Monthly business meeting 3rd Sunday, 3:30pm Alano Club 1050 State Street, Redding

H & I

Monthly business meeting 1st Tuesday, 6pm All Saints Church, 2150 Benton Drive, Redding

Intergroup Monthly Speaker Meeting

Birthday meeting honoring sobriety milestones, 1st Saturday of the month 7pm,

All Saints Church, 2150 Benton Drive, Redding

NorCal Intergroup

Monthly business meeting 4th Tuesday, 6pm All Saints Church, 2150 Benton Drive, Redding

REDYPAA

Monthly business meeting 4th Sunday 3pm, Methodist Church 1825 East Street, Redding. Deanna B 530.921.7120

Northern California Intergroup is a service board of Alcoholics Anonymous serving A.A. groups of Shasta, Tehama, Siskiyou, and Trinity Counties. Intergroup provides alcoholics with services that an individual group can not provide. Intergroup maintains a website and a 24/7 telephone service. It also answers 12 Step calls, provides meeting information and maintains the schedule for the area. Intergroup is supported through voluntary contributions, and it's primary purpose is to carry the message of Alcoholics Anonymous to alcoholics who still suffer.

We, at intergroup, urge all A.A. members to look to intergroup as a place of doing service work. We highly encourage all A.A. meetings to have an Intergroup Representative so that your meeting's voice can be heard and so that up-to-date information about Intergroups' activities can be passed on to your meeting.

At this time Intergroup has revolving positions open: cotreasurer, co-newsletter, co-secretary, co-outreach, etc. Our business meeting are the 2nd Tuesday of the month at 6pm, All Saints Church, 2150 Benton Drive, Redding.

Intergroup office is located at 1050 State Street, Redding P O Box 991107 Redding, CA 96099 Email: norcalintergroup@gmail.com Office Hours: Please call Lisa S. 530-225-8955 or email Website: aanorcal.org Newsletter: carrythemessageredding@gmail.com



When "i" is replaced with we" even illness becomes wellness. The Newsletter is changing! We are looking for input.

Do you like to write? Please submit your story, article, or suggestions via Email:

Carrythemessageredding@gmail.com or contact Amy E at 307.752.4232

Carry the Message

A A 24/7 HOTLINE 530.225.8955

Serving Shasta, Tehama, Siskiyou, and Trinity Counties





Tradition Two

For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.



per & Brothers publishers.

1938 Continued from page 1

with whom to talk. At the Newark office, he dictates his

handwritten notes to Ruth Hock as she types, reviewing

and revising drafts all the while. These chapters are

mimeographed and mailed to potential financial backers,

as well as to Eugene Exman, the religion editor at Har-

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Goodbye Alcohol

Letting go of such an intense relationship seems impossible. I realize now, more than ever, that my love for you has always had negative consequences. I remember when our love was new and fresh, everything seemed right with the world no matter what happened around us. I turned to you whenever I needed strength or courage. You were always there for me. I felt like I could take on the world with all its joys and its problems as long as I had you. You eventually became more important to me than life itself. There came a time when our relationship blinded me to all emotions of living. Happiness, joy, sadness and pain were all just words to me. You were there but you weren't helping me anymore. I felt nothing. I was numb.

Now that you are gone, I feel some pain and sadness. I realize now, that I must and can go on without you. I have identified and accepted why I had been feeling nothing. I have to act on the solution. I have found my Higher Power. He has been there for me all along and I want you to know that my love for Him is stronger than any hold you ever had on me. I thought saying good by would be hard to With His strength and love I can let you go. Goodbye alcohol.

Contributed by Deborah G.

Sponsor Love

YSOIELXDIAGRPC KLGFOYGYKE OZGVAAWE H E GOSNOPSDEOTHTIR WKURMMHKSEQ TEEMPXJV CONCEPTSH OOECNTASS STXACTOQOCFTMZWVE

wisdom Meetings Hope Concepts Sponsee

courage Together Spiritual Twelve Recovery

serenity Speaker Traditions Steps Love

Honest Faith NΑ Home Group **Sponsor**



